

USE TONIC AFTER CLEANSING YOUR SKIN WITH CREAMS

ARE YOU using your skin tonic regularly? You probably used a lot of this cooling, refreshing liquid during the hot weather, but you may not know that tonics are even more essential during the winter months.

You are using a lot more creams and oils on your skin to protect it against cold outdoor weather and the steam-heated atmosphere of your home or office. This is all very well, but remember that the skin can absorb but a limited amount of the fats and oils you apply. Any surplus that remains on the skin seeps into the pores, caus-

by

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ing them to become clogged and enlarged.

Here, skin tonics and their close relatives, astringents, are needed. These are basic beauty preparations and every cosmetic line includes them, as they have a definite job to do.

The chief purpose of a skin tonic is to leave your skin better cleansed and more alive after your cream or soap and water cleansing. Some tonics

also have mild bleaching or slightly astringent properties as well.

In beauty salons the first step of a facial treatment is to cleanse the face with lots of cream. This is removed and then squares of cotton, first wrung out of ice water and doused with skin tonic, are applied to the face to remove the last trace of soiled cream from the pores. After this, nourishing or corrective creams are applied, and the operator proceeds with her massage or other treatment.

As a final step before applying foundation and make-up, tonic is again used. Or, occasionally, a gauze mask moistened with ice cold skin tonic is pressed over the skin to tone and freshen it while you rest with packs over your eyes for 10 or 15 minutes.

Use your tonic in the same way as a part of your home beauty treatments. Aside from its freshening and pleasantly cooling action, however, you mustn't expect miracles from a skin tonic. These preparations are usually very mild, having a slight alcoholic content, some perfume, flower water perhaps or distilled water.

For the skin that is lined from sagging tissues or the skin that is over-oily or blemished, a stronger preparation is needed. The lined skin, for instance, may need a "mild" astringent, which is more stimulating than a skin tonic but not so drying as a regular astringent.

The oily or blemished skin needs a fairly strong astringent.

Naturally, no tonic or astringent, however good, can give you a good complexion unless you do your bit, too. The thoroughness of the preliminary cleansing is an important factor in the improvement, but see that you do these things too: cut down on the amount of spicy foods, rich pastries, sweets and starches in your diet. Drink at least six glasses of water between meals.

TOWN PATTERNS



Pattern 710. SMART TWO-PIECE PAJAMAS. This style may be worn as a tuck-in or boxy jacket. Designed for sizes 12 to 20 and 30 to 40. Size 16 requires $4\frac{3}{4}$ yards 36-inch fabric. Price 15 cents.

Pattern 9888. GAY FROCK WITH BOLERO that's attractive with buttons or braid. Designed for sizes 14 to 20 and 32 to 42. Size 16 dress requires $3\frac{1}{2}$ yards 39-inch fabric; bolero, $1\frac{1}{2}$ yards. Price 15 cents.

Pattern 6224. CAP, SCARF AND MUFF-PURSE for snowy months. Done in easy plain and picot stitches. Pattern contains instructions for making the set shown; illustrations of it and of stitches used; list of material requirements. Price 10 cents.

Pattern 6198. RICH CLOTH YOU'LL KEEP FOR BEST OCCASIONS. The medallions, quickly made, are lovely for many uses. Pattern contains instructions for making the medallions; an illustration of them and of stitches used; list of material requirements. Price 10 cents.

SEND FOR our Pattern Book of Winter Styles and see what's new in fashions to stitch up for every occasion. A complete guide to the latest tailored and dress-up frocks, sports togs, and at-home frocks. Suggestions to delight the most critical Miss and co-ed. Exquisite lingerie, slimming modes to please the matron. And tips on accessories and fabrics, too. Price of this book is 15 cents; book and a pattern together, 25 cents.

ADDRESS orders to TOWN, Pattern Department, P. O. Box 721, Rochester, N. Y. Be sure to include pattern size and number.



THE 'IN-BETWEEN' GOES TO A PARTY

The in-between age child—not big, not little—is really a baby at heart. She loves a party dress that is gay and colorful, preferably an amusing print, with a story in the pattern. This gala frock of fine sanforized-shrunk shantung broadcloth would be grand for wearing to a party. The belt is velvet, the color of the green leaves. The dainty lingerie collar is hand-drawn and lace edged.

BIG JEWEL PINS IN FLOWER MOTIF ARE FASHIONABLE

by

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other of the softer colored stones preferred to the bright jewels. Multicolor jewelry, however, continues important, and gold is widely used.

Most authorities think well of the pearl necklace, and especially of massive chokers of twisted strands fitting close to the throat. Other smart pearl

necklaces are combined with rhinestones or colored jewels.

Hair ornaments are, of course, "best sellers," especially the dark shell combs either with gold tops or rhinestone clips.

Earrings are liked and are worn in very large, jeweled pieces fitting close to the ear.

A pin or clip is worn in the hat. A single important jeweled pin or a pair of clips is effective attached to the back strap of one of the tiny forward-tilting new hats.

SO MUCH has been written about the various silhouettes and details of the season's costumes that it now seems about time to turn one's attention to accessories, particularly to jewelry which, we've been dining in your ears, is of the greatest importance this year. Period types are everywhere, genuine heirloom pieces and exaggerations of them.

A type of jewelry considered extremely smart is the big modern-looking jeweled pins, flower ideas and baroque designs, set in polished gold. Three- and four-inch flower sprays are important in this group, the blossoms very natural-looking in colored stones combined with delicately colored enamel. Considered appropriate for wear with almost any kind of costume, they are felt to be particularly nice when pinned on furs. Apart from the flower idea, there is a variety of other modern pins, some in two shades of the polished gold and many with a very large stone surrounded by smaller jewels.

Another approved idea is all-over jeweled pieces in amber stones achieving particularly lovely color effects. Two strand Chanel-type necklaces with big square stones are one treatment.

Period pieces are also featured with amethyst, topaz and

MODES and MANNERS

Q. How should fish bones be removed from the mouth?

A. Between compressed lips, using thumb and forefinger.

Q. How should one mark a letter that is to be forwarded?

A. Simply write "Please forward" in the lower left-hand corner of the envelope.

Q. What is "fromage"? Also what is the meaning of the word "souffle"?

A. "Fromage" is French for cheese. "Fromage a la creme" is cream cheese. "Souffle" describes a dish mixed with beaten egg and baked.

Q. How is one supposed to eat potatoes boiled in their skins and served on individual plates?

A. Peel the potato on the dish in which it is served. Leave the skins on that dish and convey the peeled potato to the plate on which the main course is served.

Q. May one use candles on a dinner table without a centerpiece?

A. Always, with candles, there must be a centerpiece. It should be sufficiently low so as not to obstruct the view of guests sitting on opposite sides of the table.