Ayer's Cherry Pectoral

will cure old coughs also; we mean the coughs of bronchitis, weak throats, and irritable lungs. Even the hard coughs consumption are always made easy and are frequently cured.

If your druggist cannot supply you send us one dollar and we will express a large bottle to you, all charges prepaid. Be sure and give us your nearest express office. Address, J. C. AYER CO., Lowell, Mass.

A King's Fear of Woman's Beauty

A king's Fear of Woman's Beauty.

Charles XII. of Sweden feared only one power in the world, the power of beauty; only a handsome woman could boast of making him quail—she put him to flight. He said: "So many heroes have succumbed to the attractions of a beautiful face! Did not Alexander burn a town to please a ridiculous courtesan? I want my life to be free from such weakness; history must not find such a stain upon it." He was told one day that a young girl had come to sue for justice on behalf of a blind octogenarian father maltreated by soldiers. The first inclination of the king, a strict disciplinarian, was to rush straight to the plaintiff, to hear the details of 'he misdemeanor for himself, but suddenly stopping, he asked, "Is she good-looking?". And being assured that she was both very young and unusually lovely, he sent word that she must wear a veil, otherwise he would not listen to her.

WHY MRS. PINKHAM

Is Able to Help Sick Women When Doctors Fail.

How gladly would men fly to wo-man's aid did they but understand a woman's feelings, trials, sensibilities, and peculiar organic disturbances.

Those things are known only to women, and the aid a man would give is not at his command.

To treat a case properly it is neces-sary to know all about it, and full information, many times, cannot be given by a woman to her family phy-



MES. G. H. CHAPPELL.

sician. She cannot bring herself to tell everything, and the physician is at a constant disadvantage. This is why, for the past twenty-five years, thousands of women have been confiding their troubles to Mrs. Pinkham, and whose advice has brought happiness and health to countless women in the United States.

Mrs. Chappell, of Grant Park, Ill., whose portrait we publish, advises all suffering women to seek Mrs. Pinkham's Vegetable Compound, as they cured her of inflammation of the ovaries and womb; she, therefore, speaks from knowledge, and her experience ought to give others confidence. Mrs. Pinkham's address is Lynn, Mass., and her advice is absolutely free.

Compressed Air for Canai Locks.

On the Eric canal at Lockport, N. Y.,
a pneumatic balance lock is being substituted for a flight of old-fashioned
stone locks, says the Youth's Companion. The new lock consists of two steel
chambers, one for ascending and the
other for descending boats. Each
chamber is divided into two parts, an
upper one containing water to receive
the boats and a lower one containing
compressed air on which the upper
chamber floats. When a boat has been
run into the upper chamber it is either
lowered or raised, as may be desired,
by filling or exhausting the air chamber
beneath it.

lantic Monthly.

It has been estimated that the approximate total production of rubber annually is 57,500 tons. Of this amount 21,000 tons are taken by the United States and Canada: 21,000 by the United Kingdom, and 15,500 by the rest of Europe. The Amazon district produces 25,000 tons and East and West Africa 24,000 tons: parts of South America other than the Amazon district, 3,500 tons.

The natural gas wells around Iola, Kas., are reported to be rapidly falling. The Rockefeller and Standard Oil people, it is said, will be neavy losers.

pic, it is said, will be heavy losers.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years declored and until the last few years declored in the last few years with the last few years for each year. It is constitutional disease and therefore requires constitutional disease and therefore requires constitutional disease and the last few years declored in the last few years declored in the last few years with the last few years and the last disease years and years an

A woman has built a house with her own hands near Fountain Ferry Park, Ind. It is a one-story wooden struc-ture of four rooms with a stone founda-tion.

Best For the Bowels.

No matter what alls you, headache to a sancer, you will naver get well until your bowels are not regarded to the sancer. The produce seep nature, cure you without cascanars help nature, cure you without movement, out you just 10 cents to start getting your health back. Oscanars Candy Cathartic, the genuine, put up in metal boxes, severy tableth as C.O.C. stamped on it. Beware of imitations.

Russia absolutely forbids the employment of children under 12 years of age in industrial establishments, whether conducted by the state or private indiriduals.

The intemperate use of tea and cof-fee produces results as real as those of drunkenness. Total blindness is often the result of excesive coffee drinking

Dyeing is as simple as washing when you use PUTNAM FADELESS DYES. Sold by all druggists.

