THE

Shoe Don'ts.

Don't put away shoes in a dirty ondition. Wipe them, polish them, nd store them in an airy cupboard.

Don't place shoes against a stove after coming in from the rain.

Don't wear one pair of shoes steadily. Two pairs worn alternately will do the work of three pairs worn consecutively.

mit the great toe to lie in a straight line.

Don't wear a shoe so large that it slips at the heel.

Don't wear a shoe with a sole narrower than the outline of the foot traced with a pencil drawn close under the rounding edge.

Don't wear the top of a boot tight, as it interferes with the action of the calf muscles, makes one walk awkwardly and causes the ankle to swell.

Don't fail to rub shoes with soft dressing at least once a week.

Don't wear a shoe that has commenced to run over. Have the heel straightened at once, and finished on the worn edge with a row of tiny units.

To Adorn Her Ladyship.

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Much ingenuity is brought to bear on the jewelry that is now worn. Some of the gold is of a coppery tink, such as was the mode seventy or eighty years ago, and this looks very well with pearls and amethysis. As a rule, feminine fashions prevail, but in ornaments women are showing a masculine tendency, and many of their rings are after the order of those worn by men.

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Diamonds are often set in silver and put on between two gold rings with other stones in them. Calragorms are returning to fashion, especially when surmounted by enamel heart or crown. The golden-tinted ones look beautiful with brown dresses.
Cymric designs in gold and silver, with a touch of color in them, are being applied in England and abroad as pendants for the neck, as brooches, bracelets, even buttons, and their beauty is often enhanced by the introduction of opals, pearls and turquoises.

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Cobwebs are the new form of brooch, made in fine gold wire or Berlin iron, with a jeweled butterfly in the centre. The designers are borrowing some of their ideas from Flanders. Files, bees, wasps and lady-birds form pins attached to an enamelled twig or a small flower; indeed, turtles, lizards and fish even figure in all of them.

Very fine chain bracelets are being worn, and scrolls of honeysuckle in the noveau art style add to their feauty.—New York American.

The Woman Who Walks Well

beauty.—New York American.

The Woman Who Walks Well.

There is nothing much rarer than a woman who really walks well, and the accomplishment is one which is always sure to be noticed and admired. It is not very difficult to be acquired, but it demands memory and the exercise of will, for it is not easy to remember to hold oneself correctly and not to slouch. A simple rule about standing is to lift the chest and carry it in a line above the toes. Then, with head erect, take care in walking to strike the ball of the foot first, and not the heel, and a dignified carriage will at once be secured.

Stops that are quick are indicative of energy and agitation.

Those walking symbolizes surprise, curiosity, discretion or mystery.

Turned-in toes are often found with pre-occupied, absent-minded persons.

The miser's walk is representd as stooping and noiseless, with short, nervous, anxious steps.

Slow steps, whether long or short, suggest a gentle or reflective state of mind, as the case may be.

The proud step is slow and measured; the toes are conspicuously turned out; the legs straightened.

Where a revengeful purpose is hidden under a false smile, the step will be slinking and noiseless.

The direction of the steps wavering and following avery changing involved and following and following and noiseless.

Where a revengeful purpose is hidden under a false smile, the step will be slinking and noiseless.

The direction of the steps wavering and following every changing impulse of the mind inevitably betrays uncertainty, hesitation and indecision.

Obstinate people, who in argument rely noise on muscularity than on intellectual power, rest the feet flatly and firmly on the ground, walk heavily and slowly, and stand with legs firmly planted and far apart.—Woman's Home Companion.

Exercise and the Complexion.

A dear old lady always took her exercise in making pies. No sooner did her medical man say to her, "You're too quiet; you must really take more exercise," than she posted off down to the kitchen, ousted the cook and made a mountain of delicious pastry.

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This she formed into pies, and for days afterward she would talk of the wonderful good the unusual work had done her, but she took care not to repeat the dose too often, perhaps because she feared it would lose its efficacy if she did.

