

Post cookbook

Mary Ann Zier prepares Polish dishes

Of Polish ancestry, Mary Ann Zier still prepares many of the recipes she obtained from her grandmother, but she usually prepares these foods when planning to entertain members of the family. They take a lot of time, she said, and she usually makes a large quantity when she prepares the special dishes.

When cooking daily for her husband, Joe, and small daughter, Karen, she prepares foods which are quick and easy to prepare as well as adaptable to a small family. Mary Ann agreed to share several of each with Post readers.

A native of Nanticoke, the former Mary Ann Swirat graduated from Nanticoke High School, then accepted a position with RCA where she worked until a year after she was married. Mary Ann married Joe Zier of Luzerne eight years ago and shortly after, they purchased their home on the highway at Harveys Lake. Two years ago, their daughter, Karen, was born.

Mary Ann is an ardent bowling enthusiast and is a member of the Ladies Country League, Dallas. She and Joe like to fish and go both ice fishing and warm water fishing. Several years ago, Mary Ann caught a large trout fishing through the ice, which she has mounted. She refers to it as her "trophy fish." This spring, they plan to initiate Karen as an angler.

She likes to sew and makes some of her clothes as well as drapes, spreads and other articles for her home. Mary Ann also does crewel work.

She likes flowers and that she has a "green thumb" is evident in the beautiful greens and flowering plants throughout her home. Each year she brings in her begonias and they bloom inside for the winter. In the spring, she re-plants them outside.

They have renovated and remodeled their home, taking out a wall here, adding a wall or shelf there, until they have transformed it into an original and charming house, radiating their personalities.

Below are the recipes which are favorites of either Mary Ann or Joe. The entire family and friends like the pierogi and the Yayechnich is Joe's favorite. The Cheese Rice Bake is tasty and easy to make and the ground beef and macaroni is an easy casserole meal complete with a tossed salad and light dessert, according to Mary Ann.

PIEROGI
Potato Filling:
6 lg. white potatoes
3 lg. onions, diced
6 slices American cheese salt and pepper

Boil potatoes. Fry onions in butter, mash potatoes and drop in cheese slices. Put into this about six tablespoonfuls of butter from the onions. Add salt and pepper to taste. Let cool.

Cheese Filling:
2 sm. pkg. farmer's cheese
1 egg yolk
little sugar

Blend cheese and egg yolk. Add sugar to taste. Let stand.

Cabbage Filling:
1 sm. head cabbage, shredded. Spread and sprinkle with a little salt. Let stand about five minutes. Squeeze out water and saute in margarine and a little onion; add salt and pepper to taste.

Pierogi Dough:
3 1/2 c. flour
1 T. crisco
milk
water

Knead flour and crisco together. Add milk and a little water to make dough right consistency, not too thick or thin (a little sticky). Roll dough out and use a little flour. Cut in squares. Put in preferred filling and pinch the ends together. Boil until they come to the top.

Place in large baking dish by layers placing fried onions and a little butter on each layer. Bake for one or two hours at 250 degrees. (Cover with aluminum foil).

YAYECHNICH (Homemade cheese)
1 doz. eggs
1 qt. milk
1 t. salt

Beat ingredients together, then cook over low flame until it gets thick. Mould into a large ball and hang in a cheesecloth overnight so liquid drains out. Remove cheesecloth and refrigerate. Cut to serve.

CHEESE RICE BAKE
2 1/2 c. water
1 cube chicken bouillon
1 c. uncooked rice
1 can cream of chicken soup
1 c. cubed American cheese
two thirds c. evap. milk
Bring water to boil, dissolve bouillon. Add rice and cover. Cook until water is absorbed. Add soup, cheese, evaporated milk. Pour into greased, one and a half quart baking dish. Bake at 350 degrees for 25

minutes or until bubbly.
GROUND BEEF & MACARONI
1 1/2 lb. ground beef
1/4-1/2 box macaroni
1 can tomatoes or lg. can tomato sauce
Sharp cheese
Brown meat. Cook enough macaroni to fill casserole. Combine meat, macaroni and sharp cheese with one can tomatoes or tomato sauce. Top with parmesan cheese.
Bake at 350 degrees about one half hour.



