

Throats Becomingly Dressed.

While high straight collars are the feature of the hour, Parisiennes do not suffer by them without looking into some pretty ways of obvlating their unbecomingness. To soften them will tittle devices its the Parisienne's first thought. One pretty scheme for taking the stiff, straight appearance away is by little clusters of velvet ribbon each side, toward the front.

The Newest Thing in Lace.

Among laces the newest color is a deep, almost yellow, cream. It combines most exquisitely with gray, pink or blue. There is no end to the motifs of these laces as a garniture. They are used in insertions, in flouncings and again in medallions or in elaborate designs applied to the whole skirt. With the heavy Russian lace a wide flaring border to the skirt is especially effective.

Hairpin Receiver.

A pretty hairpin receiver can be made, by crocheting a centre of wool and surrounding it with a puff of silk, suspending the whole by a ribbon. Filet is the latest bit of needlework. With it is fashioned bureau covers, pillow shams, bedroom sets and many other dainty pieces. The plain filet net is procured and then embroidered in any pattern that may suit her fancy. A rather heavy thread is used for the work, and the result is a very smart piece of needlework.

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Pretty Kimono For the Baby.
The pretty "Marguerites," as the dainty babies' kimonas are called which busied so many feminine fingers on hotel verandas last summer, have appeared in the infants' departments in a variety of styles. One of the simplest to make is fashloned from a circle of white cashmere, nun's veiling or albatross cloth, cut twenty inches in diameter. To make one, cut from the middle of the big round a little circle four inches in diameter for the neck and slash one fold from the top to bottom for the front opening. Then fold the circles together and crease into eight sections. Through the third crease from the front and the second from the back cut slashes on each side about three and a half inches deep from the back cut slashes on each side about three and a half inches deep from the bettom. These are for sleeves. Catch together the two open sides under it together for the under arm seam, and the shape of the little garment is complete. A lining of China silk in whife or pale blue or pink is usually used, and all of the edges are finished with a binding of wash ribbon, a silk crocheted border or a buttonhole stitched scallop. Fagoting or French knots may also contribute to the ornament. The sleeves and under arm pieces are ted together with bows of wash ribbon, which is also used to fasten the sacque at the front. A charming little kimona is made in a similar fashion of a square of cloth, the corners forming back, front and sleeves.—New York Sun.

a square of cloth, the corners forming back, front and sleeves.—New York Sun.

Good Form in Dress.

The young girls who arrive in troops to "receive" at the coming-out "tea" of a debutante friend invariably wear white frocks, with the bodice cut high and with long sleeves. Swathed to the throat and wrist are they in fine French muslin, chiffon or openwork embroideries. You no longer see a single young girl receiving at an afternoon reception with her frock cut out at the throat. The low bodice has completely vanished from our drawing-rooms before dinner, and we now copy the customs of English cousins who used to look astonishment at the demittel and low-cut bodices once worn by American girls at afternoon teas. It is quite true that the young girls have left in the dressing room a parcel or suit case, containing a low evening bodice, but it will not be assumed until toward 8 o'clock. White frocks, cut high and long and buttoned in the back, are the regulation wear this season. It is certainly the most appropriate dress for a young girl.

After the tea is over and the last guests have taken their departure a dinner or a dinner dance is usually forthcoming to refresh the girls after their ardious labors. A group of favored young men will assemble at the hour duly announced. Meantime the flock of white dove debutantes fly to the dressing room and put on their evening waits, usually a little cut out about the throat. The decolletage is often filled in with transparent lace yokes. A corsage cut out "a la Vierge" is a favorite decolletage. Lace sleeves, elbow puffs and a lace "top" to the gown frequently adorn the low bodice.—Philadelphia Record.

The Important Art of Manieure.

Much has been said about the Art excellent but favor district the state of pale blue is one of the senson's popular combinations in handsome tailor gowns.

Madame la Mode seems to devote all her energy to the elaboration and variety of design on the centre of the backs of fashlonable girdles.

A long and elegant coat of black velicity and elegant coat of black velicity and transparent lace corsage cut out "a la Vierge" its decolletage. Lace sleeves, fis and a lace "top" to the uently adorn the low bodice, happeriant Art of Manleure, as been said about the art re, but few girls out of their ciket-money can afford the rofessional manleure. However, we will be the control of the result to be satisfactory the ald be well and carefully at least once a week, and pollshed daily. Here is a essary instruments:

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-Philadelphia Record,

The Important Art of Manicure.