One girl, who is practical if anything, sweeps a whole floor in the

large house in which she lives, greatly to the scandal of the servants, when she feels that she has been neglecting her health. Before she commences operations she opens all the windows, removes her tight clothing and substitutes for it the loose sort that hangs from the shoulders, ties up her head in a towel, puts gloves on her hands, seizes a light broom and goes to work enthusiastically.

When she finishes, has had a bath and a nap, she always declares she feels as "it as a fiddle" and like a young athlete; but—she only does this once a month or so.

On other days she obeys the belief concerning exercises by getting into long skirts and high-heeled shoes and toddling from one house to another calling on friends, or from one store to another buying new clothes.

One candid lady declares that she never got any exercise "what was exercise" until she bought a dog. When she found that Fido suffered from confinement and needed his run of a mile or so to keep him in condition, she began taking one herself—rain or shine, as the saying is—and soon had a peachy complexions are not going to reward those ladles who tramp through the library out to the drawing room and back thirty-five times on inclement afternoons, but it's this sort of exercise that even sensible members of the sex take when a harmless little rain is falling.

Just as if rain weren't in itself a beautifier and a very good thing to encounter. The complexion of exquisite intis is only to be had by the girl who exercises regularly and in a common sense manner, and not always then.—New York News.



Queen Helena of Italy, who is a skilled artist, has been elected a mem-ber of the Academy of St. Luke at Rome.

skilled artist, has been elected a member of the Academy of St. Luke at Rome.

Iady Henry Somerset is fifty-two years old, and has been practically at the head of England's temperance movement for twelve years.

The Duchess of Bedford probably knows more about animals than does any other society woman of Europe, and is a clever animal trainer.

The Queen Dowager of Spain is one of the finest billiard players in the world, and has carefully coached her son, Alfonso XIII., in the game.

Mrs. Humphry Ward, the authoress, lives on the estate at Stocks, Scotland, where once the poet Waller lived in the seventeenth century, and which is referred to in the Domesday Book.

One woman earns a living by curling the hair of a number of children in the neighborhood where she lives, and she as well hones razors for a number of young men who are their town barbers.

Mme. Loubet, wife of the French President, believes in co-education. Recently at a society of French mothers she brought down upon her head severe criticism in advocating American methods in training girls.

A good income is made by a bright woman by assertaining from several

lean methods in training girls.

A good income is made by a bright woman by ascertaining from several steamship companies the residences of people who are going abroad, and then going to their residences to ascertain if they require the services of a professional packer. They usually do.

do.

The putting up of thousands of luncheons daily for pupils of the Latin high and normal schools is a branch of work in which a clever Bostonian is engaged and for which she has ably demonstrated her fitness. She presides over a New England kitchen established for the purpose of furnishing good food at small cost.



Bishop collars have the tabs laid in small folds and finished with a tassel. Black jet, steel beads or pearls embroider slippers for evening wear when gold or silver cord is not used.

Brocaded gauze ribbons have the bright Pompadour bouquets, set off with inch wide black satin edges.

A callar of ermine is edged with sable and the muff is of ermine with fiaring ends made of chiffon and sable.

A charming pelerine is made of alternating stripes of ermine and squirrel. Tabs and muff are of squirrel.

Flannel garments for the bables in long clothes are now left open at the top, to be fastened by buttoning over the shoulders.

For keeping the back hair tidy, a curved tortoiseshell band is shown, which has a long prong, fastening underneath, and called "the smart ware."

The newest coats of cloth and velevet, even of fur, have rather short



A Liquid Glue.

A good liquid glue may be made by a simple process. Take a common glass fruit par and half fill it with broken pleces of glue, covering them with vinegar. Put the jar in hot water and let it remain until the glue is melted, when it is quite ready for use.

Varnish Kitchen Walls.

