

HOW MUCH YOU EAT

Is not the question, but, how much you digest, because food does good only when it is digested and assimilated, taken up by the blood and made into muscle, nerve, bone and tissue. Hood's Sarsaparilla restores to the stomach its powers of digestion. Then appetite is natural and healthy. Then dyspepsia is gone, and strength, elasticity and endurance return.

Stomach Trouble—"I have had trouble with my stomach and at times would be very dizzy. I also had severe headaches and that tired feeling. When I had taken three bottles of Hood's Sarsaparilla I was relieved." Mrs. ANGELOINA JARVIS, 5 Appleton St., Holyoke, Mass.

Hood's Sarsaparilla

Is the Best Medicine Money Can Buy

There are 30,000 more exhibitors at the present Paris fair than there were in 1889.

Try Grain-O! Try Grain-O!
Ask your grocer to-day to show you a package of GRAIN-O, the new food drink that takes the place of coffee. Children may drink it without injury as well as the adult. All who try it like it. GRAIN-O has that rich seal brown of Mocha or Java, but is made from pure grains; the most delicate stomach receives it without distress. $\frac{1}{2}$ the price of coffee. 15c. and 30c. per package. Sold by all grocers.

Portland is the largest prison in England. Nearly 2,000 convicts are located there.

What Shall We Have For Dessert?
This question arises in the family daily. Let us answer it to-day. Try Jell-O, a delicious and healthful dessert. Prepared in 2 min. No boiling! No baking! Simply add a little hot water & set to cool. Flavors: Lemon, Orange, Raspberry and Strawberry. At grocers, 10c.

On the 110 square miles of London's area, it is said 1,000 tons of soot settle yearly.

A. M. Priest, Druggist, Shelbyville, Ind., says: "Hull's Catarrh Cure gives the best of satisfaction. Can get plenty of testimonials, as it cures every one who takes it." Druggists sell it, 75c.

For some years the Nova Scotia government had expended about \$25,000 yearly upon agriculture.

The Best Prescription for Chills and Fever is a bottle of GROVE'S TASTELESS CHILL TONIC. It is simply iron and quinine in a tasteless form. No cure—no pay. Price 50c.

Nine important British steamship companies earned in 1899 a net profit of \$4,600,000, against \$4,743,000 in 1898.

Fits permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. \$2 trial bottle and treatise free. Dr. R. H. KLINE, Ltd., 161 Arch St., Philadelphia, Pa.

A new substitute for celluloid resembling horn in appearance is now manufactured under the name of marid.

You Will Never Know what good ink is unless you use Carter's. It costs no more than poor ink. All dealers.

Nearly one-third of the beer consumed in the world is brewed in Germany.

Strawberries on Trees.

At last M. Baltet, the great French specialist, has been enabled to grow strawberries on plants of a decidedly ree-like nature. The method is simplicity itself. The runners are raised up vertically and tied to a stake, in the same way that a pot tomato plant is, and then the lateral buds are pinched out. Result—a strawberry tree on a small scale.—London Leader.

Unsettled.

"Can you tell me what sort of weather we may expect next month?" wrote a subscriber to an editor; and according to the Cumberland Presbyterian, the editor replied as follows: "It is my belief that the weather next month will be very much like your subscription." The inquirer wondered what the editor meant, till he happened to think of the word "unsettled."

Weary Women

Rest and help for weary women are found in Lydia E. Pinkham's Vegetable Compound. It makes women strong and healthy to bear their burdens, and overcomes those ills to which women are subject because they are women.

Lydia E. Pinkham's Vegetable Compound

Is known from coast to coast. It has cured more sick women than any other medicine. Its friends are everywhere and they are constantly writing thankful letters which appear in this paper.

If you are puzzled write for Mrs. Pinkham's advice. Her address is Lynn, Mass. She will charge you nothing and she has restored a million women to health.

PISO'S CURE FOR CURVES WHERE ALL ELSE FAILS.
Best Cough Syrup. Tastes good. Use in time. Sold by druggists. CONSUMPTION.

OUR BUDGET OF HUMOR.

LAUGHTER-PROVOKING STORIES FOR LOVERS OF FUN.

A Man Much Wanted—A Long, Long Time—Belonging a Fellow Along—Hop- ing For the Best—Too Indefinite—Knocked Silly, Etc., Etc.

"Man's made," she mused, "of dust, they say; The man I want is he With sand enough to find a way To make the dust for me." —Philadelphia Press.

A Long, Long Time.
"How long will it be before Higbee recovers from his injuries?"
"It will depend on when the railroad company settles."—Puck.

Hoping For the Best.
Ferdie—"She says I am dull."
Percy—"You should crack a few jokes occasionally. Ask her to marry you, or something like that."—Puck.

Too Indefinite.
Mudge—"Don't you believe in man's superiority to woman?"
Wickwire—"Superiority in what? In using a hammer or a hairpin?"— Indianapolis Press.

Knocked Silly.
"My dear," said Growles, "you are simply talking nonsense."
"I know it," replied his better half, "but it's because I want you to understand what I say."—Chicago News.

Nothing to Fear From Him.
Benham—"Everybody says that baby looks like me."
Mrs. Benham—"But he may outgrow it, dear."—Harper's Bazar.

A Costly Chinese Confection.
"The Chinese have a strange idea of table delicacies," said a gentleman of this city who has taken much interest in local mission work. "A few days ago I received a small jar filled with a peculiar brownish paste, which was sent me as a present by a young Chinaman who used to have a laundry here, but is now living in San Francisco. A letter which accompanied the gift explained that the paste was a combination of peanut buds and ginger-jelly. That sounds like a joke, but it isn't. If you will break open the kernel of a peanut you will find at the base a little cone-shaped formation usually surmounted by two microscopic leaves. It is the life germ of the nut, and, if planted, would develop into a tree. As my friend Wong explained to me, the nuts are first roasted and then the minute growths are carefully extracted. They are so small it takes many thousands of them to fill a tea-cup, but when a sufficient number is collected they are put in a mortar and ground into fine flour, which is subsequently mixed with the ginger jelly and rubbed down to a smooth paste. That sent me was about the consistency of cream cheese, and it had a peculiar aromatic taste that was rather pleasant. It is one of the queer semi-confections that the Chinese like to nibble at between courses, and as it costs \$10 an ounce it is literally worth almost its weight in gold. I have eaten a little of the preparation, but I don't think I'm likely to acquire a taste for it."—New Orleans Times-Democrat.

A New Food For Campaigning.
The military papers report that experiments are being made in Germany with a view of testing the merits of a new description of food for use in campaigning. The food consists of a biscuit, which its inventor claims is a perfect substitute for bread, and of meat and vegetables preserved by a special process. All that is known of the biscuit is that eggs enter into its composition. As to the preserves, they are meant to provide hot dishes, and their special feature is the short time in which they can be cooked, ten minutes or a quarter of an hour. The duty of testing the virtues of the new food has devolved upon the First Battalion of the 174th Regiment of the line. For a week the officers and men of this, perhaps luckless, battalion will be allowed no other solid nourishment of any kind whatever, and the most stringent precautions have been taken to prevent their regaling themselves surreptitiously with other fare. Moreover, throughout the trial period the battalion is to engage in manoeuvres comprising forced marches, camping out and every species of fatigue. It would seem to be only justice that the inventor should have been made to live on his products for a fortnight before the soldiers were forced to content themselves with them for a week.—Paris correspondence of the Pall Mall Gazette.

A Witness of Waterloo.
Lady Medway has brought to the notice of the Queen the facts connected with Mrs. Barbara Moon, of Rolvenden, Kent, the only woman alive who was present at the battle of Waterloo. Mrs. Moon, who is ninety years of age, was the daughter of a color sergeant in the Third Battalion, rifle brigade, who fought in the battles of Badajoz, Salamanca and Waterloo. In the last named he received his death wound. Mrs. Moon was then four years of age. She remembers leaving the field of Waterloo with her mother in a baggage wagon. At the age of seventy she could neither read nor write, but she learned to accomplish these tasks at the village Sunday-school. Her Majesty has accepted Mrs. Moon's photograph and has sent her a contribution "to assist in making her comfortable during this somewhat trying season of the year."—London Chronicle.

Quick Work.
Medder—"What is that electrical contrivance you have on your folding-bed?"
Darker—"A device to ring an alarm-bell whenever the bed doubles up."
Medder—"Where do you have the bell?"
Darker—"In the undertaker's office."—Harper's Bazar.

Artful.
"Shrewd fellow, that Bliggins," said one young man. "He's a natural diplomat."
"How did you find it out?"
"I asked him to lend me a dollar."
"And he got away from it?"
"No. He said he hadn't a dollar, but he'd lend me five. I might forget about one dollar. But he could remind me of five."—Washington Star.

STEEL WOOL.

A Curious Material That is Used as a Substitute For Sandpaper.

Steel wool, introduced five or six years ago, is a machine-produced material that is used as a substitute for sandpaper. It is composed of sharp-edged threads of steel, which curl up together like wool, or somewhat as the wood fibres of the familiar material known as excelsior curl up together, though the steel wool is very much finer; the finest of it being not much coarser than the coarsest of natural wools. The steel wool is put up in packages containing one pound each. These are something like rolls of cotton batting, but smaller, a pound of steel wool, loosely packed, making, rolled in paper and open at the ends, a package perhaps fifteen inches long and two or three inches in diameter.

Made in various degrees of coarseness, steel wool is put to a variety of uses, the finer wools for polishing wood and metal, and the coarser for rubbing down paint and varnish. It is often used on special parts of work, while, for example, on the flat surfaces of a door a man would use sandpaper with a block back of it; for the mouldings he would use steel wool, which fits into the crevices and conforms itself to irregular shapes. Such work can be done with steel wool far more readily and quickly than with sandpaper; and it is used with like advantage on irregular and small surfaces and on carved work.

Besides the steel wool there is a coarser material of the same kind called steel shavings, which is put to various uses; as in taking off old paint or varnish, and in polishing wood before painting and it is used on bowling alleys and on floors for smoothing and cleaning them.

Sandpaper clogs in use, steel wool breaks down. The wool is commonly used with gloves to keep the ends from sticking into the fingers.—New York Sun.

The Lost Pocketbook.
A westbound Fort street car stopped near the city hall. Among the alighting passengers were two women, who were soon hurrying in opposite directions. Suddenly the conductor, who had not yet given the starting signal, noticed an apparently fat, yet shabby-looking purse lying upon the platform.

"Hey!" he yelled. "Which one of you ladies dropped her pocketbook?"
"Hey!" called the harsh voice of a newsboy, "dropped yer money!"

Then others took up the hue and cry and boys and men started in pursuit of the disappearing woman, while the conductor held the purse in one hand and nervously fingered the bell-rope with the other. The whole scene made an amusing street picture. Finally a juvenile courier, panting for breath, returned to the waiting car and gasped:

"Dat lady over dere is de one, but she says she don't want it, 'cause it was an ole pocketbook ennyway, an' she dropped it a-purpose. She took all de stuff out o' it an' goin' ter buy er new one."—Detroit Free Press.

The Great Seal of England.
The seal consists of a large mass of sterling silver, measuring about six and a half inches in diameter by six and a quarter inch in depth or thickness. It is in two parts, both smooth on the other side, but elaborately engraved within. These two surfaces are impressed upon a lump of wax attached in an ingenious way to any document to which Her Majesty as sovereign gives her royal assent. The weight of the seal is one hundred and eighty-five ounces, and its value in metal about \$150. Each seal is engraved during the reign of the sovereign whose name it bears, and the collection presents a curious and accurate epitome of English history. All Lord Chancellors have taken the greatest care of the seals in their charge, and have contrived recesses and elaborate devices for their safe custody. One of them in the reign of Charles II. actually slept with the seal under his pillow, and by this loving precaution saved it from thieves who one night broke into his house and carried off the mace belonging to the House of Lords, and other valuable property.—Chambers's Journal.

A Pen Picture of Balzac.
In bodily presence Honore de Balzac might at first pass for insignificant. He was only five feet tall and was decidedly fat. His countenance lacked grace, benevolence, and dignity. But power resided there, extraordinary, indubitable power. The broad, knotted forehead, the heavy eyebrows converging violently downward over the root of the nose, the flaming brown eyes, the pointing lips which rose at the corners, the small, well-moulded chin, spoke him a determined, self-confident man, and capable of profound concentration. It is a face from which humility is entirely absent, but one would hesitate to pronounce it irreverent. Curiosity sits at the window in his vivacious eyes. Toil has bruised and swollen the space about them and drawn creases downward from his nostrils to his chin. Cheerful and, not so much gothic as diabolical, smiles out from the lips. On those who knew him, his character made an impression in keeping with his face.—George McLean Harper, in Scribner's.

Tricks of the Egg Trade.
There is a man who sells eggs in Havana, Cuba, carrying them around in a basket. He has a shrewd eye for the main chance, as is shown in the way he discriminates between fresh eggs and old ones. He has two or three paper bags filled with eggs, which he tells his customers are the fresh ones, and, consequently, more expensive. Taking his word as the truth, the customer pays the advance price, empties the eggs into a pan, and returns the bag to the egg man, who immediately refills the bag from the loose eggs and goes on his way to repeat the deception at the next house.

A MAN WHO SELLS GLUE.

An Expert Talks Entertainingly of His Sole Commodity.

"Glue greets you in your cradle, and bids you adieu in your coffin," remarked Mr. T. J. Halpin, of St. Louis. "I don't suppose a tenth of the people stop to think how variously glue serves them. It's in their hats and shoes, their carpets and furniture, their pencils, paper, pastry, confectionery and medicine, on their walls, in the stiffening of their apparel, and practically in or on some dozen or more articles with which they have daily dealings. Sixty million pounds of it are used a year, the cheapest at nine cents and the dearest, which is used in pharmacy and the confectionery trade, about ninety cents. Glue is very hard to get now, owing to a change in the practice of tanners since leather went up. Formerly they trimmed off the best hides about square, giving the glue manufacturers the entire coverings of legs, tail and head, but now they sacrifice only small pieces about the eyes and a little of the head. The result has been an advance since 1893 from \$7.50 to \$35 a ton for the wet glue stock, which caused an advance of about fifty per cent. in the manufactured article. The centre for manufacture of low-grade glue is Chicago, and for high-grade Peabody, Mass. In the industries it is used almost universally. Alcohol, turpentine and coal-oil barrels have to be sized with it, and wooden boxes for merchandise, made of small pieces, are joined with it, while of course it is used throughout the furniture trade. Only newspaper printing paper is made without some glue, and any paper that is to be written on with ink or present a smooth finish has to be treated with it at some stage in the manufacture."—New Orleans Times-Democrat.

His Offer.
A generous if not alluring offer was that made by an exasperated physician to the penurious father of an insane young man. The old man wished to secure his son's admission to the insane asylum, but seemed unwilling to pay for the necessary certificate. After hearing his plea of poverty—which the doctor knew to be false—and hearing him also tell of the many expenses to which he had been put by his ungrateful children, the physician waved his hand to end the recital.

"Now, see here," he said sharply, "you just pay me for this one, and I'll give you a certificate for yourself whenever you wish to use it, for nothing."

His Great Opportunity.
Applacent—Is there an opening here for a sharp young man? Employer—What can you do? Applacent (confidently)—Anything. Employer—Very well. Take my chair here and tell me how to run my business on a profitable basis. We've been waiting years for you to be born.—Stray Stories.

The University of Cambridge has conferred the degree of LL. D. on King Oscar of Sweden.

Do Your Feet Ache and Burn?
Shake into your shoes Allen's Foot-Powder, a powder for the feet. It makes tight or new shoes feel easy. Cures Corns, Bunions, Swollen, Hot, Smarting and Sweating Feet and Ingrowing Nails. Sold by all druggists and shoe stores, 25c. Sample sent FREE. Address Allen S. Olmstead, LeRoy, N. Y.

In 24 hours close upon 700 trains pass in and out of the New street railway station, Birmingham, England.

Jell-O, the New Dessert.
Pleases all the family. Four flavors: Lemon, Orange, Raspberry and Strawberry. At your grocers. 10c.

Vienna's great municipal railway system is now in perfect running order.

To Cure a Cold in One Day.
Take LAXATIVE BROWN QUININE TABLETS. All druggists refund the money if it fails to cure. E. W. GROVE'S signature is on each box. 25c.

Within 20 years California has added 500,000 to its population.

Piso's Cure for Consumption is an infallible medicine for coughs and colds.—N. W. SAMUEL, Ocean Grove, N. J., Feb. 17, 1900.

Sixty-two new silk factories were established in this country last year.

It is possible to save from \$20 to \$75 on carriages or other vehicles by purchasing from a manufacturer who sells direct to consumers. A reliable house and perhaps the oldest one doing business on this plan is the Elkhart Carriage & Harness Mfg. Co., of Elkhart, Indiana. Their vehicles and harnesses are of the best both in style and quality, and at prices that are right. Their customers always get satisfaction. See their advertisement in this paper.

The Khedive announced his intention of visiting this country in 1901.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

The population of Vancouver, P. C., increased 5,000 in 1899.

Poison-Tipped Arrow Heads.

Two chemists of the University of Edinburgh have analyzed the stuff used in Africa as a poison for arrow heads and which never yet has been examined chemically. This poison is extracted by boiling the roots and stems of a plant called asocanthora shimperii, and the poison is named asocantherin. The plant belongs to a family of poison plants called apocynum, to which belong the oleander, strophantès, dog cabbage and many other varieties. The action of the arrow-head poison is powerful to an extraordinary degree, and immediately affects the heart, which in strong doses it quickly paralyzes. The chemists experimented in inoculating animals with the juice, and noticed that even when the heart became paralyzed the action of the lungs continued a little while longer. The poison, therefore, affects the muscles, but not the nerves, which explains that phenomenon of frogs which were inoculated breathing after the heart had ceased its action.—New York Press.

That's Bad Blood

The question for you now is,—how to make bad blood good blood; how to get rid of all these impurities in your system. Everybody knows the answer,—a perfect Sarsaparilla. No ordinary Sarsaparilla, such as you can buy at almost any store, will answer; it must be a perfect one. There is such a Sarsaparilla, and it differs widely in every way from all other Sarsaparillas.

That's AYER'S

"The only Sarsaparilla made under the personal supervision of three graduates: a graduate in pharmacy, a graduate in chemistry, and a graduate in medicine."

\$.100 a bottle. All druggists.

"I had frequent and most painful boils. I was treated by a number of physicians, but they did me no good. I tried many kinds of patent medicines, but without effect; but when I tried Ayer's Sarsaparilla I got hold of the right thing, for I was soon completely cured."—R. P. CAHOON, Attica, N. Y.

FREY'S VERMIFUGE

The same good, old-fashioned medicine that has saved the lives of little children for the past 60 years. It is a medicine made to cure. It has never been known to fail. Letters like the foregoing are coming to us constantly from all parts of the country. If your child is sick, get a bottle of FREY'S VERMIFUGE.

Do not take a substitute. If your druggist does not keep it, send 25c in stamps to E. K. FREY, Baltimore, Md., and a bottle will be mailed you.

