EDITOR AND PROPRIETOR. TERMS, - - \$1.00 PER YEAR.

FREELAND TRIBUNE,

The cloud of mystery overhanging the fate of the hundreds of thousands of dollars contributed for the benefit of the flood sufferers in the Conemaugh valley should be dispelled immediately by the person who is solely able to do so—Governor Beaver. The public have a right to know what he did with their money and an account of every cent contributed should be given. This administration is not so much

This administration is not so induced gone" on the old soldiers as some people seem to think. An illustration of this fact was seen last week when Postmaster Quigley of Miners' Mills was removed from office because he was a Democrat, and in his stead was appointed a man who was quietly enjoying life under Queen Victoria when Mr. Quigley was fighting for the

country.

Cincago's desire to eclipse Brooklyn, and possibly Philadelphia, in the next census, is becoming ridiculous. It began by annexing the whole northern portion of the state and calling it Chicago, although the St. Louis papers claim some of the people now living within the city limits have never been nearer than twenty miles of the city proper. But that causes no uneasiness to the average Chicagoan, who will sacrifice almost everything to make the Lake City second in population next year.

We knew that Harrison's administration was not very well received by the people of this county, but to think that the Republicans, in convention assembled, would cut it off without a assembled, would cut it off without a word of approval is more than the fol-lowers of Jefferson and Jackson could ever expect. The protection harangue is also conspicuous by its absence from the resolutions. Mark the dif-ference that will exist between their milk-and-water sentiments and the bold and fearless demands Democracy will fling to the lyees part Tussday. will fling to the breeze next Tuesday.
They won't forget Harrison!

From the reports of the proceedings of the state and county conventions held recently the work began by the National Democratic Convention last year is not to be relaxed. The cause of tariff reform and a pure ballot is receiving an emphatic endorsement by Democrats everywhere. The G. receiving an emphatic endorsement by Democrats everywhere. The G. O. P. conventions still proclaim that the Republican is the great and only party of reform and good morals, and yet they refuse to assist the greatest reform of the age. Inconsistency and Republicanism always did go hand in hand, brazenty marching along in hand, brazenly marching along in blocks of five."

The Easton Call hit the nail squarely on the head when it said: Not a week passes that we are not asked why we haven't lampooned some individual who has made himself unplacement. individual who has made himself un-pleasantly conspicuous. In nine cases out of ten if the grumbler had been in the same predicament he or some friend of his would have waited upon us with the polite request "Please keep that little trouble of mine out of the paper." It's all very nice to see someone else get rapped in the newspapers, but when it comes home how eager we are to avoid it. There don't seem to be much charity for the unfortunate in this Christian city.

Not as Black as We're Painted. The frequent allusions of newspap

and people situated outside of the por-tion of Pennsylvania known as the "coal regions" proves that the once prevailing impression as to the character of this impresson as to the character of this section has not yet been entirely eliminated. No sooner is a murder or crime of any kind committed than exaggerated accounts of the same are sent broadcast throughout the country. It matters not whether the deed was done at the north FREELAND TRIBUNE,
FREELAND, PA.

Office, Birkbeck Briek, 3d floor, Centre Street.

Entered at the Freeland Posteffice as Second Entered at the Freeland Postoffice as Second gions." While no objections could postibly be made against the chronicling of such matters, when truthful, yet the manner in which they are published cannot but help lowering the inhabitants of the "coal regions" in the estimation of those not acquainted with the whole facts. When it is remembered that the "coal regions" extend diagonally across one-half the state, embracing several counties with a total population of more than 700,000, it can be seen at a glance the injustice done by crediting ever misdemeanor that occurs within suc limits in the same sense as if it happene in any certain town. An illustration of this huddling together of one-fourth of the state's crimes was shown last week by a Philadelphia penny-a-liner, who considered it his bounden duty to write up the results of a general pay-day in the "coal regions." Imagination was drunken quarrels in Carbondale, Plymouth and Shenandoah was sufficient material for the writer to work upon and describe the "terrible monthly scenes" to be witnessed in the "coal regions." It might be considered ludierous were it not for the effect such reports produce upon the minds of readers, who are apt to judge all by the few persons held up to their view. Had the writer of the article referred to feel inclined to walk around the block from his office he could have seen sights that would make the most hardened resident of the "coal regions" blush with shame. Comparisons, however, are odious, and it is not necessary to produce them. There probably was a time when this part of the state deserved the condemnation it received, but that time is long since past. Statistics taken from the courts of the "coal regions" will prove that the law-lessness reported to exist here can be surpassed by any other portion of the around the block from his office he could surpassed by any other portion of the country containing the same number of

