

LANCASTER BRAND SIRLOIN OR RIB (7" CUT)

STEAKS

Tender
Tasty

lb. **79^c**

PORTERHOUSE STEAKS

lb. **85^c**

LANCASTER BRAND BEEF is selected from the finest beef cattle herds in the west. It is naturally aged and mellowed so that it reaches Acme customers at the peak of tenderness and flavor.

LANCASTER BRAND
SELECTED BEEF LIVER lb. **43^c**
CENTER CUT PORK CHOPS lb. **89^c**
FROSTED BEEF STEAKS 18-oz. pkg. **89^c**
SLICED BAKED LOAVES lb. **49^c**
(Larger Amounts—List Price)

LANCASTER BRAND, FULLY COOKED SEMI-BONELESS

(No Excess Moisture in Lancaster Brand Hams—Less Shrink)

SMOKED HAM

Whole OR HALF

lb. **69^c**

LAMB SALE

LEG 0' LAMB

WHOLE OR RUMP HALF

lb. **55^c**

Shoulder Roast lb. 39^c Shoulder Chops lb. 59^c Rib Chops lb. 89^c Lamb Breast lb. 12^c

BIG DOLLAR SALE!

BLUE BAND

IDEAL PEAS

6 No. 303 cans **\$1.**

IDEAL GOLDEN

WHOLE CORN

6 No. 303 cans **\$1.**

IDEAL BRAND CUT

GREEN BEANS

6 No. 303 cans **\$1.**

IDEAL BRAND

PRESERVES

- APRICOT
- PEACH
- PINEAPPLE
- CRUSHED CHERRY
- APRICOT-PINEAPPLE

4 12-oz. jars **\$1.**

You never had it so fresh!

FLORIDA VALENCIA

JUICE ORANGES

2 doz. **79^c**

CALIFORNIA

ICEBERG LETTUCE

2 lge. hds. **29^c**

FRESH GREEN
BROCCOLI
bunch **19^c**

FRESH
GREEN ONIONS
2 bunches **15^c**

FRESH
ROASTED PEANUTS
pkg. **35^c**

FROZEN FOOD DOLLAR SALE

IDEAL PEAS

7 10-oz. pkgs. **\$1.**

IDEAL FORDHOOK

LIMA BEANS

5 10-oz. pkgs. **\$1.**

IDEAL MIXED VEGETABLES

5 10-oz. pkgs. **\$1.**

IDEAL

CUT WAX BEANS

5 9-oz. pkgs. **\$1.**

IDEAL SLICED STRAWBERRIES

3 16-oz. pkgs. **\$1.**



PRICES EFFECTIVE THRU SAT MARCH 3rd

LENTEN MENUS

start here

FISH & SEAFOOD SPECIALS

Taste O'Sea pre-cooked Seafood buys!

TASTE O' SEA, FRENCH FRIED HADDOCK FILLET	lb. pkg.	59^c
TASTE O' SEA, FRENCH FRIED PERCH FILLET	lb. pkg.	53^c
TASTE O' SEA, FRENCH FRIED FLOUNDER FILLET	lb. pkg.	69^c
TASTE O' SEA, FRENCH FRIED DRESSED SMELTS	lb. pkg.	53^c
TASTE O' SEA, FRENCH FRIED SEA SCALLOPS	12-oz. pkg.	63^c

FANCY FROSTED

HADDOCK FILLET lb. **43^c**

ARCTIC SEAL

FLOUNDER FILLET 1-lb. pkg. **49^c**

PHILLIPS DELICIOUS

DEVEILED CRABS 2 6-oz. pkgs. **79^c**

PHILLIPS

FISH STICKS 16-oz. pkg. **49^c**

NEW! GREASELESS, STICKLESS HOUSEHOLD INSTITUTE FRY PAN



OUTSIDE FINISH OF EASY-TO-CLEAN TURQUOISE PORCELAIN OR BURNISHED ALUMINUM

GREAT FOR FAT FREE DIETS!

WITH DUPONT "TEFLON" INSIDE FINISH

Fry, braise, grill without fat or grease—great for low-fat diets! Or cook in your usual way with fats or oils. Either way, your pan will wipe clean without scouring or soaking. Nothing sticks to "TEFLON"—cleans as easily as a china dish. Thick, durable cast aluminum cooks quickly, evenly with no hot spots, no warping. Wood spatula with each pan.

	Without food purchase	Your price with food purchase
10-in. ALUMINUM OPEN FRY PAN	\$ 7.00	\$3.49
10-in. ALUMINUM COVERED FRY PAN	8.00	3.99
10-in. TURQUOISE OPEN FRY PAN	9.00	4.49
10-in. TURQUOISE COVERED FRY PAN	10.00	4.99

SARA LEE

APPLE "N" SPICE CAKE

SPECIAL! 14-oz. pkg. **69^c**

WISHBONE DRESSING

RUSSIAN 8-oz. bot. **33^c** FRENCH 8-oz. bot. **33^c** ITALIAN 8-oz. bot. **37^c**

LION POLY SNAP-OFF BAGS

pkg. 20 **45^c**

RIVAL DOG FOOD

6 16-oz. cans **83^c**

LIGHT CHUNK OR WHITE CHUNK TUNA

CHICKEN of the SEA 2 6 1/2-oz. cans **69^c**

SHORTENING

WHITE CRISCO 1-lb. can **37^c** 3-lb. can **94^c**

HYDROX COOKIES SUNSHINE

1-lb. pkg. **49^c**

ALL PURPOSE

KRAFT OIL pint bot. **39^c** quart bot. **67^c**

COCOANUT CHOCOLATE DROP

KEEBLER COOKIES 2 16-oz. pkgs. **85^c**

SYRUP

MRS. BUTTERWORTH 12-OZ. BOT. 39^c 24-oz. bot. **69^c**

BIRDS EYE FROZEN FOODS

PEAS & CARROTS 2 10-oz. pkgs. **37^c**

BRUSSEL SPROUTS 10-oz. pkg. **33^c**

LIGHT CHUNK OR WHITE CHUNK

STAR-KIST TUNA 2 6 1/2-oz. cans **69^c**