

No Shortage Of Holiday Turkeys

1,796,000 Raised In '54, Second Only To '52

Turkeys for Thanksgiving dinners will be in good supply, along with all the other foods that make up the traditional American menu for the day, according to the State Department of Agriculture.

Not since 1952 have so many turkeys been raised on Pennsylvania farms as this year, the records show. Latest estimates are for a total of 1,796,000 birds most of them to be marketed during the holidays and later. This total compares with 1,744,000 raised last year and the all-time record of 2,180,000 in 1952.

In line with a trend that started last year a smaller number of big turkeys but more medium to small sizes will be offered consumers. For the entire United States the turkey crop is a record 61,000,000.

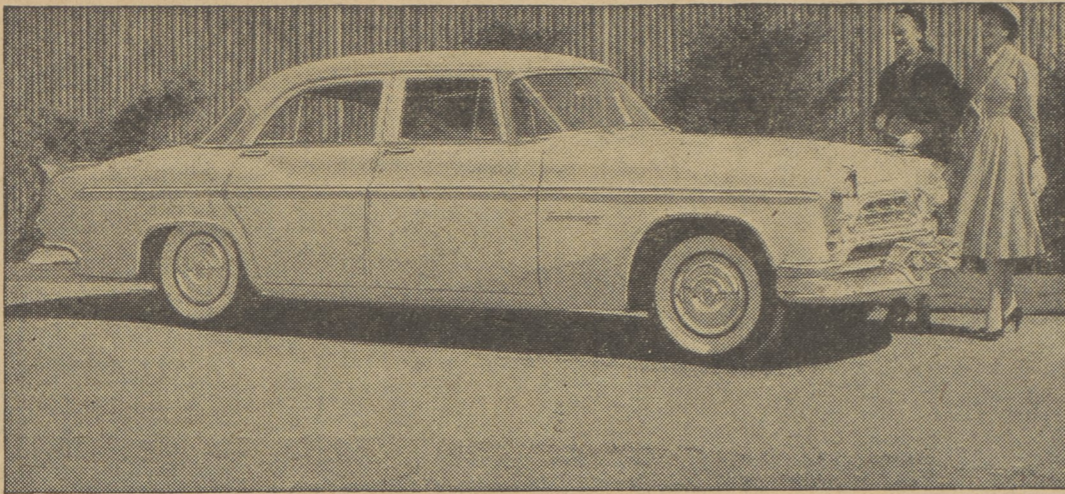
For this year's turkey crop in Pennsylvania the growers have increased the number of lighter birds by 31 per cent over a year ago. The smaller varieties now make up 51 per cent of the total output. Heavy breed numbers are estimated at 880,000—down 16 per cent from 1953.

Growers, retail stores and butcher shops will have turkeys in all popular sizes for the Thanksgiving and Christmas season, observers said. They will range up to 20 and 25 pounds, available frozen and fresh dressed, ready for cooking.

Other items to round out the Thanksgiving dinner are in good supply, including cranberries, celery, onions, corn, pears, potatoes—and pumpkin for pies.

William Muldoon was known as the father of American wrestling.

1955 Chrysler Windsor Deluxe Features New V-8 Engine



The completely new 1955 Chrysler Windsor Deluxe offers new exterior and interior color combinations, high styling and a completely new 188-horsepower V-8 engine for top performance. In addition to the six-passenger sedan shown, models include the Nassau hardtop coupe, New-

port hardtop, convertible and Town and Country wagon on a 126-inch wheelbase. Windsor Deluxe interiors in thirty-three color combinations, feature dramatic new shades that harmonize with or match exterior colors.

Advertise For Bids On 16th Turnpike Project

The Pennsylvania Turnpike Commission today advertised for bids on the 16th project in construction of the Northeastern Extension of the Turnpike. This section is located in Bear Creek and Dennison Townships, Luzerne County and is 6.62 miles in length. This project brings to 66.5 miles of the 110-mile Northeastern Extension either under contract, awaiting awards or under invitation for bids.

One tiny leak in your home can waste precious water at the rate of 200 gallons a day — more than 72,000 gallons a year.

