

Oak Hill



HEALTH SCREENING—Helen Pool, Penn State Wilkes-Barre Campus secretary, is shown being administered one of several tests that will be offered Back Mountain residents during next Monday, Tuesday and Wednesday "Health Screening Tests. Planners include, standing left to right: Leo Nauroth, Mrs. Peter George, Pat Kelly, RN., and Mrs. Leo Corbett, RN. administering blood pressure test.

Health screening planned at PSU

The Dallas Kiwanis Women and the Heart Association in cooperation with the Penn State Wilkes-Barre Campus will sponsor three days of health screening tests next Monday, Tuesday and Wednesday on the campus in Lehman.

The tests will be conducted in the Wilkes-

Barre Campus Laboratory Building and will include tests for blood pressure, blood sample for cholesterol and sugar level and electrocardiogram.

The hours for the testing are: Monday-9:30 a.m. to 3:30 p.m.; Tuesday 1 p.m. to 6 p.m. and Wednesday-9:30 a.m. to 3 p.m.

The testing is a yearly project for the Dallas Women and participants must make an appointment prior to the testing dates. Further information and appointments may be made by calling Mrs. Pat Kelly, RN., at the Penn State Wilkes-Barre Campus, Lehman, 675-2171.

IRDR seminar scheduled at Nesbitt

The Institute for Research and Development in Retardation will conduct a training seminar on citizen advocacy Thursday, Dec. 11, at Nesbitt Hospital, 562 Wyoming Avenue, Kingston. The seminar will begin at 9:30 a.m. and continue until 4 p.m., with a break for lunch. The public is invited to attend.

The concept of citizen

advocacy focuses on the establishment of a one-to-one relationship between a citizen volunteer and a mentally retarded person. The volunteer advocate functions to assist his mentally retarded friend to become integrated into the mainstream of local community life. The relationship serves to safeguard the mentally retarded person's rights

and privileges of citizenship.

In addition, the seminar will provide the "How to" steps on implementing a Citizen Advocacy program at the local level. This seminar is open to the public without charge.

For further information, contact Steve Brodsky (717) 234-2621.

Subscribe to the Post

by Bridgette Correale
Thanksgiving at our home wouldn't be Thanksgiving if everyone in the family isn't sitting on top one another in Grandma and Grandpa's dining room. I say squeezed in because now nieces are of age where boyfriends are welcomed and to tell the truth anyone is welcomed.

Our holiday begins Wednesday evening when everyone starts arriving bearing food, flowers and empty stomachs. The women gather in the kitchen and start chopping away and the men deal out the cards.

This particular Thanksgiving I will never live down. Wednesday evening I was sorting out the pastries, cakes and pies that I made and insisted that the special pecan pie be eaten after Thursday's dinner. It's special because pecan pie is my brother Tony's favorite, and I wanted him to really enjoy

it. They kept begging me to cut a little piece, a sliver, a tiny bite, but I held my ground.

After six hours of eating Thanksgiving Day, desserts were finally served and Tony was dying for his pie. A cup of espresso coffee and a large piece of pecan pie was served to him and after a speech of several hundred words on how long he had to wait for this moment, he took a big bite only to gag on it. Everyone was rolling on the floor because we thought he was being his funny self. It turns out that instead of adding a cup of sugar to the pie ingredients, I added a cup of salt. What a mess.

The pie ended up being flung at a few brothers and plastered on the dining room walls. My mom vowed this was the last holiday at her house, either we dirty our own walls, go to a restaurant or not have Bridgette cook.

The Alansky's, Jim, Sue, James and Chrissy enjoyed their Thanksgiving visiting relatives in New Jersey. Belated birthday greetings to Brian Bednar who celebrated his birthday Dec. 5, and to Mary Jean Onzik, Dec. 8.

This past weekend the Belasco's enjoyed their annual Christmas visit to New York City.

Sunday afternoon, open house was held at the Marquis Art Gallery in Wilkes-Barre where many neighbors were on hand to view the lovely pictures and art objects that were displayed.

Karen Iwanowski and Erin and Shannon Cleary joined other ballerinas in the Back Mountain Cultural's Ballet program which presented their annual show.

Happy birthday to Jim Hawk who will enjoy his birthday cake Dec. 14 and to Robert Oley his 13 birthday, Dec. 13.

Olga Kostrabala spent a few days visiting her mother in New York City.

The Batka's, Charlie, Eileen, Karen and Chuck traveled to Asbury Park, New Jersey to visit with relatives.

Special birthday kisses to my husband Vince who will celebrate a birthday Dec. 10.

If last weekend wasn't enough to spend in New York, this past weekend we

journeyed back to celebrate my mom-in-law's surprise 65th birthday.

What a joy it was seeing not only the sisters, brothers, nieces, nephews, but the great aunts, uncles and cousins who traveled from all parts to attend.

All I can say is that there are two families in New York that are completely "nuts"...mine and my husband's...his and hers.

Dallas

by Charlot M. Denmon
Mrs. Barbara White has returned to her home in Dallas, after being a guest at the Hampton House Nursing Home, San Souci Highway, Wilkes-Barre. Steve Hartman, mayor of Dallas Borough, is a patient in Nesbitt Memorial Hospital.

Mr. and Mrs. Robert

Popielarz have moved into their home on Hillcrest Drive, New Goss Manor.

