

LETTERS TO JANE . . .

By A. PAULINE SANDERS, Ph.D., Irona, Pennsylvania

Dear Jane, The first day of the Christmas Month, or "jolly month" of the Anglo Saxons is here. December meaning the "tenth month" is the season of longing and happy satisfaction. Christmas really lasts throughout the month if we lend a hand.

Let's bring holiday cheer into our homes—into our gardens—into our communities. A bit bitter, sweet around the sun-dial is charming. Greens with red berries add so much to the window boxes. Wreathes of the doors bid a friendly welcome. A live evergreen in the ground or in a gaily painted bucket or tub for the Christmas tree brings memories of the holiday all through the succeeding year. Inside the house there is an aroma of mingled pine and spices.

The appearance of snow turns our attention to hearty satisfying meals. The Christmas spirit impels one to take a turn at baked goodies. I've been saving some local recipes to send you. They are tried and true.

First a cookie recipe—a soft fruit cookie—good any time but spicier enough to have a special appeal now. You'll want it in your files for the "share" year. Inside the house there is an aroma of mingled pine and spices.

Soft-Fruit Cookie 1 cup brown sugar 2 cups flour 1 cup shortening 2 eggs 1 cup sweet milk 1 cup chopped dates or raisins 1 teaspoon soda in the milk

Ginger Drop Cakes 1/2 cup nuts chopped 1/2 cup flour 1/2 teaspoon cinnamon—less if desired 1/2 teaspoon nutmeg 1 egg 1/2 cup sugar 1/2 cup butter 1/2 cup molasses 1/2 cup raisins 1/2 cup currants 1/2 cup walnuts 1/2 cup almonds 1/2 cup pecans 1/2 cup cashews 1/2 cup hazelnuts 1/2 cup pineapples 1/2 cup mangoes 1/2 cup papayas 1/2 cup guavas 1/2 cup kiwis 1/2 cup mangoes 1/2 cup papayas 1/2 cup guavas 1/2 cup kiwis

Winter weather popularizes the simple but satisfying foods. Have you tried a meal of beef, turnips and a dessert of your liking? The turnips are reeking with vitamins C and B. The pudding or liver pudding in the books, supplies more iron than most protein foods.

No place on earth is there old time pudding to compare with ours. Serve it hot or cold, either way you have a good dish. It has 30 to 50 percent liver. Pork liver has more iron than any other type of liver. It is darker in color. It contains less than other livers. It can be used in the same ways if it is scalded first.

In the old time smoke house there were shelves filled with gallot crocks neatly covered with brown paper, tied with string. Written plainly on each was "liver pudding" or "sausage." Suspended from the rafters by heavy twine were hams, shoulders, and slabs of bacon. In one corner was a large wooden barrel in which many pieces of meat were crisscrossed so that air could circulate around them while the sugar cure was being absorbed. Times have changed, and like the old log spring house, the smokehouse is now found wanting. Meat is now stored with the other foods in the freezer or locker.

But the meat goodies are not found wanting. Ham and chops are the most popular cuts of pork. At this season try a cranberry glaze on the ham. About an hour before the ham is finished cooking, fasten the cranberries on it with toothpicks, or spread with a mixture of crushed cranberry sauce and brown sugar. Return to the oven and baste occasionally.

Here's a popular local sandwich which is just right for these cold days—but is sharp cheese on hot days, too: Grind 1 pound of sharp cheese and 1/2 pound of dried beef together. Boil hard, like when you make catsup, 1 quart of canned tomatoes. When this begins to thicken add meat-cheese mixture, take from heat, and stir well until cheese is dissolved. It should thicken to a good spreading consistency.

There is an informative Home and Garden Bulletin, No. 21, United States Dept. of Agriculture, entitled, "A Fruit and Vegetable Buying Guide for Consumers," which I believe you will enjoy. It is timely since there is such a wonderful supply of both fruits and vegetables in the markets just now.

Get some cauliflower which is of fine quality this year. Cook the head whole and pour over it Golden Sauce Sprinkle with blanched almonds that have been browned in a bit of butter. For the Golden Sauce melt 2 tablespoons butter and blend in it 2 tablespoons flour, 1/4 teaspoon salt, speck of black pepper, 1 cup milk fresh or 1/2 cup each of water and canned milk. Cook until thickened. Stir into 1 beaten egg and blend well. Return to pan and cook 2 to 3 minutes. It is delicious over freshly cooked brussels sprouts and topped with crumbled bacon.

Enjoy the twenty-four days until Christmas. Yours for better homemaking, PAULINE.

FALLENTIMBER Mrs. Erma Lydick of Toledo, O., Mrs. Clyde Matthews of Pontiac, Mich., and Miss Stella Tonkin of Ann Arbor, Mich., visited here recently with Mr. and Mrs. Merl Tonkin.

