

SMALL CABINET PLEASES GIRL

by HAROLD T. BODKIN

I DON'T want to be an old meany and remind you that Christmas is nearly upon us. But if you're going to make gifts you'll have to start them right away.

However, I can help you out with your construction program by suggesting the sturdy miniature handy kitchen cabinet as a gift for little sister (see picture A). Three or four evenings in your shop will see it completed; it's just that easy to construct.

Except for the panel at the back, the whole job is made of half-inch thick white pine or poplar. To help you to lay out the proper curves of the end pieces and to be sure that all other proportions are right, full mechanical details are drawn on Handicraft Plan No. 102.

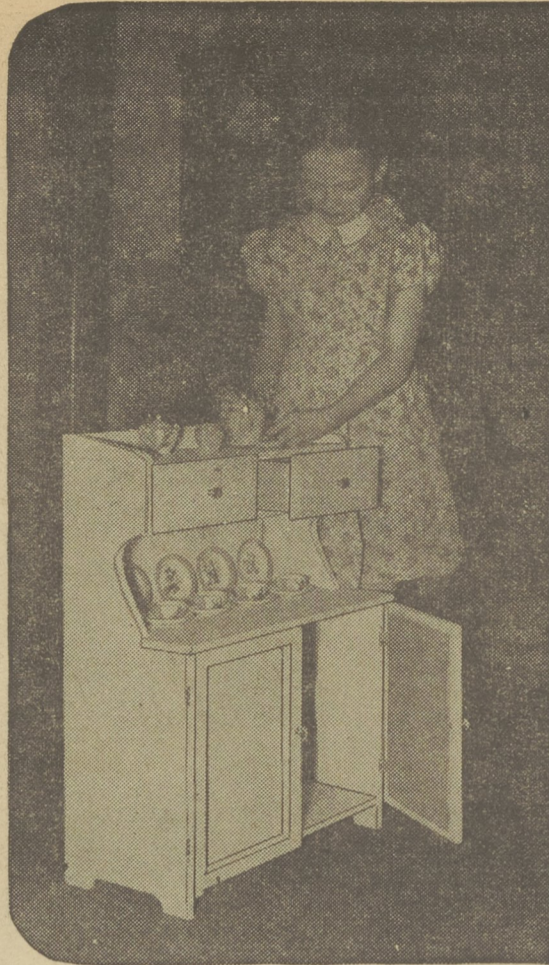
The most important parts of the cabinet are the two end pieces. These are made first. Pencil the outline on one piece of the stock, lightly nail a second piece underneath and saw both at once.

Following this, chisel out the three mortises in each—see plan—to receive the top shelf, drawer shelf and the table top. As you will note, the bottom of the cabinet rests upon simple cleats. Now, with a rasp and sandpaper, smooth up the end pieces all around.

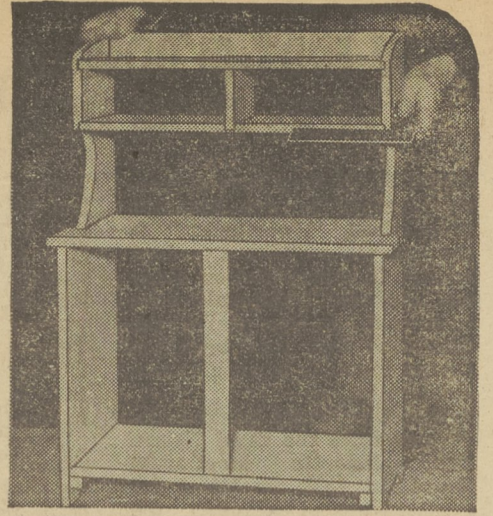
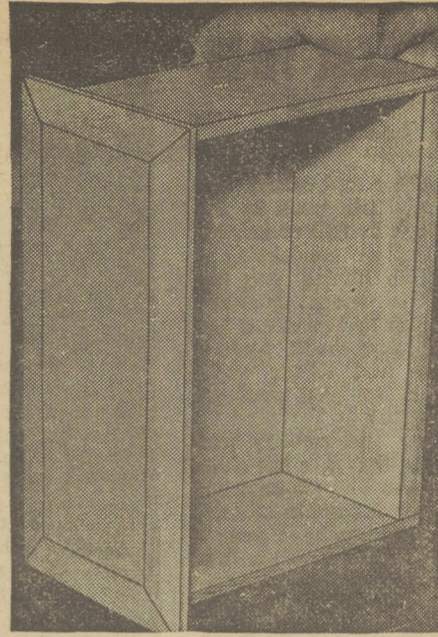
The shelves and table top are merely rectangular pieces that are sawed to size. Assemble these to the end pieces with finishing nails and glue, setting the nails and putting the holes. (See picture B.)