137 Years Of Life Claimed For Braddock's War Veteran

Henry W. Shoemaker, Pennsylvania Folklore Chief, today said the longest lived veteran of Braddock's War in western Pennsylvania, in 1755, died at Whitehall, near Albany, New York, in 1823, at the reputed age of 137 years.

"He was a Huguenot named Henry Francisco, or Francisco, who was born in Bordeaux of Andorran parents, in 1686, while his family was waiting transportation to Spain, the year after the Revocation of the Edict of Nantes," Shoemaker asserted.

"With his parents he was taken to England, by a sympathetic British sea captain.

"Young Harry Francisco grew a tall, strong, auburn haired boy, and enlisting in the army served with the Duke of Marlborough, fought in North Africa, with the British marines, eventually becoming a member of General Edward Braddock's expedition in the war with France in Pennsylvania. He was captured by the French victors, and taken to Canada, where he was drafted into the irregular Cavalry, and returned to Pennsylvania in the French War with General Forbes at Fort Duquesne in 1757.

"When the fort's name was changed to Fort Pitt, after the victory of General Forbes and Colonel Bouquet, he deserted his French masters, and tried to enlist in the Royal Americans, but was rejected for being over age; being 72 years old at the time, but described as 'otherwise fit physically.' "He married into a Huguenot family, and produced seven sons to bear the name of Francisco in Pennsylvania annals, and one daughter who also married a Huguenot, Charles Jacques, a native of Freeport, Armstrong County. While in Pennsylvania he lived near Pittsburgh with his family.

"When the Revolutionary War broke out, Henry Francisco enlisted in Captain Michael Cresap's Corps, and engaged in the famous march to Boston in 1775, when the riflemen marched 22 miles per day, and later performed valiant services at Bunker Hill, which would make Francisco age at 89 at the time of his heroic march. Age was against him and while he gave his age as 64 at enlistment, he seemed to go to pieces after Lexington, was hospitalized, and finally discharged in 1777 as physically unskilled.

"Meanwhile his wife had died, and he joined his in-laws, Mr. and Mrs. Jacques at Whitehall, near Albany, where he resided in New York until his death in 1823. Despite his age, he did not 'sit around,' but took care of the family kitchen, garden, and chicken farm. He went up a ladder to pick apples off the trees in the orchard, the year before his passing.

"He was a storehouse of historic lore, and would sit up until daybreak, reciting his war adventures

on three continents, if he could find a listener. His favorite commanders he always said were Marlbruck, (Marlborough), General Braddock, and Captain Michael Cresap."

Governor Endorses Truck Transportation Week

Asserting that the trucking industry contributes a great deal to the economy of the State Governor John S. Fine today endorsed Truck Transportation Week, being nationally observed November 14 through 31.

"There are more than 500,000 trucks registered in Pennsylvania and they provide a very flexible form of transportation, especially to communities that are not reached by any other means," the Governor said. "Our mines, farms, factories, and stores are helped by truck transportation. The number of persons employed in the trucking industry is large and the wages paid annually contribute greatly to our welfare and prosperity."

Commission Grateful

The Game Commission is grateful to waterfowl hunters who have returned information found on leg bands on ducks they bagged. The authorities will appreciate reports on bands taken from ducks by other persons but not yet turned in. Facts so gathered provide important information on migration routes, reproduction figures, and kill percentages. Such information is very useful to game authorities in planning waterfowl management programs for the future.

Farmers' Night Market

Pierce St., Kingston
Order Your Thanksgiving Turkeys Now

- | | |
|----------|------------------|
| Tomatoes | Turnips |
| Apples | Cauliflower |
| Eggs | Broccoli |
| Chickens | Celery |
| Potatoes | Brussels Sprouts |
| Pumpkins | Mangoes |
| Flowers | Cider |
| Capons | Cabbage |
| Carrots | Beets |
| Squash | Jellies |

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Start Day With Good Breakfast

Overweight Men Often Skip It

The old saying "early to bed and early to rise makes a man healthy . . ." can only be true in the long run if you get up early enough to eat a good breakfast.

A recent two-year governmental survey of 600 men working in industrial plants revealed that many are not getting their daily three square meals. Other research has shown this is also true of teen-age girls, working women, and women worried about their weight.

The meal most often neglected is breakfast.

"Start the day out right, means eat a nutritionally balanced breakfast, one that will fuel your body for the activities ahead," according to Milton Hult, President of the National Dairy Council.

