



Miss Rose Peterson, Secretary Parkdale Tennis Club, Chicago, from experience advises all young girls who have pains and sickness peculiar to their sex, to rely on **Lydia E. Pinkham's Vegetable Compound.**

How many beautiful young girls develop into worn, listless and hopeless women, simply because sufficient attention has not been paid to their physical development. No woman is exempt from physical weakness and periodic pain, and young girls just budding into womanhood should be carefully guided physically as well as morally.

If you know of any young lady who is sick, and needs motherly advice, ask her to write to Mrs. Pinkham at Lynn, Mass., who will give her advice free, from a source of knowledge which is unequalled in the country. Do not hesitate about stating details which one may not like to talk about, and which are essential for a full understanding of the case.



Miss Hannah E. Mershon, Collingswood, N. J., says:

"I thought I would write and tell you that, by following your kind advice, I feel like a new person. I was always thin and delicate, and so weak that I could hardly do anything. Menstruation was irregular.

"I tried a bottle of your Vegetable Compound and began to feel better right away. I continued its use, and am now well and strong, and menstruate regularly. I cannot say enough for what your medicine did for me."

How Mrs. Pinkham Helped Fannie Kumpe.

"Dear Mrs. PINKHAM:—I feel it is my duty to write and tell you of the benefit I have derived from your advice and the use of Lydia E. Pinkham's Vegetable Compound. The pains in my back and womb have all left me, and my menstrual trouble is corrected. I am very thankful for the good advice you gave me, and I shall recommend your medicine to all who suffer from female weakness."—Miss FANNIE KUMPE, 1922 Chester St., Little Rock, Ark. (Dec. 16, 1906.)

Lydia E. Pinkham's Vegetable Compound will cure any woman in the land who suffers from womb troubles, inflammation of the ovaries, kidney troubles, nervous excitability, nervous prostration, and all forms of woman's special ills.

Profit in Ostrich Farming.

A flock of ostriches at Phoenix, Ariz., now numbers more than 1,000 birds. Their increase is rapid, because a pair, barring accidents, will raise a brood each summer for 76 years. Each pair produces in feathers and eggs about \$30 a year.

Longest Strike on Record.

The longest strike on record is not yet ended. The 2,800 men and boys employed in Lord Penrhyn's slate quarries in Wales went out two and a half years ago, and the settlement of the strike is now a question of British party politics.

Prosperity in Canada.

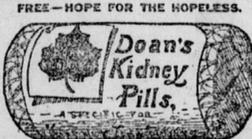
The Canadian Dominion hums with industry. During the past six years its volume of trade has increased 96 per cent; that of the United States 48 per cent; of Great Britain 25 per cent; of Germany 32 per cent; of France 18 per cent. Canada's people do a foreign trade per capita of \$77 per annum, which exceeds that of any people except the British, whose exchanges amount to \$102 per head.

The necessity for special asylums for those addicted to the use of cocaine is being considered in British India.

What Everybody Says.

LOUISVILLE, KY.—For a year or more I have been suffering with severe pains in the small of my back and kidneys; had tried a number of remedies but without relief. I decided to try Doan's Kidney Pills, and purchased two boxes, and am glad to state that after taking the two boxes of pills I was relieved of all pains, and have not been troubled since. Prior to taking these pills it was impossible for me to get a full night's sleep, but I am not experiencing any difficulty in this respect now.—Yours truly, JOHN E. KAMM, 2423 W. Main Street.—(Formerly American Tobacco Co.)

CHICAGO, ILL.—When I received the sample of Doan's Kidney Pills I was suffering terribly with my back, was sick and unfit to do anything. The several years I had used, though highly recommended, did no good, but rather irritated the trouble and made me worse. Before I had used up the sample I was feeling so much better that I got more from the drug store. I could not sleep at night. Had to get up six or eight times, and the urine was so red, would almost think it was that blood—there was a thick sand, like brick-dust sediment. I cannot tell one-half that I suffered, nor how good I feel now that I am cured by Doan's Kidney Pills; but here I am, sixty-six years old, able to do my own work, feeling well as I did twenty years ago, for which I thank Doan's Kidney Pills ten thousand times.—Mrs. E. T. GORDON, 614 W. Lake Street. Doan's Pills cure when others fail.



FREE—HOPE FOR THE HOPELESS.
Doan's Kidney Pills.
Please send me by mail, without charge, trial box Doan's Kidney Pills.
Name _____
Post-office _____
State _____
(Cut out coupon on dotted lines and mail to Foster-McClellan Co., Buffalo, N. Y.)
Medical Advice Free—Strictly Confidential.

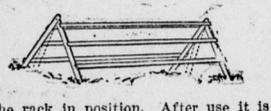
DROPSY NEW DISCOVERY, gives quick relief and cures worst cases. Book of testimonials and 10 days' treatment free. Dr. S. H. GREEN'S HOME, Box 4, Atlanta, Ga.
P. N. U. 21, '08.

If afflicted with weak eyes, use Thompson's Eye Water



RACK FOR TOMATO VINES.

