Nervousness

stric dyspopsia caused me muc or years. I had no the grip. I had no appe-tite, could not breather cally when lying down and could not rieep. People said J looked Hite a walking ghost. Hood's Saraaparilla was recommended and one bottle brenght on an ap-petite and enabled me to est without any dis-trast vithout any dis-trast scienced. 3 bottle brenght on an ap-petite and enabled me to eat without any dis-ress afterwards. Since aking six bottles I have set had any fie, can breathe easily in short I call myself perfectly well

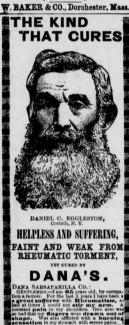
Hood's sarsa The Cures

Pills act easily, yet promptly and effi-the liver and bowels. 25 cents. PNU 42

Your Strength Renewed Reorganized.

A construction of the second s SWIFT SPECIFIC COMPANY, Atlanta, Ga. Unlike the Dutch Process No Alkalies Other Chemicals

w. BAKER & CO.'S BreakfastCocoa which is absolutely pure and solutile, It has more than three times the atrength of Coccas mixed with Starch, Arrowoot or Sugar, and is far more eco-ting less than one cent a cup, ious, nourishing, and EASILY Sold by Grocers everywhere.



DANA'S SARSAPARILLA my stomach is WELL, no pain in iders and arms. I am indeed graterul. Yours truly, DANELC. EGGLESTO a above testimonial was sent us by W. yton, the well-known Drugght, Maple Bh, N. A., which is sufficient guarantee Bh, N. A., which is sufficient guarantee a Sarsaparilla Co., Belfast, Maine-

Old Time Methods of treating Colds and Coughs were based on the idea of sup-pression. We now know that "feeding a cold" is good doctrine.

Scott's Emulsion

of cod-liver oil with hypo phosphites, a rich fat-food, the most stubborn cures cough when ordinary medicines have failed. Pleasant to take; easy to digest.





MEASUREMENT OF HAY IN A STACK. Hay settles in the stack quite slowly on account of the clasticity of the grass stems. It is a matter of guess work wholly how much it may settle but in a month it may settle one-tenth in the height of the stack and more slowly after until it stops. New hay stacked twenty-four hours only will weigh more than a ton for 1000 cubic feet; after a month the weight of a ton will be about 900 cubic feet.—New York Times. MULES FOR FARM WORK. The mule is used much more than the horse in the South, probably in part because Southernlaborers are not to be trusted with the more spirited and valuable animal. A Souther planter mentions as advantages of mules over horses: Their feet are smaller, so they nijure the crops less when working in them, and can be

PLAIN VAPPLES. The quart of sifted flour, two ounces of butter, one tenspoonful of sait, one-half cup of yeast, or half a compressed pint of milk. Ruh the butter into the four, add the sait, then the milk, which should be scaled and cooled, and then the yeast. Best thoroughly and then the yeast. Best thoroughly the should be scaled and cooled, the should be scaled and cooled, and then the yeast. Best thoroughly the should be scaled and cooled, the start in your light. Then be the eggs separately, add to the batter first the yolks and then the thoroughly heated. Dip a small brush intil every part is well greased. Pour the iron quickly. Open the iron, pour the batter from the pitcher int is over. Bake about two pint is over. Bake about two intil every quickly, Dene the re-move them carefully, place on a hot work). DELICIOLS SUGAR COOKES. MULES FOR FARM WORK. The mule is used much more than the horse in the South, probably in part because Southern laborers are not to be trusted with the more spirited and valuable animal. A Southern planter mentions as advantages of mules over horses: Their feet are smaller, so they injure the crops less when working in them, and can be used in closer rows than horses; they are less liable to disease, are better feeders, being less fastidions as to what they eat, endure hardship better, are not so casily injured and are DELICIOUS SUGAR COORES. Delicious sugar cookies that are so rinde by beating a cupful of butter and the of sugar to a cream. Beat the yolks of four eggs until light, and add them to the butter and sugar, then add the beaten whites. Mix thoroughly and quickly, and add just mough flour to make a stiff paste. Roll out as thin as possible without breaking, ent and bake in a moderate oven. Cookies are more tempting when baked a delicate brows than when white. Jumbles made with sour pream are also excellent. Cream acup-nd of butter with two of sugar, and deaspoonful of sour cream to which a bit-ties hot water, has been added. Sep-rate the yolks and whites of two eggs, and add to the other ingredients. Add, nough flour to make as soft a pasteas Roll out to make as not the paster son be rolled, not a particle more. Roll and bake in a hot oven. The prate the yolks and whore, — New York proversen are on without break-ing and bake in a hot oven. The proverse the flavor. —New York Proverse. DELICIOUS SUGAR COORTES

