

Natural History Item.
Gardening ants collect pieces of vegetable and pile them up to rot in the dark interior of their nests until the rubbish is covered with a growth of fungus on which the ants feed.

MR. ULDBOTE—I am a self-made man, sir. I began life as a barefoot boy. Kennard—Indeed, well, I wasn't born with shoes on, either.

Deafness Cannot be Cured
by local application, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional medicine. Deafness is caused by an inflammation of the mucous lining of the Eustachian Tube. When this tube gets inflamed you have a rumbling sound and imperfect hearing, and when it is entirely closed Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.

F. J. CHENEY & Co., Toledo, O.
Sold by Druggists, 75c.

The sweet potato was brought into England in 1653.

A Child Enjoy
The pleasant flavor, gentle action and soothing effects of Syrup of Figs, when in need of a laxative, and if the father or mother be constipated or bilious, the most gratifying results follow its use; so that it is the best family remedy known and every family should have a bottle.

Alexander the Great, when on a campaign, ate the rations of a common soldier.

Dr. Kilmer's Swamp-Root cures all Kidney and Bladder troubles, Pamphlet and Consultation Free. Laboratory Binghamton, N.Y.

Dowie, the post said there was nothing more delicious than a haunch of venison.

Karl's Clover Root, the great blood purifier, gives freshness and clearness to the complexion and cures constipation. 25 cts., 50 cts., \$1.

Waco, Tex., has a cotton palace.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c. a bottle.

Britain's flag float on 5,735 ships.

We have not been without Pilsener Beer for consumption for 30 years.—LIZZIE FRANKEL, Camp St., Harrisburg, Pa., May 4, 1894.

Central Asia makes the best bricks.

If afflicted with sore eyes use Dr. Isaac Thompson's Eye-water. Druggists sell at 50c per bottle.

Grip—Poison Ivy
A professional nurse, well known in Massachusetts, says: "After a severe cold, followed by the grip, I gave up sick and took to my bed. I employed phytolacca without relief and determined to try Hood's Sarsaparilla. I took one bottle and I was feeling much better. I continued with the second bottle and in the middle of May I started for my home, or rather summer residence, at Brewster, Cape Cod. While there I came in contact with poison ivy and my hands became very sore. I continued to take Hood's Sarsaparilla, and in a short time it overcame my affliction and gave me renewed health, so that after the first of July I was able to do my work and now feel in the best of health."

SARAH J. CHAPMAN, Brewster, Mass.

Hood's Sarsaparilla Cures
Hood's Pills act easily, yet promptly and efficiently, on the liver and bowels.

P. N. U. 50

Try Them All,
Every Tom, Dick and Harry's Buckwheat.

THEN TRY

Hecker's

WALTER BAKER & CO.
The Largest Manufacturers of PURE, HIGH GRADE COCOAS AND CHOCOLATES

On this Continent, have received HIGHEST AWARDS from the great Industrial and Food EXPOSITIONS in Europe and America.

Unlike the Dutch Process, no Alkalies or other Chemicals or Dyes are used in our Cocoa. It is not only palatable, but is well worth reading; treatment inexpensive and only safe one known. Address: ROSSIGNOL & TAYLOR, Pharmacists, 1011 Arch St., Philadelphia, Pa. Circulars sent free. Send for circular.

WALTER BAKER & CO. DORCHESTER, MASS.

PHYTOLACCA BERRY TREATMENT
For Fat and Attendants. Our Leaflet on this subject is sent free and is well worth reading; treatment inexpensive and only safe one known. Address: ROSSIGNOL & TAYLOR, Pharmacists, 1011 Arch St., Philadelphia, Pa. Circulars sent free. Send for circular.

RHEUMATISM CURED
Without Medicine. Safe, Sure Scientific Principle. Total cost \$1. This is not a ring. Testimonials from Mrs. SATOLLA, and many others. Send for circular. GEO. W. ADEK, 21 Broadway, N. Y. City.

A GREAT NEWSGATHERER.

HOW UNCLE SAM GETS ALL KINDS OF INFORMATION.

Transmission of Consular Reports by Cable—Service of the Agricultural and Other Departments.

UNCLE SAM is the greatest news gatherer we know, writes George Grantham Bain. All of the agencies of the newspapers of this country put together are hardly as great as the corps of men he retains to send him information of current events. Some of this information he publishes in the shape of public documents which few people ever read. Some of it he preserves in the files of his departments at Washington for the use of his executive officers.