Mr. and Mrs. Samuel Smiley of Cleveland, O., announce the birth of a son, Wednesday, Nov. 16. The baby weighed 8 lbs., 8 oz. and has been named Terry Leslie. Mrs. Smiley is the former Ida Dixon. Mr. and Mrs. Charles C. Dixon are the maternal grandparents and Mr. and Mrs. Leslie Smiley are the paternal grandparents.

Mrs. Adeleen M. Kopp and Mrs. Janet Shumoski were Tuesday shoppers in Altoona. Miss Mary Belenaki visited in Coopersport on Wednesday. Mrs. Merlyn Chappa of New Canaan, Conn., spent the holiday week end visiting her mother, Mrs. W. B. Kough. Francis Good of Bridgeton, N. J., spent the holiday week end visiting at the home of his parents, Mr. and Mrs. Isaac Good. Mrs. V. K. Gallaher and Mr. and Mrs. Glendon E. Kough visited in Patton on Friday. Miss Esther Jenkins, Mr. and Mrs. Carl N. Jenkins and son of Vestal, N. Y., spent the holiday week end visiting at the homes of Mr. and Mrs. Charles W. Jenkins and Mr. and Mrs. Raymond S. Conrad. Mr. and Mrs. Norman Thompson of Pittsburgh spent several days visiting with Mrs. Ruth Youngkin. Mr. and Mrs. Glendon E. Kough were Saturday shoppers in Altoona. Mr. and Mrs. Bob Mulhollen and Don G. Mulhollen of Akron, O., spent the holiday week end visiting at the home of Mr. and Mrs. Glenn W. Mulhollen. Robert H. Miller brought an 8-point deer into town Monday morning. Mr. and Mrs. Mahlon McDonald and sons, Bobby, Billy and Arthur of Carrolltown R. D., and Mrs. Anon McDonald and Miss Betty Cramer of Barnesboro R. D., were Sunday visitors of Mary and Cora Glass.

STORE COOKY SHEETS Because cookie sheets are light in weight and can be picked up easily by the edge, you can store them between vertical partitions on a shelf of the wall cabinet, says Sanna D. Black, Penn State extension home management specialist.

Facts About Cambria County

By MAHLON BAUMGARDNER, Ebensburg, Pa.

CRESSION TWP. (Cont.) The statue of Adm. Robert E. Peary stands upon a foundation in an enclosure constructed in the form of a square, with the front entrances on each side of the wall of the enclosure. The wall was constructed of stone by the WPA in 1937. Leading off the place whereon stands the statue there are three or four steps.

The inscription upon the bronze plaque is quite difficult to read. This is what it says: "Robert Edwin Peary, Discoverer of the North Pole. Born 190 yards south of this point Mar. 6, 1876. (There is some question whether he may not have been born in Galitzin). Died February 20, 1920, and buried in Arlington Cemetery."

Graduated from Bowdoin College 1877. Entered U. S. Navy in 1881. Engineer in charge of Nicaragua Canal Survey 1887. First Crossing of Greenland by Cape 1882. Discovery of Northern Coast proved insularity of Greenland 1900. Attained new farthest North in Latitude 86 degrees 54 minutes. Discovered the North Pole April 6, 1909. Retired from the U. S. Navy as Rear Admiral 1911.

No doubt some of my readers will recall the spirited contest that followed when a Mr. Cook claimed the honor of discovering the North Pole. I was in the time. Complete investigations show very conclusively that Robert E. Peary was the true discoverer.

A place near the road the reason for parking of automobiles of visitors. The dedication of the monument was held on Oct. 15, 1937, with the principal address being made by Hon. John W. Kenhart of Ebensburg, justice of Pennsylvania Supreme Court. The daughter of Adm. Peary was also on hand to observe the dedication. At the time Peter J. Little, Esq., was president of the Cambria County Historical Society, with Lester Lattimer and Rev. Father Modestus Wirtner both active members. George Bender and your writer were directors of the society. I have a copy of the newspaper giving an account of the dedication.

Small laurel, shrubs and evergreen trees were planted about the monument in 1937, but today they have grown so tall as to hide the statue and its pedestal, so that they are almost invisible from Route 22 or the road leading to Loreto.

Consequently, of the thousands of people who travel over Route 22 each day, only a small fraction know about the monument. With the elapse of time, it is seen that the project should have been located at the junction of the two roads. Plans are now said to be underway to have the monument moved to a site nearer the road so it can be seen more readily by the traveling public.

The tract upon which the site is located consists of 4.12 acres. It was conveyed for the sum of \$1 and other valuable consideration by Mary Thaw Thompson, widow, to the Cambria County Historical Society by deed dated June 27, 1935, and recorded in the Cambria County Recorder's office July 22, 1935.