mules over horses: Their feet are smaller, so they injured the case has all of the farm, so they injured and are stocked being less fastidions are stocked lairy farming in most sections of the senserial to work at the plow.
 Good pasturage is essential to and the place of the farm, it is less pleas ant and less safe to work arong the up vith. Botom Cultivator.
 A calf to cach cow can be raised on skim milk and a little addition of one gul of boild farseed, increasing this maile when addition of one gul of boild farseed, increasing this maile when moths old will gain three pounds per fur to one quart of oat ingrandant to gener. A calf to cach cow upon the sindicated and gro a pint to one quart of oat ingrandant.
 Thaxeed gruel, with plenty of skim milk when addition al took as if aucking the cox. A calf to came the wryf fing growth leaving the calf as mellow to the toring as if sucking the cox. A calf to came any be replaced for one fifth of the money value of the rames.
 Thaxeed gruel, with plenty of skim milk and a lother many raise a calf to each cow upon the sindicated and gro the toring values and draiges variety of the bean family and the conse gave a for the money value of the cream can be replaced for one fifth of the money value of the cream the mone way to a pint per day when forth out the butter. Selling way for a few years.
 THE EXCREMENT LIMA REAS.
 THE EXCREMENT LIMA REAS.
 THE LIMA DEAR SA CALLEST LIMA REAS.
 THE MARCHALEST LIMA REAS.

Do you know that bread crumbs leanse silk gowns?

only carbon, which has no manural value. — Mirror and Farmer. THE EXCELLENT LIMA DEAN. THE EXCELLENT LIMA DEAN. The ima bean is the best flavored in a largest variety of the bean family, yet it is not raised for the market in any large quantities on account of the trouble and expense of getting poles for them. The villager has to buy poles for what he plants, and the sum expended for them often exceeds the income from the vines. Those farmers who have timber on their land are gen-erally too busy, or think they are, to bother with pole beans, so they plant some of the bash varieties that are not half so good in flavor and yield very poorly. For the beneft of those who like Lima beans and do not raise them because of the trouble of providing gwith poles, we give the following plan of a trellis, which answers every pur-pose fully as well as the old method-If they are to be raised on a large scale two heavy posts may be set at in-tervals of forty feet, the full length of herow, being sure to brace the end of uptiting two or three pieces of ordi-ary three-inch board. Then loop a strand of package tiwine from the top with to be about sitten inches apart. Very little trouble is experienced in making the vines follow the wires, and no tying is necessary. This trellis will lat many years, and we think it is a great improvement over the poles.— American Farmer. That ammonia will clean and bright-p carpets? That a heated bag of salt will relieve That salt will kill weeds if applied a quantities? That the pineapple is a valuable aid o digestion? That the herb tansy is a sure proventive of moths? That the best dish cloths are made from grass toweling? That salt and water is the best anti-dote for a mosquito bite? That sweet clover has the reputation of being abhorred by flies? That salt as a tooth powder is better than almost any dentifrice? That coffee and tea stains are re-noved by boiling hot water?

That the best way to polish window glass is with a piece of chamois? That white goatskin rugs can be cleaned by washing, or with naphtha? That common dry salt cleans marble thoroughly without injuring the sur-That nothing made with sugar, eggs and milk should reach the boiling That oilcloths last much longer if thin coat of varnish is applied once

year? That flowers keep longer if cut with knife and scissors than they do it

That articles of plate which are not in daily use should be put away in green baize? PLANTING THE GRAPE. Experienced grapement everywhere urge deep planting and it is a lesson one must learn sconer or later. We may think it an absurd thing to plant a vine a foot and a half or two feet deep, but unless we do we may as well let orane alone. That white of egg will remove a fish-bone from the throat, if beaten and

given at once? That two or three geranium leaves added to crab-apple jelly will give it a delicious flavor? That a few pieces of beeswax put up with silk or woolen goods prevent them turning yellow? That been good

