

The New Antunn Belts. The day of freak belts is passing, but buckles this season will be perhaps even larger and more elaborate than beretofore. Leather belts of fine green walrus, lined with gray ooze calf, with square flat harness buckles, giving a pronounced dip front effect, are espe-cially attractive for street wear. But the fabric belt will hold first place for the coming season. These are in all shades of green, of course also red and white plaid taffeta. Buckles are now used both front and back, the two con-stituting a "waist set."

A Fine Woman Whip. A Fine Woman Whip. Inday Howe is one of the best whips in England, and is one of the very few women who can drive a high-metited team gracefully and successfully in the streets of London. That she is an au-thority on driving is proved by her being asked to contribute a chapter to the volume of "The Badminton Li-brary," dealing with that subject. An-other of Lady Howe's fortes is elec-tioneering, an art in which her sister-in-law, Mrs. George Cornwallis-West. formerly Lady Randolph Churchill, excels. These two women secured the tate Lord Randolph Churchill, excels. These two without his going mear the place.

A tankee Countess. A tankee Countess. The Countess of Orford is a very pretty woman. She is one of the Amer-fan aristocracy, for the countess is the daughter of Mr. D. C. Corbyn, of New York. The Earl, who is descended from the great Sir Robert Walpole, is fust forty-eight, says Woman's Life, and was attached to the Earl of Ross-hyr's special embassy at the wedding of the King of Spaln in 1877, while in the next year he was private secretary to Sir Henry Drummond Wolf's East-ern Roumelian Commission, and he ac-companied him to Egypt in 1856. The Earl and Countess have had two chil-dren, a little boy who died when he was only two, and a girl who is just thirtee.

thirteen. Exercise For the Neck. To develop the neck the first move-ment consists in allowing the head to drop gently upon the breast, as far for-ward as it will without straining. Next raise the head and throw it as far back as possible. Then forward again, etc., until the movement has been per-normed twenty times. Next the head is turned as far to the side as possible, the body remaining motionless, the bead bent toward the shoulder as low as it will reach without an actual strain of the muscles and tendons. This movement should be practised also twenty times, the neck first turned to the right and then to the left, ten times on each side. The same movement with the chin raised as high as possi-ble, repeated in the same fashion, first toward the right, then the left.

ble, repeated in the same fashion, first toward the right, then the left. Education of Working Giris. Interesting statistics in regard to the education of working girls are being obtained by the National League of Women Workers under the direction of the Department of Labor in Washing-ton. A schedule is sent out to working girls in which data regarding birth, na-tionality, education and religious train-ing are sought. To discover the pro-gress of the girl in earning power in-quiry is made concerning occupations (for pay) and carnings since going to work, specifying both the industry and the occupation. Searching inquiry is made into the present occupations (for pay) and carnings since going to work, specifying both the industry and the occupation. Searching inquiry is made into the present occupations (for pay) and carnings of working girls, including hours of work on Saturday, rate of pay for Saturday and fines. A girl who was born and always has lived in New York City, went to paro-chini school between the ages of six and fourteen years. After leaving school to go to work as a stock girl she tool, a course in bookkeeping in a night school, but as she remained only three weeks if was of little use to her. In a girls' club the girl attended millinery class for four weeks, a dancing class for six weeks and a class in stenogra-phy for three weeks. She learned neither to cook nor to sew at home. She began to work at the wage of §3 a week, and at the end of five years has raised that to §5 a week. A girl who could neither read nor write, she says, could do the work she is doing and earn as much pay. "My deur," said the end lady, "it is