The back panel can be a single sheet of 1/4-inch thick plywood or composition board, or you may use narrow tongue and groove stock for the purpose.

It's no trick at all to make the doors and drawers as detailed on the plan. (See pictures C and D.) When the doors are

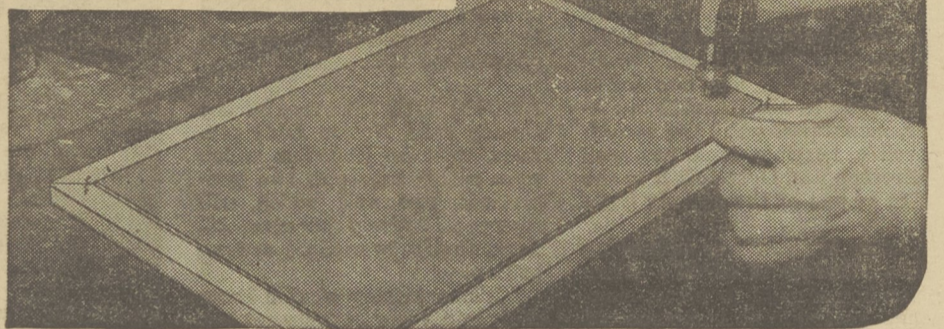


A—Completed Toy Kitchen Cabinet for Girls



B—Preliminary Assembly of the Cabinet

C—(Left) Details of Drawer Construction



D—Simplified Construction of the Cabinet Doors

completed, they are attached to the cabinet with small brass hinges, mortised into both door and cabinet as shown. The knobs pictured are metal, but wooden knobs may be substituted.

This is the point at which you may work out any sort of attractive color and trim for the cabinet that appeals to you.

I painted the original with two all-over coats of ivory enamel. You may go even farther, if you desire, by using a contrasting color—red, green or blue in the case of an ivory ground—on the exposed edges of the end pieces and table top, around the bevels of the door

panels, and any other places.

In any case, if I can judge by the reception given the original cabinet by the little lady pictured above, I can safely predict a jolly old time at your house on the morning of December 25, when sister sees what you've made for her!

HANDICRAFT Plan No. 102 gives directions on the construction of a Toy Kitchen Cabinet. To obtain this plan, send ten cents to TOWN, Handicraft Department, P. O. Box 721, Rochester, N. Y.

OUTDOORS

by MORTIMER NORTON

HUNTING COTTONTAIL RABBIT IS THRILLING SPORT

COTTONTAIL rabbits are to the hunter what panfish are to the angler. Both provide fine sport for the greatest number of rod and gun users. Both are abundant, widespread, and universal favorites. They live close to city, town and farm alike, and they may be taken with minimum time, effort and expense.

When the ground is hidden by a light covering of tracking snow, and the rabbits are in prime condition, it is an ideal time to go after cottontails. On pleasant days these "powder puff" bunnies of the lowlands will be hopping about in search of food early in the morning and in midafternoon. When it is extremely cold, the snow is deep, or a blizzard is blowing, the rabbits will stay quiet in their dens.

Many thousands of cottontails are taken each year. They are to be found in cornfields, meadows, ravines, sparse woodlots, along stone fences, and wherever brush piles are in evidence. But their chosen home-sites are the evergreen swamplands.

There is keener sport and more

skill required in hunting rabbits in the swamplands, where they have the advantage, than in open fields and thin woods, where the dogs may more readily drive them to the waiting hunter. In an area where rabbits are plentiful, though, there will be fast action as the dogs work among the low evergreens, alders, and brush heaps. They will chase the cottontails along regular runways where the gunner may catch glimpses and open fire.

