

THE POST'S WEEKLY MAGAZINE PAGE

My Favorite Recipes



by
**Frances
Lee
Barton**

MAKE your plainest, most economical cake. Then put your best foot foremost with one of these frostings. They will transform your cake into a company dessert.

Hawaiian Frosting

1/2 cups sugar; 1 teaspoon light corn syrup; 2/3 cup water; 2 egg whites, stiffly beaten; 1 tablespoon lemon juice; 1 cup raisins, chopped; 1/2 can moist, sweetened coconut, chopped.

Combine sugar, corn syrup, and water. Bring quickly to a boil, stirring only until sugar is dissolved. Boil rapidly, without stirring, until a small amount of syrup forms a soft ball in cold water, or spins a long thread when dropped from tip of a long thread when dropped from tip of a spoon (240° F.). Pour syrup in a fine stream over egg whites, beating constantly. Add lemon juice. Continue beating with rotary egg beater 10 to 15 minutes, or until frosting is cool and of consistency to spread. Use wooden spoon when too stiff for beater. Fold in raisins and coconut. Makes enough frosting to pile high on tops of two 9-inch layers.

Coconut Seven Minute Frosting

1/2 egg whites, unbeaten; 1 1/4 cups sugar; 5 tablespoons water; 1/2 teaspoon light corn syrup; 1 teaspoon vanilla; 1 can moist, sweetened coconut.

Put egg whites, sugar, water, and corn syrup in upper part of double boiler. Beat with rotary egg beater until thoroughly mixed. Place over rapidly boiling water, beat constantly with rotary egg beater, and cook 7 minutes, or until frosting will stand in peaks. Remove from fire. Add vanilla and beat until thick enough to spread. Fold in 1/2 can coconut. Spread on cake. Sprinkle remaining coconut over cake while frosting is still soft. Makes enough frosting to cover tops and sides of two 9-inch layers.

Pineapple Coconut Frosting

1 cup crushed pineapple, drained; 1 tablespoon lemon juice; 1 can moist, sweetened coconut; 3 cups confectioners' sugar (about).

Combine pineapple, lemon juice, and 1/3 of coconut. Add sugar gradually, until of right consistency to spread, beating well. Spread between layers and on top of cake. Sprinkle with remaining coconut. Makes enough frosting to spread between and on top of two 9-inch layers.

Now try this filling between the layers of a plain cake:

Lemon Coconut Filling

1 cup confectioners' sugar; grated rind of 1 lemon; 1/2 cup lemon juice; 1/4 teaspoon salt; 1 egg; 1 cup shredded coconut. Place sugar, lemon rind and juice, salt, and egg in top of double boiler. Beat slightly with rotary egg beater. Place over boiling water and cook 5 minutes or until thickened, stirring constantly. Remove from fire, add coconut, and cool. Makes enough filling for two 9-inch layers.



Peaches In New Dresses

IT'S a peach of a dish. You can say this truthfully about many peach combinations. There's ham, for instance. A lot of difference you'll say between a "ham" and a "peach." Well, let them mingle, and you'll have something. Whether you're enlisted on the Kentucky or the Virginia side, when it comes to hams—bake one, basting it with canned peach juices, crusting it with brown sugar and dotting it with cloves. During the last fifteen minutes of baking add the halves of canned peaches for garnish! Here are other excellent peach combinations.

Peachy Dishes for Spring!

Peach Toast: Beat one egg slightly, add three-fourths cup milk, one teaspoon sugar and one-fourth teaspoon salt. Dip eight slices of bread in this milk and sauté a golden brown in butter. Dip eight canned peach halves in flour and also sauté golden brown in the same skillet. Place one half peach on each slice of toast and pour over the following sauce:

Sauce: Melt one tablespoon of butter, add one tablespoon of flour and stir smooth. Add one cup of peach syrup slowly, stirring constantly until thick and smooth. Season with cinnamon and pour over the peach toast. Serve hot.

Peach Meringues: Cut stale sponge cake in rounds with the cookie-cutter. Slightly moisten each round with juice from maraschino cherries. Put half a canned peach, cut side up, on each piece of cake and fill the cavities with halves of maraschino cherries. Make a meringue, using three tablespoons confectioner's sugar to each egg white, and pile thickly over the peaches. Bake in a very slow oven until the meringue is done. It will take about fifteen minutes in a 300 degree oven.*

Fifth Avenue Fashions



Here's a challenge to make your six diamonds doubled. And the prize is the smartest blouse of the season. With its long sleeves and high turn-over collar it is a grand sweater for a tailored suit, though it is trim enough itself to face the most critical eye, and can be worn without a coat in the best places. The little mesh diamonds give it a delicate look, and the mercerized crocheted cotton of which it is made is cool and washes well.

For FREE instruction to crochet this collar.

Address The Crochet Bureau,
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Dallas Post

HALF RATE

The half-rate license fee went into effect on August 1 in Pennsylvania, Norman Johnstone reminds members. This new rate applies to all classes of motor vehicles.