The survey of 600 industrial workers was conducted by the New Jersey Experiment Station. Figures from the study issued by the U. S. Department of Agriculture indicated:

1. A fourth of the men were low in calcium.
2. A fourth of the men were low in vitamin C.
3. Diet records and medical exams revealed shortages of the important B vitamins (riboflavin and thiamine).
4. Yet 44 per cent of the men were overweight.

Conclusions included:
1. The men with shortages drank too little milk and ate too few citrus fruits, tomatoes and green leafy vegetables.

2. Diet records showed the overweight men were slighting breakfast and then eating mid-morning hunger with high calorie snacks sold at the plant.

The report cited this latter kind of eating as leading to overweight and causing a lack of appetite for food rich in minerals and vitamins.

"Part of the trouble with American eating habits," Hult says, "is so many people think all you have to do is count calories. They think if you consume too many, too little, or a specified amount of calories each day, you'll be accordingly fat, thin, or just right."

The really important thing, the dairy organization president says, is to get about one-third of the nutrients you need at each meal—breakfast, lunch, and dinner—with portions geared to your energy needs.

The easiest way of doing this, he says, is to choose the protective foods (dairy foods, meats, eggs,

fruits, vegetables, cereals and bread). These foods give a high proportion of nutrients to the number of calories they contain. According to Hult, "these are the foods which give you health while they give you energy."

The National Dairy Council, founded in 1915, is a non-profit organization devoted to nutrition research and education.

accomplish many more things for the benefit of those boys and girls who need the kind of help that can be provided under the sponsorship of The Pennsylvania Association for Retarded Children. I call upon all our citizens to give every possible aid."

Washington has a taxicab for every 84 persons.

Retarded Children's Week Endorsed By President

Asserting that President Eisenhower has officially declared the week beginning November 14th as National Retarded Children's Week, Governor John S. Fine said that during this week "we should call particular attention to the need for an expanded program of help and assistance for retarded children."

"We pledge our best efforts to bring about not only a better understanding of their needs," he said. "We should proceed with vigor to

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BACK MOUNTAIN

Checkerboard News

by Jim Huston Jr.

HUSTON'S FEED SERVICE, Fernbrook

Almost Missed It! **Feed For All 3**

When Bob Bachman of The Dallas Post stopped in to talk with us the other day about the weekly column he said, "Jim, you're missing a bet if you don't tell people about this Buckwheat Pancake Flour that you have."

Of course Bob is right. It's easy to overlook something like that when you're concentrating on telling people about the results folks are getting with Purina Chows.

The fact is we have this old fashion pancake flour in stock each year at this time, and we've just let folks kind of find out for themselves how good it is. Each year those who tried it the previous season look for it again.

The flour is made in Laceyville by Vandervort Mills and it's name is "Buckwheat, Wheat and Corn Pancake Mix." It comes in both the Old Fashioned Pure Buckwheat form which you must prepare, and in the Self-Rising form to which you just add a little milk or water.

In talking with those who are already using this flour, we find that the men seem to be the pancake makers in a good many homes.

If you've already tried this mix then you'll know what I mean when I say it makes a real pancake. If you haven't, then you won't be sorry if you stop in and pick up a bag or two.

How much does it cost?
4 lb. Self-Rising Mix — 50¢
5 lb. Pure Buckwheat — 55¢

Hunters Attention:
SHOTGUN AND RIFLE SHELLS IN STOCK

for a long time—through fall and winter when egg prices are good. Let us tell you other ways Purina Booster Checkers can help you.

Farm Fresh Turkeys

Thanks for your response to this column last week asking you to place your order for Thanksgiving Turkeys with local turkey growers. They tell us that orders have been coming in fine.

Again this week we'll list the names of our customers who can supply your Thanksgiving Turkey.

Mrs. Stanley Wilson, Dallas RD 3
Giles Wilson, Dallas RD 3
Russell Race & Sons, Dallas RD 3
Steven Haradem, Dallas RD 3
C. Wayne Gordon, Dallas RD 3
Harold Bertram, Trucksville RD 1
Fred Hoover, Shavertown

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. . . thanks to Gulf

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Charles H. Long
SWEET VALLEY, PENNA Phone 7-2211

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