LaGrippe Kills.

Fastens its Deadly Clutch upon the Overworked, the Weak, the Debilitated, the Tired, the Worn-out and the Infirm. Disease may be Overcome with

Dr. Miles' Nervine.

remedy quickly eradicates the germs and overcomes the depressing effects and correct the disease. It quiets and soothes the nerves, invigorates the appetite and creates new life and vigor. It is contagious as well as infectious, and may be contracted by one person from another or taken into the system in myriads of minorebes through inhalation. It strikes straight to the very foundation upon which life exists—the nerves—and tears asunder the vital framework in remarkably short time.

To ward off attacks of LaGrippe, and the straight and cold with occasional hot flashes. She ached all over, was that she was almost delirious and it was then that I commenced giving her Dr. Miles' Servine. She felt the effect of the medicine inside of an hour, and by evening she was uncreases the nerves force and vital power, builds up the resistive morning she could not tell that she had at the grip. This cure seems almost too rapid to be true, but it is a fact, and with the deadly grow in the strength and prevents such terrible or rapid to be true, but it is a fact, and with the deadly grow in the strength and prevents such terrible or rapid to be true, but it is a fact, and with the deadly grow in the strength and prevents such terrible or rapid to be true, but it is a fact, and with the deadly grow in the strength and prevents such terrible or rapid to be true, but it is a fact, and with the deadly grow in the strength and prevents such terrible or rapid to be true, but it is a fact, and the grip. This cure seems almost too rapid to be true, but it is a fact, and with the deadly grow in the strength and prevents such terrible or rapid to be true, but it is a fact, and with the deadly grow in the strength and prevents such terrible of an hour, and by evening she was the mat I could so that all dives the and child its every morning she could not tell that she was almost too the that I was them and soothes the mat I could

and Provisions.

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WASHINGTON LETTER.

proves of the treaty with the sultan of Sulu, which provides that we shall pay to the sultan and to his subjects a sum which in all amounts to \$9,200 per year? In view of all these facts, of what future value is any statement the president may make upon this subject? I cannot contemplate the fact without great sorrow that a man can occupy so high a position as that of president of the United States and yet disgrace that great office by repeated falsehoods—falsehoods proven so by the record of his own officers sent to us." The attacks on Senator Pettigrew have had the effect of bringing to his aid Senator Teller, of Colorado, who personally favors the retention of the Philippines, but who does not approve of the stifling ut who does not approve of the stifling

receiving the internal revenue receipts on deposit, that the money would not hereafter be sent to the City National bank, of New York, for distribution, as has been done since December 18 last, but would be sent to the various subtreasuries, as usual, virtually acknowledged the justice of the Democratic attacks upon his favoritism. That acknowledgement has not, however, stopped the pressure in either house or senate for an investigation of that favoritism. The only way that can be stopped is for the Republican majority to vote down the investigation resolution, and if they do that, it will be an acknowledgement that they fear an honest investigation.

Mr. McKinley van change his opinions as quick as other men can change their coats, when he finds it necessary, and he can smillingly pretend that he is thoroughly pleased with his last one. His latest lighting change act was in connection with the Porto Rico, it is well known that the Payne bill, providing for free trade with Porto Rico, it is well known that the Payne bill, providing for free trade with Porto Rico, in the ship ling in out and out robbery.

Mr. words a provided the pressure of the desired that the provisions have been extended so as to apply to ships which may be bought a providing for free trade with Porto Rico, in the ship liding industry. It is now not provided that the first the prevailing colors of feves amone patients of lunatic asy.

