### THE DALLAS POST, JANUARY 27, 1977

meal'

**Post Cookbook** 

"I enjoy cooking for my family," said Nancy Crane

of Trucksville, "They all

have hearty appetites and

appreciate everything I

make. It makes it all

worthwhile when they say

'gee, that was a delicious

"But I'm not a recipe

cook unless I am baking

something. The entire

family except Mike, who is

away at school, helped me

figure the quantities for the

recipes I'm sharing with

The former Nancy Dy-

mond, daughter of Rachel

Williams Dymond and the

late Elwood Dymond of

Trucksville, is married to

Calvin Crane. Most of

Nancy's activities revolve

around her family, her

husband Cal and four sons,

Michael, freshman at Delaware Valley College;

Stephen, junior at Dallas

Senior High; Robert, ninth

grade student at Dallas

Junior High; and

Jonathan, in sixth grade at

Dallas Intermediate

A lifelong resident of

Trucksville, Nancy at-

tended Trucksville schools

until her senior year when

she transferred to Coughlin

High School from where

Since her son, Stephen

was injured in a freak

cycle accident while riding

through the woods last

September, Nancy has cur-

tailed many of her outside

interests. However, she is

an ardent bowler and bowls

Wednesday afternoons at

St. John's and Thursday

nights at Crown Imperial

She also serves as trea-

surer of Midway Manor

Taxpayers Association, a

position she has held since

the group organized about

she graduated.

School.

Lanes.

dent

Post readers.'



KID PROJECT -- In September, 1976, the Luzerne Intermediate Unit was given approval by the Federal government to begin the KIDS project (Kindergarten Instructional Development Sequence) under Title VII funding. KIDS is a concorcium approach involving 12 local school districts. Kindergarten teachers, reading specialists, supervisory staff and contracted consultants Debbie Sharp and Gail Long.

are developing and selecting appropriate materials and techniques to promote effective learning for kindergarten children in pilot schools throughout the districts. Two of the twelve districts involved in the project are represented in this picture, Dallas, Marilyn Klick, Doris McCain and Jean Dempsey; Lake Lehman, Pat Pieffer,

# **Back Mt. librarian submits resignation**

The regular monthly meeting of the Back Mt. Memorial Library, Dr. Craig Aicher presiding. opened with a moment of silence in memory of Mrs. Fred (Alice) Howell, recently deceased.

PAGE SIX

Mrs. Howell was. a founder of the library and the board secretary for 30 years. Dr. Aicher appointed a committee to investigate a suitable permanent memorial to Mrs. Howell. This committee is to present its findings at the February board meeting.

The board accepted, with regret, the resignation of Mrs. Patricia Broida, librarian, effective Feb. 27. 1977.

The auction chairman, Kerry Freeman, announced the appointment of Mrs. Rena Rothchild and Bernard Bobach, cowhose support is needed to chairmen of New Goods meet rising costs. Mrs. Rothchild and Don Mrs. Ralph Lewis, Rood are serving with

of the entire auction.

the collection.

its services.

juvenile books with an

additional 2.389 student

dards for the library in

order to qualify for state

aid. The library is steadily

moving towards this goal

by improving its staff and

Mrs. George Mc-

Cutcheon is preparing the

annual appeal to the

Friends of the Library,

treasurer, reported a total Freeman as co-chairmen of \$4700 outstanding for goods purchased at the 1976 The library circulation Auction. Persons for the month of December responsible are asked to was 4,659 adult and

Sodality plans party

borrowers. A total of 239 new books were added to Sodality of Our Lady of Mount Carmel Church, Mrs. Broida said she Lake Silkworth will hold a continued to investigate Valentine Party on Feb. 13, the requirements for in the church hall. meeting minimum stan-

At 2 p.m. a special program will feature "The Bobbie Warren Singers and Dancers,'' under the direction of Barbara Ann Woronko. Chairperson for the affair is Mary Stefanowicz.