Itow to Sit and Rise. "My dear," said the old lady, "it is worse than a crime; it is ill bred." "My dear," said the old lady, "it is worse than a crime; it is ill bred." Nothing points out the well bred woman more quickly than the position she takes when she slits down. The stamp of vulgarity is marked upon the woman who slits with her knees spread far apart; lack of refinement is shown by knees crossed offensively; lack of case by stiff and constrained positions of the shoulders; a general carelessness and indifference by the very common fault of "sitting in the shoulders," that is, of doubling up the spine so that the upper rather than the lower part of it rests against the back of the chair. The body should be placed well back mon the seat, chair, sofa or whatever it may be. The feet should rest on the other, because it is easier to rise from that position. The head must be kept well up and the chest poised slightly forward. A the lower part of the spine may be

pressed against the frame of the c but if one, after sitting a while, sh to rest a little me also touch upor The hands sl the sh at the sides, or they usly over the arms or or allowed to lie rep may be back of g at the rise properly from a correct sit position there should be several

To rise properly from a correct sit-ting position there should be several preparatory movements. The chest is first polsed far forward and at the same time the foot is drawn back under the sent. The foot drawn in should be the one opposite from the direction to be taken in starting ap. As you rise throw the weight firmly yono the foot in the rear. As the body comes to its full height change the weight to the forward foot, so that the other foot merely touches the floor very lightly. This brings you to a standing position, ready to walk easily in the direction you are going. Ugly sitting positions and awkward movements in rising will disappear if these principles are followed. — New York Herald.

movements in rising will disappear if these principles are followed. - New York Herald. Fancy Work For Personal Wear. Muslin appears to be growing greatly in favor for art needlework. Many workers use muslin as a foundation or ground upon which to paint. When backed or lined with a good satin the sheen of the rich material shows very effectively through, and a table centre can be daintily finished with puffings or frills of chiffon. Also an overlay of muslin is useful in softening or ton-ing down any hard or metallic effect, such as is given by moire silk, etc. A new kind of work is lace royal, and here we have muslin over net as a foundation or material to work upon. Large collars and trimmings for dresses in this are really charming. A grace-ful design in violets and leaves was timed and then finely embroidered in delicate thits with filo-floss silk, the outline or shape of collar was closely buttonholed with slik, and the raw edges then ett neatify away. The ef-fect of net under the muslin is good, and, while it gives additional strength, at the same time does not detract from the lightness of the material. Another good design in this work is that of a V-shaped front (to be used as a vest) and straight hands or insertion-like trimming for collar and euffs. Of course, any shape or style can be de-signed with enfless variations as to flowers and coloring. Heather is a charming little flower to embroider where lightness is desired, its green sprigs and dainty flower to enbroider where lightness is desired, its green sprigs and dainty flower to enbroider where lightness is desired. Its green sprigs and dainty flower to enbroider where lightness is desired, its green sprigs and buttercups are pretty. A very fine but exceedingly firm mus-lin is supplied for table centres, etc., and one of this material seen recently was embroidered with cirnations, fine-y worked with a single thread of silk, and beautifully shaded in filo-flows.

was embroidered with cr ly worked with a single and beautifully shaded Sprays of the carnations yellow) were loosely tied narrow blue ribbons, also and the edges of the cent tonholed with blue silk silk

tonholed with blue silk to match the ribbon. Before working, take the design (if the work is bought ready designed, trace the design upon paper), and, af-ter deciding on the colors, roughly paint them in and you will then see if you like the effect beforehand. Also where leaves and petals have to be curved or turned, paint or penell in the shade and trace the direction in which the stitches should go; this is of great assistance, particularly sketching the direction the stitches should taken, as it avoids unpicking.—New York Com-mercial Advertiser.



Squirrel fur is to be exceedingly pop lar this winter. lar this

Large lace corsage collars ornamen many very attractive bodices.

The outer garment with a fitted back is the rare exception this season. The most exclusive tailors are mak-ing their latest Norfolk jackets without yokes.

yokes. The latest change in skirt hip yokes is to have them elongated into a panel effect in front. A braid made of feathers is among the more pronounced novelties in the millinery world. Lace will be used to repletion as a gamiture not only on thin fabrics, but on cloth and fur as well. Braids neasemented and buttong

Braids, passementerie and buttons used in novel forms are among the popular autumn trimmings. Fullness below the elbow, in several degrees of moderation, is a noticeable point of all the new sleeves.

point of all the new sleeves. Taffeta still leads the silk world as the popular favorite for outside gar-ments, full costumes and linings. Queen's mourning is just another name for the mappie combination, the black and white effect, so fashionable

STINGW Kim

PANCY WAIST WITH FIVE-GORED SKIRT.

