My Hair

"I had a very sovere sickness that took off all my hair. I pur-chased a bottle of Ayer's Hair Vigor and it brought all my hair back again."
"W. D. Quinn, Marseilles, Ill.

One thing is certain,— Ayer's Hair Vigor makes the hair grow. This is because it is a hair food. It feeds the hair and the hair grows, that's all there is to it. It stops falling of the hair, too, and al-ways restores color to gray hair.

If your druggist cannot supply you, send us one dollar and we will express you a bottle. Be sure and give the name of your nearest express office. Address, J. C. AYER CO., Lowell, Mass.

Constipation

Does your head ache? Path back of your eyes? Bad taste in your mouth? It's your liver! Ayer's Pills are liver pills. They cure constipation, headache, dyspepsia.
25c. All druggists.

Want your moustache or beard a beautiful brown or rich black? Then use BUCKINGHAM'S DYE Wriskers OF BUCKINGHAM'S DYE WISKERS OF BUCKINGHAM N. H. 4. CO. NASHAL N. H.

Free Delivery Rules.

Superintendent A. W. Machen of the Free Delivery Bureau of the Postthe Free Delivery Bureau of the Postoffice Department has issued a circular of instructions governing rural
free delivery througnout the country.
It directs that petitioners for such
service be heads of families, who shall
show the relative population along
the route, character of the roads,
principal vocations of the people and
distances each one now has to travel
to receive mail. A map of the routes
proposed is required. The petition
must be endorsed by either a Senator
or Representative in Congress. Each
route must be over twenty miles long,
serving at least one hundred families,
and those degiring the delivery must
altered to the protection of the United
States statutes, Rural carriers are not
required to deliver ordinary mail to
houses standing back from the main
road. They may carry other business than United States mail. Patrons
are required to co-operate by keeping
the roads up to the standard in all
weather. The maximum pay for carriers now is \$500 per annum for a
full route of approximately five miles
traveled on shorter routes. Carriers
are to carry a supply of stamps,
stamped envelopes and postal cards,
and must cancel stamps on all letters
they collect. office Department has issued a circu-

Sweat and fruit acids will not discolor goods dyed with PUTNAM FADELESS DYES. Sold by all druorists

A Philadelphia resident recently con-tracted for the building of 222 houses, to cost about 8750,000.

The coffee plant is a variety of the cin-chona family.

chona family.

\$100 Reward. \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded discesses that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroysing the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing the work of the constitution of the system that the constitution and assisting nature in doing the foundation of the disease, and giving the patients for any case that if fails to oure. Send for list of testimonials. Address for any case that if fails to oure. Send for list of testimonials. Address for any case that if fails to oure. Send for list of testimonials. Address for list of testimonials. Address for the constitution of the constitutio

prehistoric times the rhinoceros rished in California, while large lions tigers lived in the jungles.

FITS permanently cured. No fits or nervous-ness after first day's use of Dr. Kline's Great Nerve Restorer. \$2 trial bottle and treatise free Dr. R. H. KLINE, Ltd., \$31 Arch St., Phila. Pa In Germany and Switzerland stoves are a part of the house.

Mrs. Winslow's Soothing Syrup for children teething, soften the gums, reduces inflamma-tion, allays pain, cures wind colic. 250 a bottla London is to have an automatic ham andwich machine.

I do not believe Piso's Cure for Consump-n has an equal for coughs and colds.—John Boyen, Trinity Springs, Ind., Feb. 15, 1900.

An ounce of diplomacy is worth sound of blunder.

Ludies Can Wear Shoes
size smaller after using Allen's Poote, a powder for the feet. It makes tight
sew shoes easy. Cures swollen, hot, sweataching feet, ingrowing nals, corns and
ions. At all druggists and shoe stores,
Triel package FREE by mail. Address
m S. Olmsted, Le Roy, N. Y.

Best For the Browels.

