High Latitude Not Beneficial. More people over 100 years old are found in mild elimates than in the higher latitudes. According to the last gensus of the German empire, of a population of 55,000,000, only seventy-eight have passed the hundredth year. France, with a population of 40,000, 600, has 218 centonarians. In England there are 146, Ireland 578, and in Scot-land 46. Sweden has 10 and Norway 23, Belgium 5, Denmark 2, Switzerland none. Spain, with a population of 18,-600,000, has 401 people over 100 years of age. Of the 2,250,000 inhabitants of Bervia 575 people have passed the cen-tury mark. It is said that the oldest person living whose age has been proved is Bruno Cotrim, born in Af-rica, and now living in Rio Janeiro. He is 150 years old. A conchuan in Mos-cow has lived 140 years.

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### To Ward Off Lions

a recent lecture the German trav-Prof. Peehuel-Loeschke declared the danger from attacks by wild nals in the African deserts and there was greatly exagger that the best weapon agains was an umbrella, which w rard off any lion or tiger.

### CURED HIS CATARRH

Getting Better Very Soon After Taking Hood's Sarasparila. "My son had catarrh very badly and we sould get nothing to do him any good. He was much run down. I decided to give him Hood's Sarasparilla and after he began taking it he was soon gotting better and is Mrs. J. M. W. Hills, Antrin

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en are never satisfied to re-ne bottom of the ladder; they y to get farther down.

A severation. A steveration. at the world is coming to an end suddens a given time is not what is here referred There are different kinds of ensations. ry many people know who feel sharp gesto paidin the big nerve of the thigh. It is a very paiding nemation to the sharp set of it makes one think some stut here to be an end. But just at the first sense. or twing es the best time to use St. be Oli. The less pain the more easily sured, and the Oli prevent is the device. and the Oil prevents its develop-thing the nerve. At any stage

## ts permanently cured. No fits or nervous-safter first day's use of Dr. Kilne's Great ve Restore. \$\$ trial botts and trentise free R. H. KLINE, Ltd., \$\$1 Arch St. Phila., Pa.

Da. R. H. KLINE LEd. 401 Arch SE, Phila., Pa. A Workman's Idea of the Drama. Walter A. Wyckoff, in Scribner's, tells in his narrative, "The Workers," what one of them thought of Shak-speare: "When I go to the theater I go to laugh. I want to see pretty girls and lots of them, and I want to see them dance. I want songs as I can understand the words of, and lots of jokes, and horse play. You don't get me to the theater to see no show got up by Shakspenre, nor any of them fel-lows as lived two thousand years ago. What did they know about us fellows as is living now? Pete, you mind that Tim Healy in the union. him that's full of wind in the meetings? Onch edge. Tim Healy in the union, him that's full of wind in the meetings' Onct he give me a book to read, and he says it's a theater piece wrote by Shakspeare, and the best there was. I read more'n an hour on that piece, and I'm d-d if there was a joke into it, nor any sense pathner."

There were the solution of the properties of the solution of the proper set is said that half the people born before reaching the age of 16. Some yeaks wouldn't be missed y much.
IDEEAL GRANDMOTHEERS. Child Sent by Post. Child Sent by Post. A novel parcel for delivery by express post was recently handed in at a Bir-mingham postoffice. A workingman, who had been out of town with his 3-year-old child, arrived at Birmingham in time to reach his place of business, but not in sufficient time to take his child home. He therefore walked into the nearest postoffice and tendered the youngster as an express parcel. The authorities, under the rule regulating the delivery of live animals, accepted the child and delivered it at a charge of minepence.—St. James' Gazette. It is saki that half the people born

It is said that half the people born die before reaching the age of 16. Some others we know wouldn't be missed others we very much.

IDEAL GRANDMOTHERS.

a Who Know the Laws of Nature and Obey Them May Live to Green Old Age.

kham Says When We Violato Nature's Laws Punishment Is Pain---If We Continue to Neglect tae Warning We Die.

Providence has allotted us each at least seventy years is which to fulfill our mission in life, and it is generally our own fault if we die prematurely. Nervous exhaustion invites disease. This statement is the positive truth. When everythica because the

We de premiturely. We de premiturely. When everything becomes a burden and you cannot walk a few blocks without excessive fatigue, and you provide that previous the provoca-tion, and you cannot bear to be crossed in anything, you are in dan-ger; your nerves have given out; you need building up at once! To build up woman's health, we know of no better or more inspiring medicine than E. Pinkham's Vergetable Compound. Your ailment taken in time, can be a off, if negleted it will run on into great suffering and pain. e is an illustration. Mns. Lucr Goodwark, Holly, W. Va., says: suffered with nervous prostration, faintness, all-gone feeling and palpi-of the heart. I could not stand but a few moments at a time without g that terrible bearing-down sensation.

on of the heart. I could not stand but a tev interest in the state of the heart. I could not stand but a tev interest ing down sensation. Ing that terrible bearing-down sensation. When I commenced taking Lydia E. Pinkham's Vegetable Compound I y weighed 108 pounds, and could not sit up half a day; before, however, I used a whole bottle, I was able to be about. I took in all about three bot-of the Compound, and am entirely cured; now I weigh 131 pounds and feel a new woman, stronger and better than ever in my life." to transpires that because of the virtues of Mrs. Pinkham's wonderful mound, even a very sick woman can be cured and live to a green old age.



