# Stomach **Troubles**

lion sufferers to health. You can trust her. Others

1 ydia E. Pinkham Med. Co., Lynn, Mass.

### What do the Children Drink?

Don't give them tee or coffee. Have you tried the new food drink called GRAIN-O? It is delicious and nourishing and takes the place of coffee.

The more Grain-O you give the children the more health you distribute through their systems.

Grain-O is made of pure grains, and when properly prepared tastes like the choice grades of coffee but costs about \$\frac{1}{2}\$ as much. All grocers sell it. 15c, and 25c.

## Try Grain-O!

Insist that your grocer gives you GRAIN-C

6

A BIT OF HIS OWN EXPERIENCE. The Successful Author's Object Lesson to the Literary Aspirant.

Stomach
Troubles
In Spring
Are THAT BILIOTE FEELING, bad taste in the mouth, dull headache, sleeplesness, poor appetite.
No matter how careful you are shout eating, everything you take into your stomach terms sour, ceanes ditress, pains and unpleasant gases.
Don't you understand what these ymptoms—signals of distress—mean; They are the ories of the stomach for help! It is being overworked. It needs the peculiar tonic qualities and digostive strength to be found in Hood's Sarsaparilla and digostive strength to be found in Hood's Sarsaparilla and thomsands of grateful to the total convention of the peculiar tonic qualities are combined in the medicina profession and thousands of grateful to the total convention of the peculiar tonic qualities are combined in the medicina profession and thousands of grateful to the total convention of the peculiar tonic qualities are combined in the medicina profession of the boyler of the southern confederacy.

Where Jeff Davis and Miss Taylor were married at Vincennes, and the peculiar to the southern confederacy was a letterant in the earny, and was with his company at the fort. Tradition spot the profession of the boyler of the control of the peculiar tonic qualities are provided to the control of the control of the peculiar profession of the boyler of the control of the peculiar tonic qualities are combined in the medicina profession of the boyler was accepted. The peculiar tonic qualities are did to the control of the peculiar tonic qualities are combined in the medicina profession of the boyler was accepted. The peculiar tonic qualities are provided to the peculiar to the peculiar tonic qualities are provided to the pecu

"And did it go?" said Pennington eagerly.
"Did it go? Why, man, 'The Daily Boomerang' gave me \$500 for it, and printed it in the Christmas supplement. Yes, yes, I remember justhow it was headed. I read it while I was dining at Delmonico's with Howard Bronson and Greene Clay: 'A Great Author Faints From Hunger While Success is Years Away. Wyndham Towors, the Famous Novelist, Tells How He Once Felt the Pangs of Starvation in the Office of the 'Literary Magazine.'' Most Dramatic Story of the Century. Fact Once More Proved Stranger Than Fiction.' How Clay and Bronson laughed when I showed it to them!"

"But you didn't laugh at the time?" said Pennington, soberly.
"No, I didn't laugh at the time, but don't you see the dramatic situation all round?"

Pennington seemed about to speak.

Pennington seemed about to speak. He hesitated, colored, and then shut

He hesitated, colored, and then shut his lips resolutely.

A half hour later, when Towers bade him adieu and went uptown to the opera, Pennington went back to Madison Square and sat down on a bench, and said half aloud:

"Towers went twenty-four hours hungry, and but for this chance dinner I would have gone three days. Where will my breakfast come from?"—Charles Battell Loomis, in the Criterion.

THE HOMING INSTINCT:

Paderewski's Feminine Ceities.

"About a year ago," said a North Side girl, "a gentleman moved into the flat next to ours and brought his piano with him. Now, I'm fond of music, but that did not hinder me from getting very tired sometimes of hearing our neighbor practicing, and I would say to Molly. What adullard that fellow is! He will never become a musician! Then again, he would do so well that I would add repentently, 'Really his touch is quite good.'

