

"POOR DIGESTION LANGUID AND TIRED."

[An Interesting Letter Concerning Pe-ru-na.]



MISS DELLA JANVEAU

Miss Della Janveau, Globe Hotel, Ottawa, Ont., is from one of the oldest and best known French Canadian families in Canada. In a recent letter to The Peruna Medicine Co., of Columbus, Ohio, she says:

"Last spring my blood seemed clogged up, my digestion poor, my head ached and I felt languid and tired all the time. My physician prescribed for me, but a friend advised me to try Peruna. I tried it and am pleased to state that I found it a wonderful cleanser and purifier of the system. In three weeks I was like a new woman, my appetite had increased, I felt buoyant, light and happy and without an ache or pain. Peruna is a reliable family medicine."

Adia Brittain, of Sokitana, O., writes: "After using your wonderful Peruna three months I have had great relief. I had continual heaviness in my stomach, was bilious, and had fainting spells, but they have all left me since using Peruna."
—Adia Brittain.
If you do not derive prompt and satis-

factory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.
Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

Cascarets
CANDY CATHARTIC
All Druggists
Keenly stamped C.C.C. Never sold in bulk.
Beware of the dealer who tries to sell "something just as good."

An Unlucky Year.
Is this to be a generally unlucky year? Superstitious people say it cannot be otherwise, as there are no fewer than three Fridays which fall on the 13th of the month. One of those ill-omened combinations happened last month and another awaits us next week, the third following later on, in November. Last year only once did Friday fall on a 13th, and that was in June, a month whose opening saw the conclusion of the war and whose close brought the stunning blow of the King's illness and the postponement of the coronation. What are the odds, therefore, on the influence that the combination of Fridays and 13 may have on the year of grace 1908?

FASTEN AGE MARKS.

Sick kidneys make people look older than they are; hasten the evening days of life; fasten the marks of premature old age. The world over Doan's Kidney Pills is the recognized Kidney Specific.

Aching backs are eased. Hip, back, and leg pains overcome. Swelling of the limbs and dropsy signs vanish. They correct urine with brick dust sediment, high colored, excessive pain in passing, dribbling, frequency, bed wetting. Doan's Kidney Pills dissolve and remove calcium and gravel. Relieve heart palpitation, sleeplessness, headache, nervousness.

CAMBRIA, WYOMING.—Previous to taking the sample of Doan's Kidney Pills I could scarcely hold my urine. Now I can sleep all night and rarely have to get up, and that aching across my back a little above my hips is gone.—ISAAC W. STEPHENS, Cambria, Wyo.

Doan's Kidney Pills
FREE—TO BETTER KIDNEY HEALTH.
POSTER-BILBURN Co., Buffalo, N. Y.
Please send me by mail, without charge, trial box Doan's Kidney Pills.
Name _____
Post-office _____
State _____
(Cut out coupon on dotted lines and mail to Poster-Bilburn Co., Buffalo, N. Y.)
Medical Advice Free—Strictly Confidential.

SALEM, MASS., March 31, 1903.—I received the sample of Doan's Kidney Pills, and with the use of one more box from my druggist I am entirely cured of a very lame back.—W. A. OUELLELAND.

GALESBURG, ILL., March 30, 1903.—The sample of Doan's Kidney Pills came to hand. I also got one 50-cent box from our druggist, and I am thankful to say the pain across the small of my back disappeared like a snow bank in hot sun. Doan's Pills reach the spot.—ELMER WARREN.

ROSE GLEN, PA., March 29, 1903.—The free trial of Doan's Kidney Pills have been of great benefit to me. Since using them I have no occasion to get up so often at night. My complaint affected the bladder more when catching cold.—JOSEPH LEPRELL.

ALABASTINE IS WHAT?
A natural, rock base composition for walls and ceilings to be used in white or any number of beautiful tints, in powder form, to be mixed with cold water, making a durable, sanitary and cleanly home. Any one can brush it on.

KALSOMINES ARE WHAT?
Unnatural glue and whitening decompositions for walls and ceilings that stick only until the glue by exposure decays, when they rub and scale off, spoiling walls and rendering them unsanitary and the rooms almost uninhabitable.

Alabastine possesses merit while the only merit hot or cold water kalsomines possess is that your dealer can buy them cheap.

There are many reasons why you should not use poisonous wall paper and unsanitary kalsomines. Buy Alabastine in 5 lb. packages only and properly labeled.

Please write us for Suggestions from our Artists in Decorating Your Rooms with ALABASTINE.

ALABASTINE COMPANY
New York Office, 105 Water St. Offices and Factory, GRAND RAPIDS, MICH.

The Funny Side of Life.

NO ARBITRATION.
"I think I've earned a kiss," he said—
The lights burned low, the hour was late.
She whispered with averted head,
"Tis not worth while to arbitrate."
—Boston Budget.