No matter what alls you, beadache to a sancer, you will never get well until your bowels are put right. Gascaurs help nature, cure you without a gripe or pain, produce any natural movements, cost you just 10 cents to start getting your health back. Cascaurs can you will not be growing but up in metal boxes very tablet has C. C. C. stamped on it. Bewere of infinitations.

Stamped on it. Bewere of infinitations.

In China liquids are sold by weight and grain by measure.



From the Kitten

From the Kitten.

I am only a kitten, and what can I do
To keep myself busy the longest day
through?
I can eat a good dinner, and drink some
warm milk,
And smooth my soft fur till it's glossy
as silk;
I can play when I'm frisky, and sleep
and grow fat,
And in time I'll be known as "the family cat."

—Little Folks.

-Little Folks.

Living Sunkerme.

Living Scakesms.

Of all the birds the tiny humming birds are the most lovely. They look like animated jewels as tiey dart about from flower to flower in the sunshine. As is so often the case with birds of beautiful plumage, they have no song to speak of. Moreover, they are as quarrelsome as the saucy sparrow, fighting with their mates as well as with strangers. They are very inquisitive, too, their curiosity often getting them into trouble, and sometimes even into the collector's net. But like most wild things they cannot bear captivity, and usually pine away and die. For that they are such exquisite creatures, the South American Indians call them the pretty names of the beams and locks of the sun.

The Girls and the Parasols.

The Girls and the Parasols.

Two little girls, named Annie and Grace, had been given new sun shades, and had fallen into a quarreli in regard to their respective beauty.

"Mine is red," said Annie, "and is therefore the gayest and most attractive, and will best become my complexion and hair."

"And mine," retorted Grace, "being blue, is much cooler to look upon and is a more fashionable summer color; and besides, its shape is better, its size larger and its handle more beautiful. I wouldn't have a red umbrella for anything, so there."

"And I think you're a mean, hateful, little girl, so there," answered Annie.

Then they became so interested in their quarrel that they laid their open sunshades upon the ground while they continued the argument.

And while they were thus engaged a playful summer breeze came up and, catching up the parasols, whirled them into a nearby pond, where they floated amid the mud and ooze much to the dismay of their owners.

Moral—In quarreling about the shadows we often lose the substance.—

Moral—In quarreling about the shadows we often lose the substance.—Chicago Record Herald.

Science for Young Folks.

Chicago Record Herald.

Science for Young Folks.

Everybody knows, or ought to know, that the pressure of the atmosphere at sea level, is in round figures, 15 pounds to the square inch, but it is not generally known that this may be demonstrated in a very simple way. Take a glass tube three feet in length and closed at one end, the opening in the tube being equal to one-eighth of an inca square. Pour mercury into the tube until it is full, and then, with your innger over the open end of the tube to keep the mercury in and the air out, invert the tube into a small vessel containing mercury. Having removed your finger from the open end of the tube to keep the mercury in the latter is, of course, in communication with that in the vessel, and you will find that the mercury in the tube will fall six inchee, leaving that much empty space at the top.

Now put your finger over the open end of the tube again, and lift the latter from the vessel. Pour the mercury out of the tube and weight it, and you will find that it weighs three and three-fourths ounces. That is to say, a column of mercury one-eighth of an inch square, and 30 inches in height weighs three and three-fourths ounces. But a square inch is 64 times as large as one-eighth of an inch, and a column of mercury one inch square and 30 inches in height weighs three and three-fourths ounces, or 240 ounces, which is equivalent to 16 pounds.

The Mecking Bird and the Ring Dove, On the eastern shore of Marvland.

The Mocking Bird and the Ring Dove

The Mocking Bird and the Ring Dove.
On the eastern shore of Maryland there are some beautiful woods, and these woods resound with the music of the little mocking birds that gaily flit from bough to bough.

Some years ago, about twenty-five, there lived in Talbot, a Maryland town, a little girl named Alice, and her brother William. They were the only children of a clergyman, and were greatly loved by every one. Like other children they had their pets, and being in this land of songsters among them were a mocking-bird and a ring-dove.

dove.
"Bob," the mocking-bird had a very llen S. Olmsted, Le Roy, N. Y.
Lettuce was introduced into England of Flanders about 1250.

