THE CLERGYMAN'S STORY. PROMINENT MINISTER RELATES HIS REMARKABLE EXPERI-ENCE WITH THE GRIPPE.

HE WAS AFFECTED AND HOW HE RED-AN ARTICLE THAT EVERY ON SHOULD READ AND REMEMBER. (From the Philadelphia Liem.)

(From the Philadelphia Item.)

Rev. Thomas L. Lewis, who resides at 254 Neff Street, is Pastor of the Richmond Baptist Church. He is an alumnus of Buck-Bull College at Lewis' nr.g. Pa., where he atlained the degree of Master of Arts. With his other work he cilits an i publishes The Richmond Baptisl, a monthly journal devoted to the interests of the church. He looks upon the practical side of life, both preaching an I publishing the importance of good health, an I when asked to tell what Dr. Williams' Pink Pills had done for him, he went before Eugene Ziegler, a Notary Public at 27.33 Neff Street, and cheerally made affiliavit to the following narrative:

"I began taking Dr. Williams' Pink Pills for Pale People two weeks ago this Sunday, I had the grippe for more than two weeks. I had great trouble during that time with my appetite and my stometh.

been. I believe they will build up grippe patients,
"As for myself, I cannot say too much for them. I went on the scales two weeks ago to see what I weighed, and again to day, wearing the same clothing. I found I had gained two pounds—a pound a week,
"On account of the sedentary habits natural to my occupation, and to some internal injuries sustained years ago, I have had a severe stomach affection, and have been troubled, beside, a great deal with indigestion. Since taking the Pink Pills my appetite has improved, my digestion is better, and my stomach has been relieved of its pain.

ant my stomach has been relieved of its pin, was struck accidentally in the stomach by an Iron bar and once I was kicked by a much by an Iron bar and once I was kicked by a much by an Iron bar and once I was but so was ago when I was burt first. Since a great was not perfect from stomach difficulties, I was treated frequently, but not cured. I feel better now than at any time since I was burt, and I am so pleased with my improvement that I am so pleased with the provement of the my improvement that I am so pleased with the my improvement that I am so pleased with the my improvement that I am so pleased with the my improvement that I am so pleased with the my improvement that I am so pleased with the my improvement that I am so pleased with my improvement that I am



their sources of food have been destroyed by the industries of white men.

Right across the narrow sea from Alaska, on the shores of Asia, and extending some ways into the interior, live hardy, active and well-fed tribes, allied to the Eskimso of our continent, who own tens of thousands of domestic reindeer. The flesh and skins of these animals supply them with food, shelter and clothing. As far as their own people are concerned, they do not know what starvation means. During the past two years the matter has been well looked into, and it has been found that there is no reason why the domesticated reindeer should not thrive in Alaska and further east. Indeed, there seems to be no reason why these animals should not be a source of wealth and security to the natives clear across the northern part of this continent. On the shores of Alaska, and further inland, the mosses and grasses thrive on which these animals live in Asia.

The Rev. Sheldon Jackson, our general agent of education in Alaska, had the honor of suggesting the importation of domesticated reindeer. A considerable sum of money contributed by the public in 1891 and a grant of \$15,000 from the Government in 1892 enabled Mr. Sheldon, with the assistance of Captain Healy and the revenue cutter Bear, to try the experiment. It is now so far advanced that its success, as far as the practicability of raising reindeer in Alaska is concerned, it is assured. Mr. Sheldon's report on the work has been printed by the Government, and the facts given here are taken from it.

It was objected to the work at the outset that though the natives of Siberia would kill their deer and sell the meat, they would not sell live ani-

ALASKA A FAMINE LAND, prise have been demonstrated, and it

ALASKA A FAMINE LAND.

THE FOOD SOURCES OF THE ESKIMOS DESTROYED.

An Effort to Save the Starving by Domesticating the Asian Reindeer — Small Herds for Each Family.