JULIUS HINES & SON, Baltimore, Md. Please mention this paper.

DESTROYS A MILLION DAILY. Jucle Sam Grinds Bank Notes and Greenbacks Into Pulp. Greenbacks Into Pulp. "Every working day in the year Un-ele Sam destroys a million dollars; de-liberately tears up and grinds to pulp money-genuine banknotes and green-backs," writes Oliford Howard in the Ladies Home Journal. "A million dol-lars in one two. five ten, twen't fifty

backs," writes Clifford Howard in the Ladies' Home Journal. "A million dol lars in one, two, five, ten, twenty, fity, one-hundred and one-thousand dollar notes are daily punched full of holes, cut into halves and thrown into a ma-chine that rapidly reduces them to s mass of mushy substance. "Whenever a piece of paper money becomes solled or torn it may be pre-sented to the United States treasury and redeemed. Sooner or later every note that circulates among the people becomes unfit for further service, for it is bound to become dirty or mulitated by constant handling, and the United States government stands ready to give the holder of such a new note in exchange for it; or, in other words, the government will redeem it. "The majority of the clerks employ-ed in this important department of the government are women, many of whom are the most expert money-counters and counterfeit detecters in the world. In fact, only experts can proprely per-

earthenware. Whole Wheat Bread. To make whole wheat bread—the quick process, as taught at Pratt In-stitute Cooking School in Brooklyn— add to one pint of thin oatneal por ridge one pint warm milk and two compressed yeast cakes dissolved in a little lukewarm water. Beat well; add again two rounded teaspoonfals sugar, six level teaspoonful salt, and whole wheat flour until you can stir it no longer with the back of a knife. Cover lightly and set to rise. When twise its bulk, divide into small loaves, and again set to rise; then bake in a moderate oven about forty minutes. Dish for Tea.

Thicken one cupful of rich mintes. Dish for Ten. Thicken one cupful of rich milk or oream with one tablespoonful of butter and two tablespoonfuls of flour rubbed to a paste; cook five minutes, then add one hasping tablespoonful of chopped parsley, one teaspoonful of chopped parsley, one teaspoonful salt, one half teaspoonful of paprika, one and a half cupfuls of finely-chopped mush-rooms and two tablespoonfuls of chopped cooked tongue. When cold is hape into tiny cylinders and pin each in a very thin slice of bacon, using for this the round, smooth toothpicks, Make a batter, dip each into this, drop into smoking hot fat and fry gol-den brown. Drain on unglazed paper and set in the open oven until served. Chom Gusta team of the served of the served.

and set in the open oven until served. Cannelon of Beer. Chop finely two pounds of lower part of round; add grated rind of half lemon, level tablespoon chopped pars-ley, half teaspoon onion juice, a few gratings of nutmeg, level teaspoon salt, quarter teaspoon pepper, one egg slightly beaten, two tablespoons melt-ed butter. Shape into a roll after thorough mixing, wrap in buttered paper, place on rack in baking pan, baste with quarter cup butter melted in cup of hot water. Thirty minutes in good oven should bake it well. Make sauce of half slice onion cocked in two level tablespoons butter until lightly browned; remove onion; stir until butter is browned. Mix two and one-half tablespoons slt, one-eighth teaspoon white pepper; stir; add gradually cup brown stock. Mush-tooms may be added. Household Hints.

sequirrels nearer home. The old bear when dressed weighed 165 pounds were diagents. A woman Treet by a Mat Cor. On Thursday morning of last week Mrs. Geo. Hodge, or Medo, in the barynard on what is known as the ketzeback farm, for two long hours of willow trees, while a cow frothing at the mouth, ranged backward and forward, charging into the trees until the constant hunting removed his would have perhaps succeeded in file mat for we days previous Mr. Hodge where it might receive proper earch which was lying down in the yard, but she hadhardly ventured near whon the animal, with all the appearances of and dog; gave her chase. A bunch of willow trees at one side of the yard where it might receive proper earch of willow trees at one side of the yard where it might receive proper earch of willow trees at one side of the yard where it might receive proper earch of willow trees at one side of the yard where it might receive proper earch of willow trees at one side of the yard where it might receive proper earch of willow trees at one side of the yard where it might receive proper earch of willow trees at one side of the yard where would go out and see the animal, which was lying down in the yard, but and in order to secure a gain was conside of the yard to the branches above, out of the same, holding gave her chase. A bunch of the branches above, out of the same, holding reach sub trees at one side of the yard man and by refuge, and she hurriely took advantage of the same, holding on pelled to go about two miles. On his trees, and was ensight yut to deal trees, and was ensight yut to deal trees, and was ensight yut to deal trees, and was ensight to the trees. Moores at her was a streed to half-dozen to secure a gain was con-pond to the relation of the trees. Mapleton trees and was ensight yut to deal to the dial not deem it advisable to in the charge of the statisfield. A half-dozen to machine again the strees at which will be freid and her properly at man man who hal been a privato in the and the read his corrigit

