

Free Heart Clinic Now Open For Western Pennsylvania

All Appointments Must Be Made By Physician

The recent opening of a free heart clinic in Pittsburgh brings hope of a new life to many of Western Pennsylvania's victims of heart disease.

Believed to be the fourth of its kind in the nation, the clinic was established at the Falk Clinic Bldg., Fifth Ave., Pittsburgh, under a grant from the Western Pennsylvania Heart Association.

Operating funds will come from the association's annual February Heart Campaigns.

Staffed by top medical specialists from the University of Pittsburgh and local industrial plants, the free clinic will evaluate victims of heart disease to determine how they can best lead normal lives without endangering their health.

The purpose is to examine persons who are suspected of having heart disease, or who have had "heart attacks," to determine their physical status with respect to returning to work, changing their work, continuing work or stopping work.

The clinic will be open every Thursday from 7 to 9 p. m., association officials said.

Request for examination should be made by the family physician or the applicant or by the plant doctor at his place of employment. No appointments can be made by the patient himself.

Confidential written reports of the clinical studies will be furnished to the referring physician, as well as to the family physician, along with a copy of the information or advice given to the patient.

No treatment of patients will be undertaken beyond this initial advice and outline of management, which will be given to the referring doctor and the patient.

Osteopathic Health

Frederick E. Arbia, M.D., D.O. Carrolltown, Pa.

INFLUENZA

The influenza epidemic of 1918 is medical history now, but the menace of its infectious disease is still with us. It is thought of primarily as a winter complaint, but as its origin is with a virus which spreads rapidly, it should be guarded against at all times.

The symptoms of the disease are deceiving. Often the victim assumes he is suffering from the common cold. The first signs are aching pains throughout the body. They are attended by general discomfort, chills, weakness and a rise in temperature. A dry cough may develop.

The influenza attack may be mild or it may be so severe that the patient collapses. As the disease is so contagious and the complications so dangerous, it is wise to seek an authorized physician's help immediately on suffering the foregoing symptoms.

If there are no complications, the influenza will probably last about four or five days. Doctors have found the "miracle drug" very beneficial in modern therapy and combined with bed rest and light diet, including large amounts of citrus fruit juices, the patient will ordinarily regain his health rapidly.

However, as the dangers from complications are so threatening, the doctor should be consulted at the first possible signs of the disease.

When a case is still active after about 10 days it is indicative of one or more of the complications being present. The most familiar of these is pneumonia. An illustration of the seriousness of the pneumonia complication is recent death rate figures. Whereas the rate for influenza in this country was five to 10 percent with higher rates in specific localities, when pneumonia was present too the rate rose to 44 percent.

Beside pneumonia, it is necessary to guard against chronic bronchitis or permanent damage to vital body organs such as the heart or kidneys.

There has recently been a severe epidemic in Britain and Wales and it has been discovered that the virus is easily transportable by plane, thus making the danger to other countries and other continents much greater than 20 years ago. Careful controls have been placed at all ports of entry as a protection to citizens of this country.

The best way to combat influenza from the start is to keep the body healthy. As congested areas in the system aid the virus in multiplying and the disease spreading, the manipulative technique of osteopathy is especially beneficial. Your osteopathic physician will work to remove structural maladjustments, making it possible for the body to function at its highest level of efficiency and be in condition to combat an attack from the outside by influenza viruses.

Miss the requisites of healthful living with adequate rest, exercise and proper diet. Have regular periodic checkups by your family physician and you are maintaining best lines of defense against influenza as well as all other crippling diseases.

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NICKTOWN

By ROSE MARIE HUBER

Recent visitors at the home of Mr. and Mrs. Gordon Harvey and Mrs. John Wetland were Miss Adeline Noel of Aspinwall, Mr. and Mrs. Oscar Olson of Greensburg and Mr. and Mrs. Jacob Noel and daughter of Latrobe.

Miss Rose Lieb of Harrisburg spent the week end with her parents, Mr. and Mrs. George Lieb. Mr. and Mrs. Fred Boehel announce the birth of a daughter, born Tuesday, July 31.

