BEAVER VALLEY

Mr. and Mrs. Raymond Kingston of Barnesboro were Thursday evening callers with Mr. and Mrs. Bernarid Kingston.

Clarence and Jimmy Gates spent the past week with Mr. and Mrs. Clarence Hobba at their summer cottage at Cypher Beach.

Harry Lenhart of Irvona was a Friday caller with Mr. and Mrs. Harve Lenhart.

Mr. and Mrs. Glenn Glass and sons of Fallentimber were Sunday evening callers with Mrs. Frances Gates.

Misses Betty Hempsky, Charlotte Gates and Emma Gates, of Altoona, spent the week end at their homes here.

Mr. and Mrs. Chester Strayer and daughter have returned to Akron, Ohio, after spending some time here.

Mrs. Hannah Kuhn has returned to her home here after spending last week in Akron, Ohio, visiting her sister, Mrs. Maggie Patterson, and other relatives.

Mr. and Mrs. Leonard Burchill and daughter, Ruthann, spent last Sunday with Mr. and Mrs. Earl Bollinger and sons.

Mr. and Mrs. Joseph Kendrick were Sunday callers in Grass Flat with relatives.

Mr. and Mrs. Calvin Gates and son, Kenny, spent Sunday with the former's parents, Mr. and Mrs. G. M. Gates.

Mr. and Mrs. George Gates and Mr. and Mrs. William Flemming and Gerald Mellott spent Sunday evening with Mr. and Mrs. Ford Trimble at Mahaffey.

Mr. and Mrs. David Gates and family of Colver spent Monday evening with Mr. and Mrs. William O'Shall.

Mr. and Mrs. Lawrence Noel announce the birth of a daughter on Tuesday, July 15, in Altoona Hospital.

Mr. and Mrs. James Flemming and family of Ashville were Wednesday evening callers with Mr. and Mrs. Harry Harpster

Mr. and Mrs. Ed Peterson and family of Baltimore, Md., were Friday visitors here among relatives and friends.

Mrs. Henry Lester of Johnstown is visiting with her son and daughter-in-law, Mr. and Mrs. Engles Lester and family.

Walt Good was admitted to the Miners Hospital, Spangler, as a medical patient.

Dale Davis, son of Mr. and Mrs. Calvin Davis of Colver was a recent guest of Mr. and Mrs. David Youngkin.

Mr. and Mrs. Delbert Lenhart and family of Carrolltown were Saturday callers with Mr. and Mrs. Harve Lenhart.

Mr. and Mrs. Benjamin Shope and son, Paul, were visitors last Sunday at the home of Mr. and Mrs. Cecil Black at Franklin, Pa.

Mrs. Velma Lenhart of Woodland was a Monday evening caller with Mr. and Mrs. Harve Lenhart.

Mr. and Mrs. Cecil Black of Franklin spent the week end here at the Ben Shope and L. O. Black homes.

Mr. and Mrs. Marsden Davis and son, Ricky, of Chester, Pa., were visiting the former's mother, Mrs. Frances Davis.

Mr. and Mrs. Harve Davis of Glasgow spent Sunday afternoon with Mr. and Mrs. William Flemming.

A family gathering was held at the William O'Shall home on Sunday, in honor of the birthday anniversaries of both Mr. and Mrs. O'Shall. Those present were Mr. and Mrs. Ammon O'Shall of Utahville; Mr. and Mrs. Curtis O'Shall and daughter, Linda, of Smoke Run; Mr. and Mrs. David Gates and children, Billy, Elva Jeane, Eleanor, Harold and Jay, of Colver; Mr. and Mrs. Russell Spangler and family of Lock Haven; Mr. and Mrs. Floyd O'Shall and family of Coalport; Mr. and Mrs. Virgil Marrow and family of Beaver Valley, and Mr. and Mrs. Herbert O'Shall and family of Beaver Valley.