The big Government news machine has correspondents who are reporters; it has editors in the different departments, and Grover Cleveland is their editor-in-chief; and it has sub-editors who read copy and use the blue pencil on it. The news service covers a very wide range—much wider than that of the average newspaper. For though the Government does not follow the record of deaths and marriages or the chronicle of local crime, it has often a far more accurate and rapid service on some great foreign war, like the Chinese-Japanese conflict or the recent Brazilian trouble than any of the great newspapers can obtain, no matter how great their expenditure of money. In matters of this kind the Government service should be far ahead of the newspaper service, for treaty obligations require the transmission of Government messages by cable when commercial messages can be declined. But it is pretty hard for the Government, even with all the apparent advantages on its side, to get ahead of the enterprising American newspaper.

The transmission of news by cable during some such emergency as now exists in Asia is not the only news duty of the American consuls and commercial agents or the ministers or ambassadors of the United States at foreign capitals. The Bureau of Statistics of the State Department issues at monthly intervals small volumes of reports sent in by our diplomatic representatives; some of them volunteered and some sent in response to inquiries of the Department. This news feature of the consular service has become of great commercial importance to the United States.

The consuls of the United States are required to send in at regular intervals reports of the condition of public health in the towns or cities where they are stationed. These reports and the reports sent by certain medical correspondents who represent the hospital service abroad are published by the Surgeon-General in a weekly bulletin. This bulletin is one of the most valuable news publications of the Government. Not all of the information published in it comes by mail. Where the United States is threatened with cholera or any other contagious disease the surgeon receives reports by wire, usually through the State Department and its representatives.

Next to the news service of the State Department the Agricultural Department has the most elaborate and complete system of news-gathering and distribution. For the crop report alone the services of nearly 5000 correspondents are called into requisition directly or indirectly. There are about 2500 correspondents who report to the department direct.

There are almost an equal number reporting to the State agents of the department who make up State estimates and forward them to the statistician for comparison. These correspondents are just as surely newsgatherers as are the correspondents of city papers in the rural districts. They receive no compensation. Their only reward is a copy of each of the department bulletins. As a rule these correspondents are farmers. Some of them, though, are country doctors. All of the reports of these correspondents are "edited" by the statistician before they are made public. They are compared for possible error or false statement; and the crop estimate made public every month is the expression of the individual judgment of the statistician, based on all of the reports received from 5000 sources.

Another important news gathering and news distributing branch of the Agricultural Department is the Weather Bureau. At 150 stations in different parts of the United States observers and assistant observers are employed, not only to take scientific observations and keep statistics, but to send to the chief of the bureau at Washington by telegraph the news of the condition of the weather all over the country. The chief editor to handle these reports is the forecaster, who takes all of the dispatches and marking "highs" and "lows" and other like indications of ethereal conditions on a map, figures out for the entire country just the kind of weather to which each country is entitled. This forecast work has been of immense value to farmers, and it has often warned seamen of impending disaster. The weather report is one of the most valuable and interesting of the news publications of the Government.

In addition to the crop report correspondents and the weather observers, the Agricultural Department has special agents at many points sending in news of the condition of cattle and other information pertaining to subjects which are within the jurisdiction of Secretary Morton. And the editors in the different bureaus which handle these reports are not the only "blue-pencillers" in the department. The Secretary of Agriculture has a

regular editor, known officially by that title, whose duty it is to examine and pass upon publications to be issued by the department.

One of the most important of the news bureaus of the Government is attached to the Navy Department. It is of comparatively recent establishment. It is known as the Naval Intelligence Bureau. Its duty is to gather together from all parts of the world information about foreign navies and foreign coast defenses. When Japan and China began hostilities Secretary Herbert could have sent to the Naval Intelligence Bureau and on a few minutes' notice could have had a full description of the navies of both the belligerents and an admirable description of the sea coast along which the fight was being waged. There is not a war vessel in the world which the Naval Intelligence Bureau cannot describe. This information comes from the news correspondents of the Navy Department, who are in part the officers of our own war vessels and in part our representatives in naval matters at the great capitals of the world. We have naval secretaries attached to all of our principal legations. Besides, the Navy Department sometimes sends naval officers abroad on a special mission to gather information.