Description of a rack to lay tomato vines on: We raise the Ponderosa tomato, and whenever one touches the ground it rots. So we made a lot of these racks and have used them several years, and they have proven to be a success. The illustration represents



the rack in position. After use it is folded up to be put away. The posts are made of heavy fence lath sawed in two in the middle and nailed with one nail at the top, which serves as a hinge and the other strips are common lath. The side that has three laths on it is to be put next to the vine and the vine laid across the rack. If the rack is set too straight the vine may blow off, but if they do blow off they can be tied on.—H. L. Bender, in The Epitomist.

BRINGING UP THE VINEYARD.

While it is true that many vineyards that are unprofitable are so because they are old or because it is impossible to get them over the ravages of the rot, it is also true that the majority of the vineyards which are unprofitable are so because they have not received proper care. An excellent plan for bringing up the vineyard is to use 300 pounds of muriate of potash with 800 pounds of acid phosphate rock and 100 pounds of nitrate of soda to the acre in the spring and 100 pounds additional of the nitrate of soda alone in June or early July. Keep the soil well cultivated until the middle of August, then sow between the rows one or two rows of field peas which, after cultivating until they get a start, should be allowed to grow and this growth plowed under the following spring. This plan adds humus to the soil, and is especially recommended when there is a dearth of stable manure, and in many cases it is quite as good as the stable manure, particularly when the commercial fertilizers are used.—Jadrianapolis News.

FERTILITY FOR PLANTS.

Remember that plants cannot make use of fertility in the soil, that is, plant food, until the fertility can be dissolved in water. There may be phosphate in the rock, but the plant cannot feed upon it until the rock has been dissolved by sulphuric acid, and this work the fertilizer companies do for us. Barnyard manure cannot be taken up as plant food by trees, plants and vines until it has decayed. If we apply the dressing of fresh stable manure to a field this spring, which we plant to corn or potatoes, that manure will not be in condition to benefit the crop until it rots, which will not occur until mid-summer, and some of it will not be acceptable to the plants during the entire season, a portion remaining for the succeeding crop another year. The humus added to the soil by the decaying manure may remain in the soil for several years. Most soils, particularly clayey land, contains an abundance of fertility to produce the heaviest crop, but the plant food in the soil is not often in a soluble condition and therefore cannot be taken up by the plants as food. The winter frosts liberate much of the fertility of such soils, as also does frequent cultivation, and the action of rain, sun and air.—Green's Fruit Grower.

PEACH YELLOW.

The great authority on peach culture, J. H. Hale, has the following to say of Southern grown peach trees: "A year ago I hinted at the possibility of excessive peach orchard planting the country over. The mad rush continues, and were it not for the disease known as 'yellows,' we should soon be face to face with such overproduction as would make it impossible for the average cultivator to market peaches without loss, must less profit. Yellows, spreading with greater virulence than ever in 1897, made it clear that it was to be even worse in the future, and that all through the Central and Northern States it is to be a hard fight in future to maintain healthy and profitable orchards. Only those who know the yellows, and dread it, and fight it from start to finish, can hope to succeed. I have in fruiting orchards more peach trees than any man on earth, and I know from sad and dearly bought experience that peach trees grown in any of the Northern or Central States cannot be depended upon as free from yellows, and the only way to secure a healthy tree at the start is to plant Southern-grown trees, from below the tainted district. Knowing this as I do, I have entirely abandoned growing peach trees at the North."—National Fruit Grower.

Postage Stamp Perforations.

We used to separate postage stamps with shears. An Irishman of the name of Archer invented the machine which perforates the sheet and tried to sell it to the British Government, but for years its practicability was doubted. Finally he received an offer of \$3000 for his patent, which he refused. After long and weary contention he got \$20,000 for it. The invention is only about fifty years old. It seems singular that our revenue stamps of 1898 should not have been perforated like postage stamps, but punctured with delicate knives. But whoever gives a thought to these common things of everyday life?—New York Press.

There is more fun in the world than most of us have any idea of.

HAY STACKING IN NORTHWEST.

Contrivances That Would Surprise an Eastern Farmer.

In the Northwestern States where forage crops are cultivated for export the stacking and baling of hay is done largely by machinery, and the number of hands required to care for the great crops that are grown is relatively much smaller than in parts of the country where the size of the fields and the amount of the crop would not justify the investment of a large sum of money in plant. There are a dozen or more styles of stackers in common use, some of them arranged with a mast on which a boom is rigged, carrying a fork. This fork, a huge affair which would pick up two or three Eastern hay cocks at one motion, takes the hay from the wagon racks and swings it up to the great stack in which it is to be stored. One mast and boom stacker carries a six-tined fork. The mast is held in place by guy ropes from the top. The foot of the mast rests on a sled with runners, which may be staked to the ground to hold it firm. The fork is worked by a team of horses, and does the work of a score of men. Another form of this stacker has a grapple fork, similar to the dredges used in sub-marine excavation, which runs on a trolley wire, much like those made familiar to New Yorkers by the arrangements for handling the material excavated from the subway. Another form of stacker looks like a derrick from the oil fields, with a boom balanced on top. The advantage of this form is that no guy ropes are necessary, stakes at the base of the derrick poles holding it firm while in operation. Some of these derricks are mounted on sled runners, and some on wheels which are blocked when the machine is in use. Another variation of this scheme is a derrick with a revolving pole. The hay racks in which material is brought to feed these great machines are longer, wider and deeper than those in use in the East, but are built on lines much the same.