After the dedication of the park and monument, the Cambria County Historical Society conveyed all of the ground to the Historical & Museum Commission of Pennsylvania by a deed dated June 17, 1946.

The deed is recorded in the above-mentioned office in Deed Book Vol. 551 at Page 468 under date of June 28, 1946.

The grounds have been taken care of and district Boy Scouts have used it a number of times for district-wide gatherings. If we were to go into detail, much could be written about the plot and Adm. Peary. A state highway marker is located along the road to denote its significance.

Immediately across from the park, on the opposite side of the Loreto road, is a tract of land belonging to the Boy Scouts of the Robert E. Peary Council.

Mrs. Mary Thaw Thompson conveyed it to Gomer Walters, Dr. George Jay, W. S. Gray, Judge Ivan J. McKelick (now president judge) and Howard W. Stull, Esq., trustees of the Robert E. Peary Council, by deed dated Nov. 1, 1938, and recorded in the Recorder's office in Deed Book Vol. 478 at Page 745.

BEAVER VALLEY Mrs. Paul Esch, 54, Expires in Akron, O.

Mrs. Paul Esch, a former resident, died at her home in Akron, O., at 12 o'clock Nov. 24. She was 54 years of age and was a daughter of Benjamin and Martha (Shope) Gill.

The deceased was the last of the immediate family Her father, Benjamin Gill, died in 1912. A sister, Hilda, passed away in 1917. Her mother and a brother died one week apart in March, 1955.

Surviving are her husband, Paul Esch, and three children: Everett, Eileen, Gordon and Marvin, all of Ohio.

Burial was in Akron on Saturday from the Adams Funeral Home.

Attending the funeral from this area were Mr. and Mrs. Merry Gates, Mr. and Mrs. Ammon O'Shall, Mr. and Mrs. Charles Gimminger and Mr. and Mrs. Harry Foreman.

Miss Nellie Lithgow spent a few days last week visiting friends in Pittsburgh.

Mr. and Mrs. Robert Lettinger of Allentown, Pa., spent last week end at the home of Mr. and Mrs. Michael Nedlmyer.

Mr. and Mrs. Vick Ferguson of Altoona spent last week end at the home of Mr. and Mrs. Lemoine Hensley.

Mr. and Mrs. Donald Snedden and daughter of Oceola were last week end visitors with Mr. and Mrs. John Sneath.

Mr. and Mrs. Zena Shope and daughter, Betty, spent last week end with relatives and friends in New Jersey.

Walter Foster and son, Tunny, of Lebanon are spending a few days with Mrs. Mary Gates.

Mr. and Mrs. Wade Drear of New Brighton spent Thanksgiving at her home here.

Mr. and Mrs. Jack Kimberly and children of Cleveland, O., visited over the week end with Mr. and Mrs. Bernard Kington. Miss Clara McKee of Harrisburg visited over the week end here with Mrs. Gertrude McKee.

visitors at the Lloyd Gates home. Mr. and Mrs. Joe Kendrick and son, Joe, of Cleveland, O., are spending a vacation with Mr. and Mrs. Robert Barnhart.

Mr. and Mrs. Clarence Hobbs of Altoona spent Monday here with relative.

Local church services: Tuesday night—Youth Fellowship; Thursday night—Bible study and prayer service; Sunday—Sunday School, 9:30 p. m., John Gates, superintendent; preaching, 7:30 p. m., Rev. G. O. Pearce.

Mr. and Mrs. Donald Langie of Harrisburg spent the week end with the lady's parents, Mr. and Mrs. Ingie Lester.

Mrs. Susan Hensley and Mrs. Mary Gates were business visitors in Philipsburg on Saturday.

Mr. and Mrs. Cecil Black announce the birth of a baby girl, Charlene Marlene. Mrs. Black is the former Helen Shope.

Mr. and Mrs. Willard Kington and Jimmy and Linda and Mr. and Mrs. John Davis visited at the Bernard Kington home on Thanksgiving Day.

Mr. and Mrs. Ronald Gillean of State College visited on Sunday at Bernard Kingtons.

Ted Hollen and Mrs. Joe Hollen of Akron and Mr. and Mrs. Joe Hughes of Martinsburg spent Thanksgiving at their home here.

Mary Lee Bloom of Coalport spent the week end with Janet Hensley.

Mr. and Mrs. George W. Gates and daughter, Barbara, visited Sunday with Mr. and Mrs. Clarence Johnson of Dean.

Mr. and Mrs. Elmont Morrow were recent visitors with friends in Altoona.

Ernest Sheeler of Lebanon was a Sunday visitor with Mrs. Mary Gates.

Mr. and Mrs. Glenn Glass and sons of Fallentimber were Sunday

—Because of the plentiful supply of fish, crustaceans and plankton in the waters surrounding Antarctica, these waters abound in whales and seals.