The Treasury Department, of course, is constantly at work through its customs officers and other agents gathering statistics of commerce. These are published from time to time by the Bureau of Statistics. The Indian office of the Interior Department receives from its agents not only current news of the condition of the Indians, but stories of the origin of their tribal customs and other Indian Commissioner's report most interesting reading. The bureau of ethnology is busily engaged in collecting news of the primitive American. The geological survey tells the country from time to time all about its production of gold and precious stones, about the development of irrigation and dozens of other things which would be considered good news in many newspaper offices. We send representatives abroad to report on the Panama Canal, the Nicaragua Canal, the international geographical congress, the international monetary conference, the international marine conference. In fact, the field of news gathering covered by the agents of our Government is so wide that no newspaper, however enterprising, could hope to fill it.

SELECT SIFTINGS.

The first shipment of iron ore from the United States to Europe was made in 1608.

The Duke of Coburg possesses a splendid collection of miniature silver ships, more than 100 in number.

Many Persian drinking cups have been found in the ruins of Persepolis. They are shaped almost exactly like our saucers.

The swords of the ancient Mexicans were composed of bits of flint or obsidian, set in a stick about the length of an ordinary saber.

Being a little slow in taking off his hat, a man who went to hear a trial in a German court, was sentenced to six hours' imprisonment.

A young French officer recently rode a bicycle to the top of Pic du Midi in the Pyrenees, 9540 feet high, and then rode down again.

In Monticello, Fla., there is a tree, which bears on different limbs grafted apples, crabapples, peaches, pears, and quinces.

The island of Lewchew has a tree which has the peculiarity of changing the color of its blossoms. From the tint of a lily these go to the hue of the rose.

In 1790 a handkerchief cost sixty-six cents in Massachusetts, while a pair of stockings cost seventy-five cents, and potatoes were thirty cents a bushel.

A petrified cat has been discovered in a bog in Kerry, Ireland. Its back was arched and its tail thickened, as though it met death while in the act of opening a concert.

A topaz seal set with gold was recently found on the field of Waterloo. It belonged to Ensign Barrington, of the British army, and had lain undiscovered for eighty years.

The railway line between Ismid, near Constantinople, Turkey, and Angora, 300 miles in length, is built entirely of iron—bridges, ties, telegraph poles and all—except the stations.

The metal out of which the "great bell" of Moscow, Russia, is made is worth \$300,000 at current market rates. The bell is nearly twenty feet high, and has a circumference of sixty feet.

Herbivorous animals do not eat all of nature's menu. The horse refuses the water hemlock that the goat eats with avidity, and, on the other hand, the goat refuses some plants that are eaten by the sheep.

The impossibility of constructing a perpetual motion machine has so long been demonstrated that as early as the year 1775 the Parisian Academy of Sciences refused to receive any further schemes for perpetual motion.

A storm overturned a large oak tree on the farm of M. D. Cartright, of Ripley, Miss. While squirrel hunting, B. S. Sanders, of Indian Bay, Ark., discovered beneath the roots a pot of gold and silver coin amounting to \$10,000.

The Mexican yanquero beats the world as the thrower of the Jasso. One of his tricks is to stick a lot of long handled knives in the ground close together within the limits of a narrow circle, and bet with outsiders that he can ride past at race horse speed and pick up any one of the knives designated with a rope.

THE MERRY SIDE OF LIFE.

STORIES THAT ARE TOLD BY THE FUNNY MEN OF THE PRESS.

In Danger—The Marriage Mart—A Sequence—Not What She Expected—Money and Women, Etc.

Oh! may angels vie'd o'er her keep. With their guarding wings outspread Protecting from danger my darling's sleep— She sleeps in a folding bed. —Puck.

A SEQUENCE.
"How intelligent Melissa is?"
"Yes; she is homely, isn't she?"

THE MARRIAGE MART.
First Knickerbocker—"Did you have any entries at the horse show?"
Second Knickerbocker—"Yes; three daughters."—Puck.

MONEY AND WOMEN.
"Yes," said Mr. Southern, "women like money, and money is like women."
"How is that?" inquired his wife.
"Money talks."—New York Press.

VERSATILITY.
He—"Do you think blondes have more admirers than brunettes?"
She—"I don't know. Why not ask some of the girls who have had experience in both capacities?"—Life.

NOT WHAT SHE EXPECTED.
Mrs. de Vere—"They say my daughter took her beauty from her mother."
The Count—"How shameful that she should have so deprived you!"—Judge.

THOUGHT SHE WAS ILL.
She—"Now, I give you fair notice, I don't feel like quarreling this morning."
He—"Don't worry, dear; you'll be yourself again before noon."—Puck.

PLENTY OF COMPANY.
Bingo—"Now that you are living in the country, I should think you would find it lonesome riding back and forth on the train."
Witherby—"Not at all, old man. I always have a servant girl with me."—Life.

DEADENED.
Parke—"What a terrible thunder storm we had last night."
Lane—"Dit we?"
Parke—"Great Scott, didn't you hear it?"
Lane—"No. My baby had the colic."—Life.

SHE WAS INTERESTED.
Mr. Hunker (at the horse show)—"You can tell a horse's age by looking at his teeth."
Miss Keedick (deeply interested)—"How old does a horse have to be before it is necessary to put in a false set?"—Judge.

TAKING CHANCES.
Brown—"Hear about that burglary in Smith's? They must have been a desperate set of fellows."
Mrs. Brown—"What did they do?"
Brown—"Made their way into the kitchen and ate some of Miss Smith's home made cake."—Puck.

LEARNING THE UNWARY.
"I notice that the proprietor of the restaurant next door displays the choicest cuts and the most delicious looking vegetables in front of the mirrors in his window."
"Yes; he evidently likes to give the people food for reflection."—Truth.

A LUCKY FALLING.
"Fayles is a striking illustration of the fact that ability doesn't always count."
"How's that?"
"He never could learn to spell correctly and now he's made a phenomenal success as a writer of dialect stories."—Chicago Record.

THE PROFESSOR WAS INTERESTED.
"And you say he was defeated by one vote?" said the professor.
"Yes," replied wife, who had been reading from the paper.
"That's interesting; very interesting," he mused. "It's a positive paradox. It's what might be called a singular plurality!"—Washington Star.

A PRECAUTION.
Smythe—"Too bad Miss Brown's so awfully nearsighted, isn't it, Chawley?"
Chawley—"Y-as, me boy."
Smythe—"Why, d'ye know, I've been told she wears her glasses to bed."
Chawley—"How's that, Haw-yy?"
Smythe—"So's she can recognize the people she meets in her dreams."—Life.

GOOD LOGIC.
"Mother," observed young Beacon Bullfinch, a bright Boston boy of six, "I observe that the pie is differentiated into five pieces; and yet there are but four of us at the table. What is the significance of that fifth piece?"
"That," replied Mrs. Bullfinch, eyeing her son with a cool Boston warmth, "is for manners."
"Ah, then," returned the lad, smiling pleasantly, "as I have often been referred to as manners personified, I will take the piece."—Puck.

TRUE TO THE LIFE.
One morning a banker stopped into his office and most effusively greeted his bookkeeper, who had entered his services just twenty-five years before, at the same time handing him a closed envelope with the remark: "This is to serve you as a memento of the present occasion." The grateful recipient did not venture at first to open the en-

velope, until encouraged to do so by a nod and a smile from his employer. And what do you think it contained? The banker's photograph—that, and nothing more. The bookkeeper was dumb.
"Well, what do you think of it?" his principal inquired.
"It's just like you," was the reply.

NO CREDIT TO HIS CREDENTIALS.
The captain of a large steamer was once filling up his crew for a long voyage, when a seaman came up and said:
"I want to sail with you, sir."
"All right, my man," replied the captain. "Where have you sailed before?"
"P. and O., sir, to Australia."
"What countryman?"
"An Oirishman," was the ready response.
"Well, you must get a character."
The discharge was obtained, and as the Irishman was presenting it, another seaman came up and said he wanted to join.
"What line were you on before?" asked the captain.
"Cunard, sir."
"What countryman?"
"English, your honor."
"All right, go forward."
Shortly after, as the two were swilling the decks in a heavy sea, the Englishman was swept overboard, bucket and all. Unmoved, Paddy finished his job and then went to the captain's cabin.
"Come in," responded the officer to his rap. "What's up now?"
"Do you remember Bill Smith, the Englishman and Cunard?" queried Paddy.
"Certainly, my man."
"You took him without a character."
"I believe so. What of that?"
"He's gone overboard wid your bucket."—Chicago Record.

