

# FARM AND GARDEN.

### Setting a Hen.

I begin with a box, putting earth into it, then straw, then a handful of wood ashes scattered over all. I try the hen a day or two on the nest egg, and if she means business I take that away and give her a full traveling. If the eggs have been traveling, let them stand in a safe warm place for twenty-four hours to put the germs in right position when set. If you give them to the hen just after the journey, you will probably have spoiled eggs instead of chicks. Sprinkle the eggs two or three times a week to give them necessary moisture. Feed the hen every day, and see that she returns to her nest and is not disturbed.—Mrs. E. Schoenborn, in the Epitomist.

### Cleanliness in Dairying.

The dairy business is one that is open to any enterprising farmer who will make it a point to deviate from the methods now practiced on some farms. A visit to many dairy farms will disclose the fact that but little regard is given to matters that are essential to securing high prices. Cleanliness in the stable is more important than in the dairy. Cows are frequently milked with their bodies plastered with manure, and even the teats and udders are often filthy. Milking is done in a hurry, and it goes to market containing filth in a soluble form which the strainer cannot remove. All dairy farms are not conducted in such a slovenly manner, but there are hundreds of dairy farms upon which thorough cleanliness is lacking. Each cow should be kept clean, her hide brushed, udder washed and the stalls made clean. There should be no filth in the stable, and the hands of the milkers should be washed clean before beginning the work of milking.

### Putting Butter on the Market.

Where butter is to be delivered to the consumer direct, it is desirable to have fresher butter, if they will accept it. When salted one-half ounce to the pound, the butter will have a flavor peculiar to itself, and the consumer soon comes to recognize and desire it. He will probably not be able to secure in the open markets similarly salted butter, and by three months' use he will become so accustomed to it he will be satisfied with no other, and you will have secured a permanent customer, provided your butter be prime in all other respects.

### The Care of Palms.

A very successful amateur gardener gives the following advice on the care of palms: Well grown palms are, of course, more or less expensive, depending in some degree on the variety; economy sometimes compels the purchase of smaller plants than we could wish for. But a larger plant at a higher price pays in the long run, no matter how cheaply small palms may be had. Palms at their best are slow growers, and it takes years to grow fine specimen plants. For the same reason it would prove a useless waste of time for an amateur, even with greenhouse facilities, to try to raise them from seed.

### Principles of Gardening.

The phrase "landscape gardening" frightens many people unnecessarily, says the Pilgrim. The idea is abroad that landscape gardening is only for the rich, and that it requires more land than plain folks have. The trouble with this statement is that it contains a nine per cent. alloy of truth. As a matter of fact, gardening is often really expensive business. Of course, the large, open country-like view, which is the glory of our large parks, requires more space than a city lot; and if one does not love gardening and hires everything done, the work is very costly. On the other hand, it is wonderful to see what can be accomplished in a small city lot by a business man who likes to work an hour or two a day in the garden. Those who live in or near the country are to be envied. They can bring home the plants they like, and it need not cost them anything in cash outlay. The flora of the United States is one of the richest in the world, and some of the happiest and prettiest homes in America are surrounded by trees and shrubs procured from the immediate neighborhood. The truth is that the principles of landscape gardening are entirely applicable to city lots, suburban yards and farm homes as well as to public parks and Newport cottages.

### Breeding For the Future.

The expense of starting a good dairy must necessarily be quite considerable, but if one understands his business well he can keep up the standard of the herd, and increase it, at a very nominal cost. On the other hand, if one does not look forward constantly to the future he will soon find that the

cost of keeping up the work will be so great as to eat up the profits. The successful dairyman must consequently be somewhat of a breeder himself. He must raise stock for the future, and do it in such a way that the best results are obtained. A great many can start well with a good dairy herd, and they can feed and care for the stock all right, but they fail to look far enough ahead to keep down expenses. In other words, every few years they find it necessary to buy blooded stock of a breeder at a cost that takes down the average of profits. Their theory is that it is necessary to purchase such high-priced animals to prevent the herd from running down.