onger. It is pertinent to ask why this hould be done. Why should the overnment grant a monopoly of seal shing over thousands of miles of coast o one body of men to the exclusion of all other men? Why should it not, with equal propriety, grant a monopoly of cod fishing, or grouse shooting, or bear hunt-ing? The plea is that the seals must be otected from extermination. Very ell. Let the government protect them governments protect fish and other me, not by confining the right to kill them to a single corporate monopoly, but by forbidding anybody to kill them dur-ing each year's close season, and making the close season sufficiently long to afford necessary security against extermi-ion. The monopoly device is unjust, tyrannical and corrupting. It is unjust to all citizens who desire to engage in the business, but are forbidden to do so. It is oppressive to all purchasers of the

concentrated here. We mouth at times—mainly on the Fourth of July—abent cowardly backdown.

The Republican platforms of Ohio, Pennsylvania, Lowa and Virginia say not a word about civil service reform.

Within the last three or four years Republican conventions in those states have passed buncombe resolutions in favor of that reform. The platform of the Republican National Convention of 1888 had some very edifying remarks upon the subject, but of course all this was mere bait for votes. As soon as the Republican state of the country, are under the control and its uses. It was worth while to seem the neutral states of the country are under the control and its uses. It was worth while to seem to the country, are under the control and licens and ministration came into power the case was changed. Since then Republican and no use for civil service reform.

The mass and that the old rules shall take their accustomed our free institutions in certain per from the unequal distribution of property. We can have all our free institutions and suited from the unequal distribution of property. We can have all our refer institutions and suited should be the wast. We had better wait."

The Secretary of the Navy has appointed a board who shall formulate and control to him a general plan for building up the Navy. The Secretary of War has an interest in the subject to him a general plan for building up the Navy. The Secretary of War has an interest in the subject of the government again their pretended interest in civil reform had a decline state of the country, are under the control and its state. It was worth while to seem to the subject of the country, are under the control and its seem. It was worth while to seem to the subject of the country, are under the control and literally the convership of less than is styling the conversion of the way in the subject of the country are under the control and sixty thousand the proposition to sell and the proposition to sell our useless stuff. Let us see what where the subject of the count

of trusts, that cover all we eat, wear and use as clothing or shelter, for they have grown up outside and in defiance of law. Legalized wrong is our great enemy, for we suffer more from the power of abuse we suffer more from the power of abuse than in the abuse of power. A wrong one recognized by law destroys the foundation of the very power to which we must appeal for a remedy.—Don Piatt's Retiring Essay.

Protection at Home.

We needn't inquire into the results of the protective tariff away down East, or in other states, for we have it right here in this and adjoining counties. With free trade for raw silk we have extensive and flourishing silk mills at Mauch Chunk, Weatherly, Catasauqua, Allentown, Bethlehem and Stroudsburg, employing probably 2500 to 3000 hands and paying over half a million dollars a year in wages. With high fariff tax on raw wool we have not even as much as the smallest kind or semblance of a woolen mill within fifty miles of the Lehigh Valley, whilst the demand for woolen twenty times as much as the goods is twenty times as much as the demand for silk goods! Who else than a natural fool or a pitiful party bigot can stand up before the public to be counted in favor of such protection as the kind we have under the existing monopoly and trust system? But, there are men of respectability, who can read and write, and who wear good clothes, and know that twice two makes four-even business men, church-goers and leaders of society, who insist upon it that the tariff as it exists "protects labor, builds up home markets, stimulates business and industries" and overwhelms the people with prosperity and plenty!
They believe it all because the G. O. P.
bosses, manipulators and office-brokers
tell them so!—Mauch Chunk Democrat.