MERE CHILD'S PLAY NOW.
"Yes," said the football player, as he donned his heavily-padded knickerbockers, "the game has been robbed of all its rough features, and is now mere child's play."
He paused a moment to adjust a complicated leather harness that held his ears close to his head and thoroughly covered them up, and then continued: "The new rules are designed to eliminate all elements of danger, and prevent players from being injured in any way. They promise to succeed admirably," he added, in slightly nasal tones, as he placed a thick rubber nose-protector over that organ. "Under the old and so-called barbarous rules, broken legs were not infrequent," he said, strapping on his heavy shin-guards, "but the public may be sure that all this has now been done away with."
Brushing back his long chrysanthemum-like locks, the better to see, he tied about his waist and over his leather jacket a wire chest-protector, and struck it a resounding blow with his massive fist. "The abolition" of momentum plays has made the sport almost as gentle as tennis or golf or baseball," he said, with what seemed a sigh, affixing stout knee-caps to his knees and ankle-protectors to his ankles.
"By-the-way," he added, "when you see her in the grand stand, tell mother that my life insurance policy is in the safety deposit vault on Fifth avenue." He paused an instant to adjust his wrist-supporters, and then continued: "The fact is, old man, just between us, the game has been ruined. It is baby-play now. Girls could play it without dislocating the crimp in their front hair. Chess and cribbage are dangerous when compared with the new style of football."
Placing a thick rubber tooth-protector in his mouth, he strode toward the field where beauty and fashion had gathered to see Yale and Princeton battle for supremacy.—Harper's Bazar.

History Help.
Here is a little history help, learned years ago, that should be cut out and pasted on the fly leaf of your English history. By referring to it as you study you will soon learn it, and carry it around always in your head:
First William the Norman, then William his son, Henry, Stephen, and 1 Henry, then Richard and John, Edward I, Edward II, Edward III, Edward III, three Henrys we see;
Fourth Edward preceds the third Richard, then press
Two Henrys, Sixth Edward, Queen Mary, then Elizabeth,
Next James from Scotland, and Charles next was reckoned
By Cromwell succeeded and then Charles the Second,
After him we had James, who relinquished the throne
To William and Mary, then William alone,
Till Anne, the four Georges, Fourth William all passed—
Victoria now reigns, may she long be the last.

Home for Unemployed Husbands.
A home for unemployed husbands has been started in the lower Missouri Pacific yards, near the brick yards. The employees of the brick yards are out of employment a great deal of the time during the winter, and their wives will not let them lie around the house. Realizing that they would freeze to death during the winter if something were not done at once, the men commenced building a home for unemployed husbands, which has just been completed. The house is located on the river bank, where an elegant view of the brick yards, the public dump, the Durst & Logeman packing house and John Seaton's foundry can be seen. Cards, checkers, dominoes and other games can be played in the home, and all unemployed husbands who are not allowed to stay at home during the day are welcome.—Atchison (Kan.) Globe.

How It May Happen.
"Tommy crickets, she's got the rickets," whispered one beau to another in the company of a very pretty girl. Truly she was very beautiful, but there was a twitching about the nerves of the face which showed suffering. "No," said the other, "it's neuralgia and she's a martyr to it." St. Jacobs Oil was suggested as the world-renowned cure for it. Did she try it? Yes, and was cured by it—and married "one of the fellows" afterwards. The use of the great remedy for pain will not bring about a marriage, but in its cure of pain it will bring about conditions of health to make life more enjoyable. No man or woman ought to marry who is a sufferer from chronic pains. We should not wed woe to win only wretchedness.

The manufactured products of Great Britain amount to about \$4,100,000,000 a year.

The Rothschilds are worth \$2,000,000,000.

A Bright Eye
is a sign of good health, and if the stomach is not in the best of conditions the eyes will show it. Ripans Tablets will make the stomach right and keep the eyes bright and clear.

Different Then.
India rubber used for erasing pencil marks was known in England as early as 1770. A cube of it half an inch square cost 3 shillings.

THE BUSINESS MAN'S LUNCH.
Hard Work and Indigestion go Hand in Hand.

Concentrated thought, continued in, robs the stomach of necessary blood, and this is also true of hard physical labor.

When a five-horse-power engine is made to do ten horse-power work something is going to break. Very often the hard-worked man coming from the field or the office will eat his food in a few minutes, many foods are about as useful in the stomach as a keg of nails would be in a fire under a boiler. The ill-used stomach refuses to do its work without the proper stimulus which it gets from the blood and nerves. The nerves are weak and "ready to break," because they do not get the nourishment they require from the blood, finally the ill-used brain is morbidly wide awake when the overworked man attempts to find rest in bed.