Karen and Mary Ann Zier

Thanksgiving dinner party held

Pennsylvania 76'ers Good Sam Club held their November meeting and dinner party Saturday evening at the Lehman fire house.

Joan and Tom Wenner hosted the affair. Turkey and all the trimmings were served. Floyd Wolfe gave the devotions before the meal. Committee for the meeting Joan Wenner, Lillian Letukas, Jeanne Hunter, Barbara Glowach.

A short meeting followed with Wayne Rosencrans, president, reminding everyone of the Christmas party Dec. 17th at 7:30 p.m.

at Pesacreta's Any members having a special campground that they would like to go to next camping season are to give the names to Andy Glowach, wagon master, before January.

Jeanne Hunter is collecting good used magazines to be donated to hospitals or nursing homes.

Games were played following the dinner. Barbara Glowach was in charge. Pat and Gene Shelly, Phylis and Floyd Wolfe are in charge of January activities.

Trucksville PTO plans newsletter

The Trucksville Elementary P.T.O. held its second meeting of the year on Nov. 9th.

Mrs. Ralph Billman, president, informed the group of the development of a voluntary aide program for the school, which will be implemented

by the week of Nov. 15th. It was, also, announced that \$1,100 was realized from the candy sale, the P.T.O.'s one fund raising project of the year. Mrs. Elizabeth Greenwood, vice president, reported that a Trucksville Newsletter, which she is

editing, will be published in several weeks.

Dr. Linford Werkheiser, Dr. Richard Shipe, and Mrs. Gloria Whitman presented an informative program on a new instruction program. This was followed by classroom visitation.

Borough PTO plans tea this Thursday

On Thursday, Nov. 18th, the Dallas Borough Elementary P.T.O. will sponsor its annual "tea" which is held in honor of American Education Week. The theme of this year's American Education Week is "The schools are yours. Help take care of them."

During this week an open house policy is in effect so that parents can feel free to drop in and visit their

child's school. In the event parents hesitate to just "drop in", specific times have also been designated.

The special times set aside for the Dallas Borough Elementary

School are Wednesday, Nov. 17th from 10 a.m. to noon and Thursday, Nov. 18th at 1:30 p.m. Open house followed by the P.T.O. tea is at 2:00.

Community plans conference

The Community Bible Church of Sweet Valley, will host a unique missionary conference on Nov. 21 at 7:30 p.m. through Wednesday, Nov. 24.

Missionaries from around the world, serving under the auspices of the Independent Gospel Missions, New Castle, Pa., will be presenting their missionary work.

PTO has music, art, P.E. program

The Westmoreland PTO met Nov. 3rd, in the school cafeteria with a short program organized by the music and physical education departments, in which a number of Westmoreland students participated.

The art department also took part by displaying some of the students' work.

The minutes of the last meeting were read by Mrs. Marsha Landis and a treasurers' report was given. A count of parents was taken to determine which class will receive the PTO award for the highest attendance at the meeting.

Mrs. Mary Lou Swingle, PTO president, reminded parents to save Post cereal box tops and announced the students will also be collecting Campbell's soup labels, which will be used for the purchase of audiovisual equipment. It was explained that all equipment purchased through these collections will be used exclusively in the Westmoreland School.

Mrs. Lucy Wasilewski of the ways and means committee is presently working on plans for a PTO money making project to be held in the spring.

The PTO agreed to sponsor an educational field trip for the fourth grade. The trip will last an entire day, and commercial bussing will be provided. This will be an annual event that each fourth grade class may look forward to.

The PTO also will try to help out on expenses for shorter field trips for the lower grades. Mrs. Lorraine Hilstolsky will be chairman of the fourth grade trip, and Mrs. Bernice Brostbutter will be

chairman of the lower grade trips.

It was announced that the volunteer aides are now operating the school library, but more aides are needed to keep the library operating regularly. Anyone wishing to volunteer as a part time aide should contact Mrs. Alan Landis. Library aides work in pairs, so volunteers are assured they will not have full responsibility of the library.

Michael Williams, PTO Representative to the school board, read a grievance list compiled by the PTO., listing badly needed repairs for the Westmoreland School building for the health and safety of students.

