

What Doctors Think of Wearing Rubbers.

Here's the first law of health—Keep your feet dry. We all know it. We all know that pneumonia and consumption always start with a cold, and that the shortest cut to a cold is a pair of wet feet.

Dr. Wendell C. Phillips, one of the most distinguished physicians in New York, was recently giving a lecture on "Colds, and How to Prevent Them."

"How many persons here were rubbers to-night? Hands up." "Not half of you. Now, that is what I thought. Every one of you should have rubbers on a night like this.

The doctor might have made it still stronger and said that a fifty-cent pair of rubbers would not only save doctor bills and medicine bills, but often life itself.

The Vervain Plant. The plant known as vervain, which is not distinguished for its beauty, and which grows now-a-days utterly disregarded, was so sacred to the Druids that they only gathered it for their divinations when the great dog-star rose, in order that neither sun nor moon should see the deed.

Good Digestion

Wants on appetite, or it should do so, but this can be only when the stomach is in a healthy condition. Hood's Sarsaparilla softens and strengthens the stomach that it digests food easily and naturally and then all dyspeptic troubles vanish.

Hood's Sarsaparilla

Is America's Greatest Medicine. Price \$1. Hood's Pills cure Liver Ills. 25 cents.

Don't substitute black tea for green because the purchaser is color blind.

No-To-Bac for Fifty Cents. Guaranteed tobacco habit cure, makes weak men strong, blood pure. 50c. All druggists.

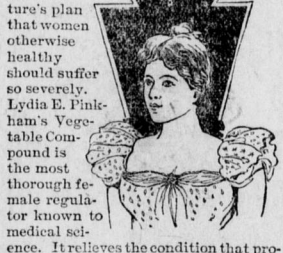
"Let It Pass." A photograph of the czarina nursing her baby recently appeared in an English newspaper, and when it reached the Russian censor the latter was a much puzzled official.

Perfectly Wonderful. Hattie—"Then we went to Scotland. It's perfectly wonderful the way they talk the dialect." Uncle George—"Why, wonderful?" Hattie—"I should think they'd forget now and then and drop into English. I often do when I'm reciting Burns or playing golf."

PERIODS OF PAIN.

Menstruation, the balance wheel of woman's life, is also the bane of existence to many because it means a time of great suffering.

While no woman is entirely free from periodical pain, it does not seem to have been nature's plan that women otherwise healthy should suffer so severely.



DEAR MISS PINKHAM—How can I thank you enough for what you have done for me? When I wrote to you I was suffering untold pain at time of menstruation, was nervous, had headache all the time, no appetite, that tired feeling, and did not care for anything.

DR. SETH ARNOLD'S COUGH KILLER

Send Postal for Premium List to the Dr. Seth Arnold Medical Corporation, Worcester, Mass.

AGRICULTURAL.

Protection of Fruit Trees From Mice.

Farmers care very little for the depredations of field mice upon their grains, but these small rodents sometimes do great injury to young fruit trees in winter. They seldom gnaw the thick bark of older trees, but cases are on record in which a young orchard has been entirely destroyed when planted near a meadow or level field frequented by these little marauders.

Every farm on which stock is kept should have an appliance of some kind for cooking the food given cattle and poultry. Not only is the warm morning mash good for poultry, but cows will be much benefited by a daily warm mash.

Propagating Roses. Almost every one who cares for flowers at all loves roses. But perhaps every one does not know how easily they may be propagated. Let us plan for a bed of ever-blooming roses next summer. Begin by digging the soil to a depth of fifteen or eighteen inches in a sunny, well-drained spot.

Turkeys and Ducks on the Farm. Turkeys can be made quite profitable on the farm in connection with chicken raising. I have found the Brouze to be the best variety; they are of a large size and very hardy.

The New Cattle Dip. The efficacy of the new cattle dip, one of the most important discoveries of the Agricultural Department, lies in its certain destruction of the ticks. Experts have been working on this line for years without producing washes that would kill the ticks and not injure cattle.

Farms for Sale! Send stamp, get full description and price of 40 cheap farms in Ashtabula Co., O. Best state in the Union, best county in that state.

Profitable Employment can be secured as agents for popular magazine, securing subscriptions. Position permanent. Good wages. 1000s of fact and business qualifications. Send for letter of information.

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Practical Sheep Husbandry.

See to the sheep's feet and clip the overgrown hoofs. The sole is to be trimmed smoothly to avoid the irritating effect of sand or gravel on it.

The short supply of Western lambs for feeding is due to two causes, viz.: an unusually short lamb crop in most of the range States and Territories, and a disposition among ranchmen to hold the ewe lambs to increase their flocks.

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ARE YOU SORE AND STIFF? From hard work or outdoor exercise? ST. JACOBS OIL. Will cure after a few applications, and make the muscles limber and strong.

\$100 Reward, \$100. The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh, Hall's Catarrh Cure is the only positive cure now known to the medical fraternity.

WHAT THE LAW DECIDES. An unrestricted guaranty of payment indorsed on a negotiable instrument is held, in Commercial bank vs. Chesire Provident Institute (Kas.), 41 L. R. A. 175, to be negotiable and it is also held that it passes with the title to the instrument.

The tendency of ranchmen to feed their own lambs and wethers at home on the produce of irrigated farms sheds a new light on the feeding situation. So strong, indeed, is the present tendency in this direction that within two or three years the bulk of the male lamb crop will be fed where raised, and Eastern feeders will be compelled to look elsewhere for the million of lambs they are accustomed to feed annually east of the Missouri River.