Correspondence From the Capital.

Washington, August 27, 1889. The Speakership contest is beginning to make itself heard in the lobbies of the Capitol and about the hotels, and the McKinley statisticians are beginning to haul out a few figures themselves. The the discovery that the prevailing political influence in the State is for Reed. It is nevertheless assumed that three Pennsylvania Republicans will vote for the Stark County Napoleon. The trio embraces Judge Kelley, John The Sealskin Monopoly.

Nearly twenty years ago, through the Republican congress and president who had control of the government then, a corporation obtained the exclusive right of seal fishing in Alaskan waters. The time limit of this monopoly will soon expire and it is intended to request congress to renew the lease for twenty years longer. It is seal. Dalzell, and the "Old Iron Grey of Somerset," Edward Scull. Kelley is be restored to his old place as chairman of the Judiciary Committee, leaving the way open for Kelley's appointment as a successor to Roger Q. Mills, as tariff

manager. Now for the figures. Ohio is put down as solid with sixteen votes. Ten out of the ninteen Southern Republicans added, which, with three from Minnesota, three from Pennsylvania, three from New York, two from Nebraska, one from New Jersey, and one from Indiana (T. M. Browne), makes a total of thirty-nine. This total is not appalling in its magnitude, but is said to represent the sure support, with enough reasonable certain-ties, to give McKinley half a hundred on the first ballot. This is not a bad show-ing if a half dozen candidates are presented to the caucus, for at the outside it

will require only eighty-five to nominate and possibly less.

CONTESTED SEATS.

Another of the contested election cases

the been in the same predictement he or some friend of his would have waited upon us with the polite request. "He also keep that little trouble of mine out of the paper." It's all very nice to see someone else get rapped in the newspapers, but when it comes home how eager we are to avoid it. There don't seem to be much charity for the unfortunate in this Christian city.

Turn biggest game of bluff Harrison & Co. has yet tried was the order sent by Postmaster General Wannamaker to President Green of the Western Union, notifying the latter that all government despatches sent hereafter would be paid for at the rate of one mill per word, which is the present rate. The government has the privilege of fixing its own telegraph tolks, and the reduction to one mill per word, sinch of the common is a farce. The American this word, which is the present rate. The government has the privilege of fixing its own telegraph tolks, and the reduction to one mill per word caused great head of the common is a farce. The American continent we have come to be delivers in the common is subject in patient disgust to solve the common is subject in patient disgust to solve the common is subject in patient disgust to solve the common head of wannamker quitely resistent Green returned a prompt protest against any such action and Wannamaker quitely resistent Green returned a prompt protest against any such action and Wannamaker quitely resistent Green returned a prompt protest against any such action and Wannamaker quitely resistent Green returned a prompt protest against any such action and Wannamaker quitely resistent Green returned a prompt protest against any such action to one mill per word extended this order. It is presumed that the caunpaign book at the G. O. P. mational headquarters was examined and the Western Union's check for \$\$-\$-\$-found; here the cowardly backdown.

The Republican platforms of Ohio, and the resistance of the common of the commo

DON'T STINT YOUR STOMACH. Eating Enough You Increase Your Chances of Good Health.

Ry Eating Enough You Increase Your Chances of Good Health.

A physician, writing on the food necessary to give strength and sustenance, says that if a person uses up his brain faster than he makes it he soon becomes nervous and irritable. If he does not assimilate enough food to supply its demands his mind is sure to become weak. The healthiest and strongest individuals, even should eat a far greater proportion of meat than of vegetable food. Beef should be taken as the standard meat. It answers every purpose of the system. Veal and pork are not as easily digested. Pork, so far as its composition goes, is an excellent food for nervous persons, but it is not readily digested. Yet, in the army, we used to think nothing better for the wounded men than bacon. As a rule, salt meat is not adapted to the requirements of the nervous individual, as nutrious juices to a great extent go into the brine.