James Wetland attended the National Star Route of Mail Carriers Convention in California this week.

Mr. and Mrs. Clarence Karlbom were Sunday visitors at the home of Mr. and Mrs. U. C. Kline. Mr. and Mrs. Wm. Hughes of New Kensington were weekend visitors at the G. L. Krumenacker home. Mary Ellen Nor on returned with them after spending two weeks vacation there.

Mr. and Mrs. George Wagner and sons of Pittsburgh were weekend visitors at the Gordon Harvey home.

Miss Joan Kirach vacationed in New Jersey this week.

Bonnie and Wilda Ragley spent a few days this week at the home of Mr. and Mrs. John Springer of Patton.

Mr. and Mrs. Jack Palistic were last Friday visitors in Johnstown.

Mr. and Mrs. W. W. Kirach and family, Mrs. Norbert Biller, Joe Brown, Leroy Kirach and Mr. and Mrs. Irvin Hoppel and son, Bill, left Monday to spend a week camping in Huntingdon County.

Miss Rosemarie Brown spent a few days this week in Greensburg.

Mr. and Mrs. Merle Parriah and son, Danny, were visitors in Johnstown last Saturday.

Louis Hoover of Cleveland, O., spent the week end at the home of John Kline.

Mrs. George Kritzer is a patient at the Clearfield Hospital.

Mrs. Darrell Kirg and daughter, Mary Ann, were last Tuesday visitors in Patton.

Miss Joyce Plummer of Punxsatawney spent the week end at the home of Mr. and Mrs. George Lieb.

Mrs. R. G. Lieb and daughters, Julia and Teresa, and Mrs. C. Lieb were visitors in Johnstown on Monday.

Mr. and Mrs. Ira Krug, Mr. and Mrs. Sanford Lloyd and Mrs. Louise Westrick and daughters, Cathy, all of Barnesboro, were Sunday visitors at the Darrell Krug home.

11-Mile Portion Of Western Extension Of Turnpike Open

An 11-mile section of the western extension of the Pennsylvania Turnpike opened at midnight on Sunday of this week.

The portion of the super-road added to the present 260-mile system, is the part between the present terminus at Irwin and the Pittsburgh interchange at the junction of U. S. Route 22, near Monroeville.

The western extension, all of which is planned to be opened by the end of the year, will have six interchanges to principal north-south routes. They are:

Gateway, near the Ohio border; Beaver Valley, at the junction of State Route 18; Perry Highway, junction of State Route 19; Butler Valley, which connects with State Route 8; Allegheny Valley, junction of State Route 23, and Pittsburgh, which intersects Route 22.

Four gasoline service stations and restaurants on the new link will be located near Zelienople, Butler, Oakmont and Pleasant Valley.

Spangler Soldier Now Being Held Chinese Prisoner

A 19-year-old Spangler veteran of the Korean War, listed missing in action since Nov. 30, informed his parents last Thursday that he is being held a prisoner of war in a Chinese Communist prison camp.

He is William Farrell Jr., son of Mr. and Mrs. William Farrell of Spangler.

The soldier told his parents in a letter received last Thursday that he is being treated well by the Chinese Reds. This was the first word Mr. and Mrs. Farrell received concerning their son since he was listed missing in action.

The soldier asked his parents and friends to pray that he and his buddies will soon be released as prisoners of war.

Pfc. Farrell was serving with the 58th Field Artillery unit of the Second Division when he was captured.

The youthful GI enlisted at the Barnesboro Recruiting Station on June 7, 1948. He received basic training at Fort Dix, N. J., and was sent to Korea last Aug. 6.

Pfc. Farrell was formerly a newsboy for the Union Press-Courier in the Spangler area.

Nicktown Man Injured When Motorcycle Skids

Fred Springer of near Nicktown suffered cuts and abrasions of the legs when his motorcycle skidded on the wet brick paving of the Loretto Road on Monday evening.

