



OUT OF REACH—Michelle Kravitsky stands by as the ball is knocked out of her reach in the Mountaineers game

with the girls from St. John's on Monday, Dallas lost but Michelle was high scorer with 17 points.

RICHARDS

The 'All-Supers'

by Lee L. Richards
Interesting, exciting and an experience we'll never forget. That's the only way to describe last Monday's Gator Bowl football game. We've been to our share of top sporting events, but Gator Bowl ranks with the best.

While we picked Florida to win, we sat in the press box and quietly cheered for the Terps of Maryland. Maybe it was our Yankee pride.

"Y'all know that the Gators of Florida were going to stomp all over the Terps."

That's what most of the Florida media people believed.

They went so far to say there were better high school teams in the state than Maryland. They wanted a big-name team to play the Gators. Maryland wasn't good enough.

If you watched the game "y'all" saw the famed Florida wishbone get across the 50-yard stripe three times in 60 minutes, once on a 15-yard flag and twice when the game was out of reach.

The home-staters got all the pre-game ink. When Maryland kicked off I really thought I was going to see a bunch of Clark Kents dash into a telephone booth and bounce back with a big red "S" on their chests. All of the Gators were "All supers."

LeRoy Hughes, Maryland's rugged mini-end from Harrisburg, said to us after the game, "Hey, maybe they'll invite us back next month to play the high school team that's better than us."

During the afternoon leading up to the contest, we sat around with several of the coaches discussing everything in general. They kinda felt the players were ready.

Bob Pellegrini, former Terp All-American and Philly Eagle linebacker, was really keyed up. He

just knew the Gators weren't that good. Pelle is a good old boy that still helps the Terps recruit. He sat near us in the box and smiled all the way.

When the Terps arrived back at the motel around 1:15 a.m. the fun really began.

We were happy for Coach Jerry Claiborne and his staff, simply because we know the frustration and relentless work they've gone through to put the Maryland football program on a par with the biggies.

We chatted with Coach Claiborne as the Terp fans saluted the victors.

Coach Claiborne said, "We just did not turn the ball over. We had a good kicking game."

"I knew our defense would have a key role with the way Florida played. Our team has a great deal of pride and we demonstrated it."

CLIPBOARD NOTES: You better believe the Cowboys are for real. Tom Reese is one of few people we know that predicted Cowboys would make it to the Super Bowl. We also had Steelers and Cowboys winning playoffs. Why? Because of team quickness...Time has run out for the vikings and Rams. They're too slow...Walter White, outstanding rookie tightend of Kansas City Chiefs, did some celebrating with us after Maryland's 13-zip win over the Gators. He's a terrific guy with bright future in pros...Wishbone teams lacked scoring punch again in bowls. Texas, Alabama and Oklahoma won because they perfected passing the football...Michigan Coach Bob Schembechler proved to be complete jerk in Miami...Our bowl picks were 6-5 nothing to boast about...How about those Pitt Panthers? Again, team quickness was the key factor...We are convinced that Pitt and Mary-

land can play with any team in the country...PSU proved this, too.

State needs speedy back and more complete quarterback...Jimmy Cefalo is not the answer to State's outside speed problem...Gator coaches used Polaroid camera to film Terps' offensive and defensive alignments. Pics cover 35-yard span. They couldn't figure defense out...Biggest collapse was Ohio State. We've got to admit Woody was completely out-coached. Yes out-coached. We wonder if the Bucks had a game plan???

Big Eight isn't cracked up to what it's supposed to

be...Colorado Coach Bill Mallory said in November, "You can take six teams from Big 8 to bowls and we'll score six victories"...That's gotta be one of the laughs of the new year. Florida papers had great coverage on all the bowls and NFL playoffs...

If Dallas is to challenge Crestwood and Hanover for hoop title, they've got to start getting more consistent in shooting...

Maryland Coach Jerry Claiborne showed me a heap of class after winning his first bowl game. Maryland had stigma of not winning the "Big One", too. People used to say that about the Cowboys. Remember???