OUR CHILD AND THE SCHOOL

By Dr. ALLEN G. IRELAND
Director, Physical and Health Education
New Jersey State Department of Public Instruction

Milk In Disguise

"Doctor," began a worried mother, "Betty is complaining again about drinking milk. Does she really need so much?"

"Yes, she does," the doctor replied, "and that isn't just my opinion. We know it is true from countless scientific experiments. The findings have been checked and tested over and over again. Betty is growing. She needs the minerals of milk for her bones. She needs the vitamins to keep her healthy and growing. And we know that most children need the full quart to get their share."

"I know you're right," the mother said, "I'll keep after her."

"No, don't keep after her. That may give her a real dislike for milk. Try some disguise instead. Let's see now. There's ice cream and junket; custards and puddings; milk on berries; crackers and milk, cereals; egg-nogg. I'm sure you know of many other ways.

"How about cheese? Have you tried that? And perhaps Betty won't notice the change if you offer her a glass of cool milk in the middle of the morning and the afternoon instead of at meals."

"I see what you mean, doctor. Thanks, I'll try it."

How can parents make swimming safer? Dr. Ireland will discuss this in his next article.

Scientists Record The Songs Of Rare Birds

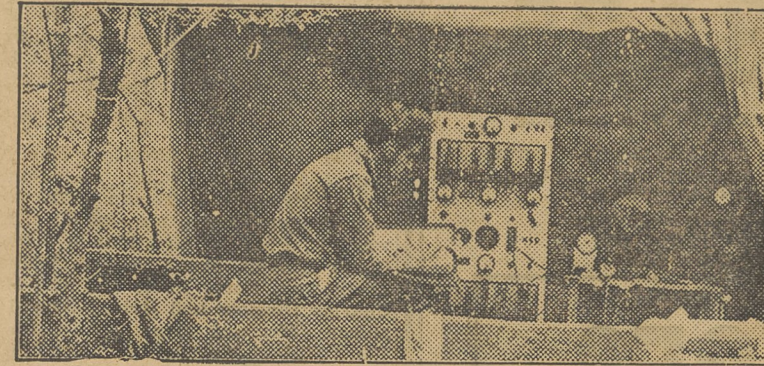
Expedition in the Southwest Preserves Voices of Unusual Species Before Their Extinction

BACKED by Albert R. Brand, Associate in Ornithology at the American Museum, the American Museum of Natural History-Cornell University Ornithological Expedition, a caravan of mud-spattered scientists and two truck-loads of delicate apparatus, are somewhere in one of the southern or southwestern States picturing rare and common birds and recording the voices of unusual species.

Catching the song of a rare bird, says *The Literary Digest*, is a gamble. At four o'clock in the morning the scientists are up, have

song of a bird at a distance of 1000 feet can be caught; at 400 to 500 feet sounds are faithfully reproduced.

The bird's song is recorded in straight lines, like a spectrum, at right angles to the long way of the film. The thickness of the lines



Photographed by A. A. Allen, Cornell University Apparatus recording bird's song.

their apparatus in place and, if their position is favorable, they may be able to record the song of a rare species which may be extinct in the future. The collapsible platform on the top of the truck, will permit photographers to have camera, microphone and blind twenty feet above the ground.

The recording "milke" has its back to the source of the sound. Like a telescopic mirror, its sensitive side, located at the focus of a three-foot parabolic reflector, brings the distant sounds to a point. The

represents the volume of sound; the number of lines to the inch, the pitch; and the film travels through the camera at the constant rate of eighteen feet per second.

The "milke" disclosed the fact that, though the bird's song may be of short duration, it contains many notes. The winter wren's song, lasting a little more than seven seconds, contains 113 notes; but an experienced ornithologist, listening by ear, could only detect five separate notes.

FASHION FLASHES

By MARY LOUISE KENT



WITH THESE PATTERNS—YOU CAN MAKE "EM FASTER THAN THEY CAN BREAK" EM

2855—Cute Health Ensemble. Pattern includes dress and sun-suit. In sizes 2, 4, and 6 years. Size 4 requires 7/8 yard of 39-inch material for sun-suit and 1 1/4 yards of 39 inch material for dress—

3017—Cool little frock for daughter. Designed for sizes 8, 10, 12 and 14 years. Size 12 requires 2 3/4 yards of 39 inch material—

2737—Cunning sun-suit. There are three styles included in each pattern. You may have all three for one price if ordered in the same size—A complete summer wardrobe for the kiddie with the greatest amount of comfort and the least possible effort—Designed for size 1, 3 and 5 years. Size 3 requires 7/8 yard of 35 inch material for each sun-suit—