W. L. DOUGLAS
\$3 & 3.50 SHOES UNION MADE

Nothing hobbles the muscles and unites for work like

SORENESS and STIFFNESS

Nothing relaxes them and makes a speedy repair like

St. Jacobs Oil

Nothing hobbles the muscles and unites for work like

WALL PAPER.
Edwin G. Diehl,
519 WOOD STREET, PITTSBURG

Agents wanted to sell from sample books.

YOUR CROWN'S PRODUCTION
will be increased 20 per cent. by using our all-aluminum crown separators and up-to-date churns. \$4 up. We pay freight, 10 days trial. Catalogue free. Address: Gibson-Stewart Mfg. Co. Gibsonia, Pa.

DROPSY NEW DISCOVERY: gives quick relief and cures worst cases. Made of natural salts and 10 days' treatment free. Dr. R. H. GREEN & SONS, Box 2, Atlanta, Ga.

PIMPLES

Perhaps you have already discovered that powders and washes will not cure these eruptions on your face. They may cover up and suppress, but they cannot remove. Rashes, boils, salt-rheum, shingles, hives, eczema, tetter, etc., are but surface indications of a deeper trouble. And

That's Bad Blood

The question for you now is,—how to make bad blood good blood; how to get rid of all these impurities in your system. Everybody knows the answer,—a perfect Sarsaparilla. No ordinary Sarsaparilla, such as you can buy at almost any store, will answer; it must be a perfect one. There is such a Sarsaparilla, and it differs widely in every way from all other Sarsaparillas.

That's AYER'S

"The only Sarsaparilla made under the personal supervision of three graduates: a graduate in pharmacy, a graduate in chemistry, and a graduate in medicine."

\$.100 a bottle. All druggists.

"I had frequent and most painful boils. I was treated by a number of physicians, but they did me no good. I tried many kinds of patent medicines, but without effect; but when I tried Ayer's Sarsaparilla I got hold of the right thing, for I was soon completely cured."—R. P. CAHOON, Attica, N. Y.

FREY'S VERMIFUGE

The same good, old-fashioned medicine that has saved the lives of little children for the past 60 years. It is a medicine made to cure. It has never been known to fail. Letters like the foregoing are coming to us constantly from all parts of the country. If your child is sick, get a bottle of FREY'S VERMIFUGE.

Do not take a substitute. If your druggist does not keep it, send 25c in stamps to E. K. FREY, Baltimore, Md., and a bottle will be mailed you.

W. L. DOUGLAS
\$3 & 3.50 SHOES UNION MADE

Nothing hobbles the muscles and unites for work like

SORENESS and STIFFNESS

Nothing relaxes them and makes a speedy repair like

St. Jacobs Oil

Nothing hobbles the muscles and unites for work like

WALL PAPER.
Edwin G. Diehl,
519 WOOD STREET, PITTSBURG

Agents wanted to sell from sample books.

YOUR CROWN'S PRODUCTION
will be increased 20 per cent. by using our all-aluminum crown separators and up-to-date churns. \$4 up. We pay freight, 10 days trial. Catalogue free. Address: Gibson-Stewart Mfg. Co. Gibsonia, Pa.

DROPSY NEW DISCOVERY: gives quick relief and cures worst cases. Made of natural salts and 10 days' treatment free. Dr. R. H. GREEN & SONS, Box 2, Atlanta, Ga.

IT STANDS TO REASON

that there is money saved in buying direct from the Manufacturer

The profits between the manufacturer and consumer are large.

We Save You these Profits

We are the largest manufacturers of Vehicles and Harness in the world selling to the consumer exclusively. For 27 years we have conducted business on this plan. We give you better quality for the same money, or the same quality for less money than the dealer, jobber or supply agent.

We Ship Anywhere For Examination.
We make 178 styles of vehicles and 65 styles of harness.

This advertisement will appear only a few times. You may be reading the last insertion.

Our Large Catalogue shows every Vehicle and Harness we make and gives prices. **IT'S FREE.**

Elkhart Carriage and Harness Manufacturing Co.
ELKHART, INDIANA.