PANCY WAIST WITH FIVE-GORED SKIRT. blue cloth is shown here with black velvet trimmings. The waist is mounted on a glove-dited feather-boned lining that closes in the centre front and is faced with relvet to a rounded yoke depth at the back. The cloth is drawn smoothly across the shoulders and displays slight fulness at the waist. The front plastron is included in the armseye and right shoulder seams, and permanently attached to the lining. It fastens invisibly on the left side and is completed with a velvet collar. The full fronts are gathered at the upper edge and arranged to outline a

The fronts fasten in double-breasted style with fancy pearl buttons. They are deeply underfaced with cloth and rolled back to form revers that meet the turn-down collar in notches. Applied pleats are arranged from shoulder to hem, back and front, stitched on the edges. A narrow gray velvet belt encircles the waist. The sleeves are regulation two-plece coat models, with slight fulness on the shoulders. They fit the arm closely, and are finished with shallow cuff fac-ings.

shoulders. They fit the arm closely, and are finished with shallow cuff fac-ings. The skirt is made with seven well-proportioned gores, fitted smoothly around the waist and hips without darts. The fulness in the centre back is arranged in an underlying plent at each side of the closing. The adjustment is sheath-fitting from waist to knee, but from that point each gore flares gracefully, and there is a wide sweep at the floor. Velvet ribbon is applied down the seams and forms fans at the lower edge of each gore. These are fastened by large velvet buttons. The style is especially becoming to stout figures. Broad or ladles' cloth, zibeline, wool canvas, Venetian cheviot, or covert are appropriate fabrics for this mode, with braid or stitched bands' of the material for trimming. To make the jacket in the medium size will require two and three-quarter lards.

To make the skitch in the inclusion size will require two and three-quarter yards of forty-four-inch material. To make the skitr in the medium size will require four and one-quarter yards of forty-four-inch material.

Circular Skirt With Pleated Fl Circular Skirt With Ploated Plounces. Flounces are much worn on all skirts this season, and look especially well as a trimming for short skirts, as they seem to flare more gracefully when they do not touch the ground. The skirt Illustrated is made of pearl gray poplin, with Irish crochet lace



NORFOLK JACKET AND SEVEN GORED FLARE SKIRT.

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Pinkham for advice; all such letters are strictly confidential; she has guided in a motherly way hundreds of young women; and her advice is freely and cheerfully given.

and ner advice is irreely and checkfully given. School days are danger days for American girls. Often physical collapse follows, and it takes years to recover the lost vitality. Sometimes it is never recovered. Perhaps they are not over-careful about keeping their feet dry; through carelessness in this respect the monthly sickness is usually rendered very severe. Then begin aliments which should be removed at once, or they will produce constant suffering. Headache, faintness, slight vertigo, pains in the back and loins, irregularity, loss of sleep and appetite, a tendency to avoid the society of others, are symptoms all indicating that woman's arch-enemy is at hand. Igni E. Pinkham's Vegetable Compound has helped many a young girl over this critical period. With its they have gone through their trials with courage and safety. With its proper use the young girl is safe from the peculiar dangers of school years and prepared for hearty womanhood.

A Young Chicago Girl "Studied Too Hard."



A Young Chicago Girl "Studied Too Hard." DEAR MRS. PINKHAM: -- I wish to thank you for the help and ben-have received through the use of Lydia E. Pinkham's Vege-compound and Liver Pilks. When I was about seventeen years old I suddenly seemed to lose my usual good hard, but the doctor thought different and prescribed tonics, which I took by the quart without relief. Reading one day in the paper of Mrs. Finkham's great cures, and inding the symptoms described an-swered mine, I decided I would give Lydia E. Pinkham's Vegetable Compound a trial. I did not say a word to the doctor; I bought it myself, and took it according to directions regularly for two months, and that all pains left me, and I was my old self once more. -- LILLINE E. SINCLAIM, IT E. 22d St., Chicago III." "Miss Pratt Unable to Attend School."