Much has been said about the art of manicure, but few girls out of their scanty pocket-money can afford the fee of a professional manicure. However, a girl with a steady and light hand, after a little practice, can manicure as well as most professionals. For the result to be satisfactory the mails should be well and carefully manicured at least once a week, and should be polished daily. Here is a list of necessary instruments:

sors, nail scissors, ivory nail presser, steel file, emery boards, orange wood sticks, nail paste, nail powder and cleansing fluid. A manicure case is a very expensive article indeed to buy —that is, one properly stocked with good instruments; however, all instruments can be bought separately, which will be found far more satisfactory than purchasing a cheap manicure case.

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1. Cut the nails the shape desired, file them carefully with a steel file, and then with an emery board, using the coarse side; now give a few downward strokes to the extreme edge of the nails with the fine side of the emery board. This removes any unevenness that may have been caused by the use of the steel file.

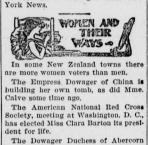
2. Immerse both hands in a warm soapy lather for a few minutes; dry, then gently loosen, with a cuticle knife, the cuticle adhering to the nail; should this be long or ragged, trim carefully with the cuticle scissors.

3. Dip an orange wood stick into the cleansing fluid and moisten round and underneath the duticle; this fluid removes all stains from the nails or finger tips.

4. Use the ivory presser, beginning at the edge of the nail and working round, carefully pressing back the skin.

5. Apply a little paste to each nail, and on this dust a little powder; polish lightly and quickly; apply more powder, and repolish.

Great care must be taken in using the cuticle knife, as one is apt to injure the enamel, especially when operating on the nails of the right hand.—New York News.



dent for life.

The Dowager Duchess of Abercorn is the "Grand Old Woman" of England's peerage. She is over ninety and has a son of sixty-four.

Wyoming now has two women as justices of the peace. Mrs. Maggle H. Gillespie, of Lookout Station, was recently elected in Albany County on the Democratic ticket.

Democratic ticket.

With Filipino women it is the custom to starch everything white, and a nurse who has recently returned from Manilla describes the first sheets laundered for the hospital as "fearful and wonderful."

derful."

The globe-trotting fever has laid hold of a rich Chinese woman, named Cheong Chuk Kwan, who is preparing for a tour round the world. She is well educated, speaks English, and having progressive ideas, is determined to see for herself how the people of other lands live and act.

The variety of ways in which women

for herself how the people of other lands live and act.

The variety of ways in which women earn livelihoods are indeed many, says an exchange. One woman folds circulars and addresses wrappers in the daytime in an office and furnishes a night force in the same building with bottled milk. She buys a dozen bottles at a time and makes a cent and a half on each one.

Negotiations are under way looking to the purchase of the birthplace of Maria Mitchell, the astronomer, in Nantucket, by members of the faculty of Vassar College. If the negotiations are successful the Nantucket Maria Mitchell Association will be formed to preserve this historical landmark in the interest of Vassar College.



Artificial flowers are having quite an extended revival for adorning evening

Birds or breasts of iridescent colors are most favored for trimming the tailored hat.

tailored hat.

A very long, narrow point in front is a novelty observed upon the bodices of recently imported French ball gowns.

The loose, half-fitting coats la mode this winter are admirably adapted for the elaborately trimmed waists worn under them.

Black and white relieved by touches of pale blue is one of the season's popular combinations in handsome tailor gowns.

Madame la Mode seems to devote all



To Clean Cashmere.

Wash cashmere in good hot suds in which a little borax has been dissolved. Rinse in strong blue water. Do not wring it, but hang up dripping, and then iron while damp. If this is done the material will look like new.

Table Decorations.

The epergne is once more in favor. For several years past table decorations have been so low that the epergne has been relegated to the back of the silver closet. Now the pendulum has swung to the other extreme, high table decorations are popular.

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Ways of Testing Flour.

