

LETTERS TO JANE...

By A. PAULINE SANDERS, P.H.D. Ironia, Pennsylvania

Dear Jane, Have you succumbed to spring fever? Everyone does some time or other. This is the time of year when it is lurking around the corner. But the symptoms are more pleasant than serious and so is the cure nowadays. No need for distasteful sulphur and molasses when a little applied psychology can effect a quick recovery.

Bring the day-dreaming vacant stare back into focus with preliminary plans for summer vacations. Or ally that in a flexible wanderlust by planning a nice family picnic, and perk up the lagging appetites by introducing little surprise dishes at meal time.

A simple thing like Pickle-Corn Relish can whet the appetite for regulation pot roast, meat loaf or chops. Combine and simmer for five minutes the following: 1 can whole kernel corn, 1/4 cup pickle-relish or India relish, 2 tablespoons chopped pimiento, 1 tablespoon brown sugar, 1 tablespoon vinegar, 2 teaspoons prepared mustard, 1/4 teaspoon salt. Stir constantly. Serve hot or well chilled.

Since canned corn is a plentiful item this is a good time to make this relish. Speaking of corn reminds me that I have a new corn quick mix I'd like you to try. I have used it for biscuits and corn stinks as well as for chicken pie or corned beef hash turnovers. It is a real time saver.

ON SAVINGS FDIC INSURED 1st. Natl., Carrolltown

This is the time to use enriched cornmeal in quantity for it provides liberal amounts of vitamins B1 and B2, niacin, and iron as well as an appreciable amount of Vitamin A if the yellow variety is selected. Get your spring tonic from the grocery store in tasty, easy to prepare foods.

Corn Meal Mix: 3 cups enriched cornmeal, 2 tablespoons baking powder, 2 tablespoons salt, 1/2 cups shortening. Sift together and mix well the dry ingredients. Cut in shortening until mixture resembles coarse crumbs. Store mix in a covered container at room temperature.

Biscuits—Add 1/2 cup milk to 2 cups of mix. Stir until dampened. Turn out on a floured bread board. Knead for a few seconds. Roll 1/4 inch thick. Cut with a biscuit cutter. Bake on an ungreased cookie sheet for about 12 minutes in a 425 degree oven.

Jane, did you ever toast left-over corn bread? It is delicious when eaten with a little butter. The new twist of interest can be in the vegetables—and you need not go out to buy something expensive. Just take stock of the items on your cellar shelves or in the freezer. Let's pretend you did look and you found a generous supply of beets. Try scalloping them. This is the spicy treat—Heat 1/2 cup vinegar and 1 cup of beef juice or water. In a small bowl mix 1/4 cup sugar, 2 tablespoons cornstarch, 1/4 teaspoon of salt, one-eighth teaspoon pepper, and one-eighth teaspoon ground cloves. Combine dry and liquid ingredients. Cook until mixture thickens, stirring constantly. Remove from heat and add 3 tablespoons butter. Stir to blend. Arrange 3 cups cooker sliced beets in a casserole with alternating layers of thinly sliced onion. Pour hot sauce over all. Bake in 400 degree oven for 20 to 25 minutes.

Perchance instead you will seek help in the garden. It is there

too, in the form of tender, juicy crisp rhubarb. Nothing is more stimulating for the lagging appetite than this spring regular. The leaves of rhubarb are such a beautiful shade of green that they are tempting. Never serve them. They contain such large amounts of oxalic acid in soluble form that they are poisonous. The amount of this acid in the stalks is less and it is an insoluble form therefore it is harmless.

Now that we have rhubarb, what shall we do with it? Baking it in a covered casserole in a slow (300 degree) oven will result in a rich red color. For 2 pounds use 1 cup of sugar. Cover with pastry and lo—a deep dish pie.

Spiced Rhubarb is delicious. Cut into one-inch pieces 1/2 pounds rhubarb. Add 2 pounds of sugar, 7/8 cup vinegar, 1 teaspoon cinnamon and 1/2 teaspoon cloves. Bring to a boil. Simmer until it is the consistency of a marmalade.

While the stalks are tender and juicy is the time to freeze it. Choose fresh tender red stalks. Wash in cold water, trim and cut into one-inch lengths. Pack without sugar or use a 40 percent syrup, 1 cup sugar to 6 cups rhubarb. Freeze promptly. Less packing space is required if it is scalded in boiling water. For the diabetic never add saccharine before you freeze.