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3254—Have you made your new sunback frocks yet? If not, here's a fascinating pattern. The back is as brief as modesty allows—so that Old Sol can get on with the tanning as efficiently as possible. Materials which suggest themselves for such a model are cottons as pique, seersucker, gabardine, peas-pique, weaves, gingham plaids, be-sides linen and tub silks. Style No. 3254 is designed for sizes 16, 18 years, 36, 38, 40 and 42 inches bust. Size 36 requires 3 yards of 39 inch material with 1 1/2 yards of 35 inch contrasting—

3306—Most matrons and others too, will love this adorable dress. It's exceedingly smart, easy to make, besides that all important thing—slimming! The becoming collar merges into a pretty scarf effect. Cool cottons as handkerchief lawns, dimity prints, chiffon seersuckers, shantung, linen-like weaves, etc., you'll find delightfully lovely cool materials for this one-piece dress. Style No. 3306 is designed for sizes 36, 38, 40, 42, 44, 46, 48, 50 and 52 inches bust. Size 36 requires 3 3/4 yards of 39 inch material.

Send for your copy of Summer Fashion Book Today! BOOK and PATTERN together TWENTY-FIVE CENTS.

IMPORTANT

The original pattern from which each of these models is cut is reproduced in a full range of sizes and all patterns are available to Post readers, at a cost not exceeding fifteen cents per patterns. The designs illustrated each week in *The Post* are selected by noted stylists and modistes of New York City. They foster the use, by American women, of American designs and fabrics in women's apparel.

The Problem Child Requires Education

Reading, Writing, Arithmetic Not Enough; Retarded Children Tax Educator's Ingenuity

By Dr. E. A. Farrington
Director, Bancroft School;
Secretary, Special School
Association

The education of the retarded or problem child involves much more than teaching him to read, write, spell and do arithmetic. If it is to succeed it must include every activity of his waking hours.

He must learn how to take care of his body. This may necessitate lessons in personal cleanliness, bathing, dressing and undressing, eating without assistance, caring for his teeth, and many other details. He must also acquire a sense of property, and be able to distinguish between his belongings and those of others. He must learn to be obedient, to speak the truth, to distinguish between right and wrong; also to be polite, respectful and well-mannered.

Learning to Play
In addition, he must gain self-control, learn to work and play happily with his schoolmates, giving and taking, or winning and losing, without emotional disturbance. He must begin to develop a sense of responsibility, and gradually learn that the way of life is through ceaseless adaptation to an ever-changing world.

There are a few general principles that have almost universal application in this learning process. The child is usually a slow pupil, or if he is quick, his memory is not dependable. Furthermore, he knows nothing of how to study or even to apply himself and to concentrate, and he is quite incapable at first of keeping to a definite plan or schedule. For these reasons repetition is a fundamental necessity.

Press Censorship In Europe

When David Darrah, for seven years the Chicago Tribune's correspondent in Italy, sent his June 14 despatch from Paris, he called attention indirectly to the widespread press censorship in Europe, *The Literary Digest* reports.

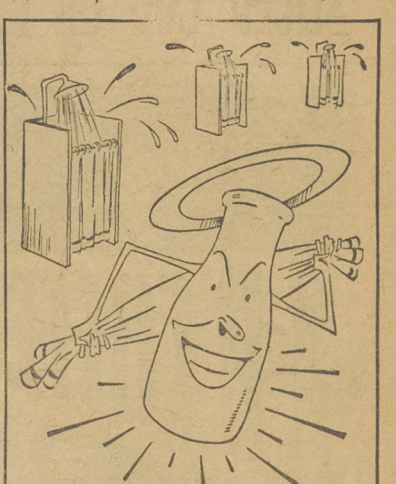
Mr. Darrah, with two Germans and an Austrian, was the fourth correspondent to be expelled from Italy since March. Two days previously the New York Times had printed on its front page the news that *The Times* had been forbidden entry into Italy, not for what its correspondent, Arnoldo Cortes, had written but for an editorial published in *The Times* quoting Stanley Baldwin on Mussolini: "Mussolini has kept himself in power longer than most people thought possible, but the earth always trembles where he stands. Any day a great public catastrophe or a vast shaking off of Italian fetters in order to be free might leave him helpless on the ground, a shorn Samson."

Spread of Censorship

In Germany all pamphlets of J. R. Rutherford, published by the Watch Tower Bible & Tract Society of Brooklyn, issues of *The Times* from June 2 to 5 inclusive, and *The Manchester Guardian* (previously banned in Italy) were included in the twenty-one publications which newsdealers had to surrender.

On information sent from Moscow by Walter Duranty, the only countries in Europe which have no press censorship are Great Britain, Norway, Sweden, Denmark, the Netherlands, and Switzerland. Another analysis by Bruce Blevin, of *The New Republic*, disclosed that two-thirds of the world's population live under a rigid censorship and only one-ninth under the degree of freedom existing in the United States and Great Britain.

(MILK) BOTTLED FACTS



If cleanliness is next to godliness, the ordinary glass milk bottle deserves a halo of its own. It receives an average of three sterilizing baths a day during its life.

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