Ohio's cities and towns gained 486,-021 in population during the last 10 years, or 702 more than the increase in the rest of the entire State.

Breakage of propeller shafts at sea osts an immense sum annually in sal-

Fits permanently cured. No fits or nervous ness after first day's use of Dr. Kline's Great Nerve Restorer. \$2 trial bottle and treatise free. Dr.R.H.KLINE, Ltd. 931 Arch St. Phila. Pa

Frey's Vermifuge For Worms
Has many imitators. Get the genuine, may E. & S. FREY, BALTIMORE, MD.

Champagne to the value of \$3,307,00 was imported into this country last year

Silk dresses were worn in China 4,500

Mrs. Winslow's Soothing Syrap for children teething, softens the gums, reduces inflamma-tion, allays pain, cures wind colic. 25c a bottle

For fatigue of mind and body take Gar-field Headache Powders; they bring im-mediate relief and no reaction follows their use; they are made from herbs.

"TAKE THIS! My Bilious Friend,"

the doctor, "it is the best laxative water known to medical science."

A glass of Hunyadi Jánes

IT CURES CONSTIPATION AND BILIOUSNESS. Average Dose: One-half glassful on getting up in morn

ggist or grocer will get it for you.
e full name, "Hunyedi János." Blue label, red centre par ported by Firm of ANDREAS SAXLEHNER, 130 Fulton St., N. Y. WOMAN AND THE WORLD

Good fortune rang the bell one day; She stopped to fluff and fix her hair, To swing her skirt the proper way And dab on powder here and ther

And, being satisfied, at last
She hurried to the door to find
Whoever had been there had passed
Along, and left no card behind.
—Chicago Times-Herald.

HUMOROUS.

Nell—Miss Gotrox has a poor complexion. Belle—Yes; for such a rich girl. I should think she could afford a better one.

"Do you believe in heredity?" asked the Serious Man. "Well, I've known old clothes to descend from father to son," replied the Cheerful Idiot.

diot.

Mrs. Muggins—My husband proposed to me 13 times before I finally
accepted him. Mrs. Buggins—I suppose that's why he has been superstidous ever since.

"There is something very sad to me
about wedding bells." remarked the
appinster. "Yes," agreed the crusty
achelor; "they affect me like the
moan of the tied."

Blobbs—The school children nowa-

moan of the tied."

Blobbs—The school children nowadays seem very dull. Now when I was a boy—Slobbs—When you were a boy it was the teacher's switch that made you smart.

Youngpop—Why so downcast?" Newlywed—My wife threatens to go home to her mother. Youngpop— Humph! That's nothing. My wife threatens to bring her mother on to us

us.

"Are you perfectly sure this milk is free from germs?" asked the careful housekeeper. "Yes, lady," replied the milkman, confidentially; "we bell every drop of water that goes into it."

Mrs. Newrich was giving a dinner party. "The cream is simply delicious." said a guest. "Well, it ought to be," replied Mrs. Newrich; "I'm sure we patronize the very best crematory."

Buggins, who had been across.
"It seems to me you take the death
of your rich old uncle rather philosophically." "Yes; and, candidly, if he
had kept me waiting for his money
much longer I believe I would have
taken his life quite as philosophically."

cally."
"My ancestry," said the tiresome mr. Blugore, "can be traced back into the ancient days when—" "I don't doubt it," interrupted Miss Kostique; "I fancy it would go back to one of the original boars that went into the ark with Noah."

THE COST OF DYING.

Why the Sewing Woman Pays Ten Centa a Week.

"I was behindhand with my rent last fall," said the sewing woman, "and I caught an awful cold because I couldn't afford to buy new overshoes; but I always managed to have the insurance agent's money ready for him surance agent's money ready for him but I always managed to have the insurance agent's money ready for him when he called. You may think 10 cents a week is a small sum to bother about, but when the season is over in my place a dime looks as big as a half dollar does when I am earning my \$10 a week. Why do I pay it you ask? Well, I expect to get sick and dle one of these days, and then, if there wasn't the hundred dollars insurance money, how could I count on having a decent funeral? I know there are those who say that they never trouble their heads about such matters, but that is no way for people to talk who have got any self-respect, though it may do well enough for drinking men and others that Potte's Field is too good for. And I don't want to be caught as a friend of mine was last year. She is one of the happy-go-lucky, hand-to-mouth sort of bodies who never lay up anything for a rainy day. She wouldn't look at an insurance man. Though that girl's mother was given up by the doctors for months before she died, there was only \$3 in the house when the undertaker's men came in for the body.