"The other night he gave us a gorgeous surprise. He played all evening long—and such music! Molly and I crept out on the landing entranced. I vowed I was going to get some one to introduce him to me, and then I might implore him to play a little every night. But Molly demurred. She said she quite agreed with me that this was excellent music, but, all the same, the musician was lacking in technique, and it was clearly a case of special inspiration rather than the result of any great training or ability.

"But we did enjoy it all the same,

rather than the result of any great training or ability.

"But we did enjoy it all the same, and I prayed that our neighbor might have his 'inspirations' early and often The next morning when I went down in the elevator, the boy said: 'D'you know that Paderewski was here last night?' I gasped, 'Where?' 'Oh, right in the flat next to yours,' he said, 'Paderewski is a great friend of that fellow who lives there, and, do you know, he just stayed and played all the evening!'"—Chicago Times-Herald.

Why Cats Arch Their Backs.

The only tournamed Cure. Nodestanton from hungry, and but for this chance dimension to operation, no epitime of the first states of the only tournamed Cure. Nodestanton from hungry, and but for this chance dimension of the control of the control

WOMAN ON THE BIKE

The HOMING INSTINCT:

Ability of Various Briefs and Asimals to Flast Their Yamay Home.

The Jond Tabler way Home to the Jond Table which is a necessity, since without it the young could never keep in touch with herd or pack. Even after centuries of domestication it is still soute.

The Jond Tabler way Home way How Home to the Jond Table way hought the pigs, put them in a big house the pigs.

The Jond Tabler way Home way hought the pigs, put them in a big house weeks, then allowed to run in a small lot adjacent the pan. Three mornings later every one was missing. A small hole carefully rooted truin in a small lot adjacent the pan. Three mornings later every one was missing. A small hole carefully rooted truin in a small lot adjacent the pan. Three mornings later every one was missing. A small hole carefully rooted truin in a small lot adjacent the pan. The Jond Table way have been a small way. The mare of the Jond Table way have been a small way to the way have been a small way. The mare seemed partial way the morth had been brought down on stock cars to the county town, seven miles away. The mare seemed partial way to the pasture fonce, clear it with a flying leap, cross a field of young corn, take bought from an Ohio drove. The drove had been brought down on stock cars to the county town, seven miles away. The mare seemed partial way the morth. Nothing more making and the pasture fonce, clear it with a flying leap, cross a field of young corn, take house the pasture fonce, clear it with a flying leap, cross a field of young corn, take house the pasture fonce, clear it with a flying leap, cross a field of young corn, take house the pasture fonce, clear it with a flying leap, cross a field of young corn, take house the p

soon as you can.

How's This?

How's This?

Weoffer One Hundred Doller: Reward for any ca y of Catarrh that cannot be cured by Hall F. J. Cheney to the Later of the L

The great wealth that lies in the marries of Sweden is at last being de-

To Cure a Cold in One Day.

Take Laxative Brown Quining Tablets. All druggless related the money if it falls to cure.

E. W. Gaovan's signature is on each box. 25c.

British government expenditure i unning now \$7,000,000 a week be ond revenue.

At one of her banquets Cleopatra

The Best Prescription for Chills and Fever is a bottle of GROVE'S TASTELESS CHILL TONIO. It is simply iron and quinine in a tasteless form. No cure—ne pay. Frice 600.

The Belgian State railways have or-lered 12 locomotives from Philadelphia or September delivery.

Jell-O, the New Dessert, Pleases all the family. Four flavors:— Lemon, Orange, Raspberry and Strawberry. At your grocers. 10 cts. The Japanese House of Representatives has passed a bill to prohibit boy under 20 years of age from smoking.

under 20 years of age from smoking.

Ask Your Dealer for Allen's Foot-Ease.

A powder to shake into your shoes; rests the feet. Cures Corns, Eunious, Swollen, Sore, Hot, Callous, Aching, Sweding Feet and Information of the control of the control

Stone street was the first street in New York City paved with cobble stones, hence its name. The paving was done in the year 1657.

