

Small Courtesies.
Habit counts for so much in little things that one cannot look too carefully after the small courtesies in one's own conduct. A writer in the Interior describes a visit to a home where the young people possessed the true politeness which habit had made natural.

One evening last week I entered a room where several young men with books and work were sitting around the lamp. The young man with the lexicon and the grammar on the table before him was the busiest of the group, but he instantly rose and remained standing until I had taken my seat.

The little action was automatic; the habit of his family is to practice small courtesies, and the boys have been trained from childhood to pay deference to women. They always rise whenever a lady, their mother, sister, friend, or guest of the house, comes into the room where they are at work.

Neither mother nor sister goes out after dark without an escort. One of the boys can always go out of his way, or find it in his way, to see her safely to a friend's door, or to the meeting which she wishes to attend. Most winning and sweet is the air of good breeding which these young men have acquired, which they wear with an unconscious grace.

"You should not care so much about the merely superficial conduct," says a friend. "Veneering is only a polish laid on. I approve of the man or woman who is honest, sincere. I can pardon him a little brusqueness which may be his only misfortune."

It is not veneering, to be polite. We are apt to grow confused on this subject, and to fancy that there is a natural conflict between goodness of heart and elegance of deportment. The fact is, life would be a far more agreeable thing if politeness were more assiduously cultivated.

Horse Power.
The horse has wonderful muscular power, but will suffer a great deal at times with nervous attacks if not properly groomed and stable. This illustrates that a great deal of neuritis is caused by imprudence and results from shock from cold to the nervous organism in parts most exposed to the cold. Hence, neuritis is so often an affliction of the head, face and neck, as they are frequently badly protected against intense cold. The use of warmth as an antidote is apparent, and the warmth to the afflicted part imparted by the use of St. Jacobs Oil, together with the soothing and strengthening influence of the remedy, lul the pain and quickly restore a good health condition of the nerves, curing even the worst cases.

When bilious or colic, eat a Cascaret, candy cathartic cure guaranteed, 10c, 2c.

FITS stopped free and permanently cured. No fits after first day's use of DR. KLINE'S GREAT NERVE RESTORER. Free 2 trial bottles and treatment. Send to Dr. Kline, 361 Arch St., Phila., Pa.

After six years' suffering, I was cured by PISO'S CURE—MAY THOMSON, 304 Ohio Ave., Allegheny, Pa., March 19, 1891.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

Just try a 10c box of Cascarets, the finest liver and bowels restorative ever made.

Take Hood's Sarsaparilla
Hood's Sarsaparilla now and expel from your blood the impurities which have accumulated during winter. Thus prevent humors, boils, pimples, eruptions, and serious illness, such as fevers, malaria, and debility of the system.

Hood's Pills act harmoniously with Hood's Sarsaparilla.

W.L. DOUGLAS'S '3 SHOE in the World.

For 14 years this shoe, by merit alone, has displaced all competitors. Indorsed by over 1,000,000 wearers as the best in style, fit and durability of any shoe ever offered at \$2.00.

It is made in all the latest shapes and styles and of every article of leather.

One dealer in a town given exclusive sale and advertised in local papers on receipt of reasonable order. Write for catalogue to W. L. Douglas, Brockton, Mass.

\$200.00 Reward in Gold! Well Worth Trying For!

In the word BEAUTIFUL are nine letters. You are smart enough to make fourteen words. You feel sure, and if you do you will receive a reward. Do not use a letter more than twice. It occurs in the word BEAUTIFUL. Use only English words. The Household Publishing and Printing Co., proprietors of THE HOUSEHOLD COMPANION, will pay \$200.00 in gold to the person able to make the longest list of English words from the letters in the word BEAUTIFUL. \$200.00 for the longest list of ten words; \$100.00 for the next five, and \$50.00 for the next ten longest lists. The above rewards are given free, and solely for the purpose of attracting attention to our handsome ladies' magazine, THE HOUSEHOLD COMPANION. In addition to the above prizes we will give to everyone sending us a list of fourteen or more words a handsome silver souvenir spoon. Lists should be sent as soon as possible, and not later than April 30, 1897, so that the names of successful contestants may be published in the April issue of THE HOUSEHOLD COMPANION. We refer you to any mercantile agency as to our standing.

