

Jake De'Cake

It Must Have Been Two Other Fellows

By M. C.



Kingston Board Adopts New Rules For Athletes

New Resolution Aim To Protect Athletes From Going Into New Sports Too Soon

As a result of a conference between Murray Scureman, now a member of the Kingston school board who was a star athlete at both Wyoming Seminary and Princeton, and is now one of the best known football officials in the valley, and Joseph McCracken, coach of Kingston High sports, a suggestion was submitted to the Kingston school directors, and immediately passed by a unanimous vote, which will forbid Kingston students from jumping from one sport to another without a rest of at least one month between.

Without the slightest qualification this new rule adopted by Kingston is the most worthwhile decision ever offered by a local school for the protection of its participants in sports.

The new Kingston rule will do much to relieve parents from the task of holding back overanxious boys of their own accord. As should always be the case, in this instance the school itself is giving assurance that it will ask no efforts from its students which go beyond the limit of healthful safety.

Six New Rules

Going further in the matter, also embodied into the new rules adopted at Kingston is a provision that no boy may engage in more than one

sport at a time thus eliminating another source of danger.

The complete resolution adopted by Kingston follows:

To the Kingston High School Athletic Council:

The aims of the inter-scholastic and intra-mural athletic program conducted in the Kingston High School should be to improve the health and to aid the mental and physical development of those who take part in that program. The following regulations are suggested with the idea that these aims may be furthered by their adoption:

1. As soon as existing agreements expire, which prevent the immediate adoption of this regulation, the total number of football games shall not exceed nine, and the opening of the schedule shall not be earlier than the last week of September,

2. It shall be the duty of the principal coaches and faculty manager in the arrangement of all schedules to avoid any arrangement of contests which might prove a handicap to the health or the mental or physical development of the players.

3. When players have competed as representatives of the school during one sport season they shall not take part in practice for, nor enter active competition in a second or third sport until a period of one month has elapsed.

4. Players on boys' teams shall not be permitted to participate in more than one football game or one track meet during any one week, nor in more than

two basketball games in any one week. Players shall not participate in two basketball games on two successive days. For girls not more than one contest per week shall be scheduled.

5. Players engaged in one sport, or members of one athletic team, shall not be permitted to take part in a second sport nor to play as members of any other team which may be active during the same season.

6. Only those players may take part in athletic contests who have been successfully passed by the medical examiner and whose attendance at practice sessions and whose personal habits are such that there is assurance that they have reached a high point of physical condition.

Respectfully submitted,  
JOSEPH McCracken,  
Physical Director and Coach.

The new rule at Kingston will apply particularly to boys who appear on both football and basketball teams. In the past at Kingston, as is the case

at all schools, these boys usually wound up their football season on Thursday, Thanksgiving Day, and began basketball practice the following Monday. Even schools which emphatically refused to overdo their boys in post-season games saw no harm in allowing the same boys to jump directly from the gridiron to the court.

Band Plans New Pilgrimage

Kingston High School Musician to Make Second Trip to New York City

Memorial high school band will make its second annual bus pilgrimage to New York over Saturday and Sunday, April 30 and May 1, William R. Reese, director, has announced.

Features of the program will be the band's second broadcast from Station WJZ. Mr. Reese received word from Miss Madge Tucker, director of the children's hour for National Broadcasting Co., Inc., informing him that the local band will be given an audition at 8 a. m., May 1. If the audition is a success the band will play at 9.

About forty-five members of the band are expected to make the trip.

Considerable publicity was given Kingston and Wyoming Valley when

the band made its first trip last year. Parents and public-spirited citizens gave enthusiastic support and have volunteered approval again this year.

First move to raise funds will take place on April 22 when the band will conduct a concert in Memorial high school. Guest artist will be Walter Tetley, known as the Wee Harry Lauder, and who is heard nightly on the Raising Junior program.

