

BIG LANCASTER BRAND BEEF SALE!

LANCASTER BRAND BONELESS

CHUCK ROAST lb. **65^c**

LANCASTER BRAND TENDER, JUICY

RIB STEAKS lb. **83^c**

SIRLOIN STEAKS lb. **89^c** PORTERHOUSE STEAKS lb. **99^c**

LANCASTER BRAND SMOKED, FULLY COOKED

HAMS SEMI-BONELESS Whole or Either Half lb. **69^c**

FRESHEST PRODUCE UNDER THE SUN

CALIF. SUNKIST VALENCIA

ORANGES 4-lb. bag **59^c**

Local Grown

ENDIVE OR ESCAROLE 2 lbs. **25^c**

Virginia Golden

SWEET POTATOES 3 lbs. **29^c**

NEW YORK STATE

SECKEL PEARS 2 lbs. **29^c**

ASSORTED

LIVE HOUSE PLANTS 3-inch pot **29^c**

ACME SUPER SAVER!

TIDE DETERGENT 3-lb. 1-oz. box **65^c** *SAVE 10c*

NABISCO PREMIUM

SALTINES 1-lb. box **15^c** *SAVE 20c*

Big Weekend

COFFEE SALE!

REGULAR OR DRIP

WINCREST

1-lb. bag **61^c** *Save 6c*

3 LBS. \$1.75 (SAVE 18c)

REGULAR OR DRIP

ACME

1-lb. bag **65^c** *Save 6c*

3 LBS. \$1.87 (SAVE 18c)

20 BONUS STAMP COUPONS PACKED IN EACH POUND BAG.

CRISCO

SALAD OIL 1-pint 8-oz. bot. **49^c** (Save 10c)

Save 2c **IDEAL SALAD OIL** 1-pt., 8-oz. bot. **45^c**

SUNSWEEP PRUNE JUICE qt. 8-oz. bot. **47^c** (Save 8c)

Save 6c **IDEAL PRUNE JUICE** 1-qt., 8-oz. bot. **43^c**

IDEAL TOMATO SOUP 6 10 1/2-oz. cans **69^c**

SPEED-UP FABRIC SOFTENER 1/2-gal. bottle **39^c**

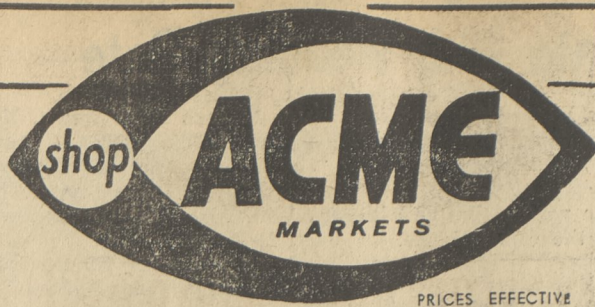
SPEED-UP, PINK OR CLEAR LIQUID DETERGENT 3 quart bottles **\$1.00**

Frozen Foods

VAHLING POTATOES FRENCH FRIES 2 2-lb. pkgs. **69^c** (SAVE 15c)

WELCH'S GRAPE JUICE 3 6-oz. cans **59^c** (SAVE 10c)

IDEAL MIXED VEGETABLES 2 1-lb., 8-oz. pkgs. **89^c**



Lancaster Brand

ARM ROAST lb. **69^c**

BONELESS **CHUCK STEAK** lb. **69^c**

BONELESS **CURE STEAK** lb. **99^c**

Plate **BOILING BEEF** lb. **23^c**

Meaty **BEEF BRISKET** lb. **39^c**

BONELESS BRISKET lb. **89^c**

FIRESIDE BRAND LEAN SLICED

BACON

1-lb. pkg. **59^c** Lancaster Brand SELECTED **BEEF LIVER** lb. **39^c**

MEDIUM SIZE FANCY

SHRIMP lb. **79^c**

31 to 40 Shrimp Per Lb. **SKINLESS FROSTED COD FILLET** lb. **35^c** **ARCTIC SEAL FISH STICKS** 14-oz. pkg. **49^c**

LANCASTER BRAND OVEN READY

RIB ROAST 1st Cuts Slightly Higher lb. **75^c**

Lancaster Brand Pickle & Pimento **Loaf** 6-oz. pkg. **29^c** 8-oz. pkg. **35^c**

Valley Maid Country Style **RING BOLOGNA** lb. **65^c**

Oscar Mayer **Sand. Spread** 8-oz. tube **39^c**

Lancaster Brand Frozen **Pork Loin Dinner** 11-oz. tray **39^c**

Lancaster Brand Frozen **Veal Steak Dinner** 11-oz. tray **39^c**

Lancaster Brand Buttered Beef or Cheese **BURGERS** 8-oz. pkg. **49^c**

NABISCO

COOKIES

• Fig Newtons (lb.)

• Vanilla Wafers (12-oz.)

• Sugar Ring (15-oz.)

• Cookie Treats (15-oz.)

• Coconut Bar Cookies (11 1/4-oz.)

