



News of the Churches

WHITE CHURCH ON THE HILL (Trucksville Methodist)
 Rev. Arthur B. Mayo, Pastor
 Morning Worship with services at 8:30 and 11:00. Race Relations Sunday will be observed, and the sermon topic will be: "In Christ There is No East nor West." The Methodist Youth Fellowship will meet at 4:15 at the Fire Hall and proceed to the First Presbyterian Church, Wilkes-Barre, for a joint meeting with the Westminster Fellowship of that church and denomination.
 Monday, February 13, the Children's Society of Christian Service will meet in the church parlors at 3:45. The Official Board will meet in the parsonage at 7:30.
 Tuesday, the Pastor's Preparatory Class will meet in the church parlors. The Commission on Finance will meet at the home of the chairman, Mr. Walter Phillips, Brook Street.
 Wednesday, the Friendship Class will meet at 8:00 in the church parlors.
 Thursday, the Women's Society of Christian Service will meet in the church parlors at 1:30; Intercessory Prayer Fellowship at 1:15; Junior Boys' Choir rehearsal, 3:45; Junior Girls' Choir rehearsal, 4:15; Senior Girls' Choir rehearsal, 6:30; Senior Choir rehearsal, 7:30.
BEAUMONT BAPTIST CHURCH
 Rev. Truman Reeves, Pastor
 Monday, 7:30, Young People's meeting.
 Thursday, 8:00, joint Missionary Service with Center Moreland. Rev. Bob Matthews of Wilkes-Barre will give an illustrated lecture of his recent trip to Central and South America.
 Sunday, February 12, 10:00, Sunday School; 11:00, Worship Service.
DALLAS METHODIST CHURCH
 Rev. William H. Heaps, Pastor
 Morning prayer, 9:30 a.m.; Church School, 9:45 a.m.; Church Services, 11:00 a.m.; Boy Scout observance, Attorney Enoch Thomas, guest speaker; MYF service 6:30, Marilyn Mosier devotional leader, special film on narcotics will be shown, Shavertown MYF group will be guests. There will be recreation and refreshments.
 Tuesday, WSCS meeting at 11:00 a.m. Each bring own lunch. This all day study will be supervised by Mrs. Stanley Davies.
 Wednesday 6:30, Cub Scout covered dish supper and program.
 Thursday, regular choir rehearsals.
 Friday, World Day of Prayer at Shavertown Methodist Church.
 Wednesday, February 22, the MYF will sponsor a spaghetti supper at the church. For tickets see Lee Ohlman. Public invited.
 Sunday, February 19, at 6:15 Youth Christian Life Class begins for church membership.
 Sunday, February 19, the first Union Evening Lenten Services will be conducted at Dallas Methodist Church by Rev. George Bell as guest speaker.
 Wednesday, February 29, the Methodist Men's Club will have a special program followed by refreshments.
ORANGE METHODIST CHURCH
 Sunday, February 12, Church School convenes at 10:00 a.m.; Worship Service at 7:30 p.m.
 On Sunday, February 5, the Rev. Robert Wood baptized Barry Kevin Reese, infant son of Mr. and Mrs. Elmer Reese, of Orange. Mrs. Reese is the former Marilyn Davis, daughter of Mr. and Mrs. Elmer Davis, of Dallas.
 One of the highlights of the last quarterly conference held in the Mt. Zion Methodist Church in January