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It is said that the the prevailing colors of the absolute refused without object the shoult without firm and the whole of the life event the shoult without firm with the whole of the life event when he was elected at the shipping belo

rather then take any changes of missing

make way for others who are in turn retired. The country is willing to reward its war generals with liberality, but when the president goes into the business wholesale, as he has done, there is sure to be objections sooner or later.

through fear of the political consequences of such an act. The constitution authorizes the president to employ United States troops in case of insurpection in any state against the government thereof "on application of the legislature of such state, or of the executive thereof, when the legislature cannot be convened." "No provision permits the use of troops where the governor himself is a usurper and is opposed by the legislature and declines opposed by the legislature and decline to submit himself to the state courts to submit himself to the state courts. Further, no government has the right to call on the president for troops when the legislature is in session, nor has he the right to forcibly adjourn the legislature for the purpose of creating a condition under which he may call for troops.

LESSONS IN WRESTLING.

Pesition and Some Holds and How to Break Them. Maryland.
The New Epiphany Chapel (Episcopal) in New York has adopted the "never close" policy.
At Mount Olivet Baptist Church, New York, seventy-six converts were baptized at one time recently.
The Rev. John G. Paton, the oldest missionary to the New Hebrides, is lecturing in the Eastern States to the churches.

ERNEST ROEBER'S IDEAS

struction in the Catch as Catch Can Style, in Which He is Especially Adept—Pesition Rules.

Adept—Pesition Ruies.

Position is important. The left foot should be about two feet in advance of the right, both knees bent, the body bent forward above the hips, the left foot well braced, yet not so firmly as to prevent its being quickly moved. Hold the hands in front of you and quite close together, says Ernest Roeber, champion wrestler, in the New York World, so as to prevent the other man from getting a good hold by setting between them. Keep the elbows as close to the sides as you can. Let the loft shoulder be somewhat forward and the head turned slightly to the right. Don't present a full front to your adversary.

Don't keep the muscles stiff and set, for this will make quick motion difficult. Keep them somewhat relaxed when on guard, yet keep them alet. After you have mestered a few points in wrestling do not stand stock still while on guard, but keep moving about on your feet (never losing balance or getting in an awkward or unguarded attifude) and feint with both hands and feet to confuse the other man, and always be on a sharp bookout for some opening. fore the next Presbyterian General Assembly.

The new plant of the Union Settlement, for philanthropic work, which has just been opened in Harlem, is one of the finest in New York, and cost over 440,000.

New York Methodist ministers may decide to hold their Monday meetings behind closed doors, because of undue publicity given to matters personal to the church.

The tenor of the letters in British religious journals from Presbyteriant, and Congregational clergymen in South Africa is decidedly adverse to the Boers.

of increase.

The Rev. Nacy McGee Waters, formerly of Evanston, Ill., at the examination incident to his installation at the First Congregational Church, Binghamton, N. Y., read a statement of his religious faith written mainly in poetic form.

Wide open eyes are indicative o



your opponent's feet at the same time in such a way that your right heel is just behind his left heel. Thus he cannot throw back the left foot to brace himself, and your pressure is all the more likely to throw him. Often your opponent, either through ignorance or confusion, will stand with his feet near together. When he does this you should feint, as if trying for some upner hold, then stoop quickly,

both of a man's shoulders and one hip are touching the ground he shall be accounted thrown.

A good break for this is to bend suddenly ferward, after your opponent has caught you thus by the knees and before, he has begun to life you. Catch hiff about the waist, bending your knees to do so, and try to lift his legs from the floor. This is largely a matter of leverage. If you work this break in time you will probably have no trouble in rendering his hold ineffective.

A well known and excellent trick is that which sends your adversary backward over your right hip. To accomplish it, proceed as follows:

Close with the other man, wheneve he leaves an opening, Grab his right wrist with your left hand and his right biceps with your right hand. As you do this, pull him toward you, slipping your body to the loft as you do so, and still holding his right arm imprizoned across the front part of the body. Get horizontally across the pupil indicates mental ability.

It is said that the prevailing colors of eyes among patients of lunatic asylums are brown or black.

Eyes that are wide apart are said by physiognomists to indicate great intelligence and tenacious memory.

Eyes of which the whole of the iris is visible belong to erratic persons, often with a tendency towards insanity.