Jayvee Ladies trounce Benton

by Wendy Smith

The Junior Varsity Lake-Lehman Lady Knights met the Tigerettes of Benton for a scrimmage on Dec. 22, on the Knights' court and won 38-4.

Sophomore Marcia Janiczek gave the Knights a boost with her consecutive shots during the first quarter. The increase of points on the scoreboard was also supported by Louise Stryjewski with a total of eight points second highest score. The first quarter ended with a score of 10-2, Lake-Lehman.

Freshman Cheryl

Travis, high scorer with 12 points, displayed some unique defensive plays and a shooting streak beginning in third quarter. She was supplied with some tricky passes by her teammates bringing the score to 24-2, Lake-Lehman's favor.

Points continually added up with sophomore Jill McCarroll making some tough rebounds. This brought the third quarter to a close with a score of 32-2, led by the Knights.

The fourth quarter was swept away by the Knights ending in a final score of 38-4.

Junior high mat league opens

Wyoming Valley Junior High School Wrestling League will open Thursday with six meets scheduled. Another five meets are scheduled for Saturday.

The league will hold meets every Thursday and Saturday during the season which closes Feb. 24.

Thursday's meets include Lake-Lehman at Hanover, Pittston Area at

Dallas; Meyers at Wyoming Valley West; Nanticoke at Crestwood; West Side Tech at Wyoming Area; and Abington Heights at Plains.

Saturday will find Dallas at Abington Heights; Wyoming Area at Hanover; Nanticoke at Plains; G.A.R. at Pittston Area, and Wyoming Valley West at West Side Tech.

Bowling News

Lahr's Arco girls copped the first half championship in the Imperialette League by taking three points from Joe & Joe's while Carmen Pizza girls were losing three points to Ralph Fitch & Sons. The Pizza team was half a game in front going into last Friday's league play. Fairview Shoe Store picked up four points on a forfeit by Goodman Florist, who had only two members out for the match. Dallas Dairy forfeited four points to Lombardo Bakery.

The week prior to the holiday vacation, Lahr's Arco took three from Lombardo Bakery. T. Denmon hit 177 for the Arco five and J. Agnew rolled a big 182-170 (520) for the bakery. Carmen's Pizza picked up three from Dallas Dairy. J. Berkey spilled pins for 171. P. Gordon's 180 was high for both teams as Joe & Joe's and Goodman Florist divided evenly. M. Culver knocked down pins for 193 to lead Fairview Shoe Store to an even split with Ralph Fitch & Sons, who had J. Lamoreaux's 170.

In the Major League, Shavertown Lumber shut out Wesley Citgo paced by A. Wendel's 214 (569). G. Chapalonis scattered the wood to the tune of 212 (581) to lead Dallas Shopping Center to three points over Tony's Team. F. Youngblood hit the pocket for 210 (592) to aid Chris Sunoco in taking three points from Hasay Chevrolet, whose best was D. Eddy's 556. Elby's Restaurant dropped four points to Gebhardt's Bowling Supplies.

In the George Shupp League, Daring's Market copped three points from Fino's. Irene's Bar picked up three from F.T.A. Corp., George's Auto divided with Harris Associates, and Dallas Nursery blanked Stanton TV.

High scorers were B. Prutzman 230-213 (637), B. Weaver 223-227 (605), J. Strazdus 220 (593), L. Christensen 214 (599), J. Stredny 212 (585), P. Basso 218 (589), D. Purvin 242 (590), K. Youngblood 225 (563), and J. Merc 561.

The week preceding the

holiday, Fino's took all from Dallas Nursery led by L. Christensen's 566. S. Bonomo's 220 (561) and D. Purvin's 573 paced Harris Associates to three points from F.T.A. Corp. Irene's

Bar gave up four points on a forfeit to George's Auto, whose D. Wickard hit 211. T. Hazinski's 553 series aided Stanton's TV in taking all from Daring's Market.

Benton beats Lady Knights in 4th

by Wendy Smith

The Benton Area Tigerettes defeated the Lady Knights of Lake-Lehman at a scrimmage with a final score of 29-39.