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b a vine a sol ong as water remain the sol one vines will be sol one one vines will be no diverses are waters?
c a grape will not endure wet feet on any kind there will be no diverse and with fur sor the sol one are good healthy growth of vine and yrating the spot of at least one foot is, in the yous per and laid with furs or othere diverse and for the sol one one work of the lands is a sol one as the bearing season is the bearing season is to bearing season is the bearing season is to bearing season is the sol are are sol one as the did are are sol one as the bearing season is the sol are are sol s

Dignity of the Court. The following incident, which is vouched for as fact, is told of a judge who had a lofty idea of his own legal capacity, and was at the same time anxious to sustain the dignity of the

anxious to sustain the dignity of the court. A murder case was before him. There was no direct evidence as to the perpetrator of the crime, but the individual arrested was well known, and, indeed, confessed the crime. When brought into court, the judge cautioned the prisoner not to commit himself; that he must remember his rights as a free citizen; and that, above all things, he must not inter-rupt the proceedings of the court. After this friendly warning, the judge went on to state that he, the prisoner, was accused of having, on such a date, shothe deceased. Upon the prisoner broke in____ with hardwood ashes and a sprinkling of bove, distributed all through the soil by repeated ploughings, will give you wood and fruit. Now, in preparing to plant, throw out wide, open furrows, or dig holes at least three feet wide and a foot and a helf deep, and with a generous sup-

"Well, an'so I did." The judge was much annoyed at the interruption. "Hold your tongue, sir," he ex-cisined

"Hold your tongue, sir," he ex-claimed. "Have I not told you not to com-mit yourself, nor to interrupt me. I shall commit you for contempt of court if you do so again," he added, sternly. He then repeated the accusation, upon which the prisoner again broke

"I have told you afore that I killed

POOR PASTURES.

FARM AND GARDEN NOTES.

The more flowers are picked, the more flowers the plant will bear. Raspberries, with the exception of Blackcaps, can be planted in the fall.

ible

rapid maturity.

nowers?" She promptly replied: "I move to amend by omitting all after the word 'hand." He blushingly accepted the amend-ment, and they adopted it unani-mously. "I have nothing but circumstanual evidence, your honor, and the pris-oner's own confession." "Then," said the judge, "I discharge the prisoner on this accusation, but commit him for contempt of court."

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Rev. Wm. H. Van DEUSEN me. It seemed death we my suffering. My stom my compared; I was

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Ventilation. Ventilation. Just as sure as a man begins in the poultry business with a number of fancy chickens, he wants "a nice hen-house with a cupola on it," which ho explains to you, if for fresh air. In this many make a grave mistake, says R. K. James in the Portland Transcript, as a top ventilation in a hen-house is of more injury than no ventilation at all. Especially is this so in winter. Hot air is lighter than cold, and consequently rises to the celling. When there is an opening in the celling this air escapes and the cold air takes its place. Under these circumstances it Gan easily be seen that a hen-house with a top ventila-tion is always a cold one in winter. When ventilators are put in they should come down to within one foot of the floor, and will then take out of the floor, and will then take out of the start all times. If as much attention was paid to getting warm houses by the average farmer as there is no ventilation, as they are open enough to insume a good circulation of fresh air at all times. If as much attention was paid to getting warm houses by the average farmer as there is no ventilation there would be less complaints of swelled heads, roup, and many other diseases too numer-ous to mention.

Carece of a Famous Detective. Vidocq, the great French detective, was born in Arras in 1755. He began life as a baker and carly became the terror of his companions by his athletic frame and violent disposi-tion. At the same time he was a notorious thief, and after many dis-graceful alventures he enlisted in the army. In 1796 he returned to Parls with some money, which, however, he soon squandered. Next he was sentenced at Lille to eight years' hard labor for forgery, but repeatedly es-caped, and in 1808 he became con-nected with the Paris Police as a detective. His previous career en-abled him to render important services, and he was appointed chief of the safety brigade, chiefly com-posed of reprieved convicts, which purged Parls of the many dangerous classes. In 1818 he received a full pardon, and his connection with this service lasted until about 1828, when Career of a Famous Detective A good mulch keeps down weeds. Mixed grasses make the best pasture. Milk as quickly and quietly as pos-The curl in the pig's tail is a sign of health. Small caters are almost always poor milkers. Large crops are not always the most cofitable ones. Liqui I manure will force crops to a pardon, and his connection with this service lasted until about 1828, when he settled at St. Mande as a paper manufacturer. Soon after the revo-lution of 1830 he became a political detective, but with little success. In 1848 he was again employed under the republican government, but he died penniless in 1857.—Commercial Gazette The best quality of meatcomes from the pig, not the hog. Bulky food should always be fed with concentrated food. Pigs in the orchard will consume wormy fruit and insects. Change the quarters and pasture of our sheep occasionally. Too much wood is a prolific cause of the non-fruitage of trees.