Her committee includes decorations, Margaret Bernot, Molly Lamoreaux,



Kempinski and Ann Maria Kempinski. Tickets may be obtained

for the affair from Sodality members, also by phoning chairperson Mary Stefanowicz, 477-5557. Valerie Stefanowicz is

remit as soon as possible.

The board voted to

change the meeting night

to the first Tuesday of the

month, beginning with the

March meeting. The

meeting is held monthly at

the Children's Annex at 8

president of the Blessed Virgin Mary Sodality. She also was chosen queen for the year, 1976-77.

The Rev. Leo J Kozlowski is pastor

five years ago. She also is treasurer of the Dallas Mother's Club. Stephen received a serious eye injury and is still convalescing at home where he is taught by home teachers. Although he will have a long period of recovery, he has adjusted very well and Nancy

2 T. vinegar speaks glowingly of the many students who have 2 T. mustard continued their friendships 6 T. chili sauce with her son since his acci-2 t. celery seed Bay leaf

time with his base CB unit talking to other CB'ers within transmittal range. He and his mother still make regular trips to Wills Eye Hospital for routine checkups on his eye.

Crane family praises Nancy's cooking

The Crane family eat very few potatoes but like meat, vegetables and salads. They also like onedish meals such as spaghetti and chili. More recently, Nancy has been preparing more of these one-dish meals for economy sake for like most homemakers she is interested in cutting expenses. She seldom makes desserts but does bake such things as Welsh cookies and fruit squares which they use for

snacks.

Barbecued spareribs are a favorite of the entire family and Nancy does five or six pounds when she prepares them for dinner. Because her husband is a trucker and seldom plan on a vacation, the Cranes do very little traveling but Nancy is planning a trip to Florida next month taking her youngest son, Jonathan, with her. Both are counting the days.

The recipes she shares with Post readers are four of her family's favorites. Easy to prepare but deli-

BARBECUED SPARERIBS BARBECUE SAUCE: 1 c. catsup

cious to eat.

2 c. water

11/2 t. salt 1/2 t. tabasco sauce 1/4 t. chili powder

1 t. mustard 2 T. brown sugar Mix together above ingredients and set aside. Salt and pepper spareribs. Place in covered pan with layers of onions. Cook

in 325 degree oven for two and a half hours. Drain all drippings from pan. Pour barbecue sauce over spareribs and cook uncovered for half hour. HAMBURG BARBECUE 3 lbs. gr. beef chopped onion 1 c. catsup 2 cans tomato paste 2 T. Worcestershire sauce



and serve on rolls or separately. WELSH COOKIES 4 c flour 1 c. crisco 1 t. salt

- 2 c. sugar
- 2 c. currants 2 beaten eggs

1/2 c. buttermilk 1 t. baking soda Mix flour, crisco and salt

Fla

as for pie crust. Add sugar. Pour a little water over currants and heat. Add to other ingredients and mix through. Mix together beaten eggs, buttermilk and baking soda. Make a well in dough and let stand

# Former residents art display in Florida

A former Dallas resident has exhibits of her artwork on display in the Ellis First National Bank, Pinellas Avenue, Tarpon Springs,

Martha Longmore Sampson, a resident of the Back Mountain area for the past 20 years, is on a leave of absence from Wyoming Valley West School District, where she is an art instructor, and is in Tarpon Springs with her hisband, Verlin E. Sampson, recently retired from active duty in the U.S. Navy.

According to Mrs.

Sampson, the Florida city

of Tarpon Springs is

woods near Dallas where she lived. She also wrote that she and her husband were enjoying their year in

Tarpon Springs, a community which is unique and reminds Verlin of Pyreus, Greece. She finds it an inspiring place for painters.

Mrs. Sampson also wrote that they are enjoying keeping up with the news of Dallas through their weekly copy of the Dallas Post.

Democratic

more. Roll out and cut. Bake on moderately hot griddle or electric fry pan. FRUIT SQUARES 4 c. flour 2 sticks margarine 1 egg 1 c. sugar 1 t. vanilla

Mix together and press about two-thirds of mixture onto an 111/2x161/2 cookie sheet. Take two cans of pie filling (I use two varieties) and spread on dough. Mix half cup of coconut with

rest of dough and sprinkle on top. Bake at 350 degrees for about 30 minutes.