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A sanitary, convenient and also cheap treatment of the ordinary wall paper is to give it a wash of thin varnish. This improves and preserves the colors and makes any number of washings possible. Kitchen walls should always be done in this manner.

Covers For Fillows.

For the sofa handsome pillows are made whose covering is of velvet or suede, with designs in leather applique of contrasting tones. A moss-green velvet is appliqued with the rich hued diskis of the sunflower marked by the pyrograph with brown shadings. Follage and stems are also burned. A poppy design in red and suede has a nackground of tan-colored suede. Pleturesque heads cut from leather and brought into relief by the pyrograph's etchings are also appliqued on suede. Eath sides of the pillows are of the leather laced closely with thongs at the sides and decorated at the corners with leather tassels.

Colored suede skins tanned whole are as popular as ever for table coverings and sofa pillows, but are less frequently than formerly decorated with the pyrograph and brush. Two of the skins are used for a pillow, which is laced between them with leather thongs, and the extra length and breadth of the leather is left hangling loose. Often these irregular sides are slashed into fringe.

To Make Good Fies.

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The best cooks use a glaze to prevent the julce from spoiling the underected the process of the proces



Apple Custard with Meringue—Make a bolled custard of the yolks of three eggs, a pint of milk and a small cup of sugar. Stir this into a pint of apple sauce flavored with lemon and put on the Ice. Before serving put the beaten whites of the eggs on top, decorated with small bits of current jelly, if desired.

Chesting Bells.

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Chestnut Balls—They may be served in this way as a luncheon dish: Add two slightly beaten egg yolks to one cup of cold sleved chestnuts; also quarter cup thick cream, a tablespoonful sugar, salt to taste and davored with lemon or nutmeg. Stir in the whites of the eggs beaten to a stiff froth, form into balls and dip in beaten egg and bread crumbs and fry in deep fat. Serve with a cream sauce unless served as a sweet entree; in this caze an orange sauce is delicious with them. Sweet Potato Croquettes—Boil half a dozen potatoes, peel and mash and add two tablespoonfuls of butter, a little cream, salt, peper and nutmeg to taste, a few drops of onion juice and a tablespoonful of finely minced parsley. The beaten yolks of two eggs may be added to make them richer, but this is not necessary. Form the paste into cylinder shaped croquettes or egg shaped balls, dip them in beaten eggs and bread crumbs and fry in deep, hot fat. Serve them on a lace paper dolly, garnished with sprigs of curly parsley.

Cheese Drops—Put three-fourths cup of water in a small pan; when boiling add one tablespoon of butter; when so thick it leaves the sides of the pan when stirred; remove from the fire and add two eggs, unbeaten, one at a time, beating well after adding each; when thoroughly mixed drop on a buttered pan la lumps the size of a hickory nut; brush each once with beaten egg; sprinkle thickly with grated cheese and give a dash of cayenne over each; bake in rather a quick oven for fifteen minutes; they should puff and be mere shells; serve with a salad.

Charity covers a multitude of sinuand and uncovers a multitude of sinuand and uncovers a multitude of sinuand contents.

MOTHER CAT'S LOVE.

MOTHER CAT'S LOVE.

Saved Her Kittens From a Fiery Death.
Though Searred Herself.

"Speaking of bravery," zaid W. S.
Stearns, proprietor of the Capitol Hill
dairy, in the Denver Post, "there's an
old cat out at my place that is always
welcome to the best the place affords,
I can tell you. She is a real heroine.
One evening lately our gasoline engine,
which ran the separator, blew up. Result was all the sheds I housed my
stock and the coming winter's supply
of hay in went up like tinder.

"We could do little more, after getting the horses out of way of danger,
than watch the spectacle and regretthe shortened water supply.

"The men called my attention to the
cat I was speaking of, up in the hay
mow lashing her tail and looking hesitatingly down as if afraid to make the
venture through the smoke. We soon
understood, however, that her fears
were not for herself, for she came to
the edge of the structure with two
good-sized kittens firmly grasped in her
mouth.