An enjoyable Thanksgiving dinner was held at the home of Mr. and Mrs. Don Alexander, Davenport Street, when all their children were home for the holiday. Guests were their son-in-law and daughter, Mr. and Mrs. James Coburn and daughter, Waverly, N.Y.; and their son and daughter-in-law Mr. and Mrs. Donald Alexander, West Chester.

Local hunters still hoping to bag a buck before the season ends Saturday are Fred Templin, Herb Dreher, Tex Wilson, Al Pisaneschi, and Andy Denmon.

Pete Lange, Dallas Township supervisor, has returned to his position following a long illness. Pete is the former police chief of Dallas Township. His friends are glad to know that he is well and able to be out.

BMEG to meet

The Back Mt. Environmental Group will hold its monthly meeting, Saturday, Dec. 13, at 9:15 a.m. at Elby's in Dallas. Plans for the paper recycling drive will be discussed.

Idetown

by Virginia Hoover
Mr. and Mrs. Donald Watson, Jr., Lynbrook, N.Y., announce the birth of their first child, a daughter, Angela Sue, on Dec. 3. Watson is the son of Mrs. Marjorie Watson, Idetown and the late Donald Watson. His wife, Sue, is the daughter of Mrs. Sadie Baretti, Brooklyn, N.Y. Both he and his wife are employees of American Airlines Terminal in N.Y. This is the Watsons' second grandchild.

The annual Christmas Party of the Idetown United Methodist Church Confidence Class was held in the church house last

Tuesday night. Margaret May led the devotions and Christmas carols. A luncheon was served after which Rev. Harris played the role of Santa. Secret pals were released and new ones for the next year were picked.

Those attending included Claire McKenna, Ruth Walters, Charlotte Caulkins, Bess Cooke, Maude Antrim, Hannah Frederici, Dorothy Cook, Margaret May, Linda VanGorder, Anna Shaver, Dorothy Park, Lorraine Coburn, Beatrice Hadsel, Mildred Welsh, Bessie Hawke, Mildred Lutes, Betty Walter, Elaine St. Clair, Vivian Rincken, Rev. Harris and his

mother, Mrs. Harris.

Mrs. Edith Boice was visited by her son Don and daughter-in-law Mary Boice of Rochester, N.Y., and grandson, Buddy and son Kevin Walker of Rockville, Md., last week for hunting season.

More of the successful hunters of last week I heard about were, Bob and Rick Park, Sam Margellina, Bob VanGorder, Dale, Donald, Allen, and Willard Wright Jr., Berry Spencer, and William Jennings. Mike Galka of Noxen, a senior at Lake-Lehman High School, got an eleven point buck.

Mrs. Robert Park, Debbie, Ellen, and Bobbie Park visited the Melvin Races at Tioga Center, N.Y.

Mrs. Neil Turner spent the holiday with her nephew in Philadelphia and then visited another

nephew in Baltimore.

Mrs. Elmer Hoover enjoyed her birthday on Dec. 3rd with visits from many friends and relatives, including Dorothy Park, Bess Cooke, Charlotte Caulkins, Linda VanGorder and baby, Mrs. Neil Turner, and Claire McKenna.

Cake and ice cream was enjoyed in the evening by the family, Floyd and Helen, Lester, Virginia, Cheryl, Joann, and Curtis Hoover. Roxie Hessler, also helped her sister celebrate.

Fred Webber, son of Mr. and Mrs. Edmund Webber of Idetown, is visiting his sister and brother-in-law, Mr. and Mrs. Harry Hummell in South Amboy, N.J.

Fred is leaving Jan. 2 for Lackland Air Force Base in Texas for six weeks training.

Menu

Lake-Lehman School District

Monday—Hot dog on bun, potato puffs, baked beans, fruit and milk.

Tuesday—Steak hoogie, green beans, applesauce, cookie and milk.

Wednesday—Cold meat and cheese on rye bread, chicken noodle soup, saltines, tangerine and milk.

Thursday—Turkey and gravy, mashed potatoes, buttered peas, cranberry sauce, roll and butter, ice cream and milk.

Friday—Tuna burger, potato chips, glazed carrots, strawberry fruit cup and milk.

Dallas
Dec. 15-Dec. 19

Monday—Veal Parmesan (Jr. Sr.) Veal patty with sauce (Inter. Elem.), buttered noodles, corn, Parker House roll-butter, fruit, chilled milk.

Tuesday—Chipped ham Bar-B.+Que-special relish, buttered green beans, apple sauce, cookie, chilled milk.

Wednesday—Hot Dog on roll, ketchup-mustard-relish, pickle chips, potato chips, buttered mixed vegetables, sliced peaches, donut, chilled milk.

Thursday—(Christmas Dinner), Oven baked chicken, mashed potatoes-gravy, cranberry sauce, peas, Parker House roll-butter, ice cream, Christmas treat, chilled milk.

Friday—Surfburger on roll-ketchup-tartar sauce, hash brown potatoes, tossed salad-dressing, pineapple chunks, cookie, chilled milk.

Three deer for Galkas

On Saturday, Mike Galka, a senior at Lake-Lehman High School, became the third member of his family to bag a deer

in the 1975 antlered deer season. Mike, taking an 11 point buck 150 pound buck at 3:30 joined his sister and grandfather, who both took their bucks the first day of the season.

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