Household Publishing & Printing Co., 36 Bleecker St., New York City.

MIZPAH Vegetable Cancer Remedy cures Cancers and Tumors at your home. Perfect Cure. Mizpah Medicine Co., Saratoga Springs, N.Y.

REV. DR. JONATHAN WHITELEY'S WIDOW STRICKEN WITH PARALYSIS.

But She Has Been Cured—Long May She Live and Love—Live the Remedy to Which She Owes Her Life.

From the Gazette, Meadville, Pa.

The following interesting interviews concerning the efficacy of Dr. Williams' Pink Pills for Pale People, have lately been received at the office of this newspaper:

The first embodies a conversation with Mrs. M. A. Whiteley, the widow of the late Rev. Jonathan Whiteley, D. D., an eminent div of the Methodist denomination. Mrs. Whiteley speaks as follows:

"I consider it my duty to tell for publication the immense benefit I have derived from Dr. Williams' Pink Pills. Three years ago I was stricken by paralysis, and lay helpless for months. I was at last advised to try Dr. Williams' Pink Pills, which after many misgivings I concluded to do, as I had lost faith in all medicines. The first box helped me much, and the continual use of the pills has worked and is working wonders. To-day I have driven twelve miles without fatigue. I cannot say too much in praise of Dr. Williams' Pink Pills for they have done me a world of good."

Mr. John W. Beatty, who is a contractor and builder of Meadville, of the highest respectability, and has been greatly benefited by their use. She experienced a numbness and coldness in her limbs and at times could scarcely walk for reason of poor circulation of the blood. All these unpleasant symptoms have disappeared and I could finally hope to see her well woman ere long. I will also take the liberty to speak for a brother-in-law of mine, G. W. Ayer, who resides at Shenkleyville, Jackson County, Pa. So great was his affliction by reason of erysipelas in the face and a general breaking down of the system that last winter he was given up to die. Dr. Williams' Pink Pills for Pale People made him a new man and he is as one rescued from the very jaws of death."

Mr. Prentice Fry, of Meadville, testifies as follows:

"My wife and daughter have been falling in health for some time and the treatments of physicians in their cases have been fruitless. So much has been said of Dr. Williams' Pink Pills for Pale People that I resolved to try them, and myself and family will always be glad that Providence threw such a medicine in our way. The pale faces and wasted cheeks of my wife and daughter have disappeared, and the ruddy glow of health has reappeared. Pen cannot record my feelings in the matter, and all I can say is that I trust all who are bowed down by the heavy hand of physical infirmity will learn that there is a remedy that cures and places suffering humanity where they can enjoy this earthly existence. God bless the maker of Dr. Williams' Pink Pills for Pale People."

Dr. Williams' Pink Pills contain, in a condensed form, all the elements necessary to give new life and richness to the blood and restore shattered nerves. They are an unfailing specific for such diseases as locomotor ataxia, partial paralysis, St. Vitus' dance, sciatica, neuritis, rheumatism, nervous headache, the after effect of a grippe, palpitation of the heart, pale and sallow complexion, all forms of weakness either in male or female. Pink Pills are sold by all dealers, or sent post paid on receipt of price, 50 cents a box or six boxes for \$2.50, by addressing Dr. Williams' Medicine Company, Schenectady, N. Y.

CASCARETS stimulate liver, kidneys and bowels. Never sicken, weaken or gripe; 10c.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For the great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure the local trouble, pronounced it incurable. Science has proven catarrh to be a constitutional disease and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from two to six drops to a teaspoonful on the blood and cleanses the system. They offer a refund of ten dollars for any case it fails to cure. Send for circulars and testimonials. Address: F. J. Cheney & Co., Toledo, O. Sold by Druggists, etc.

Hall's Family Pills are the best.