Look at its color. (1.) If it is white, with a slightly yellowish, or straw, color, that is a good sign. If it is very white, with a bluish cast, or with black specks in it, the flour is not good. (2.) Examine its adhesiveness. Wet and knead a little of it between the fingers; if it works dry and elastic it is good; if it works soft and sticky it is poor. Flour made from spring wheat is likely to be sticky. (3.) Throw a little lump of dry flour against a dry, smooth, perpendicular surface. If it adhere in a lump, the flour has life in it; if it falls like powder, it it bad. (4.) Squeeze some of the flour in the hand; if it retains the shape given by the pressure, that, too, is a good sign. Flour that will stand all these tests is safe to try. They are simple, rough and ready methods adopted by old flour dealers.—American Queen.

In washing further in the boller one tablespoonful of ampontant In the spots of the warming and the boller from the spots of the spots spots

tine and one tablespoonful of ammonia.

In washing curtains put them in the tub and wet them with coal oil. Then pour hot suds upon them. They should be drawn many times through the fingers to strip them of dirt and then rinsed twice.

Ginghams soaked in salt water will not fade.

Slik handkerchiefs should be washed alone in the coarse.

alone in luke-warm water and rinsed three times in cold water. Then blue them and iron them before they are

dry.

Dainty dollies, tray cloths and centre-pieces should be washed with castile soap. Always iron them on the wrong side.



Cheese Toast—Cut stale bread in thin slices; dry and toast a golden brown; spread with butter and sprinkle thickly with grated cheese; dust with paprika; lay in a dripping pan and place in a hot oven until the cheese melts.

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Cream Pudding—Put three cupfuls of milk into the double boiler; beat four eggs; rub half a cupful of flour in one cup of cold milk; add to it the scalded milk; when it thickens add the eggs and cook five minutes; add half teaspoonful of salt and pour into a dish; sprinkle one cup of sugar over the top and pour over any fruit julce; serve cold.

Oyster Rarebit — Cut off the muscle from one cup of oysters; put them in the chafing dish in their own liquor until the edges curjuthen turn them into a hot bowl; put in the chafing dish one tablespoon of butter, half a pound of cheese, grated, a pinch each of salt, paprika and mustard; beat two eggs slightly, add the oyster liquor, and when the cheese is melted add this gradually, then add the oysters, and when scalding hot pour over hot toast.

Rice Waffles—To two cupfuls of sifted flour; beat two eggs; add to them one cupful of milk; pour this over the rice and flour and beat well; then add one tablespoonful of butter melted and two level teaspoonfuls of baking powder and one teaspoonful of salt; bake on a hot waffle iron; sour milk may be used instead of all sweet milk; in that case omit baking powder and use half sweet and half sour milk and one teaspoonful of soda.

Eggless Cookies—Take two-thirds of a cup of melted butter (not olly, one and one-half cups of sour (not too thick) cream, two cups of sugar, a plinch of soda and enough flour to roll out easily. Stir the butter and cream together, then add the sugar and beat well. Add the soda to the flour and mix into a smooth dough, roll out, cut and bake in a quick oven. Keep all the materials as coid as possible while mixing, rolling and cutting, and the cakes will require less flour and be very much nicer and crisper.

HEALTHY WOMEN

Praise Pe-ru-na as a Cure for Golds and a Preventive of Gatarrh.





MRS. M.J. BRINK FIRST STAGE OF CATARRH. Serious Mistake Which Thousands Are Making.

The first stage of catarrh is what is commonly known as "catching cold." It is may be in the head, nose, throat or lungs. Its beginning is sometimes so severe as to cause a child that so to inchinder a person from his usual business. In perhaps a majority of cases little or no attention is paid to the first stage of catarrh, and hence it is that nearly one-half of the propie have chronic catarrh in some form. To neglect a cold is to invite chronic, catarrh. As soon as any one discovers the first symptoms of catching cold he should at once begin the use of Peruns according to directions on the bottle, in the first Newspaper.

EXPENSIVE AUTOMOBILING.

EXPENSIVE AUTOMOBILING.

Owning a Horseless Carriage is Not a Poor Man's Sport.