Mr. Springer was thrown clear of the vehicle. The accident occurred about 8 p. m. near the Burns school. He was taken to his home by a passing motorist.

Home Isn't Safe Place It Should Be State Cambria County Physicians

Home should be the safest of places for children—but it isn't, according to a release from the Medical Society of Pennsylvania and the Cambria County Medical Society.

Most accidents to children in the home are the result of carelessness, say the doctors. And a third of them are estimated as occurring in the kitchen where pots and pans and kettles on the stove are tipped over to pour the scalding liquids on the child who reaches for an extended handle.

Knives and scissors also injure, according to the medical Electric washers and wringers also are danger spots, as are electric outlets that need repair and fuse boxes that are within reach of children.

The cellar stairs are a favorite place to store things and fatal accidents occur on dark stairs. Most cleaning fluids contain a percentage of highly combustible substances and these, together with insecticides, should be out of the reach of the toddling child. Children also love to examine the contents of the bathroom medicine cabinet and are tempted to eat those sugar-coated objects that look like candy.

All windows, no matter on what floor, should be protected by securely-hooked screens for many children when leaning from a window, fall and are seriously injured. Infants also may suffocate while in the crib or in a bed.

100 Pets Entered In Gallitzin Parade On Friday Evening

Approximately 100 pets were entered in the pet parade held at Gallitzin Friday evening as part of the activities of the county volunteer firemen's convention.

In addition to the prizes awarded, each child who took part in the parade received two free rides at the carnival. Gallitzin High School Band headed the parade and received two ride tickets as the guests of the firemen.

Awards in the pet parade were as follows: Most unusual pet, a gender with a red ribbon, first prize, Linda Kent, \$2; second prize, a crow, Pauline and Mary H. Crozier, \$1; fawnest dog in a car, first, Donald Boldizer, \$2; second, dog dressed up, Faye George, \$1.

Smallest pet, goldfish in a bowl, first, Kay McGeary, \$2; second, Mike Cherevak, \$1; largest pet, collie dog, first, Greg Trosky, \$2; second, chow dog, Faye Stevens, \$1; cutest pet, Chihuahua dog, first, Mary Lou Harlan, \$2; second, rabbit dressed up, Eddie Burichin, \$1.

DO YOU KNOW? During the Revolutionary War nine soldiers died of disease for every one who died of battle wounds.

BABY BOY ARRIVES VIA DOCTOR'S 'CURB SERVICE'



THE SUCCESSFUL DELIVERY of a baby boy in a parked car on the Grand Concourse in the Bronx, N. Y., taken place when Mrs. Corinne Goldstein, 23, was rushed to a hospital by her husband, Ira, 24. At top, Dr. J. Phillip Wechsler (right), who was called to the car, delivers the baby, while ambulance interne Dr. Phillip Aronowitz (center) and the father assist. The "inpatient baby" is held by Dr. Aronowitz (bottom) for approval of grateful father (left) and Dr. Wechsler. At right, the mother of the six-pound, ten-ounce boy is placed on a stretcher at the curbside for immediate transfer to a hospital. (International Exchange)

Gov. Fine to Speak At EUB Conference Session, Johnstown

Gov. John S. Fine of Pennsylvania will address a public gathering Sept. 14 in Johnstown during the formation of the largest conference in the worldwide Evangelical United Brethren Church.

Gov. Fine will speak at the merging convention of Allegheny Conference and Pittsburgh Conference of the EUB Church. He will address delegates of the new Western Pennsylvania Conference at 7:30 p. m. Friday, Sept. 14, in First EUB Church, Vine St.

The Sept. 11-16 church event will see the conferences open individual sessions and then move together into one fully-cooperative group.

While top-level merger of the Evangelical Church and United Brethren Church was carried out in 1946 and ritual was standardized, conference level groups continued to maintain a certain amount of autonomy. Property right and the right of ministerial assignment remained with the conferences.

Allegheny Conference, the former United Brethren, and Pittsburgh Conference, the former Evangelical, both have churches in Lycoming County, but operate separately. Rev. William G. Hawk, DