

BCI District News

Pete's Service Sta. High In Singles, Plottels In Triples

Results of last week's action in the Coalport A & B Bowling League were announced again this week.

In the team scoring Pete's Service took first with a score in singles as Plottels were second with 818 and Tipplers, third, with 888. In triples in team action Plottels took first with a 2576, as Pete's scored a 2538 and Moose, 2452.

D. Rice took the high single score in individual ranks with a 211, H. Boone with a 207 and P. Soss with a 203. The triple individual scores were: H. Boone 577, F. Bellotti, 566, and R. Sherry, 554.

The summaries:

D. Riceo			
Won-4	Totals	806	174 221 285
BCI Faculty-9			
R. Dayle	114	173	112 292
R. Whitaker	104	163	143 250
J. Jeffries	114	148	168 430
P. Soss	125	125	123 273
C. W. Wood	123	123	143 272
Won-0	Totals	582	674 673 1929
Casport Moose-4			
H. Sherry	106	194	154 354
J. Carroll	109	148	169 267
D. Jeffries	152	168	169 489
J. Peterman	132	132	132 417
R. Barnett	120	160	160 440
C. Wood	177	169	169 515
Won-0	Totals	677	669 2453
Dean's Body Shop-3			
L. Miles	105	149	115 269
J. Gabrielson	103	148	139 461
K. Kitchin	112	112	142 266
D. Sawyer	112	112	142 266
Won-0	Totals	629	623 646 2612

Tipplers-3

J. Hahn	150	175	149 474
H. Boone	176	189	166 516
H. Rydman	212	200	177 589
M. Bunge	139	172	114 311
F. Muthellen	139	172	114 311
Won-0	Totals	771	808 2308

Adams Service-1

S. Davis	107	151	161 419
H. Boone	147	147	147 294
R. Trivney	149	124	138 411
H. Boone	206	207	179 592
Matthews	147	144	161 452
Won-1	Totals	740	773 2318

From "News Box" Athletic Heart' Not Bad As It Sounds

He's got athletic heart. So what? Many athletes have. The medical dictionary describes an athletic heart as one in which there is an enlargement of the organ with no disease to the valves.

Many think athletics put an undo strain on the heart. You can strain the heart and lungs watching a football game. As a matter of fact, athletes have very good hearts.

It is when an athlete lapses into sedentary life and begins to over-eat, over-smoke, and over-indulge in other departments, that his physical condition deteriorates.

Take the average athlete who has kept active up to the age of forty-five.

He has broader shoulders, narrower hips, less fat at the waistline, stronger hands and better feet than the non-athletic average of the same age.

He is stronger, has more powerful legs and back, has greater strength in proportion to his weight, is more agile and has better muscular endurance.

He is more alert for action. He has more efficient heart and blood circulation.

Champion athletes who have kept active are superior physically to the average middle-aged man. Exercise among middle-aged men, even those who have led a sedentary life, is considered to be safe in moderate indulgence.

Appropriate mild exercise can be beneficial to the older men who wish to recondition themselves providing they will keep up their exercises regularly and in moderation.

A regular program of physical exercise consistently maintained by persons in their forties and fifties might even lengthen life and decrease deaths from heart disease in men and women in their prime.

As for athletes hearts, vigorous athletics and strenuous work apparently do not strain hearts which are entirely normal at the start.

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NICKTOWN

The following priests of St. Vincent's College, Latrobe, were recent visitors at the R. G. Lieb home: Rev. Blas Stittmayer, Rev. Germain Lieb, OSB, Rev. Wilfred Dumm, OSB, Rev. Arthur, OSB, and Rev. Joel Lieb, OSB.

A number of people attended the wake of Mrs. John Nealen who died January 1.

Miss Suzanne Hamm, a laboratory technician student at Polytechnic Hospital, Harrisburg, spent some time at the G. L. Krumenacker home.

Miss Dorothy Harkness of Rochester, N. Y., spent the week end at the home of Mr. and Mrs. Walter Lieb.

Mrs. Rose, Selfridge and Mr. and Mrs. Leonard Selfridge of Patton R. D. were visitors at the Louis Ragley home one day last week.

Mr. and Mrs. Reade Brown and Mrs. Joseph McKrush Jr. were callers in Altoona Tuesday.

Sister Mary Probst and Sister Mary Ricardo visited with relatives in town Tuesday.

Father Giles Nealen of St. Vincent's is spending some time at his home here.

Mr. and Mrs. Louis Ragley and daughters were New Year's Day visitors at the M. G. Ragley home at Nanty Glo.

Pvt. Fred Lieb of Aberdeen, Md. spent the week end at his home here.

Misses Suzanne Hamm and Mary Ellen Norton and Mrs. G. L. Krumenacker were callers in Altoona Friday.

Mr. and Mrs. Darrell Krug were Wednesday evening visitors at the Jack Rosenhamer home in Ebensburg.

Mr. and Mrs. Norbert Biller were Sunday evening callers in Carrolltown.

Miss Rose Lieb of Harrisburg spent the holidays at her home here.

A/C Buck Lieb and Merle Natcher were Saturday visitors at the home of Mr. and Mrs. Robert Keefe in Barnesboro.

Mr. and Mrs. Chester Lieb and sons were Saturday evening visitors with relatives in St. Lawrence.

Mr. and Mrs. Herman Kirsch and family were Wednesday visitors in Carrolltown at the home of Mr. and Mrs. Vincent Shero.

Mr. and Mrs. John Springer of Patton R. D. were recent callers at the Louis Ragley home.

Misses Judy and Doris Lieb and Margie Smith were Sunday afternoon callers in Barnesboro.

Mr. and Mrs. Regis Duman are the proud parents of a baby boy born December 29.

Miss Rose Lieb spent several days of last week visiting with Mr. and Mrs. Eddie Kirkpatrick in Detroit.

John and Dolores Kline and Rev. Hilary Kline spent several days with Mr. and Mrs. Louis Hoover and family of Elyria, O.

Army and Wladimir Judy Valley of Carrolltown spent one day last week visiting among friends and relatives in town.

Leonard Kirsch and Dwight Brown of Cleveland, Ohio, spent the week end at their respective homes here.

Miss Mary Ellen Norton, a junior at Seton Hill College, Greensburg, has returned to resume her studies after spending the past two weeks at her home here.

Mr. and Mrs. John Little of Ebensburg, and Mrs. and Mrs. Robert Bodenshutz of Summerhill were recent visitors at the Darrell Krug home.

Miss Lena Schleroth was a Sunday visitor in Hastings and Carrolltown.

Mrs. Elizabeth Freshch has returned home after spending the holidays with her brother-in-law and sister, Mrs. and Mrs. Neil McCarthy, of Barnesboro.

Mr. and Mrs. Louis Ragley and daughters, Bonnie Lou and Wilda, visited with Mr. and Mrs. Walter Ragley of Conemaugh R. D. recently.

Wayne Miller of Cleveland, O. was a Tuesday caller in town.

Mr. and Mrs. Dan Lieb of Ford City were Tuesday evening visitors at the A. P. Kirsch home.

John, Dolores and Cpl. Huber Kline and Rev. Hilary Kline visited with Mr. and Mrs. Bill Lyon and family recently.

Mr. and Mrs. E. J. McCombie and children, Patricia, Randy and Jan, were Sunday evening visitors at the home of Mr. and Mrs. Bob McCombie in Barnesboro.

Jim Lieb of Indiana State Teachers' College spent the week end at his home here.

Mrs. Louis Ragley and daughter, Bonnie Lou, were callers in Johnstown last Wednesday.

Mr. and Mrs. Stanton Duman and family of Ebensburg spent the week end with Mrs. Duman's parents, Mr. and Mrs. R. G. Lieb.

Mr. and Mrs. Reade Brown were business callers in Irwin on Sunday.

Mr. and Mrs. Jack Bender of Cleveland, Ohio, spent the holiday at the Genevieve Huber home.

Merle Natcher is spending several days in Cleveland.

Miss Ann Farabaugh of Cleveland, O., spent the holiday at her home here.

Miss Kay Lieb spent the holiday week end with relatives in New Brunswick, N. J., and New York, N. Y.