For some time I have been trying my luck with sesame. This age-old spice came into the food limelight overnight this winter when a 25,000 dollar prize was won by an "Open Sesame" Pie. The woman who won the prize holds a doctorate in archaeology from University of Chicago. She traced the crust of a date-filled pie with nutty-flavored seeds. For the pastry she used 2 to 4 tablespoons toasted sesame seeds to each cup of flour.

Miners Hospital Patients' Record

The following is the list of patients admitted and discharged at Miners' Hospital, Spangler from April 19 to April 24.

MEDICAL ADMITTED: Michael Homage, St. Benedict; Martin Tate, Gipsy; Allen Fitzpatrick, Patton R. D.; Mrs. Stella Barr, Burnside; William F. Popovich, Spangler R. D.; Joseph J. Shapiro, Loretto R. D. 1; Mrs. Elvera Rieg, Crest Springs; Steve Hetako, Patton; Mrs. Eva Lov business, Bakerton; Sam Kerfoot; Barnesboro; Glen Winslow, Patton; Mrs. Helen Neff, Westover; Beverly Jean Guiste, Erie, Pa.; Ordel Fisher, LaRose; Mrs. Rebecca Boring, Barnesboro R. D. 1; Mrs. Emma Tavernier, Emeigh; Mrs. Frank Barock, Cherry Tree; Susan Wisninger, Cherry Tree; Mrs. Ruth Westover, Emeigh; Betty Lou Weakland, Hastings; Mrs. Caroline Kodewich, Barnesboro; Mrs. Mary O'Brien, Patton; Mrs. Alan J. Somozy, Mantle; James Rieger, Spangler; Michael Joseph Shaffer, Barnesboro R. D. 2; James Brady, Glen Campbell; Mrs. Whoneta Fleming, Cherry Tree R. D. 1; Edward Albright, Patton; James Dick, Coalport; George Vrana, Barnesboro; Donna Kitcher, LaRose; Charles Vahogh, Patton; Mrs. Melissa Shore Coalport; Frances Sholtz, Patton R. D. 1; Anthony Niebauer, Barnesboro; Mrs. Catherine Hoover, Patton; Mrs. Jeanne Yahnner, Patton.

SURGICAL ADMITTED: Richard Burba, Hillsdale; Mrs. Geraldine Barr, Patton; Clyde W. Trexler, Patton R. D.; Miss Regina M. Giatorre, Barnesboro; Mrs. Ira Ankeny, Cherry Tree R. D. 2; Mrs. Mary O'Brien, Patton; Mrs. Luella Snyder, St. Benedict; Marlene Bayer, Cherry Tree R. D. 1; Mrs. Florine Mastran, Elmora; Mrs. Emma Grubbs, Barnesboro; Miss Nancy Westover, Barnesboro R. D.; Miss Norine Young, Elmora; William Greco Jr., Hastings; Robert Wilson, Starford; Miss Catherine Lieb, Coalport; Mrs. Nancy Campbell, Carroltown; Susan Kay Keefe, Hastings; Mrs. Josephine Brown, Patton; Arlene Williamson, Patton R. D. 1; Miss Mollie Smith, Emeigh; Betty Lou Weakland, Hastings; Lawrence Siverd, Indiana; Marge Davis, Helwood; Mrs. Leone Daiseley, Barnesboro; and Wilbur Rainey, Mahaffey.

MEDICAL DISCHARGED: James Dick, Coalport; Michael Agypt, Patton; Joseph E. Barock, Patton; Thomas Campbell, Mahaffey; Mildred Michaels, St. Benedict; Mrs. Elizabeth Heseltine Barnesboro; Mrs. Jean Rainey Barnesboro; Anthony Barnesboro; Mrs. Mary Kirkpatrick, Hastings; Mrs. Pearl Hockenberry, LaRose R. D.; George Zurenko Spangler; Mrs. Lucy Baum, Cherry Tree; Mrs. Mollie Smith, Emeigh; Mrs. Andrew Capko, Patton; Ronald Freeman, Barnesboro; Mrs. Edna Goss, Cherry Tree R. D.; Marjorie Meese, Barnesboro; John G. Goss, Patton; John Sibley, Gipsy; Joseph J. Shapiro, Loretto R. D. 1; Mrs. Mary Petrunak, Patton; Michael A. Krupa, Marsteller; Thomas A. Gruber, Patton; Mrs. Joseph Panaro, Barnesboro R. D.