The Library of Congress is the largest in the country.

No-To-Bac for Fifty Cents.

Over 40,000 cured. Why not let No-To-Bac regulate or remove your desire for tobacco? Saves money, makes health and manhood. Cure guaranteed. 50 cents and \$1.00, at all druggists.

A Wonderful Statement

From Mrs. McGillas to Mrs. Pinkham.

I think it my duty, dear Mrs. Pinkham, to tell you what your wonderful Compound has done for me.

I was dreadfully ill—the doctors said they could cure me but failed to do so.

I gave up in despair and took to my bed. I had dreadful pains in my heart, fainting spells, sparks before my eyes—and sometimes I would get so blind, I could not see for several minutes.

I could not stand very long without feeling sick and vomiting. I could not breathe a long breath without screaming, my heart pained so.

I also had female weakness, inflammation of ovaries, painful menstruation, displacement of the womb, itching of the external parts, and ulceration of the womb. I have had all these complaints.

The pains I had to stand were something dreadful. My husband told me to try a bottle of Lydia E. Pinkham's medicine, which I did, and after taking it for a while, was cured. No other kind of medicine for me as long as you make Compound. I hope every woman who suffers will take your Compound and be cured.—Mrs. J. S. MCGILLAS, 113 Kilburn Avenue, Rockford, Ill.

"IT WILL NOT RUB OFF"
ALABASTINE
DURABLE AND BEAUTIFUL WALL COATING.

AN OLD WHALER'S SERMON.
JONAH AND THE WHALE; A REPLY TO SKEPTICS.

An Able Seaman Tells of the Experiences That Convinced Him of the Truth of the Bible Story.

DESPITE modern scientists' searches and learned treatises of eminent divines, who have sought eagerly to prove to the world the unreasonableness of the assertion that a whale can swallow a man, I desire to say, without fear of reasonable contradiction, that from practical personal knowledge on the subject I know they are all wrong.

Thirty years ago I sailed from New Bedford, Mass., on a whale ship for a forty-four months' cruise in the South Seas with the veteran whaler, Captain Elisha Babcock, who is well known to the whaling fraternity. We had a very successful voyage up to the time I left the expedition, twenty-seven months afterward, off the coast of Borneo. Now, a whale is the biggest of all God's living creatures on sea or land, and what we call a sperm whale is the smallest of whales, varying in length from 50 to 130 feet and large in proportion, making from 40 to 140 barrels of oil.

One beautiful day in August, 1863, on the Western Ocean a whale was sighted by the man at the masthead, who sang out:

"Ah, she blows."

Those words had the effect of an electric shock. Every man in the ship from stem to stern was up and doing in an instant. Presently the Captain shouted back:

"Where away!"

"About three points on the lee bow, sir."

"How far off?"

"About three miles, sir." Then said the Captain to the crew:

"Back your main yards." "Lower boats and away," was the next order. Our ship carried four boats, each manned by a crew of five men and an officer. The boat in which I was reached the whale first. When we got to him he was asleep. It was the most dangerous time to strike him, because nobody can tell what move a whale suddenly aroused will make first. He was the largest sperm I think I ever saw, and probably was good for 140 barrels of oil. That is a vast amount to get from a sperm whale, although from a bowhead whale one sometimes gets 250 barrels. When we struck this fellow he raised his tail, which measured about fifteen feet across, and made the water seethe and boil a moment or two; then he went down. Being fast to him with iron, we paid out the line very quickly to keep from going down with him. Presently the line grew slack, which means that he had stopped somewhere just beneath us. But the water was so thick with his blood that we were unable to see how far down he was. We knew he was near, but how near we could not tell just then. While we were eagerly looking over the side of the boat, quick as a flash he struck the bottom of the boat and we went flying. When I recovered my senses I was about fifteen feet below, looking for fresh air. When I reached the top what should I meet but the whale, just as he was raising his tremendous tail high above my head. I darted to one side. Down came the tail with an awful splash. If I had been under it I should have been smashed to smithereens. As I was making desperate efforts to get away from the whale, who should come up right alongside me but the harpooner. He could not swim. A few strokes away there was a buoy. I secured it, dragged it to him, and just as he was about to give up in despair he grasped it, and was saved. Then we both clung to the buoy and took in the situation. The bow oarsman was thrown over about twenty rods. The tub oarsman, stroke oarsman, and the second mate were thrown in different directions. I, being midship oarsman, had been picked up, as a pancake, and flopped over and shoved down. While the harpooner and I hung to the buoy we were kept busy kicking away sharks, pushing them first one way, then another. Not sharks of the kind one sees around the bays and rivers, but big fellows, from fifteen to twenty-five feet long—the kind that can divide a fellow at one nip.