—In spite of the millions of dollars spent by the U. S. in exploring the Antarctic continent, no move has ever been made to claim any portion of Antarctica.

WILSON HOME FREEZERS

- CHEST MODEL, 15 Cu. Ft., stores 600 lbs. \$39.95 Down Payment, \$4.10 Per Week
CHEST MODEL, 20.5 Cu. Ft., stores 800 lbs. \$49.95 Down Payment, \$4.50 Per Week
UPRIGHT MODEL 15.14 Cu. Ft., stores 600 lbs. \$49.95 Down Payment, \$4.50 Per Week
UPRIGHT MODEL 25 Cu. Ft., stores 1,000 lbs. \$50.00 Down Payment, \$5.50 Per Week
UPRIGHT MODEL, 35 Cu. Ft., stores 1,400 lbs. \$60.00 Down Payment, \$6.60 Per Week

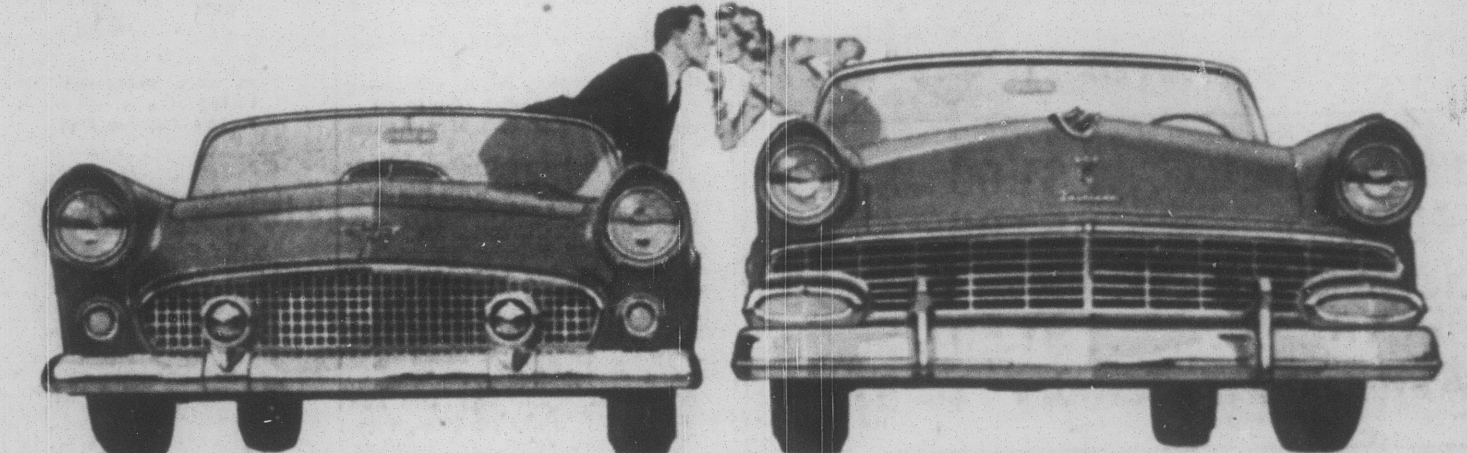
BENDER ELECTRIC COMPANY Phone Fleside 4-6532 CARROLLTOWN, PA.

THE BEST IN CHRISTMAS



A COMPLETE SELECTION! — At Prices to Fit Your Budget! —

Kissin' Cousin of the Thunderbird



Thunderbird looks, this Ford has plenty. And it has the mighty Thunderbird Y-8, too. All this, plus new Lifeguard Design!

A look at this Thunderbird-inspired '56 Ford plays hob with your heart. Here is a beauty just begging you to get behind the wheel.

Take your place! And place your foot on that hair trigger called a gas pedal. A nudge and you're off—Ford's new Thunderbird Y-8 engine melting the miles, making molehills out of mountains, making your driving more fun than it ever has been before.

You could Love Ford for its Price Alone!

'56 Ford Announcing the winner of the '56 Ford: Mrs. S. G. Fair, 813 Jackman Ave., Avalon, Pennsylvania

Winning combinations for a man's Christmas SPORT COATS & SLACKS he'll wear with pride & pleasure Sport Coats 14.95 SLACKS 5.75 up

C. A. SHARBAUGH Store CARROLLTOWN, PA.

NEED MONEY FOR CHRISTMAS SHOPPING? Budget won't stretch to cover those special gifts your dear ones are dreaming of? Let us help you play Santa! A low-cost Christmas loan from this bank can solve all your gift-giving problems quickly. What's more, your loan is easy to repay, in convenient monthly installments. Come in and talk it over. FIRST NATIONAL BANK AT PATTON, PA.