"Bob," the mocking-bird had a vessel of terms of the more specified by the mocking-bird had a vessel of th When the head aches and one is weary.

Garfield Headache Powder is needed. This simple remedy will cure the pain and imparting to this system. Send to Garfield Teador.

Co., Brooklyn, N. Y., for sample powders.

Hard hearts are apt to grow harder and soft heads to grow softer.

Hest For the Bowels.

Re matter what alls you, headache to sence, you will never get well until your years of the day, and streets at all hours of the day, and streets at all hours of the day, and

family thought they would like to make her a present. Unfortunately they had not a great deal of money and as she had so often experessed delight at the son, of the mocking-bird, at was decided to give little "Bob" away.

I do not understand how that could have been even thought of, but it was —doubtless it was supposed that another mocking-bird could be caught in the woods.

the woods.

Alice and William grieved more than the others, though they wanted to be generous; yet it was many nights before they fell asleep without a fearful talk about their dear little merry "Bob."

talk about their dear little merry "Bob."

One morning came a letter from Aunt Julia for Alice, and this is the principal thing that was in it:

"I do not know what alis Bob. He has not sung a note since we came home, but sits in the corner of his cage drooping. I have tried everything I could think of. What do you suppose is the trouble?"

The family at Taibot were surprised to hear that "Bob" had stopped singing, and the only way they could account for it was that he missed his little companion ring-dove. So they decided, as they did not like to ask to have "Bob" returned, to send the ring-dove on to him.

This was done, and the change in "Bob" was wonderful. He began sing, singing, singing, as if his little throat could not contain the sweet melodice any longer. They poured forta in bursts of rapture—the little bird singing, singing, until there was one final peel of glorious song, and little "Bob" lay dead upon the floor of his cage. He had lost his life while showing the joy that had come all too late to his little broken heart.

I have often wondered what became of the little ring-dove, but no one has been able to tell fine—Anne Washington Wilson, in Little Folks.

Fish and Their Odd Little Ways.

Fish and Their Odd Little Ways.

Fish have a great many curious habits and are often very knowing fellows. They can be filtempered or mild and gentle as truly as animals or boys and girls. A visitor to the aquarium at Eattery Park one day recently discovered that there are not only big fish, but tiny little ones whose ways are well worth watching. To hear of fishes with eyes nearly on their tails is surely astonishing. Yet that is what the little "four-eyed fish" in the Aquarium seem to have at first sight. But looking more carefully the tail eyes prove to be merely black spots inside of white circles. This little fish is so short and broad with its the fish is so short and broad with its bit of a tail, that at a distance it is hard to tell which end is head and

hard to tell which end is head and which tail.

Four-eyed fish have at least three other names and are known as the bride, butterfly and peacock fish, the last name being given because the "eye" is like that in a peacock's tail feather. There are more than twenty of them in the tank in the Aquarium, but unhapplily some make themselves disagreeable by nipping and biting the others. They come from Bermuda, where they live in the shallows of the coral, flitting in and out among its crevices and fissures.

Then there are the grunts, from Bermuda also. They have not deserved in the least their Ill-natured name, for they are peaceful fellows.

The blue parrot fish are called by one of the Aquarium officials "merry-go-rounds," because for hours at a time when their tank is full of water they amuse themselves by swimming round and round in narrow circles.

One of the most interesting and intelligent little things is the sea horse. Although so tiny, measuring only a few inches, he has a head and neck shaped like a miniature horse's, graceful and erect, and the long, tapering call makes him look like some of the strange creatures of the fairy book pictures. When Mr. Spencer, one of the Aquarium officials, tapped lightly on the glass, the sea horse came for ward at once from his dim corner, and which tail.

the Aquarum omeials, tapped lightly on the glass, the sea horse came for-ward at once from his dim corner, and seemed to pay the closest attention to all that was said to him. Mr. Spencer has known them in laboratories to

has known them in laboratories to grow tame enough to come when one called and cling to one's finger with their slender tails.