The application of common sense in the treatment of the stomach and the whole system brings to the busy man the full enjoyment of life and healthy digestion when he takes Dr. Pierce's Pleasant Pellets to relieve a bilious stomach or after a too hearty meal, and Dr. Pierce's Golden Medical Discovery to purify, enrich and vitalize the blood. The "Pellets" are tiny sugar-coated pills made of highly concentrated vegetable ingredients which relieve the stomach of all offending matters easily and thoroughly. They need only be taken for a short time to cure the biliousness, constipation and flatulence, or torpor of the liver; then the "Medical Discovery" should be taken in teaspoonful doses to increase the blood and enrich it. It has a peculiar effect upon the lining membranes of the stomach and bowels, toning up and strengthening them for all time. The whole system feels the effect of the pure blood coursing through the body and the nerves are vitalized and strengthened, not deadened, or put to sleep, as the so-called celery compounds and nerve mixtures do—but refreshed and fed on the food they need for health. If you suffer from indigestion, dyspepsia, nervousness, and any of the ills which come from impure blood and disordered stomach, you can cure yourself with Dr. Pierce's Golden Medical Discovery which can be obtained at any drug store in the country.

P. N. U. 50 '04

The Greatest Medical Discovery of the Age.

KENNEDY'S Medical Discovery.

DONALD KENNEDY, of ROXBURY, MASS.
Got this Letter day yesterday.

Penn Yan, N. Y., Nov. 28, 1894.
Your Discovery has done so much for me I am only too glad to tell everybody about my case.

When I began taking it, one year ago last July, I had DYSPESIA in its worst form. I was constipated, so much so as to always use injections, and I had a constant PAIN in my STOMACH and LEFT SIDE. My knees were stiff, and I could not sit down on a stool or get down to fix anything on the floor. But now I can sit, or get down on my knees, or do anything in my garden. I feel like a new person. You must know I was discouraged, as I have lost two sisters and an older brother with STOMACH TROUBLE. But I truly believe if they had known of your remedies they would be well, as I am. You can fix up my letter to suit yourself, only do publish it, that women may know what the Discovery has done for me. Yours truly,

Mrs. MARY C. AYRES.
Send a postal card for Dr. Kennedy's Book.

Well People
do not need medicine. Certainly not. But sometimes they have a headache or feel bilious—perhaps a little dizzy. This is the

Warning.
Ripans Tablets, taken at such times, will keep people well.

EASTMAN
National Business College and Short Hand

SCHOOL
Through instruction in Bookkeeping, English, and Business, Practical work, Short Hand and Typewriting, Penmanship, English and Modern Languages. For Catalogue address, CLEMENT G. EASTMAN, President, 30 West 14th St., New York, N. Y.

SHORT HAND

EASTMAN

PISO'S CURE FOR
CURES WHERE ALL ELSE FAILS.
Best Cough Syrup, Tastes Good. Use in time. Sold by druggists.

CONSUMPTION

BEECHAM'S PILLS

(Vegetable)

What They Are For

Biliousness indigestion sallow skin
dyspepsia bad taste in the mouth pimples
sick headache foul breath torpid liver
bilious headache loss of appetite depression of spirits

when these conditions are caused by constipation and constipation is the most frequent cause of all of them.

One of the most important things for everybody to learn is that constipation causes more than half the sickness in the world; and it can all be prevented. Go by the book.

Write to B. F. Allen Company, 365 Canal street, New York, for the little book on CONSTIPATION (its causes, consequences and correction); sent free. If you are not within reach of a druggist, the pills will be sent by mail, 25 cents.

"He that Works Easily Works Successfully." 'Tis very Easy to Clean House With

SAPOLIO

Weak Mothers
and all women who are nursing babies, derive almost inconceivable benefits from the nourishing properties of

Scott's Emulsion

This is the most nourishing food known to science. It enriches the mother's milk and gives her strength. It also makes babies fat and gives more nourishment to growing children than all the rest of the food they eat.

Scott's Emulsion has been prescribed by physicians for twenty years for Rickets, Marasmus, Wasting Diseases of Children, Coughs, Colds, Weak Lungs, Emaciation and Consumption.

Send for pamphlet on Scott's Emulsion. FREE.

Scott & Bowne, N. Y. All Druggists. 50 cents and \$1.