Our stroke oarsman could not swim, but he got hold of a piece of the boat; that piece was fast to the line and the line was fast to the whale. He passed us like a shot, reaching out his hands and shouting, "Bill! Bill! Save me! Save me!" He had no sooner said it than he was gone. Presently the whale went down, the piece of boat went with him, and the stroke oarsman was left at the mercy of the waves, a good distance away. Meanwhile the other three boats were coming up, and just as he had exhausted himself, struggling to keep on top, the third mate's boat reached him. He was rescued, and then the rest of us were picked up.

All this happened within ten minutes. Nothing remained of our small boat. The 500 fathoms of line gone as were also the lances, harpoons, and the two buoys. One of the other boats, however, put for the whale and captured him.

Now, when I was clinging to that buoy the Bible story of Jonah and the whale came forcibly to my mind, and I wondered if I was doomed to go through Jonah's experience. When the whale was lying at the ship's side and we were cutting him in I told the boys of these feelings. They urged me to go through the whale's throat, and I resolved to do so when his head came on deck, to demonstrate the possibility of Jonah's experience. I did not then believe in the Bible, but I verified the whale story, for when the head was on the deck I went through the throat as easily as I had crawled through bars when a boy.

The head containing the spermaceti oil is always cut from the trunk and hauled in whole. Of course the whale's jaws come with it, and they measured often from eight to twelve feet. When we killed other whales, from time to time, some of the men lifted up the lower jaw, while the rest, one after another, would crawl through the throat, not down where Jonah went, but to the deck. This I did more times than I have fingers and toes. It should be remembered that in each case we crawled through the throat of a dead whale. If, when dead, a whale had a throat to admit me, then weighing 170 pounds, what would be the possibility of a live, mad and hungry whale? Although a sperm whale is large, the bowhead whale is much larger, with a throat not only capable of swallowing a well-built man, but, in my judgment, a good-sized horse or cow. Thus it can readily be understood how and why I am so emphatic in my remarks at the beginning of this article. I would further say that all the stories and learned opinions that have ever been devised and related in reference to the inability of a whale to swallow a man are simply absurd. I am a skeptic no longer, and whatever men may say or believe concerning the wonderful whale story of the Bible, not one jot or tittle of it ought to be abated, modified or left out.

When a whale is killed he never dies unless his head is toward the sun. Sometimes the skies would be overcast when we killed a whale, but when the clouds would vanish it would be seen that his head was toward the sun. I never knew a whale to do otherwise. I cannot explain it, nor did I ever hear it explained, but somehow, I have an idea that God, the creator of this monstrous creature, has given him the instinct to turn to the light while he is sinking in darkness and death. Is not this a lesson to the higher creatures, teaching them in darkness and despair to keep their faces ever toward the Greater Sun?—William H. Crampton in New York Sun.

SCIENTIFIC AND INDUSTRIAL.

Professor Huxley says that an oyster is a far more complicated piece of machinery than the finest Swiss watch. Tokio, Japan, has adopted the arch system for the two miles of elevated railroad which it has been decided to build there at a cost of \$2,000,000.

Health Commissioner Starkloff, of St. Louis, Mo., will at the next meeting of the Board of Health recommend that preliminary tuberculosis be declared infectious.

