Catarrh

In the Head ation of the mucous mem-nasal passages. It is caused cession of colds, combined with impure blood. Catarrh is cured by Hood's Sarsaparilla, which eradicates from the blood all scrofulous taints, rebuilds the Hood's Sarsaparilla

ca's Greatest Medicine. \$1; six for \$5 Hood's Pills cure all Liver Ills, 25 cents

The height of buildings in London is prohibited from being greater than the width of the abutting street.

It's Your Own Fault. How long have you had lame back? It's your own fault. St. Jacobs Oll would have sured it promptly, and will cure it now, no matter how long it has remained neglected.

The vicar of Gorleston, England, in recent sermon, stated that he be-leved in a future life for animals, and hat he would far rather miet them in seaven than he would some human be-sps of his acquaintance. This doc-rine proved too strong for his congre-ation, most of whom rose and left the

Dr. Seth Arnold's Cough Killer is the best medicine in use for La Grippe.-A. H. Mo-CAULEY, Battle Creek, Mich., Sept. 28, 1898.

The attempt to transport fresh beef from San Francisco to Manila has not been very successful. The awful heat on shipboard affected the cold storage, and decaying meat fed the sharks on each expedition along most of the way. Something like 200,000 pounds of feah been was thewn orerbaard on four of the expeditions, it is said.

Beauty Is Blood Deep. Team blood means a clean skin. Mo beauty without it. Carcardts, Cathar-tic dean your it. Carcardts, Cathar-dean your it. Carcardts, Cathar-tic dean your it. Carcardts, Cathardts, Cathar-tic dean your it. Carcardts, Cathar-tic dean your it. Cathar-tic dean your it. Cathar-tic dean your it. Cathar-tic dean your it. Cathar-tic dean y

Under William III, a tax was laid on burials. To Cure Constipation Forever. Take Cascarets Candy Cathartic. 10c or 25c If C. C. C. fail to cure, druggists refund money.

Bullets of stone were used as late as 1514.

Hullets of stone were used as nate as 1614. STATE of OHIO, CITY OF TOLEDG, 18. LICAS COUNTY. FRANK J. CHENKY makes oakt that he is the sendor partner of the firm of F. J. CHENKY & County and State In mostly, and that said firm will pay the sum of OXE BUXDRED DOL-LABE for each and every case of CATARHY hat cannot be cured by the use of HALLS Swore to before me and subscribed in my County States and the state of the states of the system. Swore to before me and subscribed in my County States and States and States of the system. Swore to before me and subscribed in my County States and States States and Stat

Fits permanently cured. No fits or nervous-ness after first day's use of Dr. Kline's Great Nerve Restorer. St trial bottle and treatise free. Dr.R.H.KLINE, Ltd., 601 Arch St. Phila, Pa

the Drift Krisk Lid. 30 Arch St. Phila, Pa Dida't Keep It, "Well, Mr. Slickers," said the doctor to a patient he had not seen the day hefore, "how are you getting along?" "Nearly starving to death." "Why, didn't you have the oysters?" "No, I couldn't get them the way you said, and I was afraid it would be dangerous to eat them any other way." "Why, that's odd. Couldn't you get stewed oysters easy? I told you you could eat stewed oysters with impunity." "That's just it. I could get the stewed oysters easy enough, but I sent to all the restaurants in the neighborhood for the impunity, and the blamed fools said they never had such a thing on the bill of fare."-New York World. Birch Causes for the Orient.

Birch Cances for the Orient. Bangor manufacturers are sending cances of birch and canvas to Pales-line, Japan, India and China. One recently sent to India was to the order of a British officer, and the cost of transportation was more than \$75. A cance just ordered is intended for a trip up the river Jordan.

AN OPERATION AVOIDED.

Mrs. Rosa Gaum Writes to Mrs. Pinkham About it. She Says:

DEAB MRS. PINKINAN:--I take pleas-ure in writing you a few lines to in-form you of the good your Vegetable Compound has done me. I cannot thank you enough for what your medi-cine has done for me; it has, indeed, helped me wonderfully. For years I was trou-bled with an ovarian tumor, each yeargrow-ing worse, un-til at last I was compelled to consult with a physician.