RETENTIVE.
Wantano—"What a memory you have! Did you ever forget anything in all your life?"
Duzno (after profound thought)—
"Not that I can remember."—Baltimore American.

THAT FETCHED HIM.



"Was the trigonometry examination hard?"
"Yes, indeed. I had to shed tears before the professor would let me pass."
—New York Journal.

TOO GREAT A STRAIN.
"What is the matter with Weggie?"
"The doctor says it is brain fog."
"Just as I expected. I told the dear fellow he had better let his man pick out his spring neckties for him."
—St. Louis Herald.

ONLY HALF THE TRUTH.
Wife (during the quarrel)—"Yes, and people say you only married me for my money."
Husband—"People are wrong, my dear. They overlook the fact that you also had considerable real estate."
—Chicago News.

HOW COULD HE?
Teacher—"Johnny, can you spell 'catch'?"
Johnny—"No'm."
Teacher—"Well, then, come up to my desk and look it up in the dictionary."
Johnny—"If I can't spell it, how shall I find it?"—New York Times.

NEW IMPOSITION.
Harris—"Walter's been looking pretty and since his daughter got married, hasn't he?"
Cornell—"Yes, you see, he had no sooner got his daughter off his hands than he found he would have to put her husband on his feet."—Town and Country.

THE COOK STAYS.
Mrs. Newbridge—"How does Mrs. Henry Peck manage to keep that cook of hers?"
Mrs. Oldhand—"She threatened to leave, but Mrs. Peck would not give a recommendation, and she wouldn't go without one—and they are both stubborn."—Judge.

SAVED!



"What a lucky thing it is that I did not take the advice of my friends and reduce my weight before coming to these mountains."—Fliegende Blaetter.

GROWN BOOKISH.
"Josh writes that he is spending a heap of time with his books," said Mrs. Cornstossel.
"Yes," answered her husband, "he was kind o' battered in the last football game, an' I reckon they's nothin' fur him to do fur a few days except to stay in his room an' study."—Washington Star.

THE MUSEUM METHOD.
Museum Agent—"What's wrong with our new midget? He doesn't seem to draw."
Manager—"Of course not. See what a mess you've made of the advertisements. You've put his height at three feet. Make it thirty-six inches and the people will come with a rush."—New York Weekly.

Farm Topics

PREVENTING HOG DISEASE.
Farmers should rigidly guard their hogs against disease by procuring any new stock required only after inspecting the herds from which they desire to select. Never buy from a neighborhood in which disease is known to exist or recently existed.

DRAINAGE.
One of the most important means of controlling the percentage of soil moisture is by drainage. The drainage tends to loosen the soil, so that the rainfall is carried down through the soil, instead of being washed off the surface in surface drains. It tends to break up large complex soil grains, so that the water holding capacity of the soil is increased by under drainage.

WATER FOR THE COW.
Experiments show that a cow when in full flow of milk drinks from 1500 to 2000 pounds of water per month, the average quantity, determined by testing a herd, being 1600 pounds per cow. This fact shows the importance of an unlimited supply of pure water at all seasons of the year. In every 100 quarts of milk the farmer sells about eighty-eight quarts of water, and when the cow cannot procure water at all times she will fall off in yield.

ADVANTAGE OF BREED.
As a proof of the advantage of breed and the excellence of individual members of a herd it may be mentioned that all attempts to change the quality of the milk of a cow by the use of particular foods have failed. The quantity may be increased or diminished by the amount or kind of food, but each cow's milk will be different from that of the others, and with the same treatment one cow may yield milk containing twice as much butter fat as those in the same herd with her.

BUTTER FROM A SMALL HERD.
Our milk is separated as soon as possible after milking. The cream is cooled as quickly as possible, and kept at a temperature of about fifty degrees until about twenty-four hours before churning. Then I warm it to seventy degrees, and keep it as near that as possible until shortly before churning, when I cool it to about sixty degrees. We are making at present about forty-two pounds butter per week, and pack it in pound lumps. At present time we are milking six cows, but usually milk more than that and sell again in the near future. Our cows are mostly grade Jerseys. They are fed silage twice a day, with hay at noon, and corn meal and cottonseed twice a day.—Mrs. E. V. Winn, in Orange Judd Farmer.

TURNING COWS ON PASTURE.
Every owner of a cow welcomes the time when the animal can be turned out to pasture. Not only is the labor and expense involved in winter feeding done away with, but every cow is expected to give the best results of the year when on grass. In changing from dry feed to grass, it is well to go somewhat slowly, especially if the flow of milk is large. The young, immature grass, especially in early spring, as is well known, contains a large amount of water, a condition commonly called washy. Wheat and rye pastures are of the same nature. The dry feed ration should, therefore, be continued and be gradually reduced for two weeks or more after the grass is large enough to support the cows.—C. H. Eckles, of the Missouri Experiment Station.