"Now, how much do you suppose that poor woman went in debt for the funeral? Fifteen dollars might be what the city has to pay for buying a pauper, but it wouldn't begin to pay for anything that might be cailed a funeral. The undertaker's bill was \$75, and, everything considered, it was not an overcharge, although the debt ain't paid off yet. My friend says she is in no hurry to pay it, as she wants to find out first if the law can't compelher step-father to give up the mone? He destered his wife two years ago, running off with another woman. I think the person who contracts the debt is the one that has to pay it, but there are those who seem to think they know more than I about such matters. From what I have heard of the step-father, I guess he would have been willing enough to turn his wife's body over to the city to be buried like a dog, but I'm thankful to say there ain't many husbands like him that I know of, and that is the reason why so many widowers ar



Absorb Impurites.

No compound of gelatine or milk should be allowed to remain uncovered, as both absorb impurities from the air. A cut onion is a genuine scavenger in the same respect, and should never be used in cooking, nor should it be eaten, after it has been cut for any length of time. If only half of a large onion has been used the other half can be safely reserved for another occasion by wrapping it securely in paper.

Hints for Tea Makers.

The properties of tea depend chiefly upon the presence of a volatile oil that acts as a powerful stimulant. The fact that this oil is volatile and easily lost is the reason why tea should never boil or remain on the leaves after they are steeped. Green and black tea are made from the same plant, the only difference lying in the ways of curing, the green tea being made by much the quicker process. For a strong cup of tea a teaspoonful to a pint of boiling water is the usual proportion, while one teaspoonful to a pint of boiling water makes a weak cup. Very hard water should be boiled thoroughly for five or 10 minutes before it is used, so that the carbonate of lime may be separated from the water, or on the other hand, it should be steeped four minutes longer boiling point, then used before the separation commenced. Green tea should be steeped foud minutes longer than either Oolong or English breakfast tea.

A Suggestion for the Cook.

than either Oolong or English breakfast tea.

A Suggestion for the Cook.

Another point which the cook should know is the difference between simmering and boiling. This is readily tested with a cook's thermometer, when boiling point will be found at 122 degrees, simmering only demanding 180 degrees. Roughly speaking, it is easy to see the difference between the two. When a liquid boils at full pitch its surface will be closely cowered with bubbles, and the whole surface, will, so to speak, rock and swell with the heat, in which condition it very quickly boils over. When it simmers, however, the surface of the liquid will simply ripple like a pond into which a stone has been thrown, the water keeping all the time at a gentle shiver. This rippling is called by French cooks the sourire or smile of the water. If you allow meat or anything that the cookery books say should be simmered to boil up and bubble, the substance in question will harden and become stringy, giving out all its goodness to the liquid in which it is cooked, said liquid being only too frequently thrown away, via the sink. But if in your zeal to keep the dish at simmering point you keep it at the side of the stove, where the liquid never reaches "smilling" point, the substance in question may heat, but it will only steep, not cook.



Lima Bean Soup-Slice one small onion and brown in two tablespoonfuls of butter and one of boiling water, one bay leaf and one coffee-cupful of Lima beans; cook until beans are tender, press through a sieve into two

half teaspoonful of salts cook until it thickens.
Oatmeal and Crumb Griddlecakes—Soak a half cupful each of rolled oats and bread crumbs over night in a pint of sour milk; add a half-teaspoonful each of salt and sugar and a half-teaspoonful of soda dissolved in a tablespoonful of hot water, a beaten egg and flour enough to make a batter; bake on greased griddle and serve hot with butter.

Nut Biscuit—Put through a food-cutter sufficient shelled nuts to measure one cupful, add two-thirds of a teaspoonful of salt, two teaspoonfuls of baking powder and one tablespoonful of butter and mix to a dough with sweetmilk; turn out on a floured board, knead for a moment, and roll two-thirds of an inch thick; cut into round or square biscuit, brush the top with milk, and bake in hot oven.