He said

A physician. He said nothing could be done for me but to go under an operation. In speaking with a friend of mine shout it, she recommended Lydia E. Pinkham's Vegetable Compound, say-ing she knew it would cure me. I then sent for your medicine, and after tak-ing three bottles of it, the tumor dis-appeared. Ohl you do not know how much good your medicine has done me. I shall recommend it to all suffer-ing women.—Mrs. Rosa Gatu, 720 Wall St., Los Angeles, Cal. The great and unvarying success of Lydia E. Pinkham's Vegetable Com-pound in relieving every derangement of the female organs, demonstrates it to be the modern safeguard of wo-man's happiness and bodily strength. More than a million women have been benefited by it.

Every woman who needs advice out her health is invited to write to rs. Pinkham, at Lynn, Mass.

CHILDREN'S COLUMN. **********

A Bad Dres My foot's asleep! My foot's asleep! Oh, dear! What shall I do? It's dreaming of a hundred pins That prick me through and through.

It's dreaming of a hornet's nest, With forty thousand stings; It's dreaming of a million sparks— The fiery, burning things!

Oh, dear! Oh, dear! I'm punished well, 'Twas very wrong, I know, To sit so long upon the floor, And dilly-dally so.

Grimms' Fairy Tales were in my hand, The duster in my hap; And so my foot improved the time To take a little nap. —Kate Lawrence.

The Story of the Sticklebacks. Dear to the heart of all juvenile shermen is the three spined stickle-back. This little fish is held in great repute by all naturalists on account of his unfishlike habit of building a nest and watching over the young fishes.

repute by all maturalists on account of his unfishike habits of building a nest and watching over the young fishes. They are a very pugnacious race, the sticklebacks, dearly loving a fight, and should they be unable to pick a quarrel with some other members of the aquatic world they get up a battle among themselves. When about to build a nest, the male fish carries in his month bits of weer be intends to make his home. He if a proceeds to cement the pieces of weed together by means of a nucus excreted from his month or body. The floor of the nest is made first, and then the sides and top are con-structed. The nest completed, Mr. Stickleback, who has now a very hand-some appearance, sallies forth in search of a wife. The lady of his heart's de-sire found, Mr. Stickleback, by dint of any it. The lady of his heart's de-sire found, Mr. Stickleback, by dint bathed, bring up the young stickle-backs. This he does most conscientiously, mounting guard over the little nest containing the bright yellow colored eggs, attacking and driving away all would be intruders. - Trenton (N. J.) America.

A Rat That Rensoned. J. G. Wood, naturalist, tells us that the rat is intelligent to a degree. To this fact, he says, any p of essional rat catcher will bear witness, "for to catch an old rat is feat that taxes human intellect to the utmost." I know of two boys who made the ex-periment, and who now fully agrees with Professor Wood. They wanted to capture an old rat that lived in the barn. One of this rat's long passages ran underneath the building and opened at the back into a shady corner of the baryard. This seemed to be the old fellow's favorite doorway. The boys had often seen him darf across the yard and vanish through it. They thought a therefore that this was the place where there of the baryard. The provide the sean of the baryard. This seemed to be the old fellow's favorite doorway. The boys had often seen him darf across the yard and vanish through it. They thought a favorite docesse, and placed it a few feet from the wall, directly facing the bode. Then they climbed a nearby tree, from which they could observe al that might happen without being tomselves seen. The trap was on the plan of the ordinary red wooden mousetrap, only it was larger and made of wire. There was the usual hole for the rat's head to rily up and choke the vicitu. The boys held their bout half an hour the boys heard a faint scratch on the gravel be-neard a faint scratch on the gravel boys heard a faint scratch o

thirst. Happily this was the only sand storm we experienced on the whole journey, and I hope I may never see another.

Swallowed a Hole.

Swallowed a Hole. The other day Jinmy, four years old, found one of those bone-rimmed circles which, I bolieve, ladies call eye-lets, and, while playing in the garden, swallowed it. The family were in the house busily engaged with a work on entomology, when Jimmy ran in, with mouth wide open, and eyes dis-tended to their utmost capacity. His mother caught him by the arm, and tembling with that deep anxiety which only a mother can 'feel, inquired: "What is the matter? What has happened?" "Whate!" gasped little Jimmy, nearly scared to death. It was brought him, when, after scale above the exclosed a hole, with a piece of ivory around it!" Children and the Dark.