**KEYS EXPERT WORKMANSHIP**  
JOHN'S — Shoe Repair Shop  
747 Wyoming Ave. Kingston

**STAR ROUTE**  
Passenger and Freight Line  
Centermoreland—Dallas  
2 Trips Daily  
D. A. HONTZ

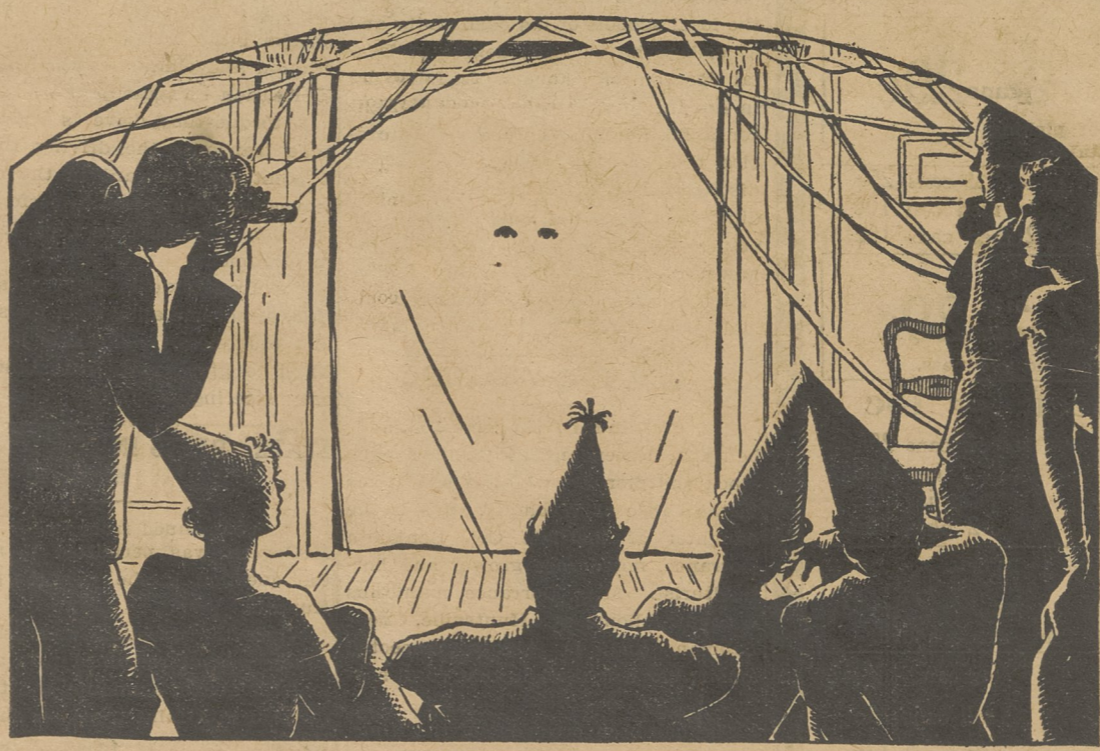
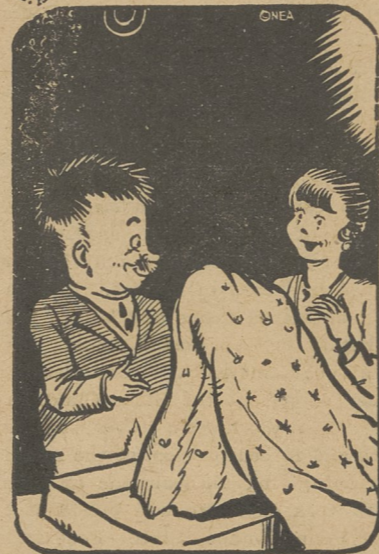
**SURETY BONDS-INSURANCE**  
For Fire Insurance, Compensation, Liability and Automobile Insurance, Call  
G. HAROLD WAGNER  
Phone 72 Dallas, Penna.

**QUALITY PRINTING**  
Prices Reasonable -  
THE DALLAS POST

**First National Bank**  
PUBLIC SQUARE  
WILKES-BARRE, PA.  
United States Depository:  
Surplus and undivided profits  
Officers and Directors:  
Wm. H. Conyngham, President  
C. F. Huber, 1st Vice President  
Capital Stock ..... \$750,000.00  
Surplus and profits .... \$2,100,000.00  
Geo. R. McLean, 2d Vice President  
Francis Douglas, Cashier  
F. W. Innes, Assistant Cashier  
Directors  
Richard Sharpe Edward Griffith  
C. N. Loveland C. F. Huber  
W. H. Conyngham Lea Hunt  
Geo. R. McLean F. O. Smith  
Francis Douglas T. R. Hillard  
Wm. W. Inglis  
Safe Deposit Boxes for Rent  
3 Per Cent Interest Paid On  
Savings Deposits  
\$1.00 Will Start An Account

