

First Aid Study Attracts Adults And Boy Scouts

Bill Wright Teaches Intensive Course Thursday Evenings

First Aid instruction Thursday night attracted thirteen members of Boy Scout Troop 281, together with Robert Parry, Scoutmaster, and Percy Love, former chairman of the troop committee, who met with residents of Dallas and vicinity to study First Aid in the Borough School.

Charles Flack, newly elected vice president of Dallas Community Ambulance Association, showed a complete first aid kit which he carries in his car at all times.

William Wright, instructor, laid the foundations for study of First Aid, referring to charts and to the new manual of procedure. A number of techniques differ from those formerly advocated. Tourniquets, he explained, have in the main given way to pressure bandages except in extreme emergency when loss of a leg may outweigh possible death from hemorrhage.

Mr. Wright asked each member of the class to bring with him to the next meeting a rough blanket and three strips of cotton, two, three and four inches in width and a yard long, with which to practice simple bandaging. He demonstrated a strip bandage with a thick pad stitched to the center.

Sessions will continue for the following Thursday evenings, beginning at 7 p.m. The course has been reduced from eighteen hours to ten, in a speeded-up program designed to train as many civilians as possible in the rudiments of first aid.

Mr. Wright said it is as much the function of a good first aider to prevent accidents as it is to deal with the injured after accidents occur. He also stressed the overwhelming necessity for knowing what not to do, no matter how many hysterical bystanders urge instant action. Keep an injured person warm, he said, and don't rush to move him unless flames are approaching or there is danger of an explosion. A simple fracture may turn into a compound fracture under improper handling, or a broken back grind fragments of bone into the spinal cord, with paralysis as a result.

Mr. Wright cited the instance of a pedestrian injured near the American Legion Home on Center Hill Road this summer, when bystanders insisted upon moving the man, and the ambulance crew stood firmly against such a dangerous proceeding until a doctor could be summoned.

Adults present were: Pat Reynolds, Leslie Barstow, Sr., Leslie Barstow, Jr., Mrs. Charles Lee, Mr. and Mrs. Nort Bert, Mr. and Mrs. William Wright, Charles Flack, Mesdames Fred Kroll, Cora Finn, Stanley Wroblewski, Oswald Griffiths, Florence R. Davis, Sterling Achuff, H. C. Liebold, Robert Johnson, Carlton Davies, Francis Ambrose, and T. M. B. Hicks.

Boy Scouts included: Brian Joos, Richard Wright, Robert Taylor, Kenneth and David Williams, Mike Reed, Billy Welch, Ronald Moss, Jack Fowler, Bob Shoop, Kenneth Schweiss, Billy Sutton, and Bill McCarty.

Bigus Now In Germany

U.S. Forces Germany (AHTNC)—Pvt. Russell G. Bigus, son of Michael Bigus, Overbrook Road, recently was assigned to the 546th Field Artillery Battalion's Battery A in Germany.

Bigus entered the Army last February and completed basic training at Fort Carson, Colo.

He is a 1952 graduate of Hanover Township High School. In civilian life Bigus was employed by the George L. Ruckno, Inc., Forty Fort.

Christmas Lighting

Handy Hints on Decorating Your Home for a Brighter and Safer Christmas

To help you make this Christmas season the brightest, safest ever, here are some worthwhile hints on decorating, inside and outside, all around the house.

Caring for Your Christmas Tree

As soon as you bring the tree home, stand it in a pail or tub filled with water until you are ready to set it up and trim it. This will prolong the life and appearance of the tree, keep the needles from falling, and minimize the danger of fire.

Trimming Your Tree

Keep your tree stand water-tight and your tree will remain fresh and fragrant throughout the holidays.

Bear in mind that tree trimming follows a fundamental rule of women's fashions—*accentuate the opposite*. If your tree is tall and slender, decorating lines should tend toward the horizontal. (See Fig. 1.) If it is short and full, trim your tree along lines which tend to be vertical. (See Fig. 2.) Applying this simple rule will help you bring out the best in the tree.