3 pkgs. \$1.00

CLIP THIS COUPON

THIS COUPON WORTH

10^c OFF

TOWARDS PURCHASE OF A 3-LB., 1-OZ. BOX

TIDE DETERGENT

(Limit 1 Coupon Per Box Purchase)

EXPIRES: SEPT. 30, 1967

CLIP THIS COUPON

NABISCO PREMIUM **SALTINES** 1-lb. box **19^c** *Save 16c*

WITH THIS COUPON AND A \$5.00 PURCHASE OR MORE, (EXCLUDING MILK PRODUCTS, CIGARETTES OR FAIR TRADE ITEMS.)

EXPIRES: SEPT. 30, 1967

Virginia Lee

BAKERY FEATURES!

VIRGINIA LEE FRESH BAKED

APPLE PIES

3 1-lb., 6-oz. size **\$1.**

VIRGINIA LEE FRESH BAKED

ORANGE TWIRLS 8-oz. pkg. **39^c**

KRAFT **Sharp** 10-oz. stick **55^c** (Save 14c)

CRACKER BARREL Extra Sharp 8-oz. wedge **59^c** (Save 4c)

CHEESE Sharp 8-oz. wedge **55^c** (Save 2c) 13 1/2-oz. wedge **79^c** (Save 5c)

Mello Cheese 10-oz. stick **55^c** (Save 4c)

Extra Sharp 10-oz. stick **69^c** (Save 4c)

Sesquicentennial Citizens Enjoy Fun And Song At Lake Silkworth

by Doris Mallin
Hail! Hail! The gang's all here! The gang was all there! The Sorbers were hosts to over 100 people at Lake Silkworth last Wednesday night. The gang kicked off the Old Dallas Sesquicentennial in the Lake Silkworth area. A motorcade of about 20 cars left the Dallas Bank parking lot at 7:30. At Ruggles Corners, over 30 more vehicles joined the group. A meeting was held with George McCutcheon and Don Anthony, co-chairmen, presiding. As usual, the meeting was sparked with stories of funny incidents that have taken place in connection with the celebration which goes into full swing the week of October 21 through 29th.

Chief of Keystone Kops, Murph Hislop, changed cars in the middle of the motorcade and arrived at the meeting without his Brothers of Brush button. He was immediately and publicly fined. Everyone had a great time at the Sorbers' place. Don Anthony entertained the group at the piano while members of Sisters of the Swiss, Brothers of the Brush and Keystone Kops gathered around with "old time" singing. Many reports were given and many new suggestions were made.

Everyone expressed their appreciation of the Dallas Rotary Club for including the Sesqui Citizens in its various programs. The Rotarians turned the spotlight on the Old Dallas Sesquicentennial often over the weekend and all who took part in the activities had a good time. The Sesquicentennial Committee was honored to present Miss Pennsylvania with many souvenirs of the 150th anniversary.

Bill Baker, treasurer, reported that over \$3,000 has been taken in so far in fines, donations, and

for the sale of Sesqui items. Over \$1,000 has been paid for expenses. A suggestion was made that the stockades be sold after the celebration. Most of them have been constructed by Ted Wilson.

Dallas Woman's Club representatives announced that the club members will take part in the celebration. Their plans have not yet been announced.

Janine Wood, Little Sister of Harveys Lake, reported that citizens of Harveys Lake, at their meeting last Tuesday night, elected Al Gullitus as Honorary Mayor. They named their chapters, Sisters of the Fish and Brothers of the Lake. The Sisters will carry a goldfish with them wherever they go in Sesqui costume.

Treva Sorchik announced that a religious service will be held on October 22 at Gate of Heaven Church. All religious denominations are included.

Mayor Mick Adams of Sweet Valley Fire Company, Ladies' Auxiliary and Brothers of the Brush will have units in the Sesqui parade. He also invited the whole group back to Sweet Valley in October when coffee and pumpkin pie will be sold.

The C. T. Belles reminded everyone of the Bake Sale and Bazaar to be held at the Back Mountain Shopping Center on October 14. A Square Dance will be held the same night at Twin Lakes.

All the communities included in the Old Dallas Area have joined the "gang" in the fun and have opened wide their towns to the Sesqui citizens, except ONE—ORANGE! Where is a representative from Orange? How about an invitation to hold a meeting in Orange? We are waiting to go into that area, ready to include everyone in the fun! Let's go!

CHANGES IN FOOD HABITS OF SCHOOL CHILDREN

Starting to school may cause some changes in your child's feeding pattern, says Mrs. Janet Miller, Extension home economist, Luzerne County. His needs do not change abruptly, but going to school will require meals and activities to fit his new schedule.

Eating lunch away from home may be a new experience. This exposure to different food patterns in his expanding environment may cause your child to question what and how he eats.

School boys and girls need essentially the same kinds of nutrients the entire family needs. Only the quantities are different. Your School child grows more rapidly and is more active than when he was not in school. This means a big-

ger appetite and more food to satisfy it. You need to provide adequate protein and energy foods to meet these needs.

Many impressions about foods are established during the elementary school years. These can be strong positive factors in creating sound nutritional practices or equally strong in destroying the potential for good eating habits when your child is older.

As a parent, you'll want to set a good example of healthful eating practices for your child. This includes breakfast, a well-balanced noon meal or the type A lunch program at school, and wise snack choices. Good food practices at all ages are important for good health.

John Hrehach Dies After Long Illness

John Hrehach, resident of Dallas Township for the past eight years, died Wednesday morning at Geisinger Medical Center after a long illness.

He was buried Saturday morning in the parish cemetery at Lehman, following a Mass of Requiem celebrated at St. Stephen's Church in Plymouth.

A native of Edwardsville, Mr. Hrehach was for twenty years a division manager of Sears Roebuck, retiring five years ago.

During World War II he served in the United States Air Force in the China Burma India Theater of War.

He was a member of St. Stephen's Church and its Holy Name Society. He belonged to Chapter 102 Disabled American Veterans, and to American Legion Post 609, Hanover Township.

He leaves his widow, the former Irma Brown; three sisters: Elizabeth and Ann, Edwardsville; and Mrs. John Libener, Hazleton.

Trucksville PTA To Meet Monday

The first general meeting of the Trucksville Elementary PTA will be held Monday, October 2 at 8 p.m.

Mrs. Robert Vail, program chairman, stresses that the program will be very important to all the people of the area. A panel discussion on the theme "Trucksville: Yesterday, Today and Tomorrow" will be presented.

The panel will consist of Ralph Hazeltine, Director of the Wyoming Valley Historical Society, speaking on the past of Trucksville; Lester W. Hauck, Local Architect and past Chairman of the Kingston township Planning Commission speaking on today's problems; and Fred Dingle, Vice President First National Bank and current chairman of the Kingston Township Planning Commission speaking on the future of Kingston Township.

Because of the high interest value of the subject matter this topic will also be continued at the November meeting. Sixth grade mothers will provide refreshments.

From 7:30 p.m. until 8 p.m. there will be an opportunity to visit classrooms, pay membership dues and secure subscriptions to the PTA magazine.

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NEWSPAPER
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Phone 674-5656 or 674-7676

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The Dallas Post
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A Community Institution"

PUT ON YOUR TURN SIGNALS BEFORE YOU MOVE AWAY FROM THE CURB

it's the law!

PENNSYLVANIA BUREAU OF TRAFFIC SAFETY
Raymond P. Shafer Governor
Warner M. Depuy Secretary of Revenue
Harry H. Brainerd Commissioner of Traffic Safety

REDEEM THIS WEEK'S **ACME MAILER COUPONS For Extra Bonus Stamps!**

100 BONUS STAMPS

WITH PURCHASE OF ONE 2-PR. BOX VIRGINIA LEE NYLONS

25 BONUS STAMPS

WITH PURCHASE OF (6) 10 1/2-oz. CANS IDEAL TOMATO SOUP

25 BONUS STAMPS

WITH PURCHASE OF 1-lb., 2-oz. JAR IDEAL PEANUT BUTTER

E This Coupon Worth **25 S&H GREEN STAMPS**

With the Purchase of Any Size Bag of **MacINTOSH APPLES**

Expires: Oct. 3, 1967

A This Coupon Worth **50 S&H GREEN STAMPS**

With the Purchase of Any Size Cut **ROUND, RUMP, SIRLOIN TIP, or EYE ROAST**

Expires: Oct. 3, 1967

B This Coupon Worth **25 S&H GREEN STAMPS**

With the Purchase of 1-lb. or More Any **GROUND MEAT**

Expires: Oct. 3, 1967

C This Coupon Worth **25 S&H GREEN STAMPS**

With the Purchase of Any 2-1-lb., 12-oz. **IDEAL CAKE MIXES** White, Yellow, Fudge Marble, Devils Food or Spice

Expires: Oct. 3, 1967

D This Coupon Worth **25 S&H GREEN STAMPS**

With the Purchase of Any 2 **IDEAL PANCAKE FLOUR** (2-lb. pkg.) or **IDEAL PANCAKE SYRUP** (12-oz. bot.)

Expires: Oct. 3, 1967

F This Coupon Worth **25 S&H GREEN STAMPS**

With the Purchase of Any 2 Loaves of **SUPREME RYE BREAD** Milwaukee Rye, Plain or Seeded—1-lb., Jewish Rye—1-lb., 8-oz. or Sour Rye—1-lb., 6-oz.

Expires: Oct. 4, 1967

G This Coupon Worth **25 S&H GREEN STAMPS**

With the Purchase of 1 Family Size **VIRGINIA LEE POUND CAKE** 1-lb., 7-oz. Size (Gold, Marble, Walnut)

Expires: Oct. 3, 1967

H This Coupon Worth **25 S&H GREEN STAMPS**

With the Purchase of A 15-oz. Can of **SEAMIST WINDOW CLEANER**

Expires: Oct. 3, 1967

J This Coupon Worth **25 S&H GREEN STAMPS**

With the Purchase of 2 Pkgs. of 48 **DOESKIN DINNER NAPKINS**

Expires: Oct. 3, 1967