IN WET WEATHER WISE MAN

MISH BRAND WATERPROOF CLOTHING

WILL KEEP YOU DRY NOTING ELSE WILL TAKE NO SUBSTITUTES CATALOGUES FREE-JOWING FULL LINE OF GARMENTS AND HATS A.J.TOWER CO., BOSTON, MASS. 46

ROENTGEN RAYS.

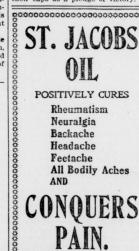
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"Miss Pratt Unable to Attend School." "Dran Mrs. PINRIAM: — I feel it my duty to tell all young women how much Lydia E. Pinkham's wonderful Vegetable.Compound has done for me. I was completely run down, unable to attend school, and did not care for any kind of society, but now I feel like a new person, and have gained seven pounds of flesh in three months. "I recommend it to all young women who suffer from female weak-ness." — Miss ALMA PRAT, Holly, Mich. Lydie E. Pinkham's Vegetable Compound is the one sure rem-

Lydia E. Pinkham's Vegetable Compound is the one sure rem-edy to be relied upon at this important period in a young girl's life. \$5000 ForFEIT if we cannet for thirth produce the original letters and signatures of Signa E. Pinkham Medicine Co., Lynn, Mass.

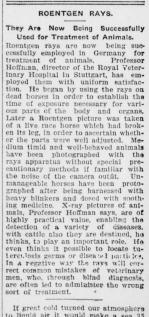
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Rescued by an Owi. Rescued by an Owi. King Robert the Bruce, according to the well-known story, once owed his safety to a spider. Among the Tar-tars of Central Asia there is a belief that one of their khans or chicfs was preserved, long years ago, by the Great Horned Owi. He had hidden in a thicket to avoid capture by some enemies. By and by his pursuers came to this spot. The first thing they saw was an owl sitting on a bush. What did this mean? It signified in their eyes that this bird would not rest quiletly there if any man were lying concealed close by. Therefore lying concealed close by. Therefore they argued that the khan could not be there, and so they hurried on to had been saved from certain death. His story caused them ever afterward in look upon the owl with reverence and love. They wore its feather in their caps as a pledge of victory.



HAMLIN'S WIZARD OIL

TOOTHACHE



If great cold turned our atmospi to liquid air it would make a sea feet deep ever the surface of whole globe.

NORFOLK JACKET AND SEVEN GORED FLARE SKIRT. Tound yoke. They open in front to display the plastron as far as the belt. The edges are completed with harrow bands of chiffon applique, and the waist blouses stylishly over the belt. Inside seams are used to shape the upper portions of the sleeves. They are tucked from shoulder to elbow and it the arm closely. Puffs formed by the fulness below the tucks are gath-ered at the lower edges and attack the deep cuffs of velvet. Turquois-chart is made with five gores, fitted smoothly around the waist an underlying pleat at each side of har underlying pleat at each side of the centre closing. These pleats are and ypersed, giving the habit effect, but providing additional fulness around the bottom. To make the waist in the medium sare will require ore and one-haif yards of forty-four-hech material. To make the skirt in the medium size will require five and three-quarter will require five and three-quarters will require five and three-subres will require five and three-quarters will require five and three-subres will

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alf yards of forty-fo

any who sits with her knees spread part; lack of refinement is shown nees crossed offensively; lack of by stiff and constrained positions e shoulders; a general carelessnees, indifference by the very common of "sitting in the shoulders," that doubling up the spine so that the rather than the lower part of the gains the back of the chair. body should be placed well back the seat, chair, sofa or whatever up and the chest poised slightly rd. lower part of the spine may be