position in the trees.—Mapleton (Min.) Enterprise.
Chivatry on the Battlefield.
A beautiful story of chivatry is told.
In the Chicago Times-Herald.
A man who had been a private in the ontoxic the bar without visible effect and he to an other of the battle of the of

# HOUSEHOLD AFFAIRS. Clouded Chocolate Cake. One cup of sugar, half cup of but-two eggs, half cup of milk, two s of flour, half teaspoon of soda, teaspoon of cream tartar, sifted the flour. Flavor with vanilla, te almost half of this mixture and

KLONDIKE THORNS.
Entanging Vines Which Torture Weary Wayfarers.
H. unean, of Dodge City, Kan., who, with his brother, Joseph Juneau, founded the town of Juneau, Alaska, anow counted as the leading citizen of the famous territory, has an interesting story to tell of the dark side of life on the Upper Yukon. Mr. Juneau spent isveral years in Alaska, and helped up out the streets of the town which counter his name.
In speaking of his early experience that alaska, and helped up out the streets of the town which counter his name.
In speaking of his early experience that alaska, Mr. Juneau sald:
The peaking of his early experience that a street a year or two. I have found the country full of disappointments, and I don't want to paint the pleture to bright. Enough has not been said or the dark side.
The hardships to be encountered require the strongest heart and in the pleture of the that alarge portion of the fact that a large portion of nake as dark as required with grated chocolate. Put in the tin the same ag or marble cake. Marmalade Making. Marmalade may be made of any ripe fruit boiled to a pulp with a little water; the best fruits to use are peach-e guines, apples, oranges and cran-

water; the best truits to use are peach-es, quinces, apples, oranges and cran-berries. It is usual to crush the fruit. Use three-quarters of a pound of sugar to a pound of the fruit, add a little water (half a cupful to a pound) and boil until it becomes a jellied mass. When done, put it in glass or white earthenware.

A Drummer's Mistake. The Kennebec Journal tells of a Ban-gor "drummer" who tried to save a lady from leaping from a rapidly mov-ing train. After he had thrown his arms around her and dragged her back into the car she recovered from her surprise enough to call him all the names in the feminine vocabulary and explain that she went out on the plat-form to wave her handlerchief at some friends. The passengers appreciated it all, but the "drummer" didn't seem to enjoy the situation.

KLONDIKE THORNS. EIGHTEEN YEARS A SENATOR John R. McPherson, Once the Der cratic Leader in New Jersey.



John R. McPherson, Once the Demo-cratic Leader in New Jersey. A once dominant figure t- New Jers-sey politics and a man of affairs at Washington for eighteen years passed away in the person of ex-Senator John R. McPherson Mr. McPherson Mr. McPherson Mr. In 1523, he removed to Jersey Clivy at J. R. M'PHERSON, the age of 25 and became a dealer in live stock. Almost Immediately he commenced taking a part in polities and six years after tak-ing up his residence in Jersey Cliv he was chosen alderman. From 1804 to 1870 he sat in the Common Council and meanwhile made money in various corporations. In 1871 he was elected

to the New Jersey Se three years. When Fi linghuysen's term in Infree years. When Frederick T. Free lingbuysen's term in the Federal Sen ate expired McPherson had become enough of a power in Democratic poli-tics to have himself elected to success him. This was in 1876. Twice he wan re-elected, his service at Washington running from 1877 to 1895. In these eighteen years he was a prominen member of the upper house and very influential on the Democratic side.

Radyard Kiping. Radyard Kiping. Has written one of his best scories for the 1895 volume of The Youth's Companion. "The Burning of the Sarah Sands" is its title, and it is a stirring tale of heroism in the ranks. Those who subscribe to The Youth's Companion now will receive the paper free for the rest of the year, and The Companion's twelve-color calendars and most costly examples of this fo of art. Illustrated Prospectus of volume for 1898 and sample copies the paper on application. Addr The Youth's Companion, 207 Columi ave., Boston, Mass.

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Piso's Cure for Consumption relieves the most obstinate coughs.-Rev. D. BUCHNUML LER, Lexington, Mo., February 24, 1894.