Dr. Linford Werkheiser, who attended this meeting, responded that the board is aware of these conditions and that hopefully repairs will be started in the spring. Williams will read the list at the school board meeting on Nov. 8, and present them with a copy.

Mrs. Carol Turner, chairmen of the West-

moreland Home Communications Group, announced that the first issue of the monthly newsletter will be coming out within the next week. She is also looking into the possibility of providing baby sitters for the Nov. 22 Parent-Teacher Conferences. If such services are available, a notice will be sent home from school.

Following the meeting, Mrs. Turner introduced Dr. Richard Shipe, Dr. Linford Werkheiser, and Mrs. Gloria Whitman, who presented an explanation of the scope and sequence program. This was followed by refreshments furnished and served by the third grade mothers.

Bird shoot

Mountain Post 781, American Legion, will hold their annual clay bird and turkey shoot, Sunday, Nov. 21 at noon on the Legion grounds, Church Road, Mountaintop.

Shells and refreshments will be available.

Holiday Special
Free Hookup!
For Cable TV

	Channel	
2	WDAU (Scranton)	22
3	WPHL (Phila.)	17
4	WBRE (W-B)	28
6	WNEP (WB-SCR.)	16
7	Dallas Sch. Dist. ED.	
8	WVIA (N. E. Pa. Educ.)	44
9	WOR (N. Y. C.)	9
11	WPIX (N. Y. C.)	11
12	WBNG (Bing. N. Y.)	12
13	Local Weather—FM Music	
	24 Hours	

BACK MT. TELECABLE
47 Main Street Dallas, Penna.
675-1171

Tabletop Winter Wonderland

set of 4
Christmastime in America
Placemats

Icy brooks, glistening evergreens... the magical beauty of the Christmas season is captured in these attractive placemats, each with a different winter scene, photographed in vibrant color. They're 11 1/2" x 17 1/2", washable, reversible and re-usable. They'll add sparkling beauty to your table throughout the holiday season and long afterwards. Ideal for framing, too.

\$1

while supply lasts, when you open your 1977 Christmas Club.

Christmas Club

See these beautiful placemats on display at your nearest United Penn Bank office. Choose your Christmas Club savings plan — from 50¢ to \$20 a week. And remember — all plans pay a big **5% interest** compounded continuously.

United Penn Bank
The bank you can grow with.
Member Federal Deposit Insurance Corporation

Specializing In
ROOFING
★ Guaranteed ★ Insured
★ Free Estimate
-RALPH STOGOSKI- & SON
Phone 639-1762

MAHAFFEY OIL CO. INC.
"Serving Home & Industry"
273 UNION STREET, LUZERNE
OIL BURNER INSTALLATION & SERVICE
"40 years of heating knowledge to serve you"
Steam — Hot water — Warm air
— Complete package units —
— Conversion units —
288-3636

SAVE FUEL & MONEY THIS WINTER
COVER YOUR WINDOWS, DOORS, PORCHES & BREEZEWAYS
with **Warp's ORIGINAL FLEX-O-GLASS**
CRYSTAL CLEAR, TOUGH, FLEXIBLE PLASTIC
HOLDS IN HEAT! KEEPS OUT COLD!
EASY TO INSTALL! Cut with shears, tack over screens
49¢ per sq. ft. (also 28" & 48" widths)
Here's an easy, economical way to cut your heating bills. Tack up Warp's Genuine FLEX-O-GLASS over your windows, doors, porches and breezeways. Make your house winter-tight, draft free. Get a roll of FLEX-O-GLASS today!
At Your Hardware, Lumber and Bldg. Supply Store
WARP BROS. Chicago 60651 Pioneers in Plastics Since 1924
See How America Grew—3 Million People Have At Harold Warp's Pioneer Village, Minden, Nebr.
A & R Supply Company Mountaintop
Matirko Hardware, Co. Rt. 940 Pocono Lake, Pa.
Handy Home and Sports Stores Mountaintop
Whitesell Bros. Building Supplies Route 118, Dallas, Pa.
Carl Reiner's Agway Rt. 940 White Haven, Pa.