SURGICAL DISCHARGED: Mrs. Elizabeth Galkyzycki, Spangler; Mrs. Rose Marie Yahnner; Daniel Long, Patton R. D.; Mrs. Laura Weber, Patton; Anthony Barnesboro; Elmer J. Trimble, Aliquippa; Mrs. Geraldine Barr, Patton; Richard Burba, Hillsdale; Charles Mock Jr., Hastings; Kenneth Oka, Cherry Tree; Mrs. Elizabeth Barrett, Westover; John Gonos, Barnesboro; Russell James Cunningham, Hastings; Mrs. Mary Ann Abrams, Patton R. D. 1; William Robert Wilson, Barnesboro; William Bearer, Marsteller; Mrs. Iona Fogle, Patton; Mrs. Myrtle Diehl Fallentimber; Miss Regina Marie Giatorre, Barnesboro R. D.; Mrs. Bosley, Carroltown; Mrs. Ann Sholtz, Patton R. D. 1; Mrs. Florine Mastran, Elmora; Mrs. Elaine Smith, Patton R. D.; Miss Catherine Stoffko, Carroltown; Paula Nevada Barnesboro; Mrs. Christina Piasaad, Emeigh; Harry LaRose, Glen Campbell; Clyde Wm Trexler, Patton R. D.; Susan Kay Keefe, Hastings; Marge Goria Helwood; Mrs. Leone Kirch Nicktown; Miss Nancy Westover, Barnesboro R. D. 2; Arlene Williamson, Patton R. D. 1; Mrs. Virginia Cannon, Patton; William Rainey, Mahaffey; Sandra Higgins, Alverda; Miss Mollie Smith Elmora; and Mrs. Catherine Lieb Carroltown.

MATERNITY: Mr. and Mrs. Gerald Weakland, Barnesboro, son, April 18. Mr. and Mrs. Ralph Keener Jr., Glen Campbell, son, April 19. Mr. and Mrs. John C. McQuillen, Patton R. D., son, April 20. Mr. and Mrs. Harry Beers, Utahtville, son, April 22. Mr. and Mrs. Larry Mondt, Barnesboro, son, April 21. Mr. and Mrs. John Furlage, Patton, son, April 21. Mr. and Mrs. James Wastrick, Patton R. D., son, April 22. Mr. and Mrs. William Hoch Mahaffey R. D. 1, son, April 22. Mr. and Mrs. James Cairns Patton R. D. 1, daughter, April 23. Mr. and Mrs. Clifford Hogue, Barnesboro, daughter, April 23. Mr. and Mrs. Joseph Cornicella, Patton, son, April 24. Mr. and Mrs. Joseph McCauley, Ashville, son, April 24.

BEARER CITED BY JAYCES: John E. Bearer, son of Mr. and Mrs. Earl Bearer of Patton, last week was cited by the Jaycees Junior Chamber of Commerce for outstanding work. Mr. Bearer has reached the age—35—where his name must resign from the group. A personnel assistant for the group served as state Jaycee president in 1949 and as state secretary in 1947.

Men have turned stumbling blocks into stepping stones.

Gossard Defense Will File Appeal To Supreme Court

An appeal of the death sentence handed Harry Gossard of Conemaugh by Cambria County Court will be carried to the State Supreme Court.

Gossard, confessed slayer of 5-year-old Karen Mauk of Conemaugh, was found guilty of first-degree murder. The court last week fixed the penalty at death in the electric chair at Rockview Prison at a time to be set by Gov. George M. Leader.

Atty. William P. Kelly, court-appointed defense counsel for Gossard, said the condemned man asked that his case be taken to the higher court. The appeal will be made on two main issues, the first being a disputed phrase in Gossard's written confession in which the prosecution proved to the satisfaction of the court that the slayer had attempted rape on Karen when she was killed on Oct. 28 in a lonely cemetery.

Gossard maintained he did not say those words in his confession, repeatedly pointed out that the defendant had deleted them before signing his confession. However, it was this disputed sentence in the confession upon which the court based its first-degree murder finding. The second point which will be raised in the appeal is this question: Did Gossard actually commit first degree murder, was the death sentence warranted? The Supreme Court hearing will not take place before September, Kelly said.

FALLETIMBER

Mrs. Howard F. Glass was a Wednesday caller in Altoona. Mr. and Mrs. John Arnold announce the arrival of a daughter on Sunday, April 17, at Spangler Hospital. The infant has been named Carol Ann.

Mr. and Mrs. Francis Noel and children of Pittsburgh spent the week end visiting with Mr. and Mrs. John Toehy and other relatives here.

Miss Mary Belinski was a Friday visitor in Altoona. Misses Mary and Cora Glass were recent Altoona callers.

Mr. and Mrs. Gene A. Campbell and son, Billy Gene, of Prugality, visited recently at the home of Mr. and Mrs. Carl A. Campbell, Jr.

Cpl. Dwane L. Frye of Fort Meade, Md., spent the week end visiting at the home of his parents, Mr. and Mrs. Clarence W. Frye.

Mr. and Mrs. Michael R. Matlah and son, Robert, visited Sunday at the homes of Mr. and Mrs. Eugene Ratchford and Mr. and Mrs. Joseph Matlah of Dyars.

Mr. and Mrs. Norman Thompson of Pittsburgh spent the week end visiting with Mrs. Ruth Youngkins.

Mr. and Mrs. Gwendon B. Kough and Mrs. Emma Gallaher spent the week end visiting at the home of Mr. and Mrs. John Shaper of Huntingdon and Mr. and Mrs. Blair Gallaher of McConnellsburg.

Mr. and Mrs. Thomas Crist of Dyars R. D., visited among relatives here on Sunday.

Travel volume tickets were broken on the Pennsylvania Turnpike last Easter Sunday. The Turnpike Commission reported that 75,268 transit tickets were issued April 16 compared to the previous high of 71,499 issued on Labor Day, 1954.

No man claims "it can't be done" who is willing to try.

ST. BENEDET

By LAURE BAYLOR

A stark shower was held for Mrs. Harry Painter at the home of Mrs. John Hunter last Tuesday evening. There were approximately forty guests present. All had an enjoyable time and Mrs. Painter received many beautiful gifts.

A birthday dinner was held in honor of Mrs. Bert Saylor on Sunday at the home of Mr. and Mrs. James Stratton. Those present were Mr. and Mrs. Robert Horwick and sons, Bobby and Chris, of Johnstown, Mr. and Mrs. Robert Caldwell and John, of Spangler; Telford Saylor, LaRue, Ben and Henry Saylor, and Mr. and Mrs. James Stratton Sr., James Jr., Mark and Ruth Ann. Mrs. Saylor was 77 on Saturday.

Leroy Lawrence, Paul Miller, Tony Kaschak, Tom O'Leary, Ed Miller and Jim Jackson spent last week end fishing at Spring Creek, Leo Berringer and son, Philip, also spent the week end fishing. Rev. and Mrs. Plummer Harvey of Patton were callers in town on Saturday.

Miss Georgann Stieckler of Indiana, Pa., visited at the Fred Switzer home over the week end. Mrs. Henry Shilling and son, Mark, of Ebensburg, visited the Clarence Stieckler home on Sunday.

Dr. and Mrs. Charles Torres of Nanty Gio visited at the Clair Caldwell home Sunday.

Mrs. Leo Berringer spent the week end at the home of Mrs. Betty Dunlap in Pittsburgh. Oscar Anderson and Esther visited Bob Anderson at the Veterans' Hospital in Lebanon, Pa., on Sunday.

Mr. and Mrs. Stephen Maruna Grace and Joy, visited the Vincent Girolami home in Elmora on Saturday.

Mr. and Mrs. Joseph Symons and Margaret visited Miss Vivian Symons in Pittsburgh on Sunday.

Mr. and Mrs. James Lang and family of Troy, N. Y., visited the Caleb Symons home Sunday.

Mr. and Mrs. Floyd Pittman of Uniontown visited Mr. and Mrs. Delmont Baker on Sunday.

Mr. and Mrs. Floyd Pittman of Johnstown visited Mr. and Mrs. Delmont Baker Sunday.

Mr. and Mrs. Delmont Baker visited Mr. and Mrs. Ralph Berringer of Coalport on Sunday.

Social Security Facts for Farm Families

What Does the Farmer Report As Expense? Optional Method for Reporting Profit for Low Income Farmers

For the farmer who grosses \$1,840 a year or less and reports on a cash basis, a special provision in the law permits him to report his actual net profit or one-half his gross income. He can do this even if his net profit is lower or if he has a loss for the year. For instance, the farmer who has a gross income of \$1,200 in 1955 and an actual net profit of \$300 after deducting business expenses, can report half his gross or \$600 if he chooses. If he does not choose to report half his gross he will not have any Social Security credit for the year, since a farmer must net at least \$400 a year to get credit. This special provision was put in the law for the benefit of the low-income farmers. These farmers do not make enough to pay an income tax, so they generally do not keep records. They will not have to keep records just for Social Security if they don't want to.

