

Jackson Township

Jackson Township Volunteer Fire Co. continues its march forward. Tonight the firemen will play a basketball game against WARM radio station. WARM uses two of the Scranton Miners pro basketball players and Laverne Tart and Larry Jones of the Wilkes-Barre Barons. Playing for the Jackson "Jets" are the following:

The starting five - Don "Crazy-legs" Jones, Bert "Rocket" Balliet, Steve "Fats" Krupinski, Ed "Gabby" Havrilla and Dick the "Stilt" Moskaluk. Coach will be Dick "The Pres." Holodick.

Backing the frantic five will be Bill Huste, Toby Zerfoss, Bob Allard, Al Cigarski, Ray Petroski, Carl Astin and Jeff Wagner. The Jets also hope to have in hand Gerry

"Bull" Bernstein of Susquehanna U. On Sunday afternoon the boys had a small practice session which proved very rewarding to the local pharmacist who sold out all his liniment.

The game tonight is slated to begin at 8:15 p.m. at the Lake-Lehman High School Gymnasium. Tickets will be sold at the door.

The preliminary game will be between the Jackson Twp. Junior Firemen and the Trucksville Junior Firemen. This feature will begin at 7 p.m.

The finance committee for the new fire truck is overwhelmed with the response to the recently mailed letters, which contained a self-addressed envelope for the sole convenience of the contributors. The drive is now only \$1500 short of the top and we feel confident of reaching our goal with no trouble as long as everyone is willing to do their fair share.

At the last meeting of the Jr. Firemen on Monday night future field trips were discussed. Guest speaker was Lt. Vince Wacks of the Civil Air Patrol. Lt. Wacks explained the function of the air patrol and what could be accomplished from joining an outfit of this nature.

On the 17th of March the boys plan a field trip to the Civil Air Patrol headquarters in Forty-Fort. They were also at the practice session held Sunday afternoon at the Naval Training Center in Kingston. Steve Krupinski, vice-president of the Fire Co., was on hand to show the boys through the center.

Last weekend, Miss Euphemia Falthwater received notice that she had won two tons of sheep manure, which is of endless value to rose fanciers. This was the result of her taking a chance at the annual benefit dinner for the Rose Horticultural Society of which she is Sergeant of Arms.

This Emblem Identifies Your Welcome Wagon Sponsors



Firms of prestige in the business and civic life of your community.



Correction

Dr. H. T. Williamson, son of Mrs. Rhoda Bartell, Dallas, was recently elected president of Girard Alumni, not Girard College as was stated in last week's Post.



PRICES EFFECTIVE THRU MARCH 12, 1966

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THIS COUPON WORTH **100 S & H Green Stamps**

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EXPIRES: MARCH 15, 1966

THIS COUPON WORTH **25 S & H GREEN STAMPS**

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EXPIRES: MAR. 15, 1966

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With the Purchase of Any (2) Loaves of Virginia Lee

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THIS COUPON WORTH **25 S & H GREEN STAMPS**

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THIS COUPON WORTH **25 S & H GREEN STAMPS**

With the Purchase of a Fresh VIRGINIA LEE

BAVARIAN CHOCOLATE BAR CAKE

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THIS COUPON WORTH **25 S & H GREEN STAMPS**

With the Purchase of (6) No. 303 Cans of

FARMDALE PEAS

EXPIRES: MAR. 15, 1966

THIS COUPON WORTH **25 S & H GREEN STAMPS**

With the Purchase of (6) 8-oz. Cans of

IDEAL TOMATO SAUCE

EXPIRES: MAR. 15, 1966

4th BIG WEEK!
REDEEM YOUR MONEY SAVING AND EXTRA BONUS STAMP COUPONS FROM YOUR ACME 75th ANNIVERSARY BOOKLET!