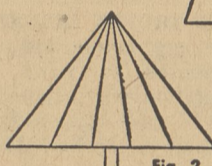


Fig. 1

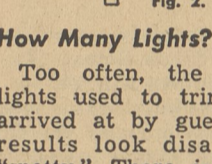


Fig. 2

How Many Lights?

Too often, the number of lights used to trim a tree is arrived at by guesswork, and results look disappointingly "spotty." There is a formula, however, which does away with much of the guesswork and helps produce an evenly lighted appearance. To achieve what professionals call a "good lighted effect," try this formula:

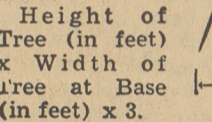


Fig. 3

Height of Tree (in feet) x Width of Tree at Base (in feet) x 3.

Let's say your tree is 6 feet in height and 4½ feet wide at the base. (See Fig. 3.) The formula would work like this: 6 x 4½ x 3 = 81 lights for "good lighted effect."

While personal taste is the last word in decorating Christmas trees, each year finds more families adopting the above formula which will help in bringing out the natural beauty of

their tree and give a good-lighted effect":

Size of Tree	No. of lamps required to give a "Good Lighted Effect"
4'	36
5'	56
6'	81
7'	110
8'	144
10'	225

Where to Start

Trees should always be trimmed from the top down. In working from the bottom up, a trimmer is literally "in his own way," and runs the risk of knocking the tree down. So start at the top, with your angel or star ornament, and work down.

After your tree-top ornament is firmly in place, string the tree lights, using the formula outlined above for a good lighted effect. Reflectors and halos are available at modest cost, and these greatly increase the brilliance of tree lights. Next, add your "continuous" decoration, such as strung popcorn. Follow this with glass ball ornaments, snow balls, candy canes and similar decorations. Last, add aluminum or lead tinsel, one piece at a time, and finish perhaps with a spray of artificial snow.

Most Important of All—Safety

From coast to coast, some 40,000,000 families will light up their Christmas trees this year. If all of us practice safety, we may make this the year when no Christmas tree fire sweeps through an American home, turning a family's joy into grief. There is a highly effective way to protect against short circuits and overloading. Simply make sure you plug a safety "fused" plug set (such as those offered by NOMA LITES) into your original source of current and then add your other decorative sets to this set. This will ensure protection against overloads and short circuits, and prevent darkened rooms due to blown-out fuses. In addition, inspect all light sets carefully for fraying or exposed wires. Let's make this Christmas the safest on record.

Light Up Those Indoor Focal Points

Windows, end tables, mantles, foyer tables and stair rails are all decorating focal points at Christmas. Window wreaths and candleholders come in



a wide variety to suit the individual taste, while end tables lend themselves to small artificial Christmas trees with lights that bubble or twinkle merrily. Mantles provide an ideal setting for angel figures, candles, and lights with reflectors set into a background of evergreen branches. (See Fig. 4.) Foyer tables are just right for a "specialty" display, such as illuminated paper poinsettias in a centerpiece basket. Your stair rail, aglow with lights tucked between pine and laurel branches will add still more cheer to your holiday.

Outdoor Decoration Says Merry Christmas To All

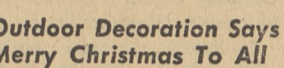


Fig. 5

The exterior of your home and your grounds offer tremendous decorating opportunities. But practice safety outside as well as inside. Make sure all outside wire is #12 or #14, rubber-insulated and heavy duty.

The best source of current for outdoor lighting is a permanent, protected outdoor-type receptacle, or a garage or porch lamp. Even without such an outlet, you can safely reach an indoor receptacle. Merely drill a hole in a board which will fit a convenient window snugly. Close the window on the board and run the outdoor wire in through the hole in the board. The window can be "brace-locked" with a stick. (See Fig. 5.)

Your Doorway and Eaves

Lights in outline form around a doorway, outdoor candles and lighted sprays are highly successful main entrance decorations, proved over years of use. Many standing "specialty" units, such as Santas, Snowmen Carolers and the like have more recently come into greater use near front doorways.

The eaves of your roof represent an ideal display point for Christmas lighting. The most common difficulty in eave light-

ing is a tendency for lights to sag. Eliminate this problem by running the outdoor Christmas sets through drive rings hammered into the eaves at regular intervals up to the house corners and roof peaks. The drive rings will carry your Christmas string of lights in straight and beautiful lines, outlining your home perfectly. (Drive rings are available at hardware stores everywhere.) (See Fig. 6.)

Lighting Evergreens Outdoors

Evergreen trees on your front lawn can be especially appealing when lighted. Generally, lights of a single color are preferred on outdoor evergreens. For an enriched effect, however, try this: Make your topmost light white, and mix perhaps two blue lights with an overall pattern of green lights.

In order to protect a valuable Blue spruce or Douglas fir, build a simple "teepee" to carry the light strings. Pound stakes into the ground around the tree, inside the spread of the branches, at regular intervals. Then lead rigid wire up from the stakes to a point several inches below the tree-top. Fit a padded wire collar around the tree stem at this point and fasten wires to the collar. (See Fig. 7.)

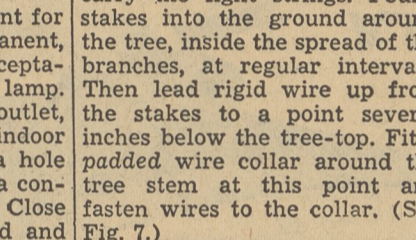


Fig. 7

More Tips For You

You may have found just the decorating idea you have been looking for. Whether you have or not, more hints and help are available to you, free of charge, in a booklet called "The Art of Decorating." This booklet contains not only decorating ideas for the Christmas season, but for many other holidays and occasions throughout the year as well. Your FREE copy will be mailed to you promptly upon your request. Simply address: Noma Lites, Inc., 55 W. 13th St., New York 11, N. Y., and ask for "The Art of Decorating." We believe it will help you enjoy the brightest, gayest, safest Christmas you have ever known.

Newman At Fort Knox

Fort Knox, Ky. (AHTNC)—Pvt. Thomas F. Newman, son of Mr. and Mrs. F. W. Newman, Highland Drive, New Goss Manor, recently completed the second phase of a six-month tour of active military training under the Reserve Forces Act program at Fort Knox, Ky.

Newman received eight weeks of automotive maintenance helper training after having completed basic combat training.

Hudson Photographed Prince Of Peace Church

The Post regrets that the photograph of Prince of Peace Church which appeared on the front page of our December 6 issue was incorrectly credited. It was taken by Elwood Hudson, of Davis Street,

Suit Dressing To Holiday Bird

After the Christmas dinner bird—turkey, chicken, duck, or goose—is chosen, pair it with a stuffing which best complements the flavor.

Mrs. Ruth S. Darbie, extension home economist, Luzerne County, says stuffing perks up meats which otherwise may lack flavor. It modifies flavors and offers texture contrast, too. Basic stuffings contain bread, seasonings, fat and liquid. To vary a standard recipe, use herbs and fruits, nuts, oysters, vegetables, meats, mushrooms, sausage, or crisp bacon.

To choose the perfect stuffing for turkey—a rather delicately flavored meat—select a stuffing that embraces rather than overwhelms. This might be a chestnut stuffing, a mincemeat variety, or the typically American corn bread stuffing. With chicken, try an apple and sausage or a walnut stuffing.

As a rule, fat birds, such as goose and duck, need a tart fruit stuffing. Try one that contains dried prunes and apricots or apples and raisins. Allow one cup of stuffing per pound of ready-to-cook bird. Bake extra stuffing in a loaf pan during the last half hour of roasting.

To avoid bacterial growth and food poisoning, wait to stuff the bird until just before roasting. Stuffing ingredients may be prepared the day

before, refrigerating such perishables as liquid and celery. Soon after the holiday dinner, play safe and remove stuffing from the bird and refrigerate separately.

Helen Hoffa To Take Part In Wilson Musical

Helen Hoffa, niece of Mrs. Hale Coughlin, Lehman, and daughter of the late Mr. and Mrs. Cyrus Hoffa of Kingston, will participate in the special program of Christmas music to be presented at Wilson College Sunday evening, December 15. Helen is a member of the Sophomore Class.

The annual Christmas Vespers at Wilson, traditionally a singing college, is one of the highlights of the year.

On one evening preceding vacation, foreign language groups will carol on campus. The choir will also participate in another traditional event on the last morning before students leave for vacation. The choir will arise very early in the morning and awaken their classmates by carolling in the hallways of the various residence halls. President and Mrs. Paul Swain Havens will then treat the choir to an early morning breakfast, another tradition at this liberal arts college for women.

Tuberculosis Costs

Do you know that one case of tuberculosis costs approximately \$15,000? The cost of the disease has been estimated for one year in the United States at \$307,000,000 for the federal government, \$259,000,000 for state and local government and \$55,000,000 for non-governmental agencies, including the tuberculosis association or a total of \$621,000,000. The estimated annual cost in Pennsylvania is \$42,000,000!

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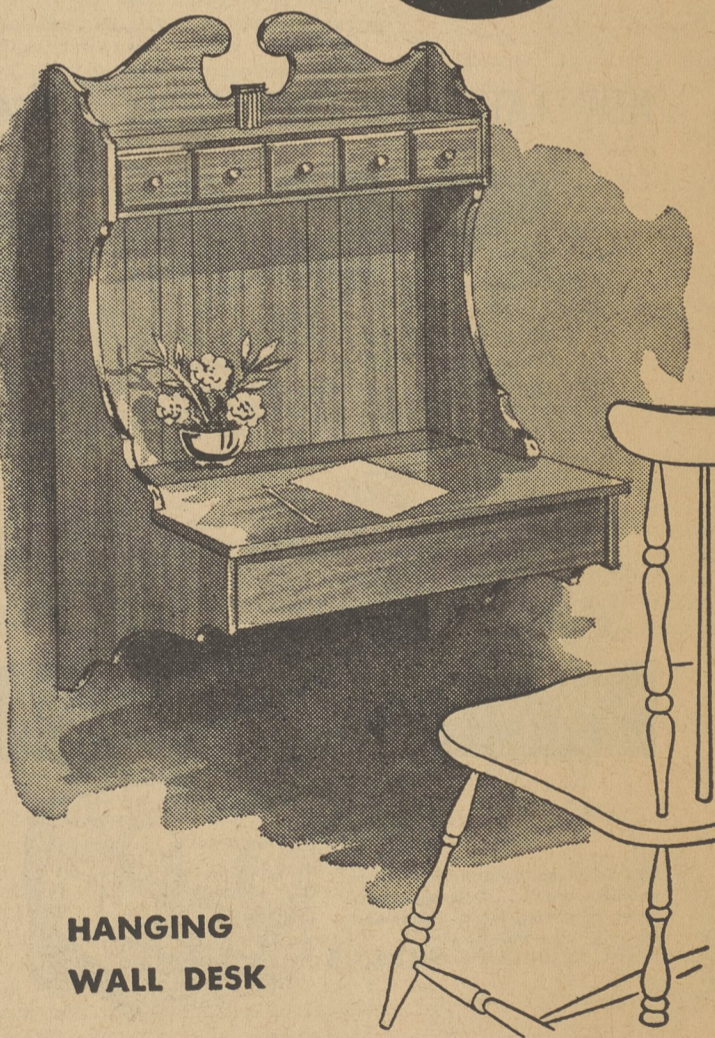
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