If a man's horse should cost more for veterinary fees that for oats, that man would begin to scratch his head and wonder if he wouldn't better sell the animal and charter a special train or some other cheaper mode of travel, particularly if oats were expensive, and the horse's original cost had been several thousand dollars, not to mention the slight fact that the horse was given to periodical runnings away, adding heavy damages to his owner's liabilities. And if in these little sessions of capering over the prostratcheads of a frightened populace he should kill or main for life a few citizens, there naturally would be still greater doubt in the owner's mind as to the advisability of keeping so troublesome a carrier. Yet that is the precise situation of the fast speed automobilist. The wear and tear on the tires of a heavy automobile is reckoned by experts to be equal to four or five cents per mile, which is more than the fuel to run it costs. Then the fines for exceeding the speed limit mus. be added to the damages for accidents, caused by runaways of frightened horses, or, worse still, the runaways and explosions of the machines themselves, Taken altogether, it would seem to an onlooker who hadn't yet caught autocitis that Pucks' hill-old exciamation might be apropos—"What fools these mortals be!"

Water Before Meals.

Water Before Meals.

While the general opinion of those supposed to be authorities on the matter has been that the habit of drinking water at meals is a deleterious one, it is now stated, according to recent investigations, that a little water, if not too cold, is beneficial, as it assists in the digestion of food. A too copious supply of water dilutes the gastric juice, and if too cold lowers the temperature of the stomach below normal, thus impairing digestion. If, however, water is taken in limited quantities the gastric juice on food will be washed aside, thereby facilitating absorption. By this means the undigested food is laid bare and is more susceptible to further action of the gastric juice. During the period of rest phlegm, being very tenaclous, prevents the free flow of gastric juice for some time, hence delays digestion. A drink of water before meals is recommended, because it loosens and washes away this deposit of mucus, thereby permitting the gastric juice to attack the food as, it enters the stomach.

Faul Kruger, in his memoirs, tells the story of a secretary whom he punished for being drunk by tying him to a wagon wheel. During the hight 3,000 Kaffirs and about 4,000 Zulus attacked the Boer camp and were not driven off till daylight. The secretary slept so soundly that he noticed nothing of the fight, and the next day, when he at last awoke, he looked around in astonishment and asked: "Have you people been fighting during the night?"

The Power of Liquid Hydrogen.

Every gaseous substance now definition. Every gaseous to substance now definition to the chemist, with the single exception of helium, may be soltilled with the ald of the low temperature furnished by liquid hydrogen. The Wheat Area.

The statistician of the Department of Agriculture estimates the newly seeded area of winter wheat at about 4,000,000 acres, an increase of 5.1 per cent. upon the area estimated to have been sown in the fall of 1901. The more than the following that the next take the resulting even helium, and is now making a series of experiments now making a series of experiments of the condition of winter wheat on Decemperature of 436 degrees below zero,

known disease.

Miss Elizabeth Uber, No. 57 Bassett street, Albany, N.Y., writes:

"I have always dreaded unsettled weather because of my extreme liability to catch cold, when a catarrhal trouble would quickly develop through my entire system, which it would take weeks to drive away. I am thankful to say that since I have taken PE-dread the street of the street of the street of the street of the develop through weeks to drive away. If I have been at all exposed to the damp, wet or cold weather, I take a dose or two of PE-RUNA, and it throws out any hint of sickness from my system."—Miss Elizabeth Uber.

Elizabeth Uber.

Mrs. M. J. Brink, No. 820 Michigan avenue, St. Joseph, Mich., writes:

"This past winter during the wet and cold weather I caught a sudden and severe cold, which developed a catarrhal condition through my entire system, and so affected proceedings of the state of the state

The First Newspaper.

The First Newspaper.

There has been considerable controversy of late years as to which country should be conceded the honor of printing the first regular newspaper. Claims have been successively put forward for Italy, France, Germany, England and Holland, and all with some degree of plausibility, but it appears from recent researches that neither one of these is entitled to the distinction, and that precedence should be given to Belgium. It has been established by the antiquaries that a certain Abraham Verhoeven, of Antwerp, obtained from the Archduke and Duchess Abert and Isabelle the privilege of printing a news sheet. As the first German paper appeared in 1613 at Frankfort, the first Dutch paper in 1617, the first English paper, the Weekly Gazette, in 1622, and the first French paper in 1631, it would seem that Antwerp's claims have some foundation, and that the Belgian city initiated what has become one of the most influential factors in modern life and progress. On the strength of this it is proposed to hold a great tercentenary celebration in Antwerp some time during the year 1905.

