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Lake-Lehman High School

By MARY ANN LASKOWSKI

SENIORS

The underclassmen really had a taste of what next year will be without the Seniors. While they were in Washington, it seemed that something was missing in each school day.

On Monday morning, when the Seniors walked in school, they found their lockers gaily decorated with "Welcome Home" signs. This was another sign of their being missed. We are certainly glad to have them home again!

COUNCIL OFFICERS

This past week elections for Student Council offices took place at the Lehman Building. Those elected were as follows: President, Stella Rodriguez; Vice President, Lois Wesley; Secretary, Kenny Ellsworth; and Treasurer, Howard Ellsworth.

NEW OFFICERS

Yesterday the council held their annual outing. Again it was held at Holmes Cabin. Old and new council members along with their guests, plus the faculty enjoyed themselves.

At their regular meeting, the Band Sponsors elected new officers. They are: President, Mr. Carl Swanson; Vice President, Mr. Dave Price; Recording Secretary, Mrs. Howard Piatt; Corresponding Secretary, Mrs. Carl Drapiewski; Treas-

urer, Mr. Charles H. Long; and Assistant Treasurer, Mr. James Worth, Sr.

They discussed further plans for the band's trip to Sherburne, New York. There the band will march in a parade to be judged in marching ability and play in concert band to also be judged.

The band is playing two marches, "Headway" and "Service" from the Bennett Book for the parade. "Military Escort" by Bennett along with an overture "Light Cavalry," by Suppe will be played in concert band.

REMEMBER, your donations for this trip are urged to help the Band Sponsors pay for the trip.

ROUND ABOUT

Last Monday was a day of hustle and bustle when the news was out that the yearbooks had arrived.

The title of this yearbook is the "Roundtable". The covers are black and gold with a knight, the year 61 and the name Roundtable on them. There are sections of pictures under the titles of administration, classes, athletics, activities, advertisers and most important Seniors.

The classes' flower, color and mottoes are also in this book. The flowers are Lake, white carnation, Lehman, light blue carnations. The class colors are lake, orchid and white, Lehman, light blue and white. The class mottoes are Lake, "The Future is Ours" and Lehman, "Deeds not Words".

A yearbook Autograph Dance will be held at the Lehman Gym tomorrow night from 7 to 10. All the seniors will be on hand to give autographs to the underclassmen.

PICTURES

On the bulletin board near the office are found pictures of the Junior Senior Prom along with Junior Class Play pictures. Orders will be taken from the students for the pictures that they would like.

Youngsters Forget How To Walk

Shakespeare spoke of the schoolboy creeping unwillingly to school. Today, school children in a bus are driven unwillingly to school.

Later they may drive their own cars to school. Many health and education authorities deplore the lack of physical exercise in the lives of children.

Insufficient physical activity in the early years is considered an increasing menace to young people's health.

In most European countries, the physical performance of children is superior to that of American boys and girls.

More children in other countries hike or ride bicycles and the benefits are indicated in their physical fitness. It has wisely been said that for better health at 70, preparation should begin at 7.

Undoubtedly the establishment of athletic and physical training in children and teenagers contributes to a longer and healthier life.

Since sports are play as well as muscular work, they are naturally popular and constitute a good form of exercise.

Outdoors sports are ideal in conditioning and strengthening the body muscles.

This Week

AT THE COLLEGE

JEAN DRAPIEWSKI

The May Day ceremony, one of the most beautiful traditions at Misericordia, will take place on campus this Sunday afternoon, May 21. Underclassmen in academic attire and seniors in long pastel gowns will act as the court of this year's May Queen, Annette Kraynack of Wilkes-Barre. As the students sing the May crowning hymns, they realize that another year is almost completed. Standing there on the rolling lawn, watching the swaying pine trees and peacefully silent buildings, they have such a strong feeling of gratitude for being a part of all this.

Less elevated and yet happy, memorable activity will come when members of the Teresian Club pack picnic baskets, pick up volleyballs and softballs to head for a familiar stamping ground on Saturday, May 20 with the Christopher Club of King's College, they will have a picnic at O'Connell's Twin Lakes.

Tomorrow, May 19, is another special day for Misericordians. It is the feastday of our president, Sister Mary Celestine. The student body will honor her at an assembly in the auditorium. Miss Agnes Loughlin, chairman of the speech department, has arranged the program. Senior Judith Leydecker is slated to act as chairman.

All is almost over now except the whistling (and a little item called exams).

Bad Backs Get Better Speedily

Nothing makes a bad back better than a compensation financial settlement.

Ask the head of the compensation department of any large industry. Workers suffer, back injuries on the job.

Often, the conscientious worker with true pathologic changes in the back will not ask for treatment or compensation unless he is incapacitated.

He should ask, because real back injuries in industry need to be diagnosed and properly treated.

But there are many false claims of back injuries by workers.

All industries, large and small, have a number of employees who complain, justifiably or not, of bad backs.

The degree of seriousness ranges from the worker who loses a few days now and again to the employee who claims total permanent incapacity and demands full compensation and medical rehabilitation.

Determining the actual condition of a back injury is one of the most difficult diagnostic problems facing the physician.

There is small wonder that some industrial physicians look with suspicion on a back complaint.

They have had experience with the individual who says he has a weak back and is unable to do certain kinds or any kind of work.

This same person may be known to engage in all types of recreational activity from pitching on the softball team to bowling on a league team.

A familiar phenomenon to the industrial physician is the rapid recovery of chronic back trouble just as soon as financial settlement has been made.

Gary Douglas Tough

Mr. and Mrs. Gilbert Tough Lehman, announce the birth of a son, Gary Douglas, weight seven pounds fourteen ounces, May 4 at Nesbitt Hospital. There is another child, Linda Lou, who will be six in June. Mrs. Tough is the former Vera Whitesell, daughter of Mr. and Mrs. Oliver Whitesell of Lehman.

WESTMORELAND High School News

The Samuels Twins, Karen and Sharon



TRACK

Westmoreland track team has been keeping an honor roll. Holding the school record for the 100 yard dash is Russ Hoover. Winners of the week of May 8, 1961, are Russ Hoover, Dennis Blair, and Tom Bozek. Russ Parsons holds the school record for the 200 yard dash. Winners of the week of May 8, were Russ Parsons, Russ Hoover and Ronnie Sinicrope. Ronnie Sinicrope holds the record for the 400 yard dash. Winners of this race were Ronnie Sinicrope, Barry Kennington, Russ Hoover. Ronnie Sinicrope also holds the school record for the 880 yard dash. Winners of that race were Sinicrope, Siket

and Widas. Dickson holds the school record so far for the mile race. The winners of May 8 were Dickson, Wadas and Siket. In the 120 hurdle Russ Hoover holds the record, and he also won on May 8. Coming in second and third were Dennis Blair and Dale Maza. In the shot put Howard Dover won the record, and he also won on May 8. Gary Smith and Fred Drake came in second and third. In the discus throwing contest Tom Drake holds the record, and he also won on May 8. Peter Wite came in second, then Howard Dover and Gary Smith. Javelin—Smith, he also won on May 8. Lamoreux came in second and Cooper third. Broad jump—Bob Lewis holds the record. For the contest on May 8, Fred Drake came in first, then Pete Wolfe and Bob Letts. High jump—Tom Bozek. Contest, Bozek, Siket and Moyer. Pole vaulting—Siket. Contest, Siket, Casterline and Kytile. Mile relay—winners of contest were George Cave, Ronnie Sinicrope, Russ Hoover and Dennis Blair. One-half mile relay—Letts, Kennington, Parsons and Bozek.

KEY CLUB

The Key Club had their first night meeting, Tuesday, 16, at 7:30. It was a father and son affair. Mr. Yoder from the Game Commission at Sweet Valley spoke and showed slides.

CHEERLEADERS

The cheerleaders have been chosen for next year. They are: Varsity—Sandra Ambrose, Susan Dorrance, Carol Dungey, Nancy Elston, Peggy Jordan, Georgia McCutcheon, Carl Spare, Margie Walp, Glenda Williams and Judy Woolbert. J. V.: Susan Cheney, Helen Cummings, Margie Davis, Cheryl Stanley, Linda Woolbert and Judith Wright.

A QUEEN GOES TO THE RODEO

Everyone is looking forward to May Day, Tuesday, the 18th. The program will start with the procession of the senior girls. Four who will be in the queen's court and the Queen will come last. The Queen and her court were voted on by the student body of the high school, Indians, Mexicans, Cowboys, Sheriffs, Bat Masterson, Square Dancers and Clowns make up the program. The Clowns bearers is Mary Bennett, and the train bearers are Maureen Conaghan and Harry Harter from Trucksville grade school. May Day was produced and directed by Miss Mabel Jenkins.

Safety Belts Do Save

Safety belts have proved their effectiveness. A ten-year study shows a 60 per cent reduction in injuries and deaths in the group of accidents involving passengers in automobiles who have used safety belts.

The principle is the same as securely packing a breakable object for mailing.

The belts prevent car occupants from being thrown around inside the car or out of the vehicle.

Many people are of the opinion that it is safer to be thrown from the car during a collision, but statistics show that one sustains less injury inside the car.

Another misconception regarding automobile accidents is that passengers in the rear seat are relatively safe from serious injury. Rear seat riders are just as vulnerable to injury as front seat passengers.

