

COOKING BY STEAM.

COOKING BY STEAM.

Food Rendered More Palatable and in Some Cases More Northitious.

Some claim that food cooked by steam is more nutritious and wholesome than cooked in any other manner. While not agreeing exactly with this statement, I do think that many dishes are more palatable when cooked by steam. In the steam cooker, which I have tried and found satisfactory, there is a perforated disk which fits into the kettle in three different positions; this divides the space into ½ below, ½ below why below or ½ below the disk, according to its position. There is also an extension tin top, much like an ordinary steamer, to be used when cooking large quantities or many kinds at once. There is a pipe down one side of the kettle, through which the superfluous steam is discharged into the stove. No odor from the cooking food escapes into the room, for the joint between the kettle and cover is scaled with water.

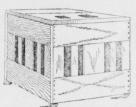
The steamer is large enough for a turkey, if the bottom of the tin extension is removed, which can be done. For an average family potatoes and a pudding may be cooked in the kettle without the tin extension. Dumplings or a cottage pudding will cook in twenty minutes if the water in the lower compartment is boiling when they are placed in it. Very rich puddings containing suc, etc., require more time. Potatoes will cook in thirty minutes, and are always nice and meaty. Bread and raised biscuit are always nice when cooked by steam, there being absolutely no crust at all, but bread thus cooked should be enten warm, as it does not keep moist and tender like that baked in the ordinary way. Rice, coatmenl and the like are cooked tender without losing its shape. The many things that can be cooked in a steam cooker, from beef tea to first premium canned fruit, cannot be enumerated here; but persons procuring a steam cooker, from beef tea to first premium canned fruit, cannot be enumerated here; but persons procuring a steam cooker, I am sure, will pro-nounce it a "household convenience." ated here; but persons procuring a steam cooker, I am sure, will pro-nounce it a "household convenience."

### FOR SOILED CLOTHES.

A Whitewood Hamper That Anyone Can Make at Home.

Make at Home.

A wicker hamper is desirable for this use, as it is so well ventilated, but where such is not at hand or readily unrehasable, a light box can be made o answer the purpose of such a wicker amper very nicely. Half-inch whitewood or pine is heavy enough to use



for making a box, which should have for making a box, where should have a hinged cover, and openings on top bottom and all the sides, which may be rectangular as in the illustration of they may be made by boring holes in the sides with an inch bit in the form of a rectangle or diamond. — Farm and Luma

## SOME HOME REMEDIES.

For a bee sting, make a paste of earth and water. Cover the stung place with it, bind it on and it will soon give relief.

soon give rener.

When a felon first begins to appear cut off the end of a lemon, put the finger in it and keep it there as long as it can be borne.

can be borne.

For a sore throat, try a frequent gargle of salt and water. If a little is swallowed it will allay the irritation, cleanse the throat and do no harm.

For stains on the hands nothing is better than salt moistened with lemon juice. Rub the spots well with the mixture, then wash off in clean water.

mixture, then wash off in clean water. It is said that a good remedy for strengthening and clearing the voice is to beat the white of an egg with the juice of a lemon and sweeten it well with sugar and use as needed. To cruze round shoulders, sleep perfectly horizontal—that is, without any bolster or pillow. The habit can easily be acquired of sleeping thus, and the round shoulders will soon be straightened.

For a cough, boil an ounce of whole flaxseed in a pint of water, strain and add a little honey, the juice of two lemons and an ounce of rock candy.

Filtring Is Very Bad Form.

The man or woman who will indulge a the practice of "filtring" with an utside party is not worth going out heing taken out. It is a outside party is not worth going out with or being taken out. It is a species of bad form that nothing can excuse, and though there are many who think it cute to make eyes and return signs made by strangers, feeling that such attention is a bit of personal homage, the outside world judges differently and one exhibition of that sort should be enough to wean the respect of either man or woman, no mathematical strangers and the strangers are such as the such as the

Pretty When Made in Colors to Match One's Various Gowns.

There are always those who, regard-less of ediets of fashion, will have a pocket of some kind in which a hand-kerchief at least may be safely carried. A favorite design for such a pocket is shown in our engraving. For making it, four dozen three-quarter inch rings, one yard of half-inch ribbon and a part of a ball of crochet silk will be required. The rings are crocheted singly, filled with lace stitch, and sewed together, as seen in the sketch: twenty-four being used for the front, and the same number for the back, al-



PRETTY POCKET FOR HANDKERCHIEFS.

though the back is sometimes made o though the back is sometimes made of thin canvas covered with the dress material. One-third of the ribbon makes a pretty bow for the bottom, and the rest is used for a suspension loop and a bow for each upper corner. A little bow at the top, where the loop is pinned to the belt, would be pretty if the pocket is to be worn with a round waist. Such pockets are prettiest if made in colors to match the gowns with which they are to be worn; but black pockets are often worn with gowns of other colors.—American Agriculturist.

Look for the Bright Rays

Look for the Bright Rays.

A woman with a happy disposition is far more to a man as a wife than the woman with a great fortune, for riches take wings. Worldly prosperity has a way of altering, and if once money vanishes the gloomy individual does naught but sit down and weep, having no word of encouragement for the husband, on whom the blow falls most heavily. The happy dispositioned wife will see a way out of the difficulty or will accept matters as they are in a sweet spirit of cheerfulness that endows her husband with a new zeal and causes him to look upon her as the guiding star of his existence. If God his not given you such a disposition cultivate it as far as possible. It does no good to brood over one's troubles. It doesn't help matters out a bit. Be on the lookout for bright rays and you will certainly find them.

The Harmful Dotted Veil.

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The injurious effect on the eyes caused by wearing dotted veils is an old warning which has been sounded to no purpose, and the fact that oculists are growing rich under this reign of fashion does not alarm the wearers of this attractive bit of feminine vanity. The dots are larger or smaller, closer together or farther apart, as they are more or less becoming, while the possibility of impaired eyesight is left entirely out of consideration. It has been discovered lately that the dots are not their only harmful quality. There is some substance used in stiffening or coloring the net which is poisonous if it chances to find its way into the eye.

ing or coloring the net which is poisonous if it chances to find its way into
the eye.

A Pleasant Entertainment.

A Dickens evening was given lately
at an entertainment for charity. It
consisted of tableaux, as Nell and her
grandfather, the Dombey children on
the seashore, Miss Haviham, etc., and
dialogues taken literally from the novels. These were Mrs. Nickleby and
Kate with the mad gentleman, Dick
Swiveller and the marchioness, and
David, Mrs. Dick and Miss Trotwood.
This list could be extended almost indefinitely, and, even with the rawest
of amateur actors, the gay fun of some
of these scenes would go well. It is to
be doubted whether Dickens' pathos
might not better be left to trained
actors, or, as was done here, only suggested by tableaux.

A Pretty Picture Frame.

gested by tableaux.

A Pretty Picture Frame.

It can be easily and inexpensively fashioned from cardboard; or, if you prefer, plain pine wood may take the place of cardboard. First cover the cardboard in the place of cardboard. Whe silledines mat with fabric chosen from one of the daintly flowered challies, silkoilnes or china silks. About the frame this same material is arranged to form a graceful puff, the fullness being gathered at both edges. Very tiny tacks fasten into place the inside fullness, while the outer gathering is tacked to the back part of the frame, a narrow tape neatly finishing it.

Whole Wheat Flows Folks

mink it cut to make eyes and regins made by strangers, feeling the attention is a bit of personal re, the outside world judges dirly and one exhibition of that tould be enough to wean the reference of either man or woman, no matter devoted they might heretofore een.

Whole Wheat Flour Rolls.

One quart of the flour, butter the size of an egg rubbed into the flour, 3 teaspoonfuls baking powder, 1 teaspoonful salt, and milk to make a dough soft as it can be rolled. Knead well and make into rolls. Moisten the tops with milk and bake in a quick oven.

### FOR DOMESTIC USE.

A Simple Way to Make a Telephone at Home.

Is Better Than Speaking Tebes and Can Also Be Connected with the Houses of Neighbors—Get Your Boy to Construct One.

Houses of Neighbors—Get Your
Boy to Construct One.

Most of the readers of this paper are
no doubt familiar with the method of
constructing the mechanical, or, as it
is sometimes called, the "acoustic"
telephone, and nearly every boy has
seen or made a telephone of this sort.

The one I shall describe can be made
easily and in a short time out of material that is at hand in every home.
Carefully constructed its capacity for
transmitting sound is remarkable, and
it will be found a practical instrument
for short distances.

To make the "transmitter," which is
also the "receiver," take a tin bakingpowder can, the half-pound size being
preferable, and with a sharp knife, or
can-opener, cut out the bottom. Now
take a piece of tough writing paper, or,
better still, some sort of thin parchment paper, as the latter is less liable
to tear, and cut out a round piece
large enough to cover the mouth of the
can and leave a margin of about half
an inch all round. Through the center
of this piece of paper stick a good sized
pin and bend the point so as to form a
small hook.

Now take the lid of the can and cut
in its center a hole about one-fourth of

mall hook.

Now take the lid of the can and cut
Now take the lid of the can and cut

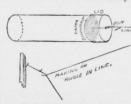
pin and bend the point so as to form a small hook.

Now take the lid of the can and cut in its center a hole about one-fourth of an inch in diameter.

Place the paper over the mouth of the can, being careful to get the pin exactly in the center of the can, so that the end with the hook on may be drawn through the hole in the lid, and press the lid of the can on over the paper, taking care to keep the latter stretched tightly over the end of the can. If the lid will not go on easily pry up the edges of its rim a little so it will not cut the paper. The lid stretches the paper tightly in the manner of a drumhead and you have a diaphragm, that responds to the slightest vibration of the line.

Now attach your line, which is to be of coarse linen thread, to the hook on the pin, first drawing the latter through the hole in the lid until the pin-head strikes the diaphragm. The telephone is now complete and may be fixed in position by passing strips of leather or tin over the can and nailing the ends to the window-casing, shelf or wall, as may be desired.

It is best to avoid angles in the line, but, if it is found necessary to make them, pass the thread through a hook made by bending the end of a pin, to which must be fastened a short string or thread to tie to the support. This hook allows the line to slide freely in



either direction when the line is stretched.

either direction when the line is stretched.

With two telephones like the above, connected in the manner shown by coarse linen thread or very small copper wire, conversation can be carried on for quite a distance, and it will not be found necessary to place the car ino order to hear, as is the case with the electrical telephones. Three, or even more telephones of this kind can be used on the same line by simply running a branch line to the intermediate phone, care being taken to keep all the lines taut. To "call" the distant office simply tap on the can, or the diaphragm, with a pencil or stick. The noise will be heard distinctly some distance from the distant instrument.

The accompanying diagram may be comed weetly in scare version.

The accompanying diagram may be ound useful in constructing the tele-hone. J. A. DE LA VERGNE, JR.

## APRONS FOR CHILDREN.

### THE OLDEST DOLL

It Is Encrusted with Jewels and Is in Church at Rome.

The Electrician with Jewels and Is in a Church at Rome.

Francella A. Hitchcock, in the Doll's Dressmaker, tells an interesting story of the famous Bambino di Ara Coeli, which is far older than our grandmothers or our great-grandmothers for many generations back. It is the oldest doll in the world, and, if tradition is true, almost as old as the Christian religion, for it is claimed to have been arrived out of a tree from the Mount of Oilves in the time of the apostles, and to have been painted by St. Luke.

However, be this true or not, it has been in the "Eternal City" many hun-



THE OLDEST DOLL

dreds of years, and it is called the Ara Coeli Bambino (baby), because the church of that name, one of the oldest and most interesting in Rome, is its home.

church of that name, one of the oldest and most interesting in Rome, is its home.

This church is built on the site of a very ancient pagan temple, and its nave is formed of twenty-two columns, the spoils of the ancient buildings, the inscription on the third on the left proving it to have been brought from the palace of the Casars.

I shall never forget the first day we visited this vast and solemnly picturesque editice. It was just at sunset, and golden shafts of light illuminated the mosaic floor, lighted up the richly gilded ceiling above and flashed in wondrous brilliancy over the Prespio or manger, where lay the miraculous Bambino in savaddling clothes, literally crusted over with diamonds, emeralds, rubies, sapphires and other precious stones, while its neek and wrists were entirely covered with strings of the purest oriental pearls.

The whole of one of the side chapels is devoted to the representation of the birth of Christ. In the foreground is the Virgin Mary kneeling by the manger, with Joseph by her side, while just behind are a life-size ox and ass, and shepherds and kings kneel near in adoration.

DO NOT GROW OLD.

DO NOT GROW OLD.

Hints to Ladies Whose Years May Soon Become a Burden.

In Paris elderly ladies are now wearing almost exclusively velvet dresses, trimmed with costly lace, disposed in basques, collars and sleeve sabots or frills, says the New York Tribune. This combination is extremely becoming and stately.

A woman is never old enough to neglect her appearance. Nothing can be more disagreeable to the sight than a negligee old lady.

Unfortunately, one often sees one with the hair dragged in the most uncompromising fashion away from the face, brushed close to the head and fastened under the cap in a little knot about the size of a walnut at the back, no further attempt at any arrangement of the coiffure being made; and this carelessness results in a dreadfully bald appearance, as the spaces between hair and ears and hair and neck are thereby rendered conspicuously prominent.

Moreover, many dear old dames fail

I cney-Scented Sweet Alyssum and Its Possibilities

It is a Comfort in the House and a light Out of Doors-Convenient an Effective Ways of Grow-ing the Plant.

