

DEAN

(Too late for last week)

Mr. and Mrs. Raymond Judd and family and William Judd visited at the James Cusick home in Coalport last Tuesday evening.

Mr. and Mrs. Gene Zeak and son, Tommy, visited Sunday evening with Mr. and Mrs. Raymond Judd.

The children of Mr. and Mrs. Roland Cavaleit-Lester, Renee, Diana, and Gail—were all ill this past week, but are much improved at this writing.

Miss Agnes Krise was a recent visitor at the Roland Cavaleit residence.

Mrs. W. O. Keffer of Johnstown and daughter, Eleanor, of Los Angeles, widow and daughter of the late Dr. W. O. Keffer, visited in town Tuesday at the James Herzog home. At one time the late Dr. Keffer was a well-known doctor in this vicinity and will always be remembered by his many former patients and friends.

Mrs. Rose Behe and son, John, were Monday visitors at the James Herzog home.

Mr. and Mrs. Robert Cole were Monday visitors in Cresson at the Warren Litzinger home.

Mrs. Elmer Briggs spent a week in Ohio recently with relatives.

Miss Rose Ann Fontanello and Donna Mae Jacobs spent the past week end in Johnstown at the John Smith home.

The Clearfield Sportswear Co. of Coalport has resumed operations after a short layoff.

Mrs. Elmer Briggs has returned to her employment in Coalport.

Mrs. Arthur LaBlanc and daughter, Peggy, of Niagara Falls, N. Y., are spending some time in town with the lady's mother.

Sam Pawhanita, Elmer Briggs and Dorothy Briggs were last Saturday visitors in Coalport.

Irene Herzog and Gertrude Passanitis were Sunday visitors in Ashville.

Mrs. Elmer Briggs, Mrs. Irene Herzog and Mrs. Wm. Judd were Monday callers in Coalport.

Mr. and Mrs. James Herzog attended the golden wedding anniversary of Mr. and Mrs. Flo Kelly in Chest Springs.

Mrs. Inez Briggs and daughter, Vivian, and brother, Roger Cavaleit, recently celebrated birthdays.

Mr. and Mrs. James Cavaleit of Akron, O., formerly of Dean, celebrated their 14th wedding anniversary recently.

Roland Cavaleit and brother Dulo were last Saturday visitors in Coalport.

Miss Lynn Hollen, who underwent an operation in Cleveland, O., is much improved and expected to return home this week end.

Leonard Baker and John Krise of St. Augustine were Tuesday visitors at the Wilmer Hollen residence.

Mr. and Mrs. Melvin Hale and

Edward McGuires Mark 50th Wedding At Loretto Church

Mr. and Mrs. Mark Fontanello attended the wedding of Bruno Fabbri of Gallitzin and Dora DeGoli of Gallitzin recently.

Mrs. Joseph Judd was a Monday visitor in Coalport.

Mrs. Edward Swires Jr., and daughter are residing here at the home of Mr. and Mrs. Edward Swires Sr. Both mother and child are doing fine.

Mrs. Marie Hassou and Miss Marie Kraft of Coalport are visiting this week with Joanna Saminski.

Edward McGuires Mark 50th Wedding At Loretto Church

Mr. and Mrs. Edward A. McGuire of 128 High St., Cresson, observed their golden wedding anniversary on Monday of this week. The couple renewed their marriage vows during a high mass at 9 a. m. in St. Michael's Catholic Church, Loretto, where they were married 50 years ago.

They have the distinction of being the first couple married in that church. Rev. Father Charles Diamond, pastor, officiated at the mass on Monday.

Mr. and Mrs. McGuire were the guests of honor at a dinner at noon last Sunday following a high mass of thanksgiving at 10:30 a. m. in St. Francis Xavier's Church in Cresson with Rev. Father Morgan McDermitt, pastor, officiating.

Attorney William A. McGuire of Johnstown and Miss Frances Storm of Altoona, who were best man and bridesmaid when the couple was married, were present during the day and attended Mr. and Mrs. McGuire at the mass in Loretto Monday. A reception for friends and relatives was held at Cresson Community Spiritmen's Club Sunday afternoon.

Edward A. McGuire and the former Susan Little were married Oct. 8, 1901 by Rev. Father Ferdinand Kittel and have resided all their married lives in Cresson. Mr. McGuire was born Aug. 30, 1875, in Loretto, a son of George Luke and Matilda (Luther) McGuire and grandson of Capt. Michael McGuire, first white settler in the Northern Cambria area.