The flesh of wild birds is more tender and more readily digested than that of domestic ones. This is accounted for by the greater amount of exercise they take, thereby renewing their flesh more rapidly and making it younger than that of birds which lead a more quiet life. This is a sugestion that might be of benefit to women of sedentary habits who are desirous of youth. Fish of all kinds is a good

lead a more quiet life. This is a suggestion that might be of benefit to women of sedentary habits who are desirous of prolonging an appearance of youth. Fish of all kinds is a good food for the nervously inclined.

A notion has been prevalent that many persons injure their digestion by eating too much. The fact is that most people don't cat enough. There are more people killed every year by insufficiency of nourishment than by overloading their stoments. Many of those who do eat a sufficient quantity are prevented by disease from digesting enough for the economy of their ystems. The very first thing for anyone to do who has exhausted himself by mental work or who has been born weak and irritable is to furnish his brain with sufficient nourishment to either repair the damage it has sustained or to build it into strong, healthy condition. People in this condition usually suffer from nervous dyspepsia. Their stomachs are unable to perform the labor of assimilation. Owing to the deficient nerve power of the individual the food lies in the stomach unacted upon by the gastric juice because there is none or the quantity is insufficient to have any power. Food, instead of kelping to renow the body, and the nervous system with the rest, undergoes fermentation, and the body and brain it should nourish may starve. The person is in worse state than if the food had not been taken, for the fermentation generates acids and gas.

Nervous individuals may derive all that they need from sugar and the fat they n

Nervous individuals may derive all the fat they need from sugar and starch. It is better, however, for those with weak digestive organs, or whose nerves are in a highly sensitive state, to get it from the animal kingdom than compel their enfeebled stomachs, in-testines and pancreas to create it out of these articles. Good bread, sweet butter and meat are the best foods for the nerves.

the nerves.

People troubled with insofunia, nervous starting from sleep and sensations of falling, can often be cured by limiting themselves to a diet of milk alone for a time. An adult should take a pint for a meal, and take four meals daily. People with weakened nerves require, usually, a larger quantity of water than those whose brains and nerves are strong. It adds in the digestion of food by making it soluble, and seems to have a direct tonic effect.

With proper eating and drinking we should have fewer broken down, nervous wrecks, and far more vigorous intellects. The present human species can not eliminate flesh from its food and amount to a row of pins. The fancy that nothing but vegetables should be eaten is apt to overtake everyone somewhere in life. It is due to some disorganization, and usually passes away with the disturbance that creates it. erves.
ople troubled with insomnia,

Mrs. Westend—Oh, such a time as I do have with nurses. I've discharged three this week for not keeping the children quiet, and it hasn't done a bit of grand

three this week for not keeping the children quiet, and it hasn't done a bit of good.

Mrs. Tiptop—I notice the noiff from the nursery is terrible. Well, have the same trouble, and my who is getting deaf, actual ce what sort of creatures these child's nurses can be. They don't seem to have a bit of sense. I actully caught one buying cheap candy with her own money to keep the little angels quiet. Just think of the impudence of the thing—putting cheap candy into the delicate stomachs of my children. Well, I said I'd discharge her if she repeated that offense, and what do you suppose she did next? Why, when they began to yell and kick at her for not buying them a locomotive and cars big enough to ride in she actually a threatened to have their father whip them, just as if she, a common, ignorant nurse, had a right to keep their father, my husband, at her beek and al. No wonder the children laughed, and then yelled louder than ever. Even they could see the effrontery of the thing.

Mrs. Wostend—Well, I'd send her

GALIFORNIA DIAMONDS.

stralian Diamond Hunter Begin-ning Work in Amador. "Just take a look at this big diamond," remarked Henry Videl, the mining superintendent of Amador, to a representative of the San Francisco Ex-

aminer.