REILLYS

By LAURA DELATRE

Mr. and Mrs. Frank Pinal and family of Altoona spent Saturday evening visiting at the home of Mr. and Mrs. Alfred Delatre.

Mr. and Mrs. Tony Rematt and family of Spangler visited at the home of Mr. and Mrs. Frank Delso on Sunday.

Mr. and Mrs. Frank Sidwar and daughter, Elaine, visited in Barnesboro on Saturday.

Frank Lallemand, who has been residing in Lewatstown, spent the week end at the home of his mother, Mrs. Clarence Lallemand.

Mr. and Mrs. Joe Kruloy of Hastings visited at the home of Mr. and Mrs. George Roman recently.

Mr. and Mrs. Dale Learn and family of Helona, visited at the home of the lady's parents, Mr. and Mrs. George Roman, Sunday.

Miss Beverly Debenuki of Hastings spent the week end at the Repp home, visiting Nancy Ropp.

Mr. and Mrs. Peter Ropp and family visited in Hastings at the home of Mrs. Mary Rae Sunday.

It is better to forget misfortunes than to talk about them.

UTAHVILLE

Sunday visitors at the home of Mr. and Mrs. Amos Glass were Mrs. William Baker and daughters, Audrey and Joyce, of Corapolis, Pa., Mr. and Mrs. Timothy Garman and daughter, Debra Ann of York, Pa., Mr. and Mrs. Elliott Glass and children, Peggy Ann, Charles, Patsy and Mr. and Mrs. Lawrence Miller of Utahtville.

Mr. and Mrs. Cloyd Hollen and daughter, Sherry, of Niagara Falls, N. Y., and Mr. and Mrs. Edward Mason of Baltimore, Md., visited last Sunday with Mr. and Mrs. Amos Glass and relatives.

HASTINGS MINER INJURED: William Grecco Jr., 47, Hastings, was injured last Wednesday while at work in the Hastings operation of Rich Hill Coal Co. He was admitted to Miners' Hospital, Spangler, shortly before 9 p. m. for treatment of a possible thigh injury.

DST USED DURING WAR: Daylight Saving Time was first introduced by Germany in World War I and later adopted in England.

YAFFA MOSQUE ALTOONA, PA. OPENING MON. MAT. May 2 6 NIGHTS AT 8 D.S.T. 6 MATINEES AT 2 D.S.T. World's Greatest Indoor Circus 35 ACTS—LIONS, ELEPHANTS, HORSES, CLOWNS, TV ACTS. MAIL ORDERS NOW

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St. Benedict Presbyterian Church Plummer Harvey, STM, Minister Sunday, May 1-29 at 11 a.m. Worship Service "Life for God," a study from Micah; 10:30 a.m. Sunday School, James Stratton, Pastor; 4:30 p.m. Senior Westminister Fellowship, LaRue Saylor, moderator and Miss Ann Symons, Counselor. Mondays—Boy Scout Troop 74 meeting at 7:30 p. m. Tuesdays—Explorer Post 74 meeting at 7:30 p. m. Wednesdays—Choir choir rehearsal at 6:30 p. m. and Chancel choir rehearsal at 7:30 p. m. Thursdays, April 28—Ladies meet to clean Social Rooms, 7:30 p. m.; Junior Westminister Fellowship, Judy Sholtz, moderator and John Davidson, Telford Saylor and James Stratton, counselors. Notice—Men and young men are requested to go to Pine Springs Camp to help with work necessary before the opening of camping season. Dinner will be served. Coming events—May 4, A noon day luncheon will be served at the church. Proceeds to help buy new robes for the Chancel Choir for May 11. Annual Mothers Day banquet. Mount Zion Evangelical Lutheran Church, Glasgow. The Rev. Jesse E. Wolf, Pastor. Sunday, May 1—Worship service at 11 a. m.; Sunday School at 10:30 a. m. and Luther League Rally at 3:00 p. m. Blandburg Evangelical Lutheran Church, Blandburg. The Rev. Jesse E. Wolf, Pastor. Sunday, May 1—Sunday School at 10:30 a. m.; Worship Service at 9:30 a. m. and Luther League Rally at 3:00 p. m. in Glasgow Church.

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