**First National Bank**  
DALLAS, PA.  
Member American Bankers' Association  
DIRECTORS  
R. L. Brickel, C. A. Frantz, D. P. Honeywell, W. B. Jeter, Sterling Machell, W. R. Neely, Clifford W. Space, A. C. Devens, George R. Wright.  
OFFICERS  
George R. Wright, President  
D. P. Honeywell, 1st Vice-Pres.  
C. A. Frantz, 2nd Vice-Pres.  
W. B. Jeter, Cashier  
Three Per Cent Interest  
On Savings Deposits  
No account too small to assure careful attention  
Deposits Payable on Demand  
Vault Boxes for Rent  
Self-Registering Savings Bank Free

WHEN YOU BUY YOUR WIFE A NEW COMFORTER, IT DOES!



NO FOOLING!

"A roguish sprite of fickle mind  
Young April comes; for she doth bind  
Her scanty flowers in posies sweet,  
To throw them shyly at our feet.

"Then as we think to seize the prize  
It vanishes before our eyes  
And April's Fools, thus lured with flowers,  
Are sprinkled with quick, mocking showers."

THERE is simply no telling when the custom of "fooling" on the first of April began. Certainly it was a long, long time ago. Every one does it—even nature becomes frivolous with the season as the little verse indicates.

Some say the Gods started it at the time Parnassus was a smart resort. There is a story told that one year at the beginning of April Proserpina was playing about in the Nysian meadows. She had her lap filled with daffodils and was having a very nice time with them, when along came Pluto. He thought she looked exceedingly sweet, and picked her up, daffodils and all, and transported her to his own particular regions. The lady made quite a fuss about it, and those who heard her cries started a search for her—which proved, as have all similar expeditions, a fool's errand.

Other traditions say that it was Mr. Noah who instituted the custom of sending on fruitless errands on the first day of April, when upon a date corresponding to this, he sent the first dove from the ark—only to find that the flood had not yet abated.

Good Fooling is Best

Having thus established irrefragable precedent, what shall we do about it? How about an April Fool Party? Any sort of fooling is fun, but good fooling is more fun.

On the arrival of your guests

supply them all with Fool's Caps—they put one in the mood for a frolic. To start things going "The Dance of the April Fools" is a good game. Present each couple with a little pasteboard mannikin strung through his chest on a long strong cord, having the hole a trifle larger than the cord. The gentlemen are then ranged along one side of the room and the ladies along the other, the members of each couple standing opposite each other with the cord stretched between them and the little figure close up to the gentleman.

At a signal the couples begin wriggling the cord, the object being to make the little Fool cross the room on the string to the lady at the other side. The couple who first succeed in doing this receive a prize—a little stuffed mannikin resembling as nearly as possible the mannikin on the strings.

"Guessing Eyes" a Good Game

"Guessing Eyes" is another good game. Divide your party into two groups. Hang a sheet across a doorway, and seat one party on chairs before it, giving each a scrap of paper and a pencil. Cut openings in the sheet just large enough for a pair of eyes to show through, and then have the second group file, one by one, behind the sheet, each pausing to look through the openings and show his or her eyes to the group on the other side who must guess to whom each pair of eyes belong and note the name on the little

scrap of paper. Afterwards reverse the arrangement of the two groups. The guest who has made the greatest number of correct guesses receives a prize—perhaps a pair of sun glasses.

"A Fool Sort of a Dance" for which lively, confusing music has been provided might follow and then the supper for which the following simple but attractive menu is suggested—

- The Menu  
Hot Chicken Bouillon  
Minced Chicken  
and Olive Sandwiches  
Toasted Cheese Sandwiches  
Tiny Cream Puffs  
Cinnamon Fingers  
Frozen Raspberries  
Coffee  
Four Fruits Fizz

The bouillon and chicken for the sandwiches can be bought in cans.

Frozen Raspberries: Mash the contents of one No. 2 can red raspberries and remix with the juice, discarding none of the pulpy part. Add the juice of one lemon, one-half cup sugar and one and one-half cups water, and bring to boiling to melt the sugar. Cool. Freeze, using three parts ice and one part salt. Makes about one and one-fourth quarts.

Four Fruits Fizz: Have ice cold one No. 3 can prunes (juice only), one cup pineapple syrup, one cup orange juice, one-fourth cup lemon juice and two bottles charged water; mix together and serve over cracked ice.

**HERE**  
**MEYER BOTH**  
April General Newspaper  
Service  
**FREE**  
at  
**THE Dallas Post**  
**NOW**