With well-trained hounds, there is much fun to the occasion. The cottontails, being clever fellows, may take the dogs on long and puzzling routes through the swamp, and temporarily elude their pursuers by jumping logs or leaping over water to obliterate the scent. But soon the baffled hounds pick up the broken trail, and their excited barking resumes. The hunter is alert to every sound and movement, and stands ready at some strategic point to level his shotgun, loaded with No. 6 or 7½ shells, and press the trigger.

YOUR GOOD HEALTH

by CLAUD NORTH CHRISMAN, M. D.

STOP WORRYING IF YOU WANT TO CURE INDIGESTION

THE PATIENT suffering from nervous indigestion deserves perhaps more sympathy and consideration than one suffering some of the organic troubles. Often enough we can cure the one with a definite disease by means of diet, medication, or even surgery. The nervous patient can be given sedatives to quiet his nerves and advised to quit worrying, to rest, sleep and forget it. Good advice, but who can follow it?

The small business man who finds his income dwindling and his obligations increasing needs money, not medicine. Then we have the store employe who feels miserable and wonders and worries if he can keep well enough to hold the job that is so sadly needed. He goes to lunch and tries to eat. Worry takes his appetite away and he can't eat. He forces down a little food, because he must have nourishment to keep going.

The worried brain sends worried impulses to the digestive

NEURITIS

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To relieve the torturing pain of Neuritis, Rheumatism, Neuralgia or Lumbago in a few minutes, get the Doctor's formula NURITO. Dependable—no opiates, no narcotics. Does the work quickly—must relieve worst pain, to your satisfaction in a few minutes or money back at Druggists. Don't suffer. Use NURITO on this guarantee today.

tract. These impulses are garbled, and digestion fails in its functions. It is a round robin, more worry, more distress, and more worry.

Only a goodly increase in income will cure these people of the racking headaches and undone nerves which induce indigestion. This same worried brain sends garbled messages to other organs. The heart begins to act up, racing, thumping and skipping beats. Too much or too little blood is sent to the brain, causing dizziness or faintness. The ears buzz and the sight is dim by spells. The hands or feet may tingle or become numb. More things to worry about. Yet there is no organic trouble and the organs would do their work all right if this nervous system would behave.

This condition usually occurs before middle life. I have painted a rather doleful picture, but that is what it is to the sufferer. It is not an imaginary trouble. The family could help much if the children and older people would show more consideration and avoid unnecessary complaining about things they want but could do without.

What can the doctor do? Well, he can gain their confidence and, if he can convince them that they have no killing trouble, he has done a great deal. Nerve sedatives can be given as well as

digestive stimulants, without doping them. We encourage rest, give advice and sympathy, but the patient must do most of it himself.

The nervous housewife who frets because her house is not so clean as the neighbors', who worries because the children do poorly in school, can quit such foolishness.

Such people tell you they do rest. They may lie down, but they spend all the time fretting about the work that is not being done. They must learn to understand that they are handicapped and must realize that they cannot do everything. They must quit thinking of a quick way out by means of surgery, massage and drugs, this doctor and that. They must realize that worrying does not help.

The business man may be compelled to get away for a while. The housewife may have to learn to lie in bed in the morning. These patients have to admit that they can't reform the world but must let the world take care of itself.

Self-restraint and self-control are the main remedies. Why do some suffer and others do not? Some inherit unbalanced nervous systems, and many acquire them. Dissipation, if any, must be stopped. Calm down. Give tired nature a chance; practice self-restraint.

THE MONSTER OF THE LOCH

Continued From Page 10

His boat had slid alongside the floating platform, and he dexterously stepped aboard from his skiff. One could glimpse the moonlight glistening on the gun he held in his hand. He faced the two men, Finch also holding his hands above his head. At the same time the two men who had accompanied Oppermann tied their craft to the raft but remained seated, watching the drama.

Finch broke the curious silence. He motioned with his head.

"Jackson signalling down below," he muttered. "Wants to come up."

A gleam of satisfaction

crossed the face of Sam Oppermann.

"Got the goods, eh? All right, you get to work and haul him up," he commanded. "And no monkey tricks."

As Finch dropped his hands and began working the diving gear again, another man clambered aboard the floating platform from the skiff. He also produced a gun and kept watch on Benson, while Oppermann stared into the black depths out of which a diver was coming.

CONCLUSION NEXT WEEK:
Jill Is Captured by the
Horrible Monster of
Loch Lare