Pvt. Theodore Kirsch has returned to Fort Belvoir, Va., after spending a 14-day leave with his parents, Mr. and Mrs. A. P. Kirsch.

Mr. and Mrs. Reade Brown were callers in Pittsburgh Saturday.

Miss Bonnie Lou Ragley of Mrs. Aloysius Junior, Crescon, spent the holidays at her home here.

A/C Buck Lieb and Merle Natcher spent New Year's Eve in Pittsburgh.

Miss Mary Ann Majoris of New Jersey spent the holidays at her home here.

Kay Lieb spent Wednesday in Johnstown.

Cpl. Bill Hoppel of U. S. Army stationed at Chicago, is spending some time at his home here.

Ronald Pierson of Mundy's Corner was a Tuesday visitor at

the E. J. McCombie home.

Ed Bar of Hellwood was a Thursday caller in town.

Mr. and Mrs. A. P. Kirsch were dinner guests at the home of Mr. and Mrs. Louis Kirsch of Spangler R. D. on Saturday.

Mr. and Mrs. R. J. Niebauer and family of St. Lawrence were Sunday visitors with Sister Mary Barbara, R.S.M., and also the Chester Lieb and Darrell Krug families.

Mr. and Mrs. Ray Lieb Sr. and daughter, Doris, were Sunday visitors at the home of Mr. and Mrs. Max Lieb of Indiana.

Raymond Kirsch of Cleveland, Ohio, spent the week end at his home here.

Mr. and Mrs. Stanton Ager and family of Blairville spent the past week visiting in town.

Fred Springer of Cleveland, O., spent the week end at his home here.

Mrs. Ray Farabaugh and chil-

dren, Dennis Edward and Jane of Ebensburg were recent visitors at the A. P. Kirsch home.

S. Sgt. Aln Krumenacker has returned to his base in Texas after spending several weeks with friends and relatives here.

Mr. and Mrs. Martin Hoppel and children, Coleen and Tom, spent Saturday with Mrs. Hoppel's brother-in-law and sister, Mr. and Mrs. Thomas Caprio, in Lock Haven.

Mr. and Mrs. Donald Dumas and daughter, Janice, and Mrs. Gordon Dumas of Ebensburg were Sunday visitors with Mrs. Amelia Kira.

Mr. and Mrs. Ray Farabaugh and daughter, Linda, of Washington, D. C. spent the week end with M. and Mrs. Rube Farabaugh.

Pvt. Joseph Brown left New Year's Day for Camp Gordon, Ga., after spending a 15-day leave at the home of his parents, Mr.

THE OLD HOME TOWN



and Mrs. Reade Brown.

Mr. and Mrs. Earl Weakland and daughter, of Carrolltown visited Sunday at Harold Kirsch residence.

Mr. and Mrs. W. W. Kirsch, Mrs. Amelia Kirsch and Mrs. Walter Kirsch spent Sunday in Portage visiting Sister Mary Connela ISRM.

Clair Kirsch and children, Tam and Miriam, were Monday visitors with relatives here.

Andrew Peters is visiting his daughter, Mrs. O'Neil in Clearfield.

Mr. and Mrs. R. G. Lieb and Mrs. Beie Lantry and daughter, Jacinta, were recent visitors at Ebensburg.

CROSSWORD

ACROSS

1. Out of date
2. Smoked
3. Pig side
11. Bay window
12. Maxim
13. Kind of race
14. Garments
15. Dancer's cymbals
16. Roman money
17. Sweet potato
18. River (Pol.)
20. Exclamation (Mil.)
24. Picture of a person
28. Caress
30. Sign of the zodiac
31. French coin
32. Quakes
33. Guido's lowest note
35. Speak
37. Mother (action-term)
39. Beat of burden
41. A wing
44. Supletons
47. City magistrate
49. Of an area
50. Visitors' book
51. Crazy
52. Bamboo-like grasses

DOWN

1. Harbor
2. Region
3. Inane
4. Body of salt water
5. Cathedral city (Eng.)
6. Stripe
7. Fuss
8. Bathhouses
9. S-shaped molding
10. Hothead
- 18 April (abbr.)
19. Covered with mold
20. Attack
21. Suddenly
21. Land-measure
23. Exclamation
25. Shore land
26. Symbolize
27. Exclamation
29. Westward
33. District
34. Thus
38. Perhaps
39. First man
40. Short-billed rail
42. Noisy
43. Fortified beverage

Answer

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60

New Type Sealed Beam Headlights To Go On Market

Improved Low Beam Seen As Safety Aid

"Now light where it's needed" will be the theme for Pennsylvania motorists during 1935.