Could I have but one plant either for the border or the window garden it should be that dainty, honey-seented little darling, sweet alyssum, says Dart Fairthorn in Vielt's Magazine. Small of growth and bloom, by those who never see beauty except in dazle it might be considered insignificant, but to the real flower-lover who will not be entirely given over to sentlet genanisms and hollyhocks it possesses a beauty all its own. There is such a distinct individuality about its dainty blossoms, such an air of good cheer and comfortable adaptability to circumstances—entirely borne out, too, by its life—such a winsome sprightliness and altogether lovableness that it always reminds me of bright-faced children whenever I see it.

It is the laugh of the flowers. Some of them preach and some of them pray, but the sweet always laught "right" with

It is the laugh of the flowers. Some of them preach and some of them preach, but the sweet alyssum laughs "right out loud." The whole border may preach, the lilies droop their lovely heads, "like penitents in prayer," the callas lift their snowy chalices in mute protest against the whole world's wickedness and the impurity of earth generally; but the sweet little alyssum—nothing daunted by the sermonizing of statelier flowers—will run riot over the ground, screening its impurities from sight, filling in chinks with its beauty, caressing the feet of roses and rue alike, and seeming to my errant fancy to be keeping up a running accompaniment of cheerful comment or an undercurrent of perpetual merriment all the while. Like childhood it is irrepressible.

s irrepressible.

The seed of the sweet alyssum, not of fine as to be difficult to manage, is so fine as to be difficult to manage, is flat and round, of a light brown or tan color, and stored full of vitality. Plant twenty-five of them in a fine sandy loam, and with ordinary treatment you may be reasonably sure of as many plants, each one of which will be of interest from the first moment it



SWEET ALYSSUM IN A HANGING BASKET.

SWEET ALYSSUM IN A HANGING HASKIET.

sends up its initial four trim, pretty, light green leaves. When once these are thriftly growing you may be aimost sure of your plant.

I like to sow the seed in boxes in the house; it is so very interesting to watch them grow. It takes such a very little time for the seeds to poke their little time for the seeds to poke the soil, and the seeds the north side of south street, between the soil and the seeds and twenty-four (2) feet from the seeds

bald appearance, as the spaces between hair and ears and there way of growing the alyssum is to sow the ear there way of growing the alyssum be and the feet two yor of growing the alyssum believe way of growing the alyssum be and the place of beginning. The transmit is so with the place of the defendant it said writ and about the with doors. The said freet it way of growing the alyssum believe way of growing the alyssum believe way of growing the subject of a two and the suit of the without sum of growing the alyssum believe way of growing the sum of growing the alyssum believe way of growing the sum of growing the alyssum believe the way of growing the sum of growing the sum of growing the sum of growing the sum of growing the ARRONS FOR CHILDREN.

Materials Causily Worn by Girls of Three

Arrows Hamserials, plain, striped
and cheeked, trimmed with white or

colored embeys, the patented frili
grow cottoners, are weak a treatment

White wash most war aprons at

all times and places in lieu of dresses
or to hide a shabbly freek. Now they
are worn by city children only while
at play, or during the morning hours,
though country lassies still wear them
to school, which is a sensible plan tata

should never have fallen into disuse.

Caprice is found with as homely a mat
star as a useful apron, age not influence
to years will not wear them. At some of
sill or white wash goods are insisted
don't wear them." At some of
sill or white wash goods are insisted
upon. The former naturally are preferred, as they do not increase the
wash list. Surah and taffeta are the
neatest materials for black sills aprons,
intended to be worn by school girls,
and consist of a good front and sides,
with a belt and ribbon strings, one
fearlies of the surface of the property of the
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fearlies of the surface of the property of the property

A Earometer Tree.

Attention has been called to a remarkable property of the Fontaine
blean service tree (sorbus latifolia).
The leaves of this tree (which are green
above and white below) turn so as to
present the white under surface to the
sky just before a rain. Those who are
above and white below turns contained on the property falls.

The leaves of this tree (which are green
above and white below turns contained to the property falls.

The leaves of this tree (which are green
above and white below) turns on a to
present the white under surface to the
sign of this under

serews should Be soaped.

A woman was about to screw up a box preparatory to sending it by express. She went to the hardware shop to purchase the necessary implements, and received a valuable hint from the man who served her: "Soap the serews well," he said, "and they will go into the wood ten times as easily as they would without that."

Will Bring You by ill Bring You be presented by the property of the prope

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lea soiling Yebicles and Harness this way.

with privile to examine before any more
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streef, Eckley.

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