OR some years the Indians and Eskimos in the northern half of this continent have lived most precariously. Their usual food resources have repeatedly failed them. They have been reduced to extreme destitution, and many have perished of starvation. One year or another famine has afflicted the entire inhabited region from Labrador to Alaska.

Little as we know of the history of the Eskimos on the American mainland, it is certain that thousands formerly lived where hundreds are now found. Captain French, an experienced pilot along the Labrador coast, says there is now only one Eskimo where twenty used to live. Years ago the Indians killed many of them, and they have been gradually diminishing ever since on account of the growing scarcity of seal, fish, birds and other game, and also because of their contact with civilization, their close winter houses inducing consumption and other diseases.

The condition of these few thousands of people on the islands and along the coasts of Alaska appeals all the more to our sympathy because their sources of food have been destroyed by the industries of whitemen.

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WISE WORDS.

Those who offer wares invite rebuff. Stopping a small leak will not save sinking vessel.

Hobbies are the most uncomfortable of all beasts to ride.

One is apt to undervalue what he has valued overmuch.

There is one body who is wiser than anybody and that is everybody.

The best way to keep good acts in memory is to refresh them with new.

memory is to refresh them with new.

The influences that go into us in boyhood fashion the experiences that we go into in manhood.

It is a mistake to suppose that men succeed through success; they much oftener succeed through failure.

When a woman would see brightness where she suspects may be a blur she wears a silver-shining veil before her

Open biographical volumes where you will, and the man who has no faith in religion has faith in the nightmare and in ghosts.

The foot that treads on the adder shall be stung; the hand that is stretched forth.

The foot that treads on the adder shall be stung; the hand that is stretched forth with a rod instead of a sceptre shall be cut off.

Sympathy with the human comedy may be less easy to assure than is putience to acquire, but a generous measure of the one may make the other less necessary.

A journalist is a grumbler, a censurer, a giver of advice, a regent of sovereigns, a tutor of Nations. Four hostile newspapers are more to be feared than a thousand bayonets.

Many mean things are done in the

is assured. Mr. Sheldon's report on the relation of the control of



The Queen of England rarely sends any telegrams to any, member of the royal family, or to her intimate friends, otherwise than in cipher, a system of figure ciphers having been carefully prepared for her and their

carefully prepared for her and their use.

The first and only doctress of law in France is Mile. Jeanne Chanim. As an order of the Vice-Rector of the Academy of Paris forbids women pupils having copies of the code, Mile. Chamin's instructions to her classes are wholly oral.

Mrs. Louise Chandler Moulton, the poet, is decidedly English looking, with fine complexion and of queenly bearing. She has returned from her regular visit to London, and her house in Boston is the centre of the cultured and refined of the Hub.

Miss Ida Welt, who graduated at

ultured and refined of the Hub.

Miss Ida Welt, who graduated at
Vassar in 1891, has since stood for the
degree of Doctor of Science at the Geneva University, Switzerland, and has
passed a brilliant examination there.
She has three sisters who are distinguished by their scientific careers.

Miss Dittweller, who was for graph

Miss Dittweller, who was for many years one of Queen Victoria's personal attendants, is always invited over to spend her Christmas at court. She retired a few years ago to Carlsbad-her native place, but is never over-looked as the season of Christmas comes round. comes round.

comes round.

Mary Frances Butts, author of the lines beginning "Build a little fence of trust around to-day" (which are usually quoted anonymously), lives in Boothbay Harbor, Me., and has devoted herself for twenty years past mostly to the production of literature for children. for children.

mostly to the production of literature for children.

Miss Mary Proctor, daughter of the late Richard A. Proctor, is a deep student of the science of astronomy. She recently delivered a lecture in Brooklyn on "The Giant Sun and His Family," which, though prepared for children, proved instructive and entertaining to adults.

The band of adventurous women have had a new recruit. Mrs. Littledale, accompanied by her husband, started from Constantinople in January last for a trip across Asia, Kashgar, the Pamirs, Tibet and China, at last arriving in China with safety. The marvel is that she is not going to write a book.

marvel is that she is not going to write a book.