Among the strange and interesting fishes who have had individuality all their own is the exquisitely beautiful angel fish, with a gorgeous blue band about the edge of the body and fins. His name is as ill suited to his temper as the grunt's was found to be, for the as the grunt's was found to be, for the angel fish cruelly kills his mate.

as the grunts was found to be, for taking angel fish cruelly kills his mate.

The green morays, or great eels, which grow from 10 to 15 feet long; the queen trigger fish, with a spine on its back which raises or drops like the trigger of a pistol, and the pretty moonfish from our own Gravesend bay, which look like mother of pearl and fairly cast a slight reflection from their brilliant bodies, all attract many visitors, and appear to be conscious sometimes that they are being shown off. But the carps at the entrance, so say the attendants, actually seem to weary of the crowds of sightseers, and open their mouths languidly, it is their way of yawning and says to curious visitors: "Oh, dear! Why can't you go away and leave us alone."—New York Tribune.

The Barefoot Fad.

The latest sensation in Dublin is the



Mix equal parts of dry flour and plaster of paris, stirring in a little pul plaster of paris, stirring in a little pul-verized sugar, spread it on a plate or shallow basin or pan and set on the floor where the pests are most numer-ous. Fill a second plate or pan with water and connect the two with a few pleces of wood, thus forming a bridge from the one to the other. The roaches will responsive set the mixture. will ravenously eat the mixture, drink the water and find themselves miniature plaster casts a little later. -Good Housekeeping.

Prefer Their Own Methods.

It is a kindness to household pets to leave the arrangement of their own beds to themselves. Given the materials and places, the cat and dog will both, after turning and twisting to their hearts' desire, make of the blanket or shawl, or the straw of the kennel, the kind of a bed that their inherited instincts call for.

A woman who tried to build a peet

herited instincts call for.

A woman who tried to build a nest of the softest white cotton from ker jewel box for her canaries met with rankest ingratitude from her pets. As fast as she arranged the fleecy stuff in the wire nest, the birds scoided and pulled it out. Finally she scattered it in tufts about the room, whereupon they helped tnemselves to it, and made, she said, a nest for all the world just like her own creation. But again, human eyes evidently lack a few qualities possessed by the lower orders of life.

life.

A man who made pets of his fowls says that every spring he and the old rooster make the nests for the hens. He puts in the hay, hollows it out carefully, and as he rises thinking his task complete, in walks the rooster, and, after turning and treading and arranging matters to his liking, steps out with the air of a judge, and says, "That'll do—that'll do—that'll do."—New York Tribune.

A Suggestion to the Breadmaker

The old method of making bread al-ways demanded that the bread be set to rise over night and then be kneaded twice in the morning besides the thorough kneading at night. Quick-process bread is fully as good and should be made as follows: Mix together equal portions of luke-warm sweet milk and luke-warm water and for each pint of this mixture add one compressed year cake dissolved in three tablespoons of cold water. Add also a teaspoonful of salt. Add flour, stirring in in with a spoon until a stiff dough is formed. This dough should be so stiff as to be turned from the mixing bowl in a mass. Now knead this, adding more flour until the dough sticks neither to the board nor to the fingers. Grease a large earthen bowl, put into it the dough, brushing it over with melted butter to prevent a crust forming. The temperature is the main thing now. twice in the morning besides the thor temperature is the main thing now. The bread should be left to rise for three hours in a temperature of 75 deg. ... the end of that time form the bread into loaves, put into greensed pans and set it to rise for another hour at the same temperature. Then bake. This makes two loaves of bread.—New makes to York Sun.



Boiled Eggs.—Toast to a light brown on both sides bread cut in squares, arrange on a platter, break an egg on each side, sprinkle with sait and quickly pass a red hot shovel over them until they are well set. Squeeze over the juice of an orange and a little grated nutmeg. If a rich dish is desired, dip the toasted bread into thick cream in which has been melted a piece of butter the size of an egg.