The first quarter got underway with freshman Sally Galka making some clean center-of-the-court shots. As a result Galka's shooting streak was not broken, making her high scorer of the game with a total of 12 points. The first quarter ended with a score of 6-4, Lake-Lehman.

Freshman Mary Sue

Rish started the second quarter for the Knights with her best foot forward in the defensive field. Rish was also the second highest scorer with a total of six points. The final score was led by Benton, 11-14.

The third quarter was a tense eight minutes for Lake-Lehman as well as Benton. Each team battled for a final third quarter score of 23-22, Lake-Lehman.

Lake-Lehman was downed by Benton with a final score of 29-39.

Pack 155 presents awards in Trucksville

Cub Pack 155 of Trucksville held their pack meet and Christmas party at the Trucksville United Methodist educational building recently.

Cub Master Jack Roman Sr. presented the following awards.

Robbie Coscia; one yr. pin, and perfect attendance

pin. David Fiorina, Joey Cicero, Mike Culver, and Mike Phillips, all received their one year pins. Mark Oster; Wolf badge, David Mathers; wolf badge. Carl Gugleburger; wolf badge.

David Woolbert; perfect attendance, one gold arrow, and one silver arrow. John Roman;

perfect attendance and one gold arrow. Chris Leonard; wolf badge and one gold arrow. Michael Lundy, John Paijavis, and Frank Aritz, all received one gold arrow.

Webelo leader Dick Montgomery presented the following awards. Ricky Metz; Aquanaut, Tim Smith; aquanaut, Kevin Booth; aquanaut, and craftsman. Tom Peeler; aquanaut, craftsman. Ralph Bentley; craftsman. Robert Montgomery; engineer. Tim Tamani; traveler.

Robert Montgomery, Ted Price, and Tom Peeler explained in detail the meaning of the Boy Scout badge, in doing so the boys received the Arrow of Light badge the highest award a cub can earn. Mrs. Mrs. Edward Price Jr., Mrs.

Richard Montgomery and Mrs. Thomas Peeler 3rd, received the Arrow of Light Mothers Pin.

A shoe box race game was played by all the cubs. Each boy made a Christmas ornament, and a tree was trimmed, later the tree was taken to the

Leader Nursing Home. Mrs. Roger Griffiths den had the closing with singing of Silent Night accompanied on the Guitar by Mr. Roger Griffith. Refreshments were served by the mothers.

Next Pack meeting will be held January 16th at 7:30.

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Why should I go to a Chiropractor, I'm not sick!
by Joseph Urquia
There is a line in a popular song which reads, "he who is not busy being born, is busy dying." This could well be paraphrased to read, "he who is not busy getting healthy, is busy getting sick."
There is no standing still in this life. One either moves ahead or falls back. This is especially true as regards health. Health is a condition which must be actively maintained. The idea that we can stay where we are, moving neither one way nor the other, is pure illusion, and this illusion has sent many unsuspecting souls to an early grave.
Many people, not understanding this dynamic principle of health, make the mistake of equating health with the absence of symptoms. Symptoms are usually the last warning signals of a body long troubled by disturbed function.
We have become conditioned to regard symptoms as nothing a pill can't cure, or a laxative can't fix. The truth is, illness and disease can exist under the surface for a very long time before you feel their symptoms. Covering up these little "normal" symptoms, such as headaches and indigestion, by taking pills, can only make matters worse, for as you delay treating the CAUSE of your problems, your body continues down the road to inevitable breakdown.
What they do not comprehend, and reasonably so, for they have never been told, is that WE CAN BE SICK AND NOT BE AWARE OF IT. In fact, in the vast majority of cases, the person who develops symptoms has really been sick for a very long time, all the while believing that he was perfectly healthy! Unless we actively do something then to maintain our health, we run the risk of contributing to our own sickness.
This is where chiropractic is invaluable, as it alone among the health professions, offers the opportunity to maintain a valid standard of health. By restoring the body's nervous system to optimum working capacity, chiropractic allows every part of the body the best possible chance of maintaining healthy functioning. There is nothing mysterious about this process. A HEALTHY BODY RESISTS SICKNESS: only a body somehow already "sick" can become sick.
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