Otto F. Messner, State Secretary of Revenue, revealed during the past week that the new and improved headlamp which stresses the "low" beam, has been officially approved, and will be ready for motorists in a few months.

Messner himself, officials of the Bureau of Highway Safety, and officers of Pennsylvania State Police force have been trying out the new type of lamps on their cars for some time.

The Secretary explained why these lights, with the accent on the low beam, have come as a logical development for today's highway.

"It used to be that drivers needed to use their low beam only when they were going through a city or town," he said. "Then, when they got out on the open road, they switched on the high beam and went right along until they reached the next town.

But it's not that way now. There are twice as many vehicles on the road today as there were ten years ago. The open road is not open anymore.

"A driver has so many more cars and trucks coming at him now that he hasn't much chance to utilize his high beam. With the new lamps, though, he will have less to worry about. They give a much brighter spray of illumination toward the right hand side of the road, where it's needed the most."

The new headlamp, Messner disclosed, is the end result of four solid years of research and experiment by experts in the automotive and lighting industries. The American Association of Motor Vehicle Administrators, which Messner once headed, had demanded headlights that would make a clearer path for drivers at night without more glare for the on-coming fellow.

A special cap over the top of the lower beam filament, Messner said, does not interfere with the vital beam of the reflector. But it does cut off the unwanted and dangerous upward rays that tend to bother another driver. The high beam in the new lamp is practically the same as it was before.

Secretary Messner emphasized that the new headlamps won't render the present sealed-beam lights obsolete.

"The new ones are not mandatory on Pennsylvania vehicles," he said. "But they will be interchangeable with the units now being used."

Eggs, Citrus Fruit to Be Plentiful During January

Because of the unusually large supplies of eggs expected, January has been designated "egg month."

Consumers can expect plenty of top-quality, large-sized eggs at reasonable prices, points out Elsie Bamesberger, extension consumer education specialist of the Pennsylvania State University.

Another plentiful food due in January is citrus fruit. Oranges, grapefruit, and tangerines will be in generous supply. Production of oranges is estimated 40 percent above average.

BANK by MAIL WE PAY POSTAGE 1st. Natl., Carrolltown

SCOTT'S SCRAP BOOK

By R. J. SCOTT

GRIFFIN. A MONSTER HALF LION AND HALF EAGLE.

GRIFFIN. A WILD BEAST HALF LION AND HALF EAGLE.