"The way she partly sprung, partly
scrambled, like a monkey, down the
mow with her burden was as laughable as it was pathetic. Laying them
carefully at my feet, with a look which
said very plainly, 'You'll take good
care of them, won't you?' she went
straight back into the burning barn.
Ten of us watched the dense rolling
clouds of smoke into which the cat had
disappeared, thinking she could never
make it in the world. But she did,
somehow, and you better believe a hig
hurrah went up as she came staggering back with the third kitten. Its
tail was scorched, stiff as a poker, but
she accomplished her purpose to bring
it out alive. Her feet were burned
raw, her whiskers were clean gone,
and her sides were smoking.
"No, Tabby has not been much to
took at since, but money would not induce me to part with her," declared
Mr. Stearns.

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Skate Sailing.

Considering the number of persons in this country who indulge in skating, it is somewhat of a surprise to see how few of them have ever used a skate sail, or in fact have ever heard of such a thing, says Country Life in America. However, in the last few years this sport has become better known, and it is not an uncommon sight to see dashing hither and thither among the dark forms of the skaters the glistening sails of the skate sailors.

To the onlooker it seems at the first glance that the sailor must certainly lose his balance and topple over, so sharply does he lean backward against his sail; but so strong is the force of the wind exerted against it that this expected fall is seldem a reality. When it does happen the unfortunate is usually a novice.

There are but few requisites for the enjoyment of this pastime. First and of the most importance is a pair of sharp skates. A few yards of cotton cloth and some small poles furnish the rest of the material. From these any person can with a little care fashlon a sail that will furnish him with many a happy hour.

Books Hound in Frog Skin.

In the Philadelphia Terminal mar-

many a happy hour.

Books tound in Frog Skin.

In the Philadelphia Terminal market recently a dealer in all kinds of game said that the skins of frogs, if carefully removed and cured, have some slight value. They are used, it seems, in bookbinding, but in the fantastic, "precious" sort—used, in a word, as chicken skin was used in fan making in the time of Carlo Van Loo. Frogs' skin makes a very fine, soft leather, and in dyeling it will take the most delicate colors. Hence it is inlaid, in circles and stars for centrepieces, into the calf or the crushed Levant of sumptuous book covers, and it makes a very striking and beautiful decoration. A noted English binder has achieved some of his best effects by the judicious employment of frogs' skin as a decorative agent.—Milwarkee Wisconsin.

kee Wisconsin.

Leprosy in Pavis.

The estimates of the Pavis Municipal Council for 1903 include a sum of 25,000 francs set apart for the construction of an isolation ward at the Hospital St. Louis for the reception of lepers. The publication of this item of expenditure has caused a certain amount of excitement in Pavis, it being wondered whether leprosy still exists in the French capital at the beginning of the twentieth century.

It appears that some fifteen or twenty leper patients are annually treated at the hospital, which was originally founded for the accommodation of persons suffering from that disease. In the majority of the cases the disease has been contracted abroad, but, as recently mentioned in these columns, leprosy still exists in other parts of France, especially in Brittany.

Caught.

A public official in Baltimore tells

other parts of France, especially in Brittany.

Caught.

A public official in Baltimore tells the following story: "A man dropped into the office one day while I was writing a letter to my wife. He stood directly behind me. I continued to write and at the same time entered into conversation with him in a desultory sort of way. The impudence of the fellow was so well established that I felt sure he was reading every word written. Finding it impossible to continue the letter, I wrote: 'I shall now close, as there is an impudent fellow looking over my shoulder and reading everything I write.' The man jumped back and exclaimed: 'It's not the truth, sir. I have not read a word of what you have written.' "Baltimore News.

A Peculiar Mill.

A Peculiar M411.

At St. Augustine, Fla., is the only mill in the world that gets it power three from an artesian well.



