

LETTERS TO JANE . . .

By A. PAULINE SANDERS, Ph.D., Brown, Pennsylvania

Dear Jane: There are so many ideas chasing each other around in me head tonight that it is difficult for me to sit down and put some of them on paper. This is such an interesting time of year. There are so many holidays: sentimental, patriotic and religious; as well as the special recognition days and weeks, to say nothing of the scholastic affairs. Here on our college campus we are agog about intercollegiate debates and basketball.

It must be exciting up there, too, with the basketball season about to close. My personal congratulations to the lucky ones in the musical eliminations, the winners of the PFA awards in the state project contest, the Star awards in Scouts, the D. A. R. Citizenship award and such. A special commendation to all who tried out for each project. It takes a bigger person to lose gracefully than to win.

Isn't the time approaching at a rapid tempo for the historical county celebrations and "The Enchanted Dream"? And to think St. Patrick's Day is next week.

Well I have settled on an idea. What can we do this year that is a bit different for St. Pat? Maybe you would like to have a party before or after the Theatre Guild play. I have some suggestions for you.

We will begin with one menu and see how we can adjust it to suit our different friends or to use it for different occasions. We will first serve a good to eat and pretty-to-look at sandwich with a creamed or buttered hot vegetable, fruit dessert with cookies, and a beverage. Here it is—Open Sandwich. Cheese Sandwich with Creamed Green Peas. Fruit, cookies, coffee.

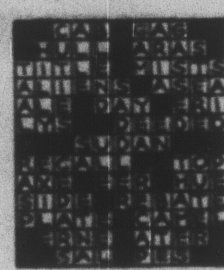
If you want a heavier or a hot lunch why not use curried chicken and steamed rice instead of the open sandwich.

If, instead, you prefer an entirely cold meal, use green Apple salad and omit the peas. This salad is good with chicken, lobster or shrimp. Dissolve 2 packages of lime flavored gelatin powder in 1 1/2 cups of boiling water. Add 1 small bottle of horseradish and 1 cup of the contents of a half-lb. can of shredded pineapple, drained. Do not use juice. Mold. If molded in a dish mold use rounds of hard cooked whites of eggs and cream to make the eyes.

Perhaps you would prefer to take advantage of one of the versatile, refreshing vegetables. The winter crop of lettuce from California, Texas and Florida is of good quality and attractive price this year. Salad bits are in heavy supply just now also. By using our extra we can a crisp, generously proportioned help adjust the market. One lettuce fan says there is nothing like

CROSSWORD

- ACROSS 1. Carresses 2. An opera by Verdi 3. Run in drops 4. Child (Scot.) 5. Body of prey 6. Endures (Asia) 7. Exchange premium 8. Pun 9. Twice (mus.) 10. Ship (postic) 11. Half ems 12. Side of a room 13. Warrant officer (abbr.) 14. Goddes of death (Norse) 15. Fencing sword 16. Large sea mammal 17. Spread grass to dry 18. Naga Hills Indian 19. River (U. S.) 20. Chief god (Test. myth.) 21. Rave angrily 22. Idle fancies (U. S.) 23. Sultan's decree 24. Early inhabitant of Italy 25. Scope 26. Wander 27. Look askance 28. Potato buds DOWN 1. Case



- 25. Sign of the zodiac 27. Annam measure 29. Straightforwardness 32. Strange 34. Object to split wood 35. Appearing as if eaten 36. Any pinaceous tree 37. River (Rus.) 38. Hair of horse's neck 40. Measure of land 41. Dutch name of river Meuse 42. Upward curving of a ship's plank 44. Ever (poet.)

Grid for crossword puzzle with numbers 1-44 indicating starting positions for across and down words.

ner and roll to the opposite corner. Fasten with toothpicks. Crab, by the way, is an excellent source of calcium and of copper, having 2 to 5 times as much as beef. The fat content is low, so it will be popular with your friends who are watching their calories.

The final major change I will suggest for our original menu is the use of a soufflé salad. It can be used as a main dish soufflé salad served with tuna fish or crab. A fruit soufflé salad might be used to take the place of both salad and dessert or a vegetable soufflé salad might be used as a main dish and be accompanied with clover leaf rolls.

A soufflé salad is a creamy smooth molded salad with the mayonnaise whipped in it. The mayonnaise gives the salad a lovely pastel color. The basic formula—we will use for St. Patrick's Day is made from lime gelatin powder.

(1) Cooperating closely with the juvenile aid authorities and local police in preventing such sales, and in apprehending older persons who buy liquor for minors.

(2) Bulletins are to be sent to store managers regularly reminding all personnel to be especially watchful in refusing sales to minors, or intended for them.

(3) Display of posters prominently in each State store stating "It is unlawful for store employees to sell, furnish or give intoxicating beverages to minors, intoxicated persons, insane persons, habitual drunkards or persons of known intemperate habits."