Biowity, earliering, and any and a set of the set of th

Children and the Dark. Children and the Dark. Children should be accustomed as soon as possible to sleep in a dark room. Unless they have learned to be afraid of it, the darkness is sooth-ing to the nerves, and the rest is more profound and refreshing than when there is the unconscious stimulation of light. It is particularly desirable for children of a nervous temperament that light should be excluded, yet it is most often the nervous, sensitive child whose imagination has been filled with the shapes the dark may hide. -I.endon Mail. Fence-Post Jimmy. Fence-Post Jimmy. Of course that was not his real name. In his mamma's big Bible was written, James Sutton Anderson, but ouly his parents and relatives called him James, or sometimes Jamie. With his boy friends it was different. Jimmy was easier to say, so Jimmy it was, and now for the reason why "Fence-Post" was tacked on before the Jimmy.

Down by the bars through which the cows passed into the sunny pas-ture on the other side of the feace, Jimmy loved to sit where he could watch Joe, the hired man, drive the cows to and from the bars. A little ways from the bars was a time, even when Joe and the cows were not near, and he watched the little fishes in the tiny brook which, at this spot, stole under the feace. When any of his friends came to his house and asked for him, his mother would always say: "Oh, you'll find him down by the fonce-post at the edge of the pasture." So the boys began to call him "Fence Post Jimmy," but he did not care in the least. Now there were many things he saw there to delight him. First of all, the fishes. One day while watching them he found that there were other liying creatures in the water, and he made a list of them, so he cuid tel this grand-pa, for old Mr. Anderson knew many fine stories about the things Jimmy saw, and could give each creature its right name when the boy had described it to him. As grandpa was too feeble to walk down to this place Jimmy key and ears open that he might carefully tell what he saw and heard. Many discoveries were made in one summer. There were the frogs which hims towais down to watch from the time when the jelly-like eggs hatched into polliwogs up to the time when the fistes care. Then there were the little lizards and caddisworms, crabs hiding under stones, snails carrying their houses along in the mud, water-spiders, pin-fish and funny squirming bugs and warebeetles. Dragotties and builterflies, bees and birds flew about. Fence-Post tower and a mud-ways showed Jimmy how she made her house. Right be-fore his eyes she went to the edge of the water, gathered the mad, and to his surprise began building her home on the under side of a large stone not ar way. Brong the rails, and a bright-colored worm spun a soft nest in a knot-ho'e of the post, closed the door and want to slee for its long may. Thus Jimmy anused himself. He was never lonely when he had no one to note the dors into HELPS FOR HOUSEWIVES.

Cleaning Table Glass. Cleaning Table Glass. The most effective way of cleaning eruets, carafes, decanters, toilet bot-tles, etc., is to put the ordinary, every-day Irish potato peelings in them and allow to stand over night. On rinsing out the glass will be found clear and brilliant. Pebbles and shot should never be used as they scratch and wear the inner surface.

Improving White Cloth

Improving White Cloths. To improve the color of white cloths and clothing that have been washed a spoonful of borax dissolved in a little hot water should be added to the last water in which they are rinsed. It will whiten the clothes very much. Another hint for the laundry is to add a little dissolved gum arabic to the boiled starch used for linen collars, cuffs and the bosons of shirts. Fre-quently salt is also mixed with the starch. Restoring Finish to Woodwork.

starch. Restoring Finish to Woodwork. To restore the finish to the wood-work of furniture, according to a pro-fessional piano-tuner, is simply to wash it thoroughly with warm water, using a soft cloth. The dulness of highly polished surfaces on furniture is due to dirt, and rubbing in oils and polishes increases the evil by collect-ing more dirt. A small part of the surface should be washed off at a time, doing it softly and thoroughly. If should be given a final rinsing with clear water, and then wiped dry with a soft cloth. Damp Red.

the a water, and then wiped dry with a soft cloth. Damp Beds. There is no doubt that many cases of pneumonia are due to "company beds." A guest-chamber bed, or any unused one, should never be "made up" until the day it is occupied. A counterpane may be catly drawn over the mattress, and the pillows placed to simulate making, but that is all. Sheets in an unused bed gather dampness, and if left long enough will become almost wet. Naturally, to sleep in such a bed means illness. Your case is not an exceptional one. Al-ways test a strange bed in which you are to sleep with a hand-glass. Lay it between the sheets, and if it be-comes clouded you may know they are damp. The China Closet.