Molasses Cake—One cupful each of sugar and a courter one.

top with milk, and bake in hot oven.

Molasses Cake—One cupful each of sugar and molasses and a quarter-cup of butter warmed together over the fire. Stir until the butter is melted, remove from the fire; dissolve a half-spoonful of soda in a half-cup of strong coffee and add to the other ingredients; beat in two whole eggs and two cups of flour and bake in square tins in moderate oven. Eat while fresh, not hot; tear apart with a fork linto squares.

Gold Mount Potatocs—Add to one

Into squares.

Gold Mount Potatoes—Add to one quart of sifted potatoes the beaten yolks of three eggs, one-half teaspoonful of salt, one-fourth teaspoonful of paprika, one tablespoonful of grated onion, one tablespoonful of minced parsley, two tablespoonfuls of melted butter; then add the stiffly beaten whites of eggs, mold on a buttered plate, score, brush with egg and bake 20 minutes. Slip onto a hot china plate when ready to serve.

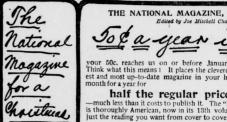
tration by Dr. Greene's Nervura Blood and Herve Remedy.



"It tried many remedies recommended by physicians, but found no permanent relief.
"It tried many remedies recommended by physicians, but found no permanent relief.
"One day I was in the store of R. S. Ogden, at Sardis, W. Va., and he said to me:
"You take who bottles of Dr. Greene's Kervura blood and nerve remedy, and if you say is
don't help you, you need not pay for it."
"I took two bottles of this medicine and found so much relief that I bought two more
bottles, and now I am wonderfully improved in health and in strength. Dr. Greene's Nervura blood and nerve remedy did it. I can heartily and truthfully recommend it to the
variable of the sufferest from nervous and raise of this splendid medicine. I say this for the good
of other sufferest from nervous and raise of this splendid medicine. I say this for the good
of other sufferest from nervous and take of this splendid medicine. I say this for the good
of other sufferest from nervous and take of this splendid medicine. I say this for the good
of other sufferest from nervous and take of this splendid medicine. I say this for the good
of other sufferest from nervous and take of this splendid medicine. I say this for the good
of other sufferest from nervous and take of this splendid medicine. I say this for the good
of other sufferest from nervous and take of this splendid medicine. I say this for the good
of the sufferest from nervous and take of this splendid medicine. I say this for the good
of the sufferest from nervous and the sufferest fro

DR. GREENE'S OFFER OF FREE ADVICE.

Dr. Greene, Nervura's discoverer, will give his counsel free to a write or call upon him at his office, 35 West 14th Street, New York Chadvice is from his great skill and experience and will shorten the abeath. Thousands come to him and write to him constantly. Do not getting the right advice, if you are iii.



Joe a year i

half the regular price!

bresut.

Timely Topics, Washington Affairs, Bright Stories, Clever Illustrations.

00 pages each month. President McKinley has subscribed for by the "National." for years, Send your 50c, to-day-while its offt. Subscription price \$1.00 a year after Jan. 1. Address National Magazine, 91 Bedford St., Boston. New Zealand shares with Iceland the distinction over other parts of the earth in freedom from all forms of cattle dis-ease.

A large Dublin manufacturer has a room entirely furnished with Irish peat. The carpets on the floor, the curtains at the windows and paper on the wall are made from this substance. For years he has experimented with the material, which is now very largely exported as fuel, and he has discovered that from it it is possible to procure almost any kind of fabric.

There are 1,too Chinese pupils in Queens College, Hongkong, varying in age from 9 up to 23, and many of them have family cares in the shape of a wife and children at home. Each year sees a decrease in the proportion of married schoolboys, and the average age becomes less every year.

Tied Up

When the muscles feel drawn and tied up and the flesh tender, that Soreness

Stiffness from cold or over exercise. It lasts but a short time after

St. Jacobs Oil

Dr. Bull's Cough Cures a cough or cold at once.
Conquers croup, bronchitis.
Syrup
grippe and consumption 25C.

\$300 OUGLA WLD SHOES \$3 BEST \$3.00 SHOE.

DROPSY NEW DISCOVERY; give cases. Boos of testimonials and 10 days 't reatment Free. Dr. H. E. GREEN'S BONS. Box B. Atlanta Ga.

CONSUMPTION