What Shall We Have For Desert? This question arises in the family daily. Lot us answer it to-day. Try Jeil-O, a delicious and healthful dessert. Frepared in 2 min. No boiling! no sking! Simply add a little hot water dest to cool. Flavors: Lemon, Orange, the support of the strawberry. At grocers. 10c.

It is stated that coal is leaving Phila-delphia at the rate of 1,000 tons a day for Mediterranean ports, ostensibly for railway fuel.

It is illegal in Great Britain for a awnbroker to accept the Victoria awnbroker to accept the Victor ross as a pledge under any circun ances.

tances.

I am sure Piso's Cure for Consumption saved
my life three years ago.—Mrs. Thos. RosBins, Maple St., Norwich, N. Y., Feb. 17, 1900

The British and Foreign Bible Society recently celebrated its 96th birthday

The Washington Mutual Mining Investment Co., Mutual Life Bldg., Seattle, Washington guarantees 6 per cent. interest on all guarantees 6 per cent. interest on all ments, and equal participation in made in mining in Alaska and else Great advantages to small investors, for circular. Highest references.

The Chinese are said to have used locks 800 years before the Christian

Ever have "the blues"? Then you

That's

Nerve Exhaustion

The truth of the matter is, your nerves have been poi-

soned and weakened with the impurities in your blood. The thing for you to do is to get rid of these impurities just as

You want a blood-purifying medicine,—a perfect Sarsaparilla,—that's what you want. You want a Sarsaparilla that is the strongest and best nerve tonic you can buy, too.

That's AYER'S

"The only Sarsaparilla made under the personal supervision of three graduates: a graduate in pharmacy, a graduate in chemistry, and a graduate in medicine."

\$1.00 a bottle. All druggists.

4. During last year I was suffering from nervous prostration. For weeks I grew worse, became thin, could not sleep, had no appetite, and was in a wretched condition. After taking several kinds of medicines without result, I took Ayer's Saraparilla with more than pleasing results. My appetite returned, I alept soundly, my strength and weight increased, and now I am well and strong without the silphest race of my old trouble. Indeed, I would hardly beliese it possible for medicine to bring about such a change in any person."—CLASA MEALEY, Winter Hill, Somerville, Mass., Dec. 21, 1899

know how dark everything looks.

You are completely discouraged

and cannot throw off that terrible depression. A little work

looks like a big mountain: a little noise sounds like the roar of a cannon; and a little sleep is all you can secure, night after night.

Good ink is a necessity for good writing. Carter's is the best. Costs no more than poor ink.

Irish mayors are exempted from duty

ity it behaved very bady, indeed, filling my coat with a soft, cottony fuzz that it took two hours of good, hard brushing to remove, so I've determined to have nothing more to do with it. D'ye know I'm getting so that I don't feel at all like putting on my good clothes when I go to call on women nowadays; all on account of these villain pillows, which are everywhere, and which seem to be filled with tiny, fluffy feathers that escape and cling to one with glue-like persistency? That reminds me to remark that on account of one of Eve's fairest daughters my dress suit is now reposing at the cleaner's. No, she didn't spill a piate of ice cream on me, nor did she do anything awkward of that sort; all she did was to use in my presence of those absurd fans made of ostrich feathers that some women affect. It was a pink fan, and, candidly, I think it was a little moth-eaten, but at any rate she's a nice girl and I like her, so I was a good deal with her at the german. Gradually I noticed that the fan seemed to be losing plumage and I seemed to be losing plumage and I seemed to be gaining it. When I was a fine fulf almost from my head to heels I went up to the dressing room and got the man to brush me off, but as the needle to the pole those feathers were to me. Back they'd come merrily as soon as he'd cease agitating off, but as the needle to the pole those feathers were to me. Back they'd come merrily as soon as he'd cease agitating them, and settle even on my hair and in my mouth. A thousand kind friends came up to me during the evening and told me how funny I looked, and the owner of the fan herself laughed a bit, but, frankly speaking, I wasn't amused. I sent the suit to the cleaner the next day, and I hope he'll be able successfully to pluck it. I don't mind finding on coming home from a dance that my sleeves are whitened by contact with sundry fair arms or that some powdery substance decorates my lape's,

powdery substance decorates my lapels, but I draw the line at feathers, hence

them I'll
for an indefine.