A Remarkable Bridge.

There is a remarkable bridge over the river Indus at Rondou, in Northern Kashmir. This fair looking structure—which crosses a rocky gorge, through which the river runs at a tremendous rate—consists of three ropes, one foot rope and two side ropes, joined together by short lengths of rope at intervals of a few feet. The three main ropes consist of long switches of brushwood roughly bound together, the two side strands being kept apart by forked stakes at intervals of 20 feet. Needless to say, the crossing of these swinging, swaying structures is not a very pleasant experience, and intrepid mountaineers have been known to run sick with terror in the middle, although the native coolies cross most light-heartedly with heavy loads. The bridge has been described as one of the worst in the Himalayas.

It is better to be on the level than to travel down hill.

Ask Your Dealer For Allen's Foot-Powder. It resists the feet. Cures Corns, Bunions, Swollen, Sore, Hot, Callous, Aching, Sweating Feet and Ingrowing Nails. Allen's Foot-Powder makes new or tight shoes easy. At all Drugists and Shoe stores, 25 cents. Accept no substitute. Sample mailed FREE. Address, Allen S. Olmsted, LeRoy, N. Y.

Some men are so lazy that they even expect some other fellow to push the button for them.

"The Clean, Cool Kitchen Kind" of stoves keep you clean and cool. Economical and always ready. Sold at good stove stores.

The furniture used in Cuba is largely from the United States.

A Beautiful Young Society Woman's Letter.

ST. PAUL, MINN.,
221 Wabasha St.,
Dr. Hartman, Columbus, O.,
Dear Sir:
"I took *Peruna* last summer when I was all run down, and had a headache and backache, and no ambition for anything. I now feel as well as I ever did in all my life, and all thanks is due to your excellent *Peruna*."—Bess E. Healy.

The symptoms of summer catarrh are quite unlike in different cases, but the most common ones are general lassitude, played-out, tired-out, used-up, run-down feelings, combined with more or less heavy, stupid, listless mental condition. Relish for food and the ability to digest food seems to be lost. Skin eruptions, sallow complexion, hives, itching, coated tongue, fitful, irregular sleep, help to complete the picture which is so common at this season.

Peruna so exactly meets all these conditions that the demand is so great for this remedy at this season of the year that it is nearly impossible to supply it.

If you do not receive prompt and satisfactory results from the use of *Peruna*, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis. Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

The average annual temperature of Sitka and Omaha is the same.

All creameries use butter color. Why not do as they do—use **JUKA TINT BUTTER COLOR.**

The manager who is looking for a clean play will have to scour the market.

Pilo's Cure for Consumption is an infallible medicine for coughs and colds.—N. W. SAMUEL, Ocean Grove, N. J., Feb. 17, 1903.

Some men are such scrappers that they will pick a quarrel before it is ripe.

The output of the American furnace is more than double that of the British.

In the Spring Pass the Glass of **Hires Rootbeer**

and keep passing it; nothing else so beautiful. A long, sold everywhere. CHARLES E. HIRSH, CO. Malters, Pa.

Just what it was 25 years ago,
St. Jacobs Oil
is now.
The prompt, sure cure for
SORENESS AND STIFFNESS
Price, 25c. and 50c.

Weak?

"I suffered terribly and was extremely weak for 15 years. The doctors said my blood was all turning to water. At last I tried Ayer's Sarsaparilla, and was soon feeling all right again."
Mrs. J. W. Fiala, Hadlyme, Ct.

No matter how long you have been ill, nor how poorly you may be today, Ayer's Sarsaparilla is the best medicine you can take for purifying and enriching the blood.

Don't doubt it, put your whole trust in it, throw away everything else.

51.00 a bottle. All druggists.

Ask your doctor what he thinks of Ayer's Sarsaparilla. He knows all about this grand family medicine. Follow his advice and you will be satisfied.
J. C. AYER CO., Lowell, Mass.

Sick, Nervous and Neuralgic Headaches

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EMERSON'S BROMO-SELTZER 10 CENTS. CURES ALL HEADACHES.

SOLD EVERYWHERE. 10c

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BEST FOR THE BOWELS

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NEVER SOLD IN BULK

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TO CURE: Five years ago the first box of CASCARETS was sold. Now it is over six million boxes a year. Greater than any similar medicine in the world. This is absolute proof of great merit, and our best test—antedated to cure or money refunded. Get your box today. The unused 50c box and the empty box to us by mail, or the drug store from whom you purchased it, and get your money back for the unused 50c box. Take our advice—no matter what ails you—start today with CASCARETS. You will bless the day you first started the use of CASCARETS. Book free by mail. Address: STERLING REMEDY CO., NEW YORK or CHICAGO