tomes clouded you may know they are damp. The China Choset. A woman who is building a house, which is the crystallization of her in-gonuity and ideas of convenience picked up here, there and everywhere, has in the china closet opening from her diving room two deep drawers in-serted under the bottom shelf. The drawers are each of them fourteen inches deep and are lined throughout with tin. In one of them bread is to be kept and in the other cake. They fit snngly, the cake drawer locking. Everybody knows that the tin bread and cake boxes which are kept on the floors or shelves of closets are opening and shutting of them many times a day soon bangs them into a shape which prevents their tight clos-ing. When that condition is reached, they are about as useless as an open shelf for the purpose for which they were designed, that of keeping out the heat and damp air, and also mice, is vuch first the place. Honskeep-ers whose china closets have been in existence for years will find it an easy matter to have such drawers added.

existence for years will find it an ensy matter to have such drawers added. Recipes. Baked Bananas—Peel the bananas and hay them in half the skin, reject-ing the other portion. Over each ba-nana sprinkle a tablespoonful of su-gar, bake in a quick oven about twen-ty minutes. Leituce Soup—Chop up a large head of lettuce and stew it with a lump of butter, a pinch of sugar and thirty drops of Tarragon vinegar. Keep stirring and do not let it burn. Add a teaspoon flour, pepper and sait, break in an egg; sitr well. Then pour on veal broth if you have it, enough for each one at table to have a cup. Lay dice of stale bread in the tureen, season the soup if there is any lack, pour a half cup of cream and serve. String Bean Salad—Take about a pound of string beans, string, wash and split through the middle and boil till quite done; then take them out and put in a dish to cool; then cut one good-sized onion or two small ones half-moon slices; put into a dish aud pour boiling water over; stir and strain, then pour cold water and strain is a donne red beans; cut some parsley fine and mix with beans; make a dressing of vinegar and olive oil; saik and pepper; this may be served with cold or warm meat. Peas may be served in the same way.

with cold or warm meat. Peas may be served in the same way. Eggs a la Bonne Femme-Take six large eggs, boil them ten minutes; when cool remove the shells; divide the equally in halves, take out the yolks and cut off from each the point-ed tip of the white that they may stand flatly. Make tiny dice of some cold chicken, ham, boiled beet root and the yolks. Fill the hollows with these up to the brim and pile the dice high in the centre - two of ham and thicken, two of boiled beet root and two yolks. Arrange some eags amongst it. Roast Mutton, Peasant Style-Blend to the ter and four, a half teaspoofful of salt, and saltspoofful of paprick, and rub thoroughly over a small, well-trimmed leg of mutton. In a but-tered roasting pan place a layer of nicely browned, buttered bread crumbs. On this spread a two-inch layer of shredded cabbage, pour over basting constantly. The cabbage should be a light brown. Allow twelve minutes to the pound in cook-targ.

Where F1-h Spead the Winter. James B. Church, of Tiverton, Rhode Island, a recognized authority on figh and their habits, thus writes: Fish are, except the birds, the best pilots in the world. Either the birds or fish know more when asleep about piloting than a man pilot does when awake. Now, as to the habits of fish. They come on the coast in the spring, when the migratory instinct starts them out of their winter's sleep. In winter they are in a dormant state, like the bear, skunk and woodchuck. The old theory that fish migrated like the bear, skunk and woodchuck. The old theory that fish migrated south is all wrong. Fish simply leave the coast and go off shore on the northern edge of the guil stream, get into water of the right temperatures and go into winter quarters. Before the time comes for them to start on their annual pligrimage for their win-ter quarters they have taken on a their annual pligrimage for their win-ter quarters they have taken on a good coat of fat. It is under their skin, and their stomach is lined with it, and it is also all through their bodies when they arrive at the spot that they have selected for their win-ter home. Then there grows over their eyes a white film, and their vent closes, and so they remain until the time comes for them to start for their summer home.

Cotton Is Still the American King. Cotton Is Still the American King. The annual report of Secretary Hes-ter, of the New Orleans Cotton Ex-change, for the cotton year, 1897-8, recently ended, indicates a greater ad-vance in all branches of the cotton in-dusty than has hitherto been reported. At 11,199,994 bales, the crop shows an increase of nearly 2,250,000 bales over that of the previous year. The total value, \$320,553,000, is over \$13,800,000 less than that of a year ago, owing to a reduction of about \$8 per bale.

a reduction of about \$5 per bale. Hardships of Army Life. From the Press, Mircoy, Ind. To the first to offer their services for the country in the Civil War was A. R. Set-ton, of Mircoy, Rush Go., Ind. He made a good record. The life of every soldier is a hard one, and Mr. Sefton's case was no ex-or don. "War were in Tennessee, pennely searce." said be, "out rations were vory on quarter allowance, and as the rain was out canteens wont empty. We were hur-threst was to go down on our hands and knees and drink from the hoof tracks made by the horses.