THE CORN SHREDDER.
One of the implements or machines which farmers who visit the fairs have found in operation is the corn shredder. It is revolutionizing the use of corn fodder, as it saves labor and prepares the corn stalks for the use of stock. It removes the ears from the husks and tears the entire stalk into shreds at one operation, as rapidly as the stalks can be fed into the machine. There are several kinds, but every farmer should have one, as it will enable him to use the leaves, husks and stalks as so much hay, which can be baled, if necessary. When fodder is thus prepared the cattle will not reject so much as usual, and the shredded fodder unweaten is suitable for bedding or as an absorbent in the manure heap. The saving in feed by the shredding of the entire stalk will be an addition to the profits of the farm, and also enable the farmer to keep more stock.

PASTURE FOR SHEEP.
If we have been fortunate to have a great many more lambs than ewes, and some are not supplied with milk, you can add the ewe by feeding the lamb cow's milk, good Jersey milk, as I feed the young lambs, so as to push them right along and get them on the market as early as possible. I have used for the past few years what I call a lamb feeder. It is a tin pall with a tight-fitting cover, that will hold one gallon of milk. On one side are three sprouts soldered on near the bottom of the pall and extending outward as high as the top of the pall, made so that the rubber nipples can be put on. By feeding them a few times from a bottle, which is more convenient to teach them at first, they quickly learn to be on hand for their milk when they see you coming with the pall. They then all they will take of this Jersey milk every morning and evening. By feeding in this way they get no setback, but grow equal to the best ones.—R. E. Roberts, in The Cultivator.



A prominent club woman, Mrs. Danforth, of St. Joseph, Mich., tells how she was cured of falling of the womb and its accompanying pains and misery by Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—Life looks dark indeed when a woman feels that her strength is fading away and she has no hopes of ever being restored. Such was my feeling a few months ago when I was advised that my poor health was caused by prolapsus or falling of the womb. The words sounded like a knell to me, I felt that my sun had set; but Lydia E. Pinkham's Vegetable Compound came to me as an elixir of life; it restored the lost forces and built me up until my good health returned to me. For four months I took the medicine daily and each dose added health and strength. I am so thankful for the help I obtained through its use."—MRS. FLORENCE DANFORTH, 1007 Miles Ave., St. Joseph, Mich.

A medicine that has restored so many women to health and can produce proof of the fact must be regarded with respect. This is the record of Lydia E. Pinkham's Vegetable Compound, which cannot be equalled by any other medicine the world has ever produced. Here is another case:—



"DEAR MRS. PINKHAM:—For years I was troubled with falling of the womb, irregular and painful menstruation, leucorrhoea, bearing-down pains, backache, headache, dizzy and fainting spells, and stomach trouble. "I doctored for about five years but did not seem to improve. I began the use of your medicine, and have taken seven bottles of Lydia E. Pinkham's Vegetable Compound, three of Blood Purifier, and also used the Sanative Wash and Liver Pills, and am now enjoying good health, and have gained in flesh. I thank you very much for what you have done for me, and heartily recommend your medicine to all suffering women."—MRS. EMMA SNYDER, 218 East Center St., Marion, Ohio.

"FREE MEDICAL ADVICE TO WOMEN."
Women would save time and much sickness if they would write to Mrs. Pinkham for advice as soon as any distressing symptoms appear. It is free, and has put thousands of women on the right road to recovery.

Mrs. Pinkham never violates the confidence thus entrusted to her, and although she publishes thousands of testimonials from women who have been benefited by her advice and medicine, never in all her experience has she published such a letter without the full consent, and often by special request of the writer.

\$5000 FORFEIT if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness.
Lydia E. Pinkham Medicine Co., Lynn, Mass.

Bromo-Seltzer
Promptly cures all
Headaches

USE FOR TATTOOING.
It Serves for Identification of Foreigners in the Banks.
"I would be up against it if it were not for the habit that a large number of foreigners have of tattooing themselves," said the cashier of one of the Canton banks. "Some of their signatures may be all right, but for the purpose of identification, tattoo marks and scars are much more convenient. Most of the new arrivals start an account, and instead of relying on their signatures we use a modified Bertillon system. We locate a certain scar, which is described on our books, and it is a common thing to have them come in and brush back their hair or roll up a sleeve as they enter the door. We have but to glance at them and at the identification slip, when we are sure that they are the right persons. A scimitar is a common mark, but it is scarcely in the same place twice, so it causes no confusion."

DROPSY NEW DISCOVERY; gives quick relief and cures worst cases. Book of testimonials and 10 days' treatment free. Dr. R. H. GREEN'S HOME, 322 E. Atlanta, Ga.
P. N. U. 17, '08.
If afflicted with Thompson's Eye Water

Just the same as ever
St. Jacobs Oil
continues to be the sure cure of
Rheumatism and Neuralgia
Price, 25c. and 50c.