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Does Your Head Ache? Are your nerves weak? Can't you sleep well? Pain in your back? Lack energy? Appetite poor? Digestion bad? Boils or pimples? These are sure signs of poisoning.

AYER'S PILLS. They daily insure an easy and natural movement of the bowels. You will find that the use of Ayer's Sarsaparilla with the pills will hasten recovery.

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SAW THE BIRTH OF AN ISLAND.

The British steamer Breconshire which has just arrived at Philadelphia from Java with a cargo of sugar, brings a remarkable tale of a phenomenon witnessed while the vessel was but two weeks out of port and in the southern part of the Indian Ocean.

On September 15 there was noticed by the man on the lookout, just after eight bells, 4 o'clock, a cloud looming up directly ahead and presenting a most menacing front in the pathway of the advancing craft.

The scene at this time was indescribably weird. The sea, in its supernatural calm, showed a surface so unmovable and glassy that the shallow outline of the vessel was clearly traced on its bosom by the declining sun, which gleamed like the mouth of a furnace directly ahead.

Shortly after 10 o'clock, when the moon had risen and shed an erratic lustre over the deep, a tremendous booming sound, apparently about three miles to the southward, apprised the frightened crew that more marvels were about to occur.

The suddenness of the event almost deprived the crew of their senses, but they had little time to comment on the phenomenon, being obliged to look to the safety of the vessel. It was many anxious moments before that safety was assured, but apparently, as though nature had exhausted herself, the sea in a few moments returned to its wonted tranquility.

There has never been an Irish Pope. A hairless adult rat, of a brownish color, is a marvel in a museum at Plymouth, England. The grave of an unmarried woman in Turkey is often indicated by a rose carved in stone. At the Strozzi Palace, in Rome, there is a book made of marble, the leaves being of marvelous thinness.

There is a common sense cure. The Japanese are curiously alike physically. Recent measurements taken of an infantry regiment showed no variation except two inches in height or twenty pounds in weight.

It is believed in Norway that wolves are frightened away by telegraph lines. On one occasion a village voted money to help in the construction of a line passing near them for this reason alone.

Would we spend a million dollars yearly advertising OUR Catalogues if they were not worth having? Our general Catalogue contains Furniture, Crockery, Stoves, Clocks, Sewing Machines, Silverware, Upholstery Goods, Mirrors, Lamps, Pictures, Bedding, Baby Carriages, Refrigerators, Tinware, etc.

German courts have just decided that the place where a newspaper editor shall be tried for libel must be the place where the publication office of the newspaper is situated, and not any place where the newspaper may chance to be sold.

London's County Council has decided on the municipal control of the water supply of the metropolitan district and will try to get a bill through Parliament to enable it to purchase, by agreement or by compulsion, the property of the eight companies that are now providing the water.

Clean blood means a clean skin. No beauty without it. Cascarets, Candy Cathartic, clean your blood and keep it clean, by stirring up the lazy liver and driving all impurities from the body.

Candy Cathartic Cascarets. REGULATE THE LIVER. Pleasant, Palatable, Potent, Taste Good, Do Good. Never Sickens, Weakens or Grips. Box, 25c. CURE CONSTIPATION. ...

Baker's Chocolate. Celebrated for more than a century as a delicious, nutritious, and flesh-forming beverage, has our well-known Yellow Label on the front of every package, and our trade-mark, "La Belle Chocolatiere," on the back.

None other genuine. Made only by Walter Baker & Co. Ltd., Dorchester, Mass. A German trial for swindling with forged autographs of Martin Luther brought out the fact that the ink used by Luther 350 years ago is so good that copies can still be taken from it.

One Year Borrows Another Year's Fool. You Didn't Use SAPOLIO Last Year. Perhaps You Will Not This Year.

Do Not Dilly Dally With Croup. Put use Hoxsli's Croup Cure at once and prevent membranous croup. No opium to stupefy, no ipecac to nauseate. 50c.

I can recommend Pilo's Cure for Consumption to sufferers from Asthma.—E. D. TOWNSEND, Ft. Howard, Wis., May 4, 1894.

Each of these cars is equipped with the Westinghouse air brake and M. C. B. automatic couplers. Nearly all of the new freight equipment, ordered by Receivers Cowen and Murray of the Baltimore & Ohio Railroad during the past few months, will be delivered by January 15th.

SYRUP OF FIGS. NEVER IMITATED IN QUALITY! THE EXCELLENCE OF SYRUP OF FIGS is due not only to the originality and simplicity of the combination, but also to the care and skill with which it is manufactured by scientific processes.

California Fig Syrup Co. SAN FRANCISCO, CAL. LOUISVILLE, KY. NEW YORK, N. Y. Its permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. \$2 trial bottle and treatise free. Dr. R. H. KLINE, Ltd., 591 Arch St., Phila., Pa.

The Best Holiday Gift. One that will bring a pleasant monthly reminder of the giver is a subscription to the NEW AND IMPROVED Frank Leslie's Popular Monthly.

Agents Wanted. General business, pays well. Agents or ladies needed at once. HOWLAND BROS., Buffalo, N. Y. PATENTS. Watson E. Coleman, Patent Lawyer, 92 F Street, Washington, D. C. 4. Medical references.

Thompson's Eye Water. If afflicted with sore eyes use Thompson's Eye Water. P. N. O. 51 '93. DROPSY NEW DISCOVERY. gives quick relief and cures every case. Send for book of testimonials and 10 days' free trial. Dr. H. H. GREEN'S BROS., Atlanta, Ga.

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