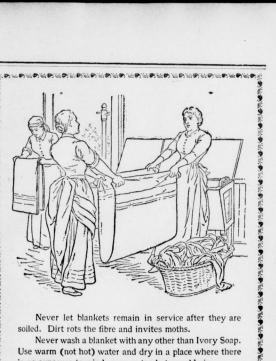
Don't Tobacco Spit and Smoke Your Life Away. To quit tobacco easily and forever, be mag-netic, full of life, nerve and vigor, take No-To-Bac, the wonder worker, that makes weak men strong. All druggists, 50e or 81. Cure guaran-teed. Booklet and sample free. Address 'Sterling Remedy Co., Chicago or New York

It costs about \$1,000 to build an elec-tric cab of the kind now in use in Paris.



By Everybody knows that Dobbins' Electric Everybody knows that Dobbins' Electric Sonj is the best in the world, and for 33 years is has sold at the highest price. Its price is now 5 cents, same as common brown soap Bars full size and quality. Order of grocer. Add

Bars full size and quality. Order of grocer. And Better Treatment for Prisoners. Commissioner Lantry has lamp placed in the cells of the prisoners in the peritentiary on Blackwell's island New York. The inmates are now en abled to read till 9:30 o'clock every night, and a great improvement in their condition is already visible. They are more cheerful and amenable to rules, and there has been a large in crease in the number of books taker from the library, showing how gladly the new privilege is received. The prisoner who disobeys the rules wil now be deprived of his lamp. It is not believed that this will happen very often.



is no exposure to wind, sun, or too hot or cold air. Blankets that have been improperly washed are hard and coarse to the touch, when washed properly with Ivory Soap they feel soft, warm and fleecy.

IVORY SOAP IS 99 100 PER CENT. PURE.

To Cure A Cold in One Day. Take Laxative Bromo Quintne Tablets. All Druggists refund money if it fails to cure. 25c.

The Broad street station in Philadel-phia has an arch of iron and glass with a span of 304 feet.

IVORY SOAP IS 99 100 PER CENT. PURE.

Night-blindness is a curious affection of the eye in which the patient sees ery well during the day, but becomes plind as night approaches. It is mostly net with in warm climates, and use ully gives way to mild climates. The Best Time.

No autumn or winter is so good but may be bad for rheumatism. The worst time for it is the best time to buy and use St. facobs Oil to cure it, because it cures

Jacobs off to cure it, because it with promptly. The wood sawyers of Atlanta, Ga., 200 in number, have formed a trust and have raised the price of sawing stove wood from 75 cents to \$1 per day. Every member of the organization is a blind man or a cripple. Building still goes on merrily in Ber-in, although there are 20,000 vacant

Educate Your Bowels With Cascarets. Candy Cathartic, cure constipation forever 10c, 25c. If C. C. C. fail, druggists refund money

The American soft felt hat is all the age in the leading Australian col-

Our Canleens Were Empty. "Some of us were taken sick from the fects of this. I was hid up several weeks a field hospital from fever. From that me I was always afflicted more or less. "About four years are to became up added wer my transity doctor seemed puzzled wer my resolver and the second second were was no hope for my resolver, and int the inevitable and was near. "Last November I was advised to try Dr t the inevitable end was near. Last November I was advised to try Dr. lliams' Pink Pills. The physicians said ware an excellent medicine, but would "Last November I was advised to try Dr. "Illiams" Pink The physicians said up wore an excellent medicine, but would no good in my case. But I tried them, as an gland Iddi, for I became better at without end the same the same the same without end me. I used the same to be uitions entred me. I used the same to be uitions of the same same." The power of Dr. Williams' Pink Pills uses due to impure or poisoned blood has need demonstrated in thousands of in-ances as remarkable as the one related sowe. Mrs. Winslow's Soothing Syrup for eliferent teething, softens the guns, reduces inflamma tion, allays pain, cures wind colic, 25c a bot. I am entirely cured of hemorrhage of lungs by Piso's Cure for Consumption.-Louisa Lindaman, Bethany, Mo., January 8, 1894.