Also contrary to popular belief, most car accidents do not occur during long trips. Figures indicate 80 per cent of all automobile accidents occur within 10 miles of home.

Each year, between 39,000 and 40,000 deaths occur on our highways, which is equal to the number of Americans killed in World War I or to the fatalities in the Korean War.

Economically as in every way, this loss is tremendous when it is considered that 75 per cent of these fatal accidents involve men—usually the breadwinners of the family.

Nine out of ten road accidents are the driver's own fault with only one in ten due to defects of the car or the road.

Safety belts save lives.

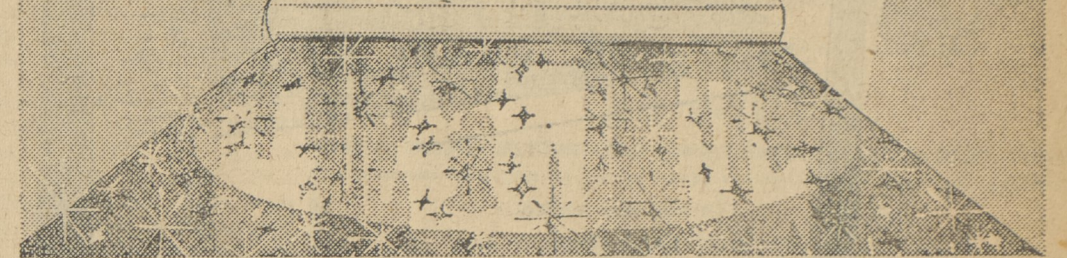
STRAUSER'S

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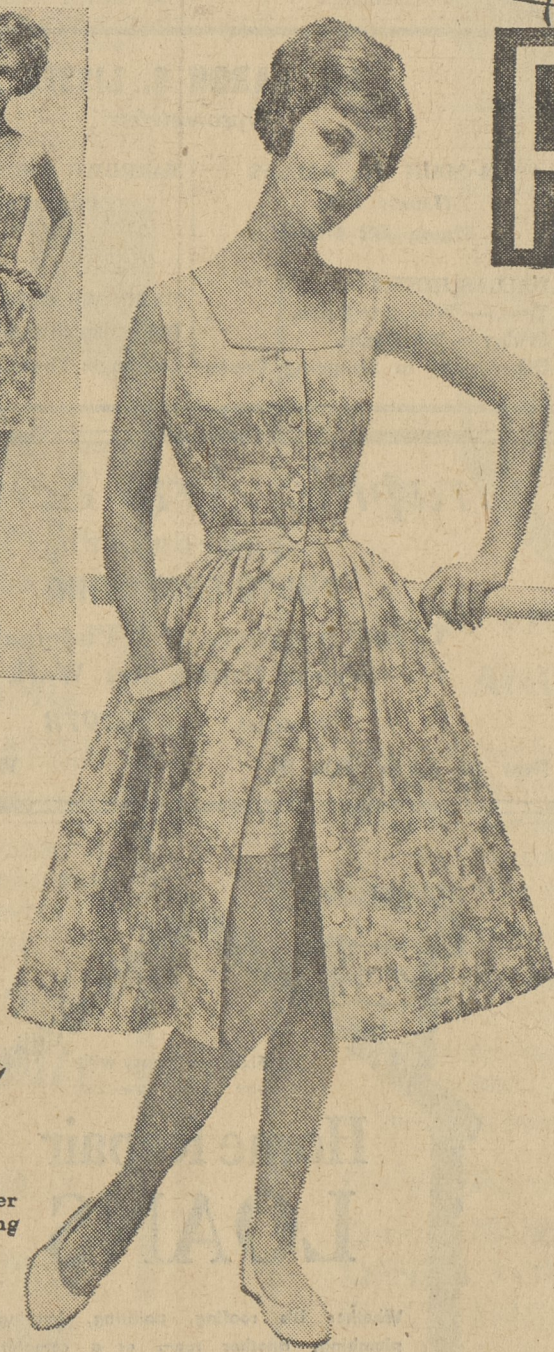
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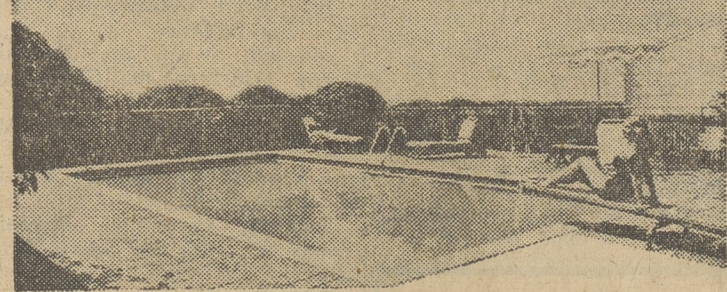
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