Mr. Videl exhibited in a paper taken from his vest pocket three magnificent clear white stones. Pointing his long index finger to the largest of the three, which seemed half the size of a big hazelnut, he added:

"Now where do you suppose I got that? Nowhere else than on Dry Creek, up in Amador County, and, by the way, do you know that there is a genuine diamond country up there?

"There are also diamonds found on the Feather River, in the vicinity of Cherokee. There are not many people who know this. Nine people out of ten, perhaps, in California, if you were to ask them whether or not there were any diamonds in this State, would say: 'Of course not; there are no diamonds to speak of this side of Cape Town.' All the same they will be mistaken.

"About this place of Cherokee which I speak of as many as sixty or seventy diamonds have been found in the course gravel. About as: many have been found at Volcano, on Dry Creek. There there is a peculiar conglomerate that has gold in it, and in this conglomerate, if you take a glass, you can see pulverized diamonds?" was seen pure time that has gold in it, and in this conglomerate, if you take a glass, you can see pulverized diamonds in considerable quantities."

"Well, you see what these are. They have been pronounced by experts equal to the average taken out of Cape Town. These experts, however, who have been brought from a distance. Just where is the question. All the some the proton of the part of the practical diamonds have been tipped and twisted at all angles and coated over in many places with lava.

"Both the points I speak of lie only a short distance from the western base of the Sierra Revada Mountains. Whether high in the peaks of the Sierras there are better and more diamonds, however, is, I think, another make a business of digging for diamonds cannot now be told. Whether practical diamond-hunters will ere long go to Cherokee and Volcano and make a business in California, and monds, however iss, I think, another make a business in California, and

monus at the Autipodes, and he is now on Dry Creek sizing up the situation.

"There are two or three other Australians with him. They have been experimenting with the conglomerate, and while they have kept pretty quiet it is understood that they are well pleased with their investigations. They have brought five acress of ground, and it is said that within a month or two they will begin work there with quite a force of men. I predict that they will find diamonds in sufficient quantities to handsomely pay them, and that within a year diamond-mining will be a business in Amador and Butte Counties."

The Oyster.

The Oyster.

The oyster is not quite the laziest animal known, but he is very nearly so, and he affords a striking illustration of the degeneracy that comes from indolence, since he has gradually lost by disguise nearly all his "faculties" except that of choosing and digesting his food. He looks like an inert and unorganized mass of jelly, but in fact he has a complete animal organization, including heart, liver, lungs, mouth and stomach, and something that answers for eyes and a thousand or more fibrous arms. But all his organs seem calculated to serve the one general purpose of feeding and nourishing the oyster—and perpetuating his race. The latter aim is accomplished by means of eggs, of which a female oyster lays from 1,000,000 to 3,000,000 in a season. The eggs, called "spat" by the oystermen, are expelled from the shell in a glutinous liquid which holds them together in masses called "white spat." The spat becomes impregnated while in the water, and the eggs soon hatch. In its earliest infancy the little oyster is very lively and swims about near the surface of the water. He is nearly as translucent as the water itself, but he undergoes perils of every description and the millions are much diminished before his career is fairly started. After swimming about a short time he sinks to the bottom of the water where he attaches himself to some hard substance—a stone or an oyster shell—and begins to be an oyster lade-and well in truth. He never some hard substance—a stone or an oyster shell—and begins to be an oyster indeed as well in truth. He never migrates after this, but continues to grow, rapidly at first and very slowly afterward, for a period variously estimated. The oyster in the market is usually five or six years old.—Good Housekeeping.

Eugenie.

Empress Eugenie, drawn by a Paris special correspodent on the spot: "A fragle form, veiled and robed in black, a pallid face, and snow-white hair, and the infirm gait of a rhematic invalid—such is the image now presented by her who was the famous beauty and the world's queen of fusition some twenty years ago.'

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