A good sensible method of breeding at home for the dairy would prevent any such necessity. With good stock to begin with, it is not so difficult to maintain the standard of the animals, especially if new blood is introduced from outside sources occasionally. To accomplish this, however, it will be necessary to keep the choice heifers of the best cows, and sire them to pure bred bulls. It is largely a matter of intelligent selection. The cows and heifers selected for breeding should be chosen for those special points which are needed in the dairy business. It must be remembered that these animals are raised for their practical value and not for exhibition, nor even to establish some record for a high yield. The dairyman requires good, strong, healthy cows, which will average the year around plenty of rich milk and cream. Form has nothing to do with the matter beyond that which is necessary to preserve the type of the breed. The milking qualities are the first essential, and also the endurance of the animal under ordinary conditions. The very high-strung dairy animal which has no hardihood whatever may do for exhibition, but not for practical dairying. Moreover, we need dairy animals which are gentle and docile. A high-strung animal which refuses to be milked without creating a disturbance, or a vicious brute, should find no place on the practical dairy farm no matter how much milk she gives. The trouble and uncertainty of milking would make the animal unprofitable. A hard milker is also to some extent an unprofitable animal. Time is money on the dairy, especially at milking time, and anything that tends to consume it increases the cost of the business.—C. S. Waters, in American Cultivator.

### Remember every woman is cordially invited to write to Mrs. Pinkham if there is anything about her symptoms she does not understand.

Mrs. Pinkham's address is Lynn, Mass.

### ALABASTINE

IT WON'T RUB OFF.

Wall Paper is unsatisfactory. Kalamines are temporary, rub-off and scale. ALABASTINE is a pure, permanent and artistic wall coating, ready for use, brushed by hand or machine. For details see list of dealers everywhere. Buy in packages of 100 lbs. or more. Made in U. S. Patent Office.

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### PENSION JOHN W. THORNTON

Successfully Prosecutes Claims. Late Civil War Veteran. U. S. Pension Office, 375 1/2 St. Louis, Mo.

Ask Your Dealer For Allen's Foot-Ease. A powder. It rests the feet. Cures Corns, Bunions, Swollen, Sore, Hot, Callous, Aching, Sweating Feet and Ingrowing Nails. Allen's Foot-Ease makes new or tight shoes easy. At all Druggists and Shoestores, 25 cents. Accept no substitutes. Sample mailed FREE. Address Allen S. Olmsted, LeRoy, N. Y.

In the Grand Canyon of Colorado a man's voice has been heard a distance of eighteen miles.

ETS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. \$2.00 per bottle and treatment free. Dr. R. H. Kline, Ltd., 931 Arch St., Phila., Pa.

One miner is killed for every 1,000,000 tons of coal raised.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c. a bottle.

It is one thing to count the cost, and quite another thing to pay it.

Piso's Cure cannot be too highly spoken of as a cough cure.—J. W. O'Brien, 322 Third Avenue, N. Y., Minneapolis, Minn., Jan. 6, 1920

# THE SURGEON'S KNIFE

### Mrs. Eckis Stevenson of Salt Lake City Tells How Operations For Ovarian Troubles May Be Avoided.



"Dear Mrs. PINKHAM—I suffered with inflammation of the ovaries and womb for over six years, enduring aches and pains which no one can dream of but those who have had the same experience. Hundreds of dollars went to the doctor and the druggist. I was simply a walking medicine chest and a physical wreck. My sister residing in Ohio wrote me that she had been cured of womb trouble by using Lydia E. Pinkham's Vegetable Compound, and advised me to try it. I then discontinued all other medicines and gave your Vegetable Compound a thorough trial. Within four weeks nearly all pain had left me; I rarely had headaches, and my nerves were in a much better condition, and I was cured in three months, and this avoided a terrible surgical operation."—Mrs. ECKIS STEVENSON, 250 So. State St., Salt Lake City, Utah.—\$5000 forfeit if above testimonial is not genuine.

