

IN BRAVE DAYS OF OLD.

THE OLYMPIC GAMES OF ANCIENT GREECE.

The Olympic Games of Ancient Greece. They embraced Leaping, Foot-Racing, Wrestling, Boxing, Chariot-Racing, and Various Gymnastics Exercises.

HE oft-quoted phrase of the Latin poet, "Mens sana in corpore sano," distinguishes the mind in a strong body.

Of all the public exhibitions of gymnastic exercises in ancient Greece the Olympic games were by far the most famous, and an account of them will serve to explain the nature of Greek sports.

The Olympic games were held once in every four years at Olympia, a small town in the province of Elis, on the western coast of Greece.

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As regards speed it is very doubtful whether the Greeks equaled the performance of modern days.

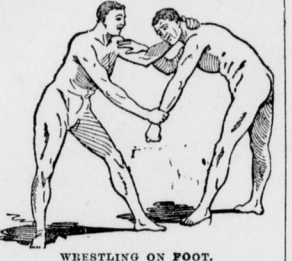
Many instances of very long runs are recorded in Greek history, but these are, of course, tests of endurance and not of speed.

The Olympic victor, in early times at any rate, received very substantial rewards. He won a money prize of considerable value.

Finally, we may say that though the pancratic contests of such contests above the level of the modern prizefighter the Greeks contrived, by the combination of literary and musical contests with physical and by the aid of sculpture and poetry, to throw around their games an unequalled splendor.

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turned up with a spade that the point reached by the jumper might easily be seen, clearing a distance of fifty feet.



quary victory in three contests was sufficient, but it appears that sometimes the result of a contest against the almost complete absence of the means of bodily training and exercise in the schools of a century or two ago.

A most terrible contest is related by Pausanias. Two boxes of great skill and strength could neither of them get a blow turn and turn about.

It was practiced by men, boys, women, and girls in a part of the gymnasium specially reserved for it. The boys varied considerably in size, and the rules for the various games were numerous.

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The severe style of this dress, with its high shaft of soft surah, is considered especially suitable for a debutante, though in such a case the square neck is veiled with lace.

Joe Mik, the Burlington depot passenger caller, is noted for his sweetened voice and lamb-like disposition.

Joe started to retreat when Miss Smith, in an enunciated tone, approached him and exclaimed: "Oh, you dear, lovely man! What a lovely voice you have to sing praises unto heaven."

Col. Sapp of Nebraska was talking with an Eastern gentleman, whom he met in Washington the other day.

"Dear editor," wrote a poet to a well-known journalist, "please read with care the accompanying, and give me your unbiased opinion while I am still in the mood to put more fire into the poem."

"Dear poet," answered the editor, "there is no occasion to put more fire into the poem; all that is necessary is to put the poem into the fire."

The largest piece of gold ever taken from the earth was discovered May 10, 1873, at Hill End, New South Wales, on the claim of Beyer and Hultman.

Mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces.

I guess wed better be a kind, Hester Ann," said William Henry kindly cold all hotly like, "if these good people will tell us where our dotter is we'll go to her, Mis Susan Jane Paddington,"

THE dancing dress to-day is a thing of gauze and silk and is made of materials like the flimsy gauzes of Indian weavers, "floating air" and "woven mist."

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