New York City.—Fancy waists with stole effects and long, drooping shoul-der lines are among the novelties seen in advance styles and will be much

DRAPED BLOUSE WAIST.

worn the season through. The stylish example illustrated combines the two features with a front drapery that is most becoming to slender figures, and is suited to all soft and pliable materials but, as shown, is of white crepe le chine with appliques of heavy cream lace.

The quantity of material required for the medium size is nine yards twenty-seven inches wide, or five yards forty-four inches wide. Dog Collar For a Pretty Girl.

A dog collar for a fair young face is a broad band of light blue velvet of heavy and rich quality. This is stiffened at close intervals with a number of slides of French gilt set with fresh water pearls or with diminutive rhinestones. There is a double clasp for the back of the neck, and this is mounted exactly like the sides with either pearled ornaments or Strass diamonds.

Again is the three-cornered hat in vogue. It comes well down on the hair at the back of the head and is elevated by a bandeau in front, taking a peculiarly beautiful line when the hat is equally well understood by both the designer and the wearer. Some lovely examples both in green and black beaver are shown.

er are shown.

Bridesmald's Bouquet.

At a recent wedding the bridesmaids carried bouquets that were a little out of the common. They were composed of French heather with a row of scarlet berries around the bottom. Loops of delicate pink ribbon were mingled with the sprays of heather and the color combination of flower, ribbon and berries was exceedingly effective.

woman's Blouse or Shirt Waist.

Shirt waists, made with Duchess or Princess closings and with pleats at the shoulders are at once essentially smart and very generally becoming. The absence of the regulation box pleat renders them somewhat less severe than the plainer model, while the finish allows trimming of handsome buttons and the pleats at the shoulders provide becoming folds over the bust. The smart May Manton model shown is admirable in every way and is suited both to waist and gown materials of almost all sorts, but in the case of the original is of white peau de cygne, stitched with black corticelli slik, and is finished at the front with fancy stitching and rhine stone buttons.



sleeves are full, tucked at their upper portions but left free below the elbows and are gathered into pointed enifs. At the waist is a belt finished in postillon style.

The quantity of material required for the medium size is five yards twenty-one inches wide, four and one-half yards twenty-seven inches wide, or two and one-half yards forty-four inches wide.

yards twenty secta mere swide.

Woman's Home Gows.

Tasteful home gowns are essential to comfort and true economy as well as to the beauty of the wardrobe. The stylsh model shown in the large drawing fulfills all the requirements and is absolutely simple at the same time that it is attractive and becoming. As shown, it is of royal blue Henrietta cloth, with trimming of lace in the tawny Arab shade, but the design suits numberless fabrics and combinations. Brocaded and flowered silk on any material of plain flat color is handsome, and any of the effective Oriental embroideries can be used with satisfactory results or again, the trimming can be of plain silk and the gown of a figured cashmere or challle. The original is made with bell shaped sleeves, but the snugger bishop sort can be substituted whenever preferred.

The gown consists of a fitted body lining for the front, tucked fronts, backs and under-arm gores. The loose fitted fronts are tucked as illustrated, and are arranged over the lining, the yoke and stole fronts being applied over them. The neck can be finished with the stock collar or with the yoke only, as shown in the small sketch. The sleeves can be left free at the wrist or gathered into the cuffs, as desired.

The lining, which can be used or omitted as material and use may decide, is snugly fitted and closes at the centre fronts. The waist itself consists of a plain back drawn down smoothly at the waist line, and fronts which are laid in two reversed side pleats and a centre box pleat at each shoulder and blouse slightly over the belt. The front edges are laid in pleats that flare apart at the centre over the hems, giving a narrow vest effect. The sleeves are the fashionable full, ones with cuffs pointed at the ends to match the novel stock and the stylish shoulder straps. The quantity of material required for the medium size is four and one-fourth yards twenty-one inches wide,



and one-eighth yard twenty-seven so wide, two and three-eighth yards y-two inches wide, or two and one-th yards forty-four inches wide.