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# HEADACHE, BACKACHE, DIZZINESS

(PE-RU-NA CURES PELVIC CATARRH.)



"I am perfectly well," says Mrs. Martin, of Brooklyn. "Pe-ru-na cured me."

Mrs. Anna Martin, 47 Hoyt street, Brooklyn, N. Y., writes:

"Pe-ru-na did so much for me that I feel it my duty to recommend it to others who may be similarly afflicted. About a year ago my health was completely broken down, had backache, dizziness and irregularities, and life seemed dark indeed. We had used Pe-ru-na in our home as a tonic and for colds and catarrh and I decided to try it for my trouble. In less than three months I became regular, my pains had entirely disappeared, and I am now perfectly well."—Mrs. Anna Martin.

Miss Marie Johnson, 11 Columbia, East Detroit, Mich., is Worthy Vice Templar in Hope Lodge No. 6, Independent Order of Good Templars. Miss Johnson, as so many other women also have done, found in Pe-ru-na a specific for a severe case of female weakness. She writes:

"I want to do what I can to let the whole world know that a grand medicine Pe-ru-na is. For eleven years I suffered with female troubles and complications arising from them. Doctors failed to cure me, and I despaired of being helped. Pe-ru-na cured me in three short months. I can hardly believe it myself, but it is a blessed fact. I am perfectly well now, and have not had an ache or pain for months. I want my suffering sisters to know what Pe-ru-na has done for me."—Miss Marie Johnson.

Ruth Emerson, 72 Sycamore st., Buffalo, N. Y., writes: "I suffered for two years with irregular and painful menstruation, and Pe-ru-na cured me within six weeks. I cannot tell you how grateful I feel. Any agency which brings health and strength to the afflicted is always a welcome friend, and to-day the market is so

### Laid Up for Sixteen Weeks.

St. Jacobs Oil and Vogeler's Curative Compound Cured Him.

"I have been a great sufferer from Rheumatism for many years. I was laid up with Rheumatic Fever for nine weeks in 1854, and again for sixteen (16) weeks in 1896. I tried many medicines I saw advertised and others I was recommended; finally I was induced to take Vogeler's Curative Compound, which did me more good than all other medicines. In fact, I feel quite a different man since I have been taking the Compound. All my neighbors and friends are quite surprised to see me about and looking so well. I can only say that Vogeler's Curative Compound taken internally and by using St. Jacobs Oil outwardly acted like magic in my case. I had been taking medicines for years without obtaining benefit, but Vogeler's has practically cured me. I have recommended Vogeler's Curative Compound to a lot of my acquaintances, and they tell me that it has worked wonders.

"Wishing you every success in the sale of your Vogeler's Curative Compound and St. Jacobs Oil, I remain, gentlemen,

"Your obedient servant,

"GEORGE CLARKE, Gardener," 23 Beechcroft Road, Surrey."

Send to St. Jacobs Oil, Ltd., Baltimore, for a free sample of Vogeler's Compound.

### Highest Altitudes Possible to Man.

The reason, Signor Mosso tells us, why so few have attempted the ascent of the highest peaks on the face of the earth is the conviction that man cannot withstand the rarefied air of these altitudes. "Heroism shrinks from such prolonged sufferings as those due to lack of health." His own experiments and observations, however, give us the assurance that man will be able slowly to accustom himself to the diminished barometric pressure of the Himalays. "If birds," he says, "fly to the height of 29,000 feet man ought to be able to reach the same altitude at a slow rate of progress."

The United States Department of Agriculture now has well-equipped laboratories for the investigation of the diseases of plants in Washington City, Florida and California. There are also 50 experiment stations where plant diseases are studied and in perhaps half that number of colleges practical courses on plant life are given.

New South Wales attaches the death penalty to setting fire to a dwelling house knowing that a person is there.

When a fellow is a bad egg don't try to beat him.