CLUB

in minimum and manning in a minimum

Come on in - the savings are great, with UniPlan BanClub!

- \* TRAVELERS' CHECKS, CASHIER'S CHECKS, **MONEY ORDERS**
- without issue charge. \* \$10,000 ACCIDENTAL DEATH INSURANCE
- \* \$1.00 SAVINGS DEPOSIT

0 -0

-0

- in your new or existing savings account.
- \* EXCLUSIVE CHECASH PROGRAM cash personal checks up to \$200 in over 3,000 BanClub banking locations coast to coast.
- **\* FREE NOTARY SERVICE**
- \* POSTPAID BANK-BY-MAIL SERVICE
- \* SAFE DEPOSIT BOX DISCOUNT subject to availability.
- **\* BANCLUB DIGEST**

A magazine exclusively for BanClub members, offering many national discounts. For a membership fee of just \$2.50 per month you get all this and more.

**GET COMPLETE DETAILS AT ANY UNITED PENN BANK OFFICE** 

## **Special New Feature Official Travel Club** Membership

Available to UniPlan BanClub members for just \$8.00 annual fee. Card entitles member to

### **STAY TWO NIGHTS FOR** THE PRICE OF ONE

at hundreds of participating hotels and motels coast to coast.

Nancy and other mem-1 T. sugar bers of the family are Brown ground meat and happy to see the students chopped onion. Mix the congregate at the Crane remaining ingredients tohome evenings. Stephen gether and add to meat also spends a great deal of mixture. Simmer over low

**JOHN J. HUDOCK CAN MAKE SURE YOUR FAMILY** WON'T LOSE EVERYTHING IF THEY LOSE YOU.

John is your representative from MONY, Mutual of New York.

Protecting your family's future is his business. Talk to him. Find out how you can make sure your family could keep going without you.

Besides being a thoroughly knowledgeable pro, your MONY representative has many of the same hopes and dreams for his family as you do for yours. So he understands just what you need.

Give him a call.



State

MONY

FOR THE FUTURE.

Address City\_

Phone Number.

JOHN J. HUDOCK FIELD UNDERWRITER MUTUAL OF NEW YORK BUS: 1000 First Eastern Bank Wilkes-Barre, Pa. 18701 Phone: 825-4588 RES: 10 Lakeside Dr., Harveys' Lake, Pa. 18618 Phone: 639-2345

colorful and has much to attract the artist, such as its sponge docks, quiet retreats, scenic bayous and the Gulf. The residents have preserved a few open spaces and a bird sanc-

tuary. Her exhibit includes samples of her three favorits artworks, water colors in which she excels, landscapes which she thoroughly enjoys, and a few of her portraits. In a letter to the Post, Mrs. Sampson stated that a few of the paintings are of the

**Club** plans party The Democratic Club of Jackson Township invites township residents to a social meeting at Farmers Inn, Wednesday, Jan. 26 at

8 p.m. FALLON'S Carpet & Upholstery Cleaning Low

Winter Prices call 675-2249

On Your VHF Dia BACK MT. TELECABLE **47 Main Street** Dallas, Penna. **PAY IN ADVANCE AND SAVE!!** 6 mos. for \$33 - SAVE \$3 12 mos. for \$66 - SAVE \$6 Channel 2 WDAU (Scranton) 22 WPHL (Phila.) 17 3 WBRE (W-B) 28 WNEP (WB-SCR.) 16 6 Dallas Sch. Dist. ED. WVIA (N. E. Pa. Educ.) 44 8 WOR (N. Y. C.) 9 9 11 WPIX (N. Y. C.) 11 12 WBNG (Bing. N. Y.) 12 Local Weather-FM Music 13 24 Hours Sports

United Penn Bank the bank you can grow with "

Member Federal Deposit Insurance Corporation