Celery is said to be excellent for the nervous system and is a fine remedy for rheumatism and neuralgia. It may be taken in the natural state, or in salads, soups and in tea.

A horseless sleigh is one of the latest inventions. Gasoline furnishes the motive power, and a sharp-toothed wheel under the centre of the sleigh applies it to the frozen earth and pushes the sleigh along.

In North Carolina the long pine needles of certain species of pine are treated with a solution of soda to secure the fiber, which is woven into coarse blankets, cloths and mats. This product is also made in Germany and Sweden.

A complete series of photographs of the recent Chinese-Japanese war, taken on the spot, forms a feature of the international photographic exhibition now being held at Berlin. The collection has excited much interest as the most comprehensive photographic record of war yet shown.

A product called "wire-glass" which, it is asserted, presents an effective barrier against fire, consists simply of a mesh-work of wire embedded in a glass plate. Even when licked by flames and raised to a red heat it does not fall to pieces, and it not only resists the heat of fire, but also the snatching effects of cold water poured over it while it is yet glowing hot.

At a Bargerton (Ohio) match factory recently 177,926,400 matches were made in a day. At that rate that factory can produce in a year 64,943,136,000 matches, which means 927 matches a year, or nearly three matches a day for each one of the 70,000,000 inhabitants of the country. All this work is done by automatic machinery, that is without its equal in the world.

A double-deck tunnel is the project of the Metropolitan District Railway, of London, for facilitating traffic on its underground line in that city. The present underground line has a double track and it is proposed to build two single track tunnels at some distance below this line, to be used for express trains, there being only one station between the terminus and the point where the low level line will rise to the grade of the existing line.

WISE WORDS.

There is not in the world a mask that can disguise vulgarity.

The eye of ambition is an orb that can be closed by no opiate.

A man or woman out of temper is like an instrument out of tune.

It is far easier to see through a stone wall than through prejudice.

Many a man grovels in the dust who has an arm long enough to reach the sky if he would only put it out.

Good breeding is the result of much good sense, some good nature, and a little self-denial for the sake of others.

A man hurts himself more in his wife's estimation by being brutal to other people than he does by being brutal to her.

There are people who would do great acts, but because they wait for the great opportunities, life passes, and the acts of love are not done at all.

A pretty girl is like a catchy air—when you first hear it you go around everywhere humming it, but the first new one knocks it out of your head.

A girl who can't see an old dead horse in the street without crying, will walk a mile to look at a lot of dead birds stuck on bonnets in a shop window.

When we are children we would rather be whipped than apologize for anything; and yet get older we would rather apologize for anything than be whipped.

Just a little bit of loving thought can give so much happiness, and the richest people in the world are those who have learned the joy of sharing all their happiness with others.

Life is made up, not of great sacrifices or duties, but of the little things, in which smiles and kindnesses, and small obligations, given habitually, are what win and preserve the heart and secure comfort.—The South-West.

Penalty for Smuggling.

An English custom of not so long ago was to hang smugglers on gibbets arranged along the coasts, and then tar the bodies that they might be preserved a long while, as a warning to other culprits. As late as 1822 three men thus varnished could have been seen hanging before Dover castle, says the Pittsburgh Dispatch. Sometimes the process was extended to robbers, assassins, incendiaries and other criminals. John Painter, who fired the dock yard at Portsmouth, was first hanged and then tarred in 1776. From time to time he was given a fresh coat of varnish, and thus was made to last nearly fourteen years. The weird custom did not stop smuggling or other crime, but no doubt it worked some influence as a preventive.

Evaporation of Moisture.

Soil that is covered with vegetation evaporates a very much greater quantity of moisture than soil upon which there is no vegetable growth. It appears that the roots, stalks and blossoms of the plants are constantly drawing up moisture from the earth and throwing it out. Experiments made by Professor Nollney demonstrate that bare ground gives out only the quantity of moisture received from the atmosphere, but that wet soil covered with plants, whether it be swamp lands or irrigated, will, under favorable circumstances, give out a much greater amount of water than that which corresponds to the precipitation that occurs during the same period.