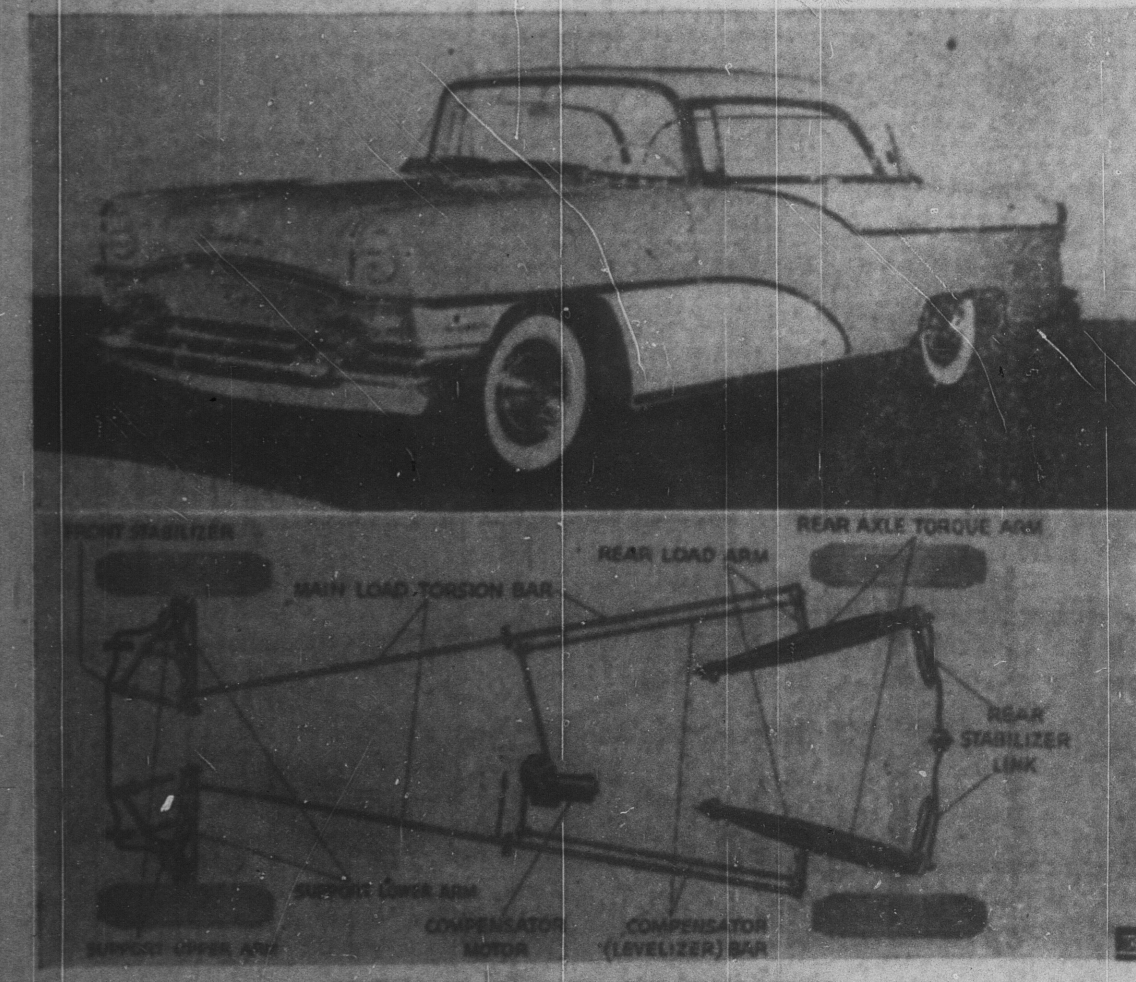
OIL FROM MEASLES IS AN INCREASING AND DANGEROUS DISEASE PREPARATION.

SCRAPPS

SMALLEST LETTERS

EVER ENGRAVED IN PURCHASE OF 25-CENT STAMP

1935 Packards and Clippers Offer New Ride - Highest Power



DETROIT—A revolutionary new suspension system which eliminates coil and leaf springs and new V-8 engines with the highest horsepower for automobiles are the outstanding advances of the 1935 Packards and Clippers in dealer showrooms January 17. Handling the Clipper line of five models for the medium priced field is the Constellation handtop (above).

Touted the most important development in riding comfort and safety since the introduction of shock coil springs in 1934, torsion bar suspension appears for the first time on a production car. The engineering term "torsion" means twisting. As shown in the diagram, two long steel bars running the length of the car take the shock of road bumps and dips by twisting. This means those road shocks do not reach the car frame and car passengers. A separate road compensator keeps the rear end of the car level with the front and regardless of passenger or luggage weight, Packard's new "Torsion-Ride" provides a flat, constant, level ride at all times. Rear end damp on acceleration is eliminated; wheels have better traction; front end plunge is reduced when brakes are applied; and the car has greatly increased stability.

Packard's new V-8 engines range from 225 horsepower, 245 in the Constellation, up to 275 in the Packard line. Teamed with this new family of engines is a Twin-Ultramatic transmission, which gives either smooth start or rapid breakaway acceleration.

A new safety feature is a windshield wiper specifically designed for a sweep-around windshield, because it clears the curved areas.

There are more than 100 other engineering advancements in addition to distinctive new styling for both the Clippers and the luxury line of Packards.