Wide open, staring eyes in weak counternances indicate jealousy, big-orty. Intolerance and pertinacity,

Tom Nolan, 2.184, who started in nineteen races and won fourteen this year, is said to have worn the same set of shoes all through his campaign. They were put on in March and never taken off. He is a bright example for families of children.

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his Circular Plush Cape is ve., latest style for Fall and Wister, made of finest style Seal Plush, 20 inches long, cut full sweep, lined aroughout with Mercerized Sits is bit ck, blue or red, Very Aborately compressed with anglest, best on these

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SUBSCRIPTION RATES:

Washington, February 6, 1900. The Republicans seem determined to prevent the exercise of free speech in congress, just as they attempted to precongress, just as they attempted to prevent free voting in the last election. The epithets which they applied in that campaign to the silver men—traiter, anarchist, fool, and the like—they now apply to those who have the audacicty to ask, on the floor of the senate, for information in regard to the methods of the United States authorities in Manila. When attention is called to contradictory statements made by the president, the only reply made is to denounce as traitors those who called attention to them. For instance, Senator Pettitraitors those who called attention to them. For instance, Senator Pettigrew was twice called a traitor in congress recently because of the following remarks—remarks justified by official documents: "What do you think of a president that will state that the United States never did give gold for peace, and never will, and then approves of the treaty with the sultan of Sulu, which provides that we shall pay

stree speech.

‡ ‡ ‡
Secretary Gage, in officially notifying
he national banks which have been receiving the internal revenue receipts on deposit, that the money would not

was prepared under Mr. McKinley's instructions, but the Republican revolt grew so rapidly that the Republicans of the house ways and means committee jumped into the breach with a compromise in the shape of a substitute for the Payne bill. This substitute provides for the collection on a duty on Porto Rican products, of 25 per cent of the duty levied upon similar foreign products, and it will be pushed through as a party measure. It has already been indorsed by the senate Porto Rican committee. Notwithstanding all his previous talk, to Porto Ricans and others in favor of free trade, Mr. McKinley now pretends to be perfectly satisfied with the 25 per cent bill. In other words, he is once more demonstrated. was prepared under Mr. McKinley's other words, he is once more demon-strating that he is a follower, not the leader of his party; and that he has no opinion that he would not sacrifice

It is very likely that the president will soon be "called down" even by members of his own party for the way in which he has been abusing the appointive power by creating a swarm of new major and brigadier generals in the regular army. In less than three years forty-two such appointments have been forty-two such appointments have been made. Of these twenty-saven have since been retired, two of these have died, and only twelve sow remain in the service. In other words, the retirement list has been used for the purpose of promoting colonels and lientenant colonels to the rank and pay of brigadiers, and then retiring them to make way for others who are in tun

It is understood that President Mc-Kinley was anxious to send troeps to Kentucky, and decided not to do so only through fear of the political consequences

LaGrippe is a fatal disease. It has or to fight the disease during its protate front rank before the dreaded gress, the proper medicine to use is pains in the back of her head and under small pox, scarlet fever, diphtheria, etc., in that its fatallities outnumber remedy quickly eradicates the germs that she was almost delirious and it was then and overcomes the depressing effects that she was almost delirious and it was then and overcomes the depressing effects that she was almost delirious and it was then and overcomes the depressing effects that she was almost delirious and it was then and overcomes the depressing effects that she was almost delirious and it was then and overcomes the depressing effects.

tivate a Chi stian spirit among the denominations.

The Western Christian Advocata
takes strong ground against fulldress Methodist social unions. It says:
"Methodism has comparatively few
dress coats and evening costumes,
Her ranks are recruited largely from
the middle class and the common people, with here and there a representative of Caesar's household. Het
members are one family in the Lora,
and the church, as such, cadnot afford to patronize an entertainment
from which any member is virtually
excluded."

gardless of politics, are of the opinion that the refusal of Taylor, to issue a certificate of election to Senator-elect Blackburn, of Kentucky, will not pre-