A Good Judge of Art.

Queen Victoria's judgment of pictures has been remarkably accurate, and pictures for which she gave comparatively small sums a few years ago would now fetch big figures. The value of her pictures by Landseer alone is over \$200,000.

PENSIONS, PATENTS, CLAIMS.

JOHN W. MORRIS, WASHINGTON, D. C.
Late Principal Examiner U. S. Pension Bureau.
3 yrs. in last war, 10 adjudicating claims, 247, etc.

PISO'S CURE FOR CONSUMPTION

Cures like magic Bronchitis and Catarrh. Restores the sense of smell and hearing. By Mail, \$1.12

LIFE! LIFE! LIFE!
Cutler's Life Inhaler

PISO'S CURE FOR CONSUMPTION

Cures like magic Bronchitis and Catarrh. Restores the sense of smell and hearing. By Mail, \$1.12

W. H. SMITH & CO., Buffalo, N. Y., Props

Pill Clothes.

The good pill has a good coat. The pill coat serves two purposes; it protects the pill, enabling it to retain all its remedial value, and it disguises the taste for the palate. Some pill coats are too heavy; they will not dissolve in the stomach, and the pills they cover pass through the system as harmless as a bread pellet. Other coats are too light, and permit the speedy deterioration of the pill. After 30 years exposure, Ayer's Sugar Coated Pills have been found as effective as if just fresh from the laboratory. It's a good pill with a good coat. Ask your druggist for

Ayer's Cathartic Pills.

More pill particulars in Ayer's Curebook, 100 pages. Sent free. J. C. Ayer Co., Lowell, Mass.

PANDY CATHARTIC PASCARETS

CURE CONSTIPATION

REGULATE THE LIVER

10¢ 25¢ 50¢ ALL DRUGGISTS

ABSOLUTELY GUARANTEED to cure any case of constipation. Cascarets are the Ideal Laxative, never grip or gripe, but cause easy natural results. Sample and booklet free. AD. STEPHENSON REMEDY CO., Chicago, Montreal, Can., or New York, N. Y.

RIPANS TABULES

A literary man, used to the niceties of expression and fond also of the pleasures of the table, in speaking of

"I couldn't recommend this remedy as heartily as I do if I didn't believe in it. I am not much of a medicine taker. I am opposed to medicine, on principle. There ought to be no need of medicine—just as there ought to be no poverty—but there is. If people lived right they would be well. Sunshine, air, exercise, fun, good food—plenty and not too much—are the best medicines, the natural ones; but men are tied to their desks, and women to their home cares, and both are tied to fashion. Civilized existence is artificial and needs artificial regulators. I recommend Ripans Tabules—and take them myself. I know they are both harmless and effective. (I know what they are made of.) They are the best remedy I know anything about for headaches, or indigestion, or biliousness, or any sort of sluggishness in the system. And they are in the handiest possible shape to carry in the pocket."

H.W. JOHNS' ASBESTOS LIQUID PAINTS

THE STANDARD PAINT FOR STRUCTURAL PURPOSES.

Pamphlet, "Suggestions for Exterior Decoration," Sample Card and Descriptive Price List free by mail. Asbestos Roofing, Building Felt, Steam Packing, Boiler Coverings, Fire-Proof Paints, etc. Asbestos Non-Conducting and Electrical Insulating Materials.

H. W. JOHNS MANUFACTURING CO., 87 Maiden Lane, New York.

CHICAGO: 240 & 242 Randolph St. PHILADELPHIA: 170 & 172 N. 4th St. BOSTON: 77 & 79 Pearl St.

"He that Works Easily Works Successfully." 'Tis very Easy to Clean House With

SAPOLIO

PISO'S CURE

For Consumption

For the last 20 years we have kept PISO'S Cure for Consumption in stock, and would sooner think a groceryman could get along without sugar in his store than we could without PISO'S Cure. It is a sure seller.—RAVEN & CO., Druggists, Ceresco, Michigan, September 2, 1896.

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