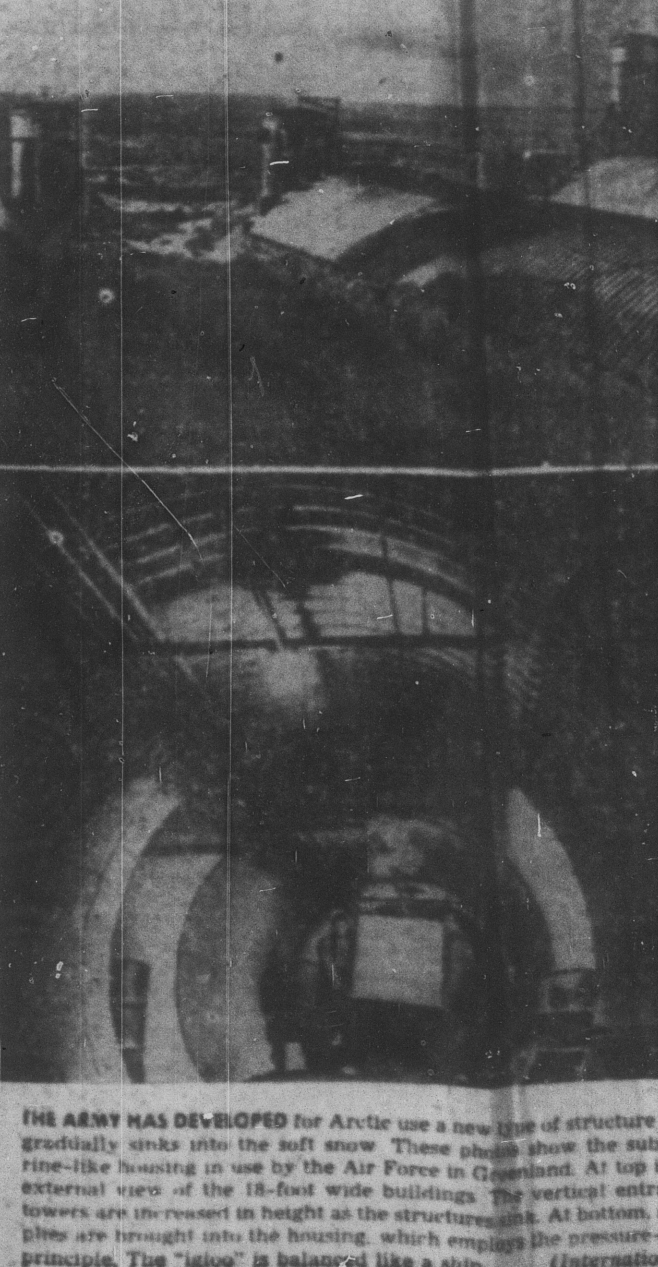
The cars are the end result of the Packard program launched two years ago by James J. Nance, Studebaker-Packard president, which has brought the company a new young management team, the most modern production plants in the industry, and dealership service in 4,000 cities and towns.

Our Great America

OUR GREAT AMERICA

Red Granite

ARMY'S NEW ARCTIC 'IGLOO'



THE ARMY HAS DEVELOPED for Arctic use a new type of structure that gradually sinks into the soft snow. These photo show the submarine-like housing in use by the Air Force in Greenland. At top is an external view of the 18-foot wide buildings. The vertical entrance towers are in-recess in height as the structure sinks. At bottom, supplies are brought into the housing, which employs the pressure-hull principle. The "igloo" is balanced like a ship.

The Flower Wedding Line

HELIOGRAVED by Rappoport

Helio-graving looks like hand engraving... The letters have an elegance and individuality only the finest hand engraving can match.

Helio-graving feels like hand engraving... Your fingers touch sharply etched, raised lettering, created by the unique, exclusive new process—HELIOGRAVING.

But Helio-graving costs about half as much... Because Helio-graving eliminates the copper plate that makes hand engraving so expensive, you cut costs without cutting quality.

And it's ready within the week... Compared to three weeks minimum time for hand engraving.

You can order matching announcements, enclosure cards, at home cards, etc. Select from 45 flawlessly correct papers—17 distinctive styles of lettering. Come in and see our complete catalog.

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