His wife was born Apr. 8, 1873 in Loretto, a daughter of W. A. B. and Susan (Storm) Little. Mr. McGuire was employed by the Pennsylvania Railroad as a carpenter and car builder and completed 40 years of service with the company before his retirement on Nov. 1, 1940.

Both Mr. and Mrs. McGuire are enjoying good health and are very active in church and community affairs.

They are the parents of nine children, one of whom, Albert, died Oct. 17, 1939. The other children are Mrs. Gertrude Blietdesau, Johnstown; Agnes, Drexel Hill; Donald E. Key West, Fla.; Leonard C. Danville, and Mrs. Dorothy Parks, James A. Joseph B. and Richard M., all of Cresson. There are 22 grandchildren and two great-grandchildren.

lations. We hurry and worry. We get up early to catch the 7:00 a. m. mantrip and we stay up late to catch the 11:15 news. Our recreation is too pushed to recreate. Our sports are too competitive to be sport. All too many of us break, mentally and physically, under the strain. And the fault does not lie with our doctors.

A nationally known physician, R. C. McCaughan, D.O., executive secretary of the American Osteopathic Assn., once suggested six rules, to be posted on every bathroom mirror:

1. Recognize your limitations.
2. Drink four or five pints of liquid a day. At least a quart of moisture has evaporated from your body today.
3. Eat deliberately, a little less than you want. Don't starve.
4. Do not allow yourself to become too good at competitive games. The temptation to extend yourself becomes too great. Leave perfection to the professional and to youth.
5. Walk a lot. Soak up sunshine. Walking means fresh air, and sunshine means red blood cells.
6. Think deliberately and usually. Worry and hurry hurry a short life and anything but a merry one.

On your bathroom mirror, would these rules look good?

Everyone has them. Edison had his deafness, Napoleon his St. Helena.

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LAUGH WITH YOUR FAVORITE COMICS

THE FLOP FAMILY By Swan

VAN ORMER

By MRS. ELMER KEITH

(Too late for last week)

Mr. and Mrs. Lester Weid announce the birth of a son, Dale Michael, born Saturday, Sept. 22.

Mr. and Mrs. Walter Pink and family of Patton were Sunday visitors at the Henry Lovell home.

Recent visitors at the Elmer Keith home were Rev. and Mrs. Weyandt and daughter, Mr. and Mrs. Frank Vogel, Mr. and Mrs. Wm. Gracey of Huntingdon, Mr. and Mrs. Donald Ross and son of Utahville, Mrs. Chic Lucas of Irvona, Mrs. Clair Shomo of this place and Mr. and Mrs. Jack Keith of Coalport.

Mr. and Mrs. Calvin Gregg and son of Pittsburgh were recent visitors at the home of Mrs. Gregg.

Mrs. Ellen Beers visited here on Sunday at the Elmer Keith home.

Mrs. McMonamy, who was a patient in the Philipsburg Hospital, has returned home. Her many friends and neighbors wish her a speedy recovery.

Miss O'Malley spent the week end with relatives in Oacoeca.

Bob Keith and Lynn Hollen, who are employed in Johnstown, spent the week end at their respective homes here.

Nice Crossing

Mrs. Elmer Briggs, Mrs. Irene Herzog and Mrs. Wm. Judd were Monday callers in Coalport.

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Mr. and Mrs. Melvin Hale and

PETE THE TRAMP by C.D. RUSSELL

Osteopathic Health

Frederick E. Arkle, M.S., D.O., Carrolltown, Pa.

HAVE WE NO SENSE?

Never in the history of the world have doctors been able to do as much for us as they are able to do today. Never have they had command of such facilities to safeguard or restore our health.

Miracle drugs, surgical techniques, psychiatry, hygiene, all make possible an astounding medical effectiveness. But for all of their skill and progress there is one thing doctors cannot do, one thing that stops them dead in their tracks. They cannot make us take care of ourselves.

As a people, we refuse to use common sense in preservation of our mental and physical health. We visit our physicians willingly, take their shots, their manipulative correction, vitamin pills, and their surgery. We will even lie on their psychiatric couches. But we will not follow the rules for living they give us.

We refuse as a nation to recognize our mental and physical limitations.

"DIESERDUE" FOR '52

Oct. 31, 1951, is Deadline for 1952 Dues

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Just THE TYPE by BOB DUNN