was the report of the Commission of Education of the activities for the year 1955. During the year, the report showed that 80% of the total membership of the Orange Methodist Church School was present each Sunday, the average offering being 16 cents per member. Much of the credit for this outstanding achievement is due to the efficient supervision of the Church School, officers and teachers, Mrs. Marie Gebhardt, chairman of the commission; Henry Hess, general superintendent, and Clara Sickler, junior superintendent.
 On Friday evening, February 10, the "Bargain Basement" will be held in the basement of the Orange Methodist Church, at 7:30 p.m. The public is cordially invited. There will be many items of interest on sale. Refreshments will be served.
PRINCE OF PEACE EPISCOPAL
 Rev. William McClelland, Jr., Rector
 Sunday, February 12, 8:00 a.m., Holy Communion; 10:00 a.m., Morning Prayer and Sermon; 10:45 a.m., Church School.
 Monday, 4:00 p.m., Junior Choir rehearsal; 7:30 p.m., Boy Scout Troop meeting; 8:00 p.m., Leadership Training at St. Stephen's Church, Wilkes-Barre.
 Tuesday, 8:00 p.m., Auxiliary Board meeting; 8:00 p.m., Vestry meeting at the parish house.
 Ash Wednesday, 9:00 a.m., Holy Communion.
 Thursday, 10:00 a.m., Auxiliary sewing at the parish house.
ST. PAUL'S LUTHERAN
 Rev. Frederic H. Eidam, Pastor
 The second Boy Scout to receive the Pro Deo Et Patria Award in St. Paul's congregation, Life Scout Frederick Eck, Jr., will receive the award Sunday morning at the Service at 11:00 o'clock from the pastor, Frederic H. Eidam. He will be assisted by Scoutmaster Malcolm Kitchen and members of the Scout Committee of Troop 231, Shavertown Methodist Church. In receiving this award, Scout Eck will be given the highest award the church can bestow upon a Boy Scout.
 Other services Sunday will be Sunday School at 9:45 o'clock.
 Wednesday night, Ash Wednesday, at 7:30, Lent will be ushered in with the Administration of the Lord's Supper.
Bowman's Creek
FREE METHODIST CHURCH
 Rev. A. Lewis Payne, Pastor
 Revival services continue this weekend, with the Christianaires, a girls' trio, providing vocal and instrumental music, and the pastor bringing the messages each night. The hour of service is 7:45 p.m.
 Sunday School, 9:45 a.m.; Morning Worship, 11 a.m.; Young People's meeting, 7:00 p.m.; Evening Gospel Service, 7:45 p.m.
 Prayer Meeting, Wednesday, 7:45 p.m.
ALDEN-NOXEN CHARGE
 Rev. Ruth Underwood, Pastor
 Race Relations Sunday will be observed in Methodist Churches of Alderson-Noxen Charge on Sunday. Church services with the pastor preaching and Sunday School will be held as follows: Ruggles Church service 8:45 a.m., Sunday School 10 a.m.; Noxen Church service 10 a.m., Sunday School 11 a.m., MYF 6 p.m.; Alderson Sunday School 10:15 a.m., Alderson Church service 11:15 a.m.; Kunkle Sunday School 10 a.m., Kunkle Church service 7:30 p.m., MYF 8:30 p.m.
 Commission on Education of Kunkle Church will meet Monday evening at eight.
 Ruggles Church Official Board and Commission on Education will meet Tuesday evening at 7:30 at the church.
SHAVERTOWN METHODIST
 Rev. Robert DeWitt Yost
 Sunday: 9:45 Church School with classes for all ages; 11 Nursery during church for pre-school children; 11 Morning Worship Service, Brotherhood Sunday; 3 Confirmation Class in Chapel Room; 6 Intermediate Methodist Youth Fellowship; 6:30 Senior Methodist Youth Fellowship.
 Monday: 3:45 Brownies, Troop 105; 7 Girl Scouts, Troop 9; 8 Kings Daughters in Chapel Room
 Tuesday: 4 Girl Scouts, Troop 66; 7:30 Boy Scouts, Troop 231; 7:30 Commission Meetings; 8:15 Official Board meeting in Chapel Room.
 Wednesday: 7 Girl Scouts, Troop 75.
 Thursday: 1:30 Priscilla Circle with Mrs. Charles Kishbaugh; 1:30 Martha Circle with Mrs. Ethel Honeywell; Sarah Circle with Mrs. Thomas Reese; 1:30 Naomi Circle with Mrs. John Cortright; 3:45 Junior Choir rehearsal; 6:30 Youth Choir rehearsal; 7:30 Senior Choir rehearsal.
 Friday: 8 Keller Class meeting in Chapel Room.

Speed, Fatigue, Bad Tires Cause Turnpike Accidents

Captain Singleton Sheaffer, who commands the State Police detail assigned to the Pennsylvania Turnpike, ascribes Turnpike accidents to these three causes:
 Fatigue; excessive speed; and bad tires.
 "Why do people fall asleep at the wheel?" he asked. "Why will a person wear \$20 shoes on his feet and keep junkyard tires on his car? Why do they drive at speeds excessive for any highway?"
 "Human reason and good common sense offer the only over-all guarantee of highway safety," he continued. "Accidents will be reduced to a minimum when drivers realize they can't gamble with inferior tires, exhaustion, over-indulgence or recklessness on the open road."

"A number of well-meant solutions have been publicly suggested," Sheaffer continued. "Each may serve a good purpose in one category or another. For instance, take some of the reasons our men have found for 'asleep-at-the-wheel' fatalities. First, can or bottle drinkers who carry their spirits with them since they can't buy the stuff on the Turnpike. Second, those who load up before starting their trips, including that last one for the road. Third, those who get up in the middle of the night, without sufficient rest, to get off to an early start and see just how quickly a trip to such and such a place can be made. It always makes a good story if they live to tell it. Fourth, those who simply ignore all the limits of human endurance by grossly over-estimating their physical and mental stamina during prolonged journeys. These are our sleepers."

Your Health

From The Luzerne County Medical Society

Something can be done about heart disease.

This is the new look, the new approach, the new verdict.

Until recently, a diagnosis of heart disease was considered tantamount to a death sentence.

There has been a change in the attitude of both the physician and the public toward heart disease.

We know now that heart disease is not unconquerable.

Treatment with the sulfa drugs or antibiotics can check the strep infection responsible for rheumatic fever and rheumatic heart disease.

Heart valve deformities often found in people with old cases of rheumatic heart disease are now being corrected by new surgical techniques.

Drugs that can effectively lower blood pressure without producing severe reaction in patients have been recently developed.

Crippling and often fatal blood clots that form and break loose in the veins of those with high blood pressure are now preventable through the use of new drugs.

New knowledge on dietary requirements and improved treatment of glandular disturbances during pregnancy can prevent many heart defects in the newborn.

And when infants are born with congenital heart defects, skillfully done new surgical procedures can correct a large proportion of them.

Encouraging as are these accomplishments in the treatment of heart disease, there is a vast amount of work still to be done.

We still do not know the basic causes for the most common types of heart disease, namely, hardening of the arteries and high blood pressure.

The discovery of these causes and the prevention and treatment of hardening of the arteries and high blood pressure will come eventually.

From what has already been accomplished in the treatment of heart disease, it is not too optimistic to hope that this disease will eventually be mastered.

DO YOU KNOW?
 Tea was used as a medicine before it became a beverage.

Sheaffer said the state police have found drivers forcing themselves to inhuman driving feats with the use of benzadrine, dexadrine, amphetamine sulphates, caffeine citrates and other "no sleep" concoctions "until they collapsed and were removed to a hospital or a morgue."

He discussed so-called highway hypnosis and sleep contagion which his practical mind prefers to classify as "super-fatigue." Some of its unfortunate victims, he said, possessed unselfishness exceeded only by their foolishness. "This is the type who hurtles his ton or so of explosive machinery on and on through the night, too generous to disturb his passengers who sleep blissfully on and on to a tragic awakening if any. They forget that it is vital that superman be kept awake when he's attempting superman performances."

Jefferson Club Plans Testimonial Dinner

Members of the Jefferson Club will meet Thursday at 8 p.m. at The Castle to make arrangements for the March 24 testimonial dinner in honor of Daniel Flood. Committees will be appointed for the dinner, and other important business is on the agenda, says Joseph Mundy, president.

Rotary Women Thursday

Women of Rotary will enjoy a new spring hat show presented by Mrs. Harry Goeringer, Jr., at Thursday night's dinner meeting at Irem Country Club. Mrs. Myron Baker will preside.

If you can keep your head when all about you are losing theirs—maybe you just don't understand the situation!

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- Sunkist LEMONS - - - - - 39c Doz.

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