# Complete Treatment

## FOR EVERY Humour

Price \$1.00

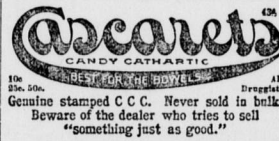
CUTICURA SOAP, to cleanse the skin of crusts and scales and soften the thickened cuticle, CUTICURA OINTMENT, to instantly allay itching, inflammation, and irritation, and soothe and heal, and CUTICURA RESOLVENT PILLS, to cool and cleanse the blood. A SINGLE SET of these great skin curatives is often sufficient to cure the most torturing, disfiguring, itching, burning, bleeding, crusted, scaly, and pimply skin, scalp, and blood humours, with loss of hair, when all else fails.

### Millions of People

USE CUTICURA SOAP, assisted by CUTICURA OINTMENT, for preserving, purifying, and beautifying the skin, for cleansing the scalp of crusts, scales, and dandruff, and the stopping of falling hair, for softening, whitening, and soothing red, rough, and sore hands, for baby rashes, itchings, and chaffings, and for all the purposes of the toilet, bath, and surgery. Millions of Women use CUTICURA SOAP in the form of baths for annoying irritations, inflammations, and excoriations, or too free or offensive perspiration, in the form of washes for ulcerative weaknesses, and for many sensitive, antiseptic purposes which readily suggest themselves to women.

CUTICURA RESOLVENT PILLS (Chocolate Coated) are a pure, fastidious, cathartic, economical substitute for the celebrated liquid CUTICURA RESOLVENT, as well as for all other blood purifiers and humour courses. In screw-cap vials, containing 25 doses, price 25c.

Sold throughout the world. SOAP, 25c. OINTMENT, 5c. PILLS, 25c. CUTICURA RESOLVENT, 50c. (Wholesale prices on application.) French Depot: 5, rue de la Paix, Paris. Sole U.S.A. Depot: J. C. Ayer & Co., Lowell, Mass., Boston, U.S.A.



### Colorado Beats the World

IN SUGAR BEETS.

Six Million Dollars have just been invested in sugar factories. Four Million more will be invested in the next year. The best beeted sugar men of the world are buying immense acreage for sugar beets. Colorado took first prize in the world exhibition last month for highest tonnage per acre, and highest percentage of sugar, being over twice as much as some States. We are offering a few shares of stock for sale in The Colorado Sugar Co. The first and only sugar stock offered to the public in any State. The company owns one of the most modern and complete refining plants in the world, situated in a district where the highest price is paid for sugar in the country. Local capitalists have subscribed Five Hundred and Fifty Thousand Dollars in cash. This is an opportunity of a lifetime. Factory is built and paid for. For full particulars write to:

W. H. GELDER & CO., 29 Broadway, New York, or Exchange Building, Denver, Colo.

P. N. U. 20, '02

### PISO'S CURE FOR COUGHS

COUGHS WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in Time. Sold by Druggists.

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of a laxative of known value and distinctive action is rapidly growing in public favor, along with the many other material improvements of the age. The many

## who are well informed

must understand quite clearly, that in order to meet the above conditions a laxative should be wholly free from every objectionable quality or substance, with its component parts simple and wholesome and it should act pleasantly and gently without disturbing the natural functions in any way. The laxative which fulfills most perfectly the requirements, in the highest degree, is

# Syrup of Figs

The sale of millions of bottles annually for many years past, and the universal satisfaction which it has given confirm the claim we make, that it possesses the qualities which commend it to public favor.

# Its Excellence

is due to the originality and simplicity of the combination and also to the method of manufacture, which is known to the California Fig Syrup Co. only, and which ensures that perfect purity and uniformity of product essential to the ideal home laxative. In order to get

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always buy the genuine and note the full name of the Company—California Fig Syrup Co.—printed on the front of every package. In the process of manufacturing figs are used as they are pleasant to the taste, but the medicinal virtues of Syrup of Figs are obtained from an excellent combination of plants known to be medicinally laxative and to act most beneficially.