Harriet Hosmer, the famous American sculptress, regrets, after an almost continuous residence in Europe of twenty years, that she has thus persistently kept away from her native land. She says, if she could live her life over again, she would stay more in her own country and keep in touch with her own country man.

A number of young ladies in society this season have appeared recently with their shining tresses arranged a la Gainsborough—a style exceedingly becoming to a certain type, but terribly trying to others. Tiny patches upon the cheek or chin also appear in conjunction with this high, wavy structure, and it is presumed, but one dare not say, that powder is added to complete this ancient-royal fashion.

The appointment of Miss Louise

The appointment of Miss Louise Imogene Guiney, the literary woman and poet, as Postmaster of Auburndale, Mass., came almost as a birthday gift for her, for it came within a few days of an anniversary. Miss Guiney days of an anniversary. Miss Guine is said to be an excellent musician is said to be an excellent musician as well as a charming poet, and to be fluent in the French and Italian lan-guages, a good Latin scholar and highly versed in English literature.

A Description of the Disease by One Who
Has Suffered.

Ever had the grip? asks the Winona

England has female bank clerks.
New York has a female lion-trainer.
A new fancy in plates is the Empire.
The Bank of England has decided to appoint women as clerks.
The Shelland women are the finest knitters in the world,
Of the 100 medical missionaries in China fifty-six are women.
A good sewing-machine is supposed to do the work of twelve women.
The Baroness Burdett-Coutts is said to wont the finest flock of goats in England.
Nine-tenths of the students and copyists at the National Gallery, London, are ladies.
A maid of honor to Queen Victoria gets fifteen hundred dollars for thirteen weeks' service.
For many years a woman has been engraver of medals in the Royal Mint at Stockholm, Sweden.
Women students are now admitted to qualifying clinical instruction in the Royal Infirmary at Edinburgh.
The dress bill of a certain English titled lady amounts to 87400 for one year, and her hat bill for six months to \$200.
Miss Eleanor C. Donnelly, who is somewhat prominent in the world of literature and lectures, is a sister of Ignatius Donnelly, of cryptogram fame.
The \$10,000 bequest of Miss Emma Turner to the British Museum for the purpose of enabling it to conduct archaeological researches is to be utilized in exploring the site of Amathus in Cyprus.
The Paris Prefect of Police has warred women eyelists that the new rational cycling costume which they have donned infringes the law against women wearing men's clothes. They must dress differently.

The Paris Prefect of Police has warred women eyelists that the new rational cycling costume which they have donned infringes the law against women wearing men's clothes. They must dress differently.

The Housewife Union, of Berlin, established for the improvement of domestic service, gives prizes to women who have remained in the service of the same family, or to he in timate friends, otherwise than in cipher, a system of figure ciphers having been carefully prepared for her and their in the control of the same family for terns of five, the same family for terns of five, the

but you won't do anything but sit there, day after day, weak, helpless and tired.

The Sunder Chinese Speech.

There is in Chine not only an intimate aso is ion between music and speech go er.l.y. Inn Chinese being a monosyllable language, it depends to a great extent upon musical in o.a ion to convey meaning. If you listen to the conversation of your Chinese laundrymen you will discover that their od diarry speech is almost as the recitative secco of the Italian opera. Many words in the Chinese language take from three to six different meanings accoding to intonation. These intonations, as Dr. S. Wells Williams forcibly urges, have "nothing to do either with accents or emphasis." They are distinctly musical, and it is much to be regreted that Dr. Williams was unable, for obvious want of the musical tale it, to study them from a musical point of view, as it is all but impossible to convey a clear understanding of their nature by description.

There seem to be many variations, but generally there are four of these intona ions, or shing, 1 amed and defined as follows: 1, ping shing, or "even tone"; 2, shang shing, or declining tone"; 3, keu shing, or "entering tone"; and 4, juh shing, or "entering tone"; and 4 in the shing, or "entering tone"; and 4 in t

Royal Buckwheats.