In Fighting Mood

W. Averell Harriman

WITH THE Democratic National Convention just a few days off, W. Averell Harriman seeks labor's support in his fight for the Presidential nomination. Here he is pictured in Port Huron, Mich., where he addressed 300 students at the CIO's Leadership Training Institute. *(International)*

MAINE QUADRUPLETS MAKE CAMERA BOW WITH MOM

AT THE OSTEOPATHIC HOSPITAL in Portland, Me., Mrs. Elizabeth Pinkham, 35, holds her arms around her new quadruplets. The babies—three girls and a boy—are reported doing well. Three of the four weighed over four pounds; the smallest hit the scale at three pounds, 14 ounces. *(International Soundphoto)*

Take Care In Boat If Going to Water Spot On Vacation,

Changing seats in a canoe is risky business, and particularly so in the case of the folks who don't live handy water-spot areas.

It is one of the causes of the more than 1,200 drownings in this country every year involved with small boats.

While small boat fatal accidents attract little widespread attention, they contribute four out of five drownings that result from water transportation mishaps.

It is in the summer months when recreational activties are at the peak, that most of such accidents occur.

Motor-driven boats, especially those equipped with outboard motors, are involved in about three-fifths of drownings, with rowboats second.

Canoes, rafts and kayacks are responsible for many fatal accidents.

Drownings involving sailboats are rare, due no doubt to the fact that people who operate sailboats are usually expert in handling their craft, and also in swimming.

Most of those drowned during small-boat activity are persons engaged in fishing.

Sudden storms, high winds and dangerous waters play a part in small boat accidents.

Many lose their lives when the boats are swamped, capsized, or occupants are swept overboard.

Carelessness and recklessness are contributary causes.

People stand up in boats, boats are overloaded and they are brought too near dams.

Ninety percent of drownings from small boats are among males and occur at various periods of life from high school age up to old age.

Boating in small craft is pleasant and healthful recreation, but it calls for safe conduct.

Warts Cause Some People to Worry

Many worry about warts.

Warts are often unsightly and those on the soles of the feet are painful.

A wart is a localized overgrowth of skin cells.

It is the same color as the rest of the skin but due to its rough and uneven surface it collects and retains debris and thus appears darker than the surrounding skin.

Warts do not cause pain except those on the soles of the feet, where pain from pressure may be severe enough to incapacitate.

Warts are not cancerous in spite of belief that chronic irritation may bring about malignant changes.

Some skin cancers in their early stages resemble a wart which prompts this misconception.

Warts of the common type are thought to be due to a virus and although this has not been proved ie may be so in some cases.

Warts often appear suddenly and may disappear suddenly, or remain indefinitely.

They are not communicable from one person to another.

There are several kinds of warts and many kinds of treatment to remove them.

Treatments include drying up by the use of electric current, caustics, dry ice, x-ray, radium and surgical removal.

Warts can be difficult to eradicate, depending on location, type, size and duration.

Self-treatment is unsafe and a skin specialist should be consulted.

CHECK BEFORE CULLING

When hens drop in egg production early in the summer, culling may not be the solution to the problem, says F. H. Leuschner, Penn State Extension poultry specialist. Be sure that the hens are properly fed, that they are free from lice and mites, and that their housing quarters are comfortable.

7 Gallitzin Youths Enlist For U. S. Air Force Duty

Seven young men from Gallitzin last Wednesday left for Harrisburg to complete processing and enlistment in the U. S. Air Force. They signed for tours of duty at the Altoona Recruiting Office.

Members of the group were Robert Becker, Sherman Troxell, Richard Osnolinski, Stanley Knutelski, John Stevens, Daniel Vetakis and John Felus.

Medical Society Aiding Program On State Workshops

Harrisburg.—The Medical Society of the State of Pennsylvania has officially become a member of the inter-agency planning committee of Pennsylvania whose objective is to develop a sound health education program with emphasis on home-school community relationships.

The inter-agency planning committee, representing the department of health, the Pennsylvania department of welfare, the department of public instruction and the Pennsylvania Tuberculosis and Health Society, has for the past four years sponsored health education workshops during the summer months.

These workshops provide in-service health education preparation for school and community organization personnel, stimulate and promote an effective follow-up program, coordinate the efforts of allied health agencies, stimulate and promote interest in local health units, and develop an awareness of the place of mental health in the total health program of the home, school and the community.

There are four health workshops scheduled during the present two months: The University of Pittsburgh June 9 to 27; Lehigh University, Slippery Rock State Teachers' College, all from June 23 to July 11. Enrollment ranges from 40 to 60 students at each workshop and problems of community or school workers or parents dealing with elementary and secondary age children will be stressed. The program at the workshops runs approximately 3 weeks. Scholarships are arranged and paid for by the organizations sponsoring the plan as well as other interested groups.