Ispatch.

TIP ABOUT USIND STAM.

Something Which a Great Many People
Do Not Know.

"Wait until I have washed off the
postage stamp on this envelope, spoiled
in the addressing," said a man, according to the Washington Star. "It z'
not necessary to do that," said a lawyer. "You may take your scissors and
cut out the adhesive stamp it as description with mucllage, notwithstanding the adhering
piece of the old envelope. It does not
look nice and may become detached in
the mail, but if the stamp is a genuine,
unused adhesive stamp it is not quesunused adhesive stamp it is not quesdefined by the stamp is a genuine,
unused adhesive stamp it is not quesdo not have a decreated and the stamp is a genuine,
unused adhesive stamp it is not quesdo not not send us any money.

HEAUTIFUL
FREE!

No. 362, 2 Rubics and 2 Pearls.
The beautiful Ring, will adorn your hand without
any cost toy. Don't send us any money, just
any cost toy. Don't send us any money, just
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any cost toy. Don't send us any money, just
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any cost toy. Don't send us any money in
the beautiful Ring.

We offer PRES, Sterling Silver Bracelets, 68
we did Preserve S, Sterling Silver Bracelets, 69
we did Preserve S, Sterling Silver Bracelets, 69 and deliver to destination the letter to which it is affixed. The fact that it has with it a piece of envelope to which it was formerly attached, does not relieve the government from executing its part of the contract when the letter is deposited for mailing, the stamp pelus otherwise perfect."

Let our large, Handsone Doilles, different a death, send is the \$1.02 and we will send you by remained the senting of the scales, dead for and lend Handle, for selling our landsone Doilles.

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MIKE DONOVAN, Instructor of boxing bits a serior of twenty illustrated bettier less \$3 & 3.50 SHOES WINDS

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Permanently Cured by
OR. KLINE'S GREAT
NERVE RESTORET
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NEW After Tax day a see. 

DENSION JOHN W. MORRIS, Washington, D. C. Successfully Prosecutes Claims.
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Syrs iu civil war, 15 adjudicating claims, atty since



Before starting on a "run" a refreshing wash with Ivory Soap gives new energy. It lathers quickly in any kind of water and does not cost more than common soap. The luxury of being clean is not realized without using Ivory Soap. You need not fear alkali, or othe: injurious ingredients found in many soaps. Ivory Soap is nothing but pure materials, combined to make a soap that will clean and rinse quickly, thoroughly, satisfactorily.

IT FLOATS.

A MAN'S PLAINT.

Nothes That Are Injured by Contact

Heipiess.

fle—"Would you scream if I were to take you in my arms and kiss you?"
She—"What good would that do? Papa with Sofa Pillows.
"Kindly remove the sofa cushion," and mamma are away, and the walls and floors and ceilings of this flat are all deadened."—Chicago Times-Herstid the Man, languidly, as he sat down on the couch beside the Woman. "The last time I was in its immediate vicinity it behaved very bady, indeed, filling my coat with a soft, cottony fuzz that HAVE IT READY Minor accidents are so frequent and such hurts so troublesome no household should be with-out a bottle of St. Jacobs Oil



ALABASTINE Is a durable and natural cement-base wall coating, in 5 lb. paper packages, made ready for use in

In 5 lb, paper packages, made ready for use in white and fourteen beautiful tints by mixing with cold water. It is a cement that goes through a process of setting, hardens with age, and can be conted and recount without washing off its old coats before renewing.

take away the cushion; I'll have none of it, an' if my Tuxedo gets full of them I'll have to retire to private life for an indefinite space."—Pittsburg



Worth \$4 to \$6 compared with other makes.

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