New Chinese Minister.

New Chinese Minister.

Although the diplomatic circles at Washington lost a treasure in Wu-Ting-Fang, the late Chinese Minister, his place is likely to be well filled by his successor. Sir Liang-Cheng. That distinguished Oriental will soon marry the daughter of Yu-Keng, the Chinese Minister at Paris. The wedding will take place at Peking before the Minister leaves for Washington, arriving early in January. Sir Liang's fiancee is described as a perfect type of Celestial beauty and as unusually accomplished. She is 22 years old and has lived for the last three years at her father's legation, being almost as well known in Parisian society as Madame Wu was in Washington.

Waterproof Briquettes.

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Consul B. H. Warner reports from Leipzig: All briquettes which have hitherto been manufactured by means of soluble cements (such as deaxrin molasses, lixiviated cellulose, oxidized lignine, resignate of ammonia, etc.) dissolve in water. Richard Bock, an engineer of Merseburg, province of Saxony, has found a method for making briquette which are entirely waterproof. He heats the finished briquettes until the cement is wholly or partly carbonized, which makes them indissoluble. In case the ignition temperature of the cement is likely to be attained the heating must take place in an air-tight case or by means of hot gases.



MISS. SARA MCGAHAN.

of what PERUNA could do, I decide try a bottle, and you can imagine glad I felt when it began to relieve in a very short time. In less than weeks I was completely cured."—Siby Hadley.

Miss Sarah McGahan, No. 197 3d street,
Albany, N. Y., writes:
"A few months ago I suffered with a
severe attack of influenza, which nothing
seemed to relieve. My hearing became
bad, my eyes became irritated and feverish.
Nothing seemed right and nothing I ate
lasted good. I took PERUNA and within
two weeks I was perfectly well."—Sarah
McGahan.
If you do not derive prompt and satisfactory results from the use of Peruna
write at once to Dr. Hartman, giving a
full statement of your case, and he will be
address Dr. Hartman, President of The
Hartman Sanitarium, Columbus, O.

THE BAKER'S OVEN.

THE BAKER'S OVEN.

How Bakers Themselves Determine
It by Mere Touch of Hand.

"Bakers have a curious way of telling just what the temperature of the oven is," said a downtown baker who has been in the business for more than a quarter of a century, "and they can tell, too, with almost marvelous accuracy. You take a man who is an expert in the business, and he can tell what the temperature of the oven is by simply touching the handle of the oven door. In nine cases out of ten he will not miss it the fraction of a degree. Bakers have other ways, of course, of testing the heat of the oven. For instance, when baking bread they sometimes throw a piece of white paper into the oven, and if it turns brown the oven is at the proper temperature, or, when baking other things, they will throw a little cornmeal or flour into the oven in order to test the heat. But the baker's fingers are the best gauge and when you come to think of the different things, it is no small achievement to even approximate the heat of the oven door. Bakers figure that during the rising time of a loaf of bread, after it has been placed in the oven, it ought to be in a temperature of 75 degrees Fahrenhelt. During the hadde of the oven door. Bakers figure that during the rising time of a loaf of bread, after it has been placed in the oven, it ought to be in a temperature of 75 degrees Fahrenhelt. During the baking process, in order to cook the starch, expand the carbonic acid gas, air and steam, and drive off the alcohol, the inside of the loaf must register at least 220 degrees. In baking rolls, buns, scones, tea biscuits, drop cakes, fancy cakes, Kwy Year's cakes, muffins, puff cakes and things of that sort, the oven must show a heat of 450 degrees higher. When the oven is at 400 degrees, it is fit for cream puffs, sugar cake, queen cakes, rock cakes, jumbles, lady fingers, rough and snaps, ples, ginger bread, spice cakes, such as raisin, currant, ciron, pound, bride and soon, may be baked. It requires a still lower temperature to be doe when wants, he can tell when h

Takes No Food But Milk.

Four quarts of milk daily, or thereabouts, for 20 years has been the sole diet of Thomas F. Laubach, of Hazelton, Pa. Two decades ago Mr. Laubach, being then 51 years old, was in very bad health, and his physicians gave up his case. Then he decided to doctor himself and has done so ever since, absolutely confining his diet to milk. Now he is one of the healthiest and soundest men in town.