Cocca Pudding—is eastly made and

ter the size of an egg.

Cocca Pudding—is easily made and may be served hot or cold. Pour a pint of bolling milk over half a cup of bread crumbs and let it stand for an hour in a saucepan; stir occasionally. Add a tablespoonful of cocca and a teaspoonful of vanilla; let it boll up once. Remove from the fire, stir in three eggs, yolks and whites beaten separately. Pour in a buttered pudding dish; bake half an hour. Serve with plain cream.

German Mousse—To one pint of

German Mousse—To one pint of cream, whipped, add one-half cup of powdered sugar and one teaspoonful of vanilla sugar. To another pint of cream when whipped, add eight ounces of black bread (or Boston brown bread), crumbled fine or well grated, also five tablespoonfuls of chocolate in powder and two tablespoonfuls of sugar, then mix thoroughly. Fill a mold with alternate layers of the vanilla cream and breaded cream. Close the mold and finish as usual. One pint of cream will make a quart when of cream will make a quart whipped.

Turk's Head Soup-Chep fine enough celery to make a cupful, scrape and grate one small carrot and peel and slice two onions, then cook them slowly for fifteen minutes in a rounded tablesponful of butter, being careful not to let the butter brown. Add one The latest sensation in Dublin is the adoption by a number of society people of the "barefoot" fad for their children. Considerable attention is aroused now and then in the streets about the fashionable squares by the appearance of smartly clad children, walking barelegged and barefooted, all but a slight sandal. The idea is that the children are made hardier and less likely to take cold by this exposure.—Dublin Freeman's Journal.

Old Seneschal's Court.

A most interesting quasi-judicial body, called the Court of Claims, was constituted by the preclamation published in the London Gazette of June 27. The duties this body will have to perform are defined by the proclamation; they age very light, owing to the curtailment of the modern coronation ceremony. This Court of Claims is neither more nor less than the Seneschal's Court of Norman times. The "Seneschal's Court of Norman times. The "Seneschal's Court of Norman times. The demise of one sovereign and the crowning of another. The office became merged in the crown when Henry of Bollingbroke became hing of England. The first mention in history of a Court of Claims occurs on the accession of Richard II. "The Duke of Lancaster," who for his Dukedom of Lancaster," who for his Dukedom of Lancaster, and Earldoms of Leicester and Tancoln, was admitted upon his claim to be high steward, bearer of the king's chief sword, "Curtana," and carver at that solemnity. . . . held the steward's court several days in Westminster Hall to receive the claims of such persons as by certain tenures or custom were to officiate at that ceremony. We give an illustration, taken from a Cottonian manuscrift, showing John of Gaunt holding the steward's court and receiving the claim of Thomas of Wedstock. Both are shown in the parti-colored dresses of the period.

What Garfield Headache Powders have demonstrated: that Headaches may be cured

What Garfield Headache Powders have de-monstrated: that Headaches may be cured without the use of harmful drugs. This sim-ple remedy acts like magic—it never fails to cure and does not harm or derange the system.

The value of Italy's exports of eggs early equals that of her olive oil.



framicted with Thompson's Eye Water



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llions of Mothers

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Complete External and Internal Treatment for Every Humour

Consisting of CUTTCUERA SUAP, to cleane the skin of crust scales and soften the thickened cuttel; CUTTCUEA OINTEK standards and CUTTCUERA RESOLVENT, to cool and cleanes the lead of the skin of crust scales and CUTTCUERA RESOLVENT, to cool and cleanes the land CUTTCUERA RESOLVENT, to cool and cleanes the land CUTTCUERA RESOLVENT, to cool and cleanes the land cutter of the skin of calls, and blood homeous, will or hair, when all clee falls. Sold dirugal out his way. But all blood homeous, will solve stand see the scale of the skin of crust scales and blood homeous, will solve standard the scale of the skin of crust scales and blood homeous, will solve standard the scale of the scales of the scal