(4) Instructions to store personnel advising that it is unlawful to sell to a person who has not yet reached the age of 21 years, with this important notation: "It is very important that you look your customers carefully. If you doubted that the customer is of legal age, you must not sell to him until he furnishes proof of age. It is certain that such proof applies to the person presenting it and is not borrowed."

Radar Teams Now Timing Speeders On State Turnpike

By Pennsylvania News Service Harrisburg. It begins to look as though they're going to reduce accidents due to speeding on the Pennsylvania Turnpike, even if they have to scare the motorists half to death to do it. Radar teams have been working sections of the turnpike to snare unsuspecting speeders, and apparently this silent hunting tactic is producing results.

On top of this, conspicuous signs announcing that radar is in use have been posted along the right-of-way, which has a psychological tendency to slow down many a speed demon whether he sees a trooper or not. Then, too, the Pennsylvania State Police force patrolling the super-highway has been augmented by 25 troopers bringing total patrol strength up to 115. In effect, if your conscience doesn't slow you down, radar detection probably will, and if this doesn't, then a State Trooper definitely will.

Campaign Aimed To Keep Youths Away from Booze

By Pennsylvania News Service Harrisburg—An intensive campaign has been launched by the Pennsylvania Liquor Control Board to keep minors from buying liquor at State stores. A four-point program has been outlined for the 606 State store managers to follow, and includes the following:

For fruit soufflé salad omit the pepper and as a rule use lemon gelatin. Substitute lemon or other fruit juice for the four teaspoons of vinegar. Again add one to two and one-half cups of fruit or of fruit and the cottage cheese. A combination of raw and of cooked vegetables may be used for the vegetable soufflé salad. Both winter peas and grapefruit are plentiful and will be tasty as a fruit dessert. They can be used separately or together. Perhaps you will prefer a fancier dessert and will use puff shells with pistachio ice cream. Whether you serve these St. Patrick's Day dishes at a party or to your own family I hope you have fun. Yours for better homemaking. PAULINE.

Death Rate Over Nation Is Falling

The death rate in this country continues to fall. Last year, in every age group, except one, the death rate was lower in 1953 than in 1952. Over a period of forty years, this drop in the death rate has been remarkable, especially among the younger age groups. Compared with 1913 figures the death rate in 1953 represents a drop of at least 65 percent among white females at every age group under 35 years.

While the improvement decreased progressively with advance in age, it still has amounted to more than 50 percent at ages 65-74. The record for males in this age group was not so impressive but it also shows outstanding progress. The one age group which remained virtually the same as last year with the year before was with white boys 5 to 9 years of age.

The major causes of death last year are practically the same as in 1952 heart and blood vessels diseases, cancer and diabetes. Tuberculosis continues its downward trend, as does pneumonia and the four communicable diseases of childhood—measles, scarlet fever, whooping cough and diphtheria. Less than two generations ago these communicable diseases were a serious menace to child life but today they are almost negligible as causes of death.

Deaths from pregnancy and childbirth attained a new low last year, with only one death for every 1,800 births, whereas ten years ago it was 1 in about 450. Medical research goes on over the world and the average length of life is steadily approaching the Biblical three score and ten, being now 69 years.

WOMEN WORKING An estimated 10,700,000 married women were in gainful em-

MURPHY'S DOLLAR STORE THURS., FRI. & SATURDAY

Sew and Sew ASSORTMENT 4 yards \$1.00. BLEACHED MUSLIN 4 yards \$1.00. MONKEY-FACED Work GLOVES 3 pairs \$1.00. PASTEL SHADES NAPKINS 4 for \$1.00. WOMEN'S FLANNEL PAJAMAS 2 pairs \$3.00. PELHAM, MEN'S TEE SHIRTS 2 for \$1.00. Men's Cool Cotton Knit Solid Color Tee Shirts 2 for \$1.00. WHITE - ST. DENIS COFFEE CUPS 12 for \$1.00. Triple Check Flannelette DIAPERS 6 for \$1.00.

Lanolin Soap 25 cakes \$1.00. Ladies' Blouses EACH \$1.00. ALL METAL VENETIAN BLINDS DURABLE BAKED ENAMEL FINISH 2 For \$5.00 \$2.77 Each.

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Washable LINEN Neckwear 2 for \$1.00. Rubber CHILD'S PANTIES 2 for \$1.00. MEN'S Handk'hs 10 for \$1.00. Children's DUNGAREES Regular \$1.19 Value \$1.00. G. C. Murphy Co. PHILA. AVE. BARNESBORO

PATTON EAGLES Saturday Dancing in March ACES OF RHYTHM CELEBRATE WITH THE IRISH St. Patrick's Day -- DAVE DYSSERT One of PENNSYLVANIA'S FINEST ORCHESTRAS General Public Cordially Invited

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