It is the hope that various county medical societies will sponsor scholarship and select individuals to receive this intense education in health. The Board of Trustees of the Medical Society of Pennsylvania has allotted a sum of money to help pay instructors and defray other expenses connected with the health education workshops.

Gallitzin VFW Auxiliary Purchases Rain Caps

Purchase of 19 rain caps was authorized by members of the Gallitzin VFW Auxiliary at a meeting last Wednesday in the Gallitzin VFW Home. Official caps will be ordered for the members. Donations of $10 and $2 were voted to the post and the Italian Mutual Society, Gallitzin, respectively. The next meeting is to be held Aug. 12.

Picnics Got Their Start In Europe

Once Man Is Housed, He Wants to Go Outside

No one person is credited with originating the idea of eating out of doors Before man learned to shelter himself in a cave or tent, he ate out of doors by necessity. It was the custom to eat outdoors, and usually, it was no picnic.

Once man was housed, though, it became a pleasure to move outside to eat a meal. Picnics have been going on for hundreds of years. They had them in France and in Germany and in Italy. They grew to great popularity in England, but it took us Americans to really build picnics into the popular meal-feasts they are today.

Britains developed the practice of having meals served for an entire community outdoors simply because no one building could house such a group.

Each family brought along a variety of foods. They were all placed on one large table and people walked around "picking" and choosing what they most wanted. "Picquer" is the French word meaning "to pick" and that's where the "pic" in picnic came from.

But all sources of information fail to reveal how the "nic" got tacked on. But what difference does it make? A picnic is spelled *i-t-n* in any language. And this month is spelled picnic.

All it takes to make a picnic is one or more people, plenty of good food and a small patch of nature's outdoors.

Any size group in any size locality, whatever the scenery, no two picnics are ever alike, so they are fun to have any day in the week.

In your own backyard, you can have hot meals, or cold; family groups, or neighborhood gatherings. You can have cold sandwiches or hot; cold drinks, or hot. You can cook in a skillet or use a sharp stick. Have an elaborate barbecue in your outdoor fireplace. Or, prepare it all in the house and bring it out ready to eat. Set the works on the table and let everyone make up his or her mind on the sandwiches of their own choosing. Sandwiches of any sort always did [illegible] bill at a picnic. Meat, [illegible] eggs—almost any food y[illegible] name seems to taste bett[illegible] tween two or three slice[illegible] bread.

Mrs. Jennie Simpson, "Star [illegible] the Week," $1.50.

WJAC-TV Channel Change Gets Official FCC Approval

Official approval has been given by Federal Communications Commission for television station WJAC-TV, Johnstown, to change from Channel 13 to Channel 6.

The station made application for the change after it had been ordered to do so by the FCC. The commission's OK also includes an increase in visual operating power from 9.2 kilowatts to 70 kilowatts.

It is anticipated that the channel switch and power boost will be accomplished by early fall.

SCOTT'S SCRAP BOOK

By R. J. SCOTT

TAKE ADVANTAGE OF THE TERRIFIC SAVINGS DURING OUR

July Clearance

STARTING THURSDAY JULY 24

Special Mid-Summer Bargains!

LADIES' DRESSES 2 for $3.00 ODD LOTS OF SIZES

Ladies' DRESSES $4 $6 $8 $10 VALUED 5.95 to 16.95 SIZES (9-15) (12-20) (18½-24½) (46-52)

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LADIES' SUITS Regular 15.95 to 36.95 BOBBY BROOKS—LAMPEL—PAT PRINGLE $5 $11 $10 $12

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CHILDREN'S SHOES BROKEN SIZES Regular 5.00 - 6.25 NOW ONLY $3.00

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Children's SKIRTS .... Valued 2.95 to 5.95 ..... $1.00

GLOVES ..... 25c - 50c - 75c
ODD LOTS SHORTS $1.50
ALL HATS ..... 50c - $1 - $3 - $5
SUMMER STYLE BAGS ..... $1.50 - $2
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CHILDREN'S DRESSES 2 for $3.00 Reg. 2.95 to 5.95 Value

ALL SHORTS—SUN SUITS ... PRICES SLASHED!

Regular 25c FOOTLETS 10c Each 3 for 25c

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