For generations it has been the custom to mix the batter for buckwheat cakes with yeast or emptyings, retaining a portion of the batter left over from one morning to raise the cakes for the following day.

If kept too warm, or not used promptly, this batter becomes excessively sour and objectionable. Buckwheat cakes raised by this means are more often sour or heavy than light and sweets. If eaten daily they distress the stomach and cause skin eruptions and tiching. tions and itching.
Instead of the old-fashioned way

Instead of the old-fashioned way we have been making buckwheat cakes this winter with Royal Baking Powder, mixing the batter fresh daily, and find the result wonderfully satisfactory. They are uniformly light and sweet, more palatable and wholesome, and can be eaten continuously without the slightest digestive inconvenience. Besides they are mixed and baked in a moment, requiring no time to rise. Following is the receipt used:

Two cups of pure buckwheat flour (not "preparel." or mixed), one cup of wheat flour, two tablespoons of Royal Baking Powder and one-half teaspoonful of salt, all sifted well together. Mix with milk into a thin batter and bake at one on a hot griddle. Once prorly tested from this receipt, no other buckwheat will find its way to your table.—Domestic Cookery.

script.

Japanese Tooth Powder, Genuine.

A large box mailed for 10 cents. Lapp Drug
Do., Philadelphia. Pa.

Beecham's Pills correct bad effects of over-eating. Beecham's—no others. 25 cents a box. Hatch's Universal Cough Syrup, mo

A teacher askel a girl how many bones there were in her body and the glib girl nearly swallowed her chewirggum in her haste to answer 2008. "Wrong; there are only 201," said the teacher. "Yes'm," was the triumphant response. "but I swallowed a fish-bone to-day."—Philade'phia Record.

A. W. GLEASON,

Hall's Catarth Cure is taken internally and acis
directly on the blood and mucous surfaces of
the system. Send for text-monials, fraces of
the system. Send for text-monials, fraces

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This remarkable yield was reported by Frank Clore, Minnesofa, on two acres of Marvel Spring Wheat. Speaking of this wheat, this new sort takes the cake. It is the greatest cropping spring wheat in the world. Farmers who tried it the past seas believe seventy-five to one hundred bushels can be grown from one acre, and are going to get this yield for 18th. At such yield wheat pays at 39c a bushel. Salzer is the largest grower of vegetable and farm seed in the world.

If you will cut raid to UT AND SEAD IT with the postage to the John A. Salzer Seed Co., La Crosse, Wis, you will get free their mammoth catalogue and a pickage of above spring wheat.

GOOD QUALITES

Possosse 1 by Hovi's Sar-aparilla



Kidney Troubles

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KNOWLEDGE

Rings comfort and improvement and tends to personal enjoyment when rightly used. The many, who live better than others and enjoy life more, with less expenditure, by more promptly adapting the world's best products to the needs of physical being, will attest the value to health of the pure liquid laxative principles embraced in the remedy, Syrup of Figs.

Its excellence is due to its presenting in the form most acceptable and pleasant to the taste, the refreshing and truly beneficial properties of a perfect laxative; effectually cleansing the system, disspelling colds, headaches and fevers and permanently curing constipation. It has given satisfaction to millions and met with the approval of the medical profession, because it acts on the Kidneys, Liver and Bowels without weakening them and it is perfectly free from every objectionable substance.

Syrup of Figs is for sale by all druggists in 50c and \$1 bottles, but it is manufactured by the California Fig Syrup Co. only, whose name is printed on every package, also the name, Syrup of Figs, and being well informed, you will not accept any substitute if offered.

accept any substitute if offered.

PNU7



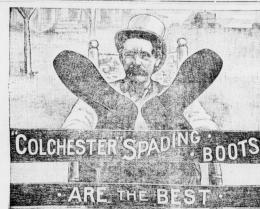


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