Deafness Cannot be Cured

Defines Cannot be Cured by locat applications, as they cannot reach the diseased portion of the ear. There is only one way to cure Dearness, and that is by constitu-tional remedies. Deafness is caused by an in-famed condition of the mucous liking of the Eustachian Tube. When this tube gets in-famed your ways a sumbing sound or imper-mention can be taken out and this tube re-stored to its normal condition, hearing will be eastroyed forever, nine cases out ten are caused by catarrh, which is nothing but an in-med condition of the much Das Inteas. "The sum of the sum of the sum of the sum of Deafness (caused by catarrh) that can-sion be cure by Hall's Catarrh Cure. Suit for since the suit of Hall's Catarrh Cure. Suit for since the suit of Hall's Catarrh Cure. Suit for since the suit of Hall's Catarrh Cure. Suit for since the suit of the s A creamery should not be started on less than three hundred cows. Oil meal is a concentrated food and should be given in moderation. F. J. CHENEY & Co., Toledo, O.

The first magazine for the blind was printed by Rev. W. Taylor in London in

When Nature Needs assistance it may be best to render it 541 W and Str.et. Pittsburgh, Pa.

romptly, but one should remember to use even the most perfect remedies only when needed. The best and most simple and gentle remedy is the Syrup of Figs manufactured by the Calitornia Fig Syrup Co.

The Israelites learned surveying from the Egyptians who had practiced it for ages. Sore throat cured at once by Hatch's Univer-sal Cough Syrup. 25 cents at druggists.

The average height of clouds is a mile or rather a little more.

Beecham's Pills with a drink of water morn-ings. Beecham's-no others. 25 cents a box. A peer cannot resign his peeras If afflicted with sore eyes use Dr. Isaac Thomp-son's Eye-water. Druggists sell at 25c per bottle



BIRD FOOD Co's. BIRD ters, mixed with the drinkin BIRD affood of sweet melodies, s

BITTERS.

fects are produced in a fects are produced in a fe

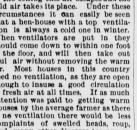
THE ROYAL Baking Powder surpasses all others in leavening power, in purity and wholesomeness, and is indispensable for use wherever the best and finest food is required. All other Baking Powders contain ammonia or alum.

Amendment Adopted. Amendment Adopted. A member of the House of Com-mons had been paying attention to a young lady for a long while, and he had taken her to attend the House until she was perfectly posted on its rules. On the last day of the session, as they came out, he bought her a bouquet, saying: "May 1 offer you my handful of flowers?"

True and Appropriate. There was one hymn of which Par-son Black was especially fond, and which so accurately expressed his sentiment that he made use of it on all possible occasions. One of these was the funeral of his most prominent deacon, who, though act-ive in the affairs of the church, had, in the business world, a reputation for sharpness and closeness that was not wholly enviable. The services were drawing to a close. Parson Black rose slowly from his chair, and, in a voice of sepul-chral sadness, said: "Friends: Before removing the re-mains of our dearly beloved brother from this house to the house app'int-ed for all the livin', let us join in singui'the 247th hymn: "Televin', wa rejoke To see the curse removel."

"Believin', we rejoice To see the curse removed."





HOUSEHOLD AFFAIRS.

DARED CHICKEN. " An appetizing way to cook chicken is to cut it in pieces, as if for a fricas-see. Dip the pieces in beaten egg and then in fine bread crumbs. Season with sail, popper and minced parsley. Put them in the dripping pan with bits of butter over them, and a little water in the pan. Bake slowly until they are done. Put the chicken upon a hot dish, make a rich gravy of the con-tents of the pan and pour over them. Garnish the dish with parsley. —Boston Cultivator.

PLAIN WAFFLES.

DO YOU KNOW?

entive of moths?

face?

point?

year

given at once?