SAVE \$1.50
ROYAL COURT CHINA
4-PC. PLACE SETTING
\$1.99
WITH MAILER COUPON

SAVE \$1.50
ROYAL COURT CHINA
3 PIECE ADD-ON-SET
\$1.99
WITH MAILER COUPON

SAVE \$1.50
ROYAL COURT CHINA
SALT AND PEPPER SET
\$1.99
WITH MAILER COUPON

FUNK & WAGNALL'S
ENCYCLOPEDIA
VOLUME 4
\$1.49
WITH MAILER COUPON

Lancaster Brand Tender Juicy BONELESS

CHUCK ROAST lb. **65¢**

LANCASTER BRAND FRESH **PORK BUTTS** lb. **59¢**

LEAN PORK SLICES lb. **65¢** BONELESS ROLLED ROAST lb. **69¢**

LONG CUT **KISSLING SAUER KRAUT** 2-lb. pkg. **27¢**

VALLEE MAID **TASTY BEER SALAMI** lb. **89¢**

LEAN BONELESS STEWING **BEEF CUBES** lb. **75¢**

LANCASTER BRAND **MINGED BOLOGNA** 1-lb. pkg. **59¢**

LANCASTER BRAND **ARM STEAK** CENTER CUT lb. **75¢**

LANCASTER BRAND **DELMONICO STEAKS** lb. **\$1.69**

(ONLY THE TRUE EYE OF THE RIB IS USED BY ACME... NO TAILS.)

LANCASTER BRAND FROZEN **MINUTE STEAKS** 7 1/2-oz. pkg. **55¢**

LANCASTER BRAND CENTER CUT **CHUCK STEAK** lb. **59¢**

LANCASTER BRAND BONELESS **CHUCK STEAK** lb. **79¢**

VALLEE MAID COUNTRY STYLE **SMOKED SAUSAGE** lb. **59¢**

OSCAR MAYER PURE **BEEF FRANKS** 1-lb. pkg. **75¢**

AMY VANDERBILT'S COMPLETE **COOK BOOK** (REG. \$5.50) each **\$1.00**
With Any Food Purchase

NOW ON SALE!
PARISIENNE GOURMETWARE (REG. \$5.00)
8-INCH SKILLET each **\$3.19**

LANCASTER BRAND LONG ISLAND **DUCKLINGS** lb. **45¢**

GRADE "A" **CHICKEN PARTS** LEGS lb. **55¢** BREASTS lb. **59¢**

LANCASTER BRAND **LENTEEN SEAFOOD**

SKINLESS FROSTED **HADDOCK FILLET** JUMBO SIZE lb. **59¢**

SMELTS 6/8 to a pound lb. **29¢**

JUMBO SIZE **SHRIMP** 15/20 to a pound lb. **\$1.29**

KING **CRAB LEGS** lb. **89¢**

FRENCH FRIED (Family Pack) **FISH STICKS** 2 1/2-lb. box **99¢**

PHILLIPS **CLAM CHOWDER** 22-oz. cup **45¢**

GORTON'S TASTY **FISH PUFFS** 8-oz. pkg. **47¢**

FROZEN FOODS

LANCASTER BRAND SLICED **TURKEY** WITH GRAYVY 2 1/4-lb. box **\$1.79**

ONCOR (WITH GRAYVY) **SLICED BEEF** 14-oz. pkg. **65¢**

MRS. T'S (ALL VARIETIES) **PIEROGIES** 2 8-oz. pkgs. **67¢**

IDEAL OR BIRDS EYE (Save up to 9¢) **CRINKLE CUT, FRENCH FRIED POTATOES** 9-oz. pkg. **10¢**

IDEAL **CUT CORN** 2 24-oz. pkgs. **69¢**

IDEAL **GREEN PEAS** 2 24-oz. pkgs. **59¢**

IDEAL CUT **GREEN BEANS** 2 20-oz. pkgs. **69¢**

IDEAL MIXED **VEGETABLES** 2 24-oz. pkgs. **79¢**

IDEAL **GRAPE JUICE** 4 (Save 15¢) 4-oz. cans **59¢**

VALUABLE COUPON

THIS COUPON WORTH **20¢** TOWARDS PURCHASE OF

1-QUART JAR OF **IDEAL SALAD DRESSING OR MIRACLE WHIP SALAD DRESSING**

With a \$5.00 Purchase or More

EXPIRES: MARCH 12, 1966

LENTEEN DAIRY

IDEAL SLICED NATURAL **SWISS CHEESE** (Save 10¢) 1-lb. pkg. **69¢**

IDEAL AMERICAN **CHEESE SPREAD** (Save 10¢) 2-lb. loaf **79¢**

IDEAL **CHEESE SLICES** (Save 11¢) PHILADELPHIA **CREAM CHEESE** (Save 11¢) 8-oz. pkg. **29¢**

IDEAL MEDIUM SIZE **FRESH EGGS** doz **57¢**

IDEAL CATSUP

REG. or HOT **2** 14-oz. bots. **41¢**

IDEAL **GELATINS** (All Flavors) 4 3 1/4-oz. pkgs. **33¢**

IDEAL **TOMATO SAUCE** 6 8-oz. cans **63¢**

FRESH, FRESH, ACME FRESH!

CALIFORNIA SUNKIST NAVEL

ORANGES 2 doz. **89¢**

NEW SOUTHERN GREEN CABBAGE lb. **8¢**

CRISP RED RADISHES 3 pkgs. **19¢**

FRESH PACKED ROASTED PEANUTS 12-oz. bag **39¢**

RUSSETT BAKING IDAHO POTATOES 10-lb. bag **89¢**

PURE FLORIDA ORANGE JUICE 1/2-gal. **59¢** qt. **33¢**

BEST YEAR YET TO CHECK ACME!

SALAD DRESSING

MIRACLE WHIP qt. jar **35¢** with coupon

IDEAL **SALAD DRESSING** qt. jar **33¢** with coupon

CRISCO OIL 38-oz. bot. **73¢** IDEAL SALAD OIL 38-oz. bot. **69¢**

IDEAL (30 Bonus Stamp Coupon In Each Jar)

INSTANT COFFEE 10c Off 6-oz. Label jar **69¢**

Mix or Match

IDEAL **SPAGHETTI**

ELBOW MACARONI 2 2-lb. pkgs. **79¢**

(25 BONUS STAMPS WITH COUPON "Y")

75th Anniversary Special! **HERSHEY CANDY BARS**

PLAIN (4 1/4-oz.) 3 bars for **49¢**

ALMOND (4-oz.) MR. GOOD BAR (4 1/2-oz.) **WHITMAN CANDY** 29¢

• WHIP CREAMS (6-oz.) • COCOANUT LOGS (6-oz.) • ASSORTED JELLY RINGS (5 1/2-oz.)

VIRGINIA LEE BAKERY TREATS!

VIRGINIA LEE Plain — Small **ANGEL FOOD CAKE** 8-oz. each **39¢**

Save 10¢ VIRGINIA LEE **CHERRY PIES** (1-lb., 6-oz.) each **49¢**

Save 9¢ VIRGINIA LEE **SUGARED DONUTS** 2 10-oz. pkgs. **49¢**

Save 4¢ SUPREME JEWISH TYPE **RYE BREAD** 1-lb., 8-oz. loaf **23¢**

SUPREME WHITE **BUTTERMILK BREAD** 1-lb., 8-oz. loaf **29¢**

— Friday, Saturday, March 11, 12 —

SMORGASBORD

HOT and COLD

6 to 9 **\$1.50 Adults, \$1.00 Children**

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Brothers Four 36 MAIN ST. DALLAS

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SLIPPED DISC

The term slipped disc is used by both the chiropractic and medical professions. The term is very misleading when we look at the anatomical structure and location of the intervertebral disc.

The intervertebral disc is made up of a tough fibrous outer coat which encapsulates a soft gelatinous inner substance. The disc lies between vertebral structures, with its primary function being that of a shock absorber for the spine. The disc is surrounded by muscles, ligaments and tendons. Since the disc is surrounded by these structures it is impossible for it to merely slip out of place.

The soft gelatinous inner substance can break through the wall of the tough outer coat and produce what is known as the ruptured disc, but this does not occur as easily and as often as you may believe.

When a back condition is diagnosed as resulting from a slipped disc, in most cases, it is nothing more than a misalignment of the spine produced by a muscle spasm in that particular area.

Your chiropractor is able to locate and correct this condition and in most cases will find that the problem is not too serious.

Dr. Donald E. Getz
Chiropractor
61 CHURCH STREET, DALLAS, PA.
PHONE 674-3756

Office Hours: Mon., Tues., Wed., and Fri. 10-12, 2-4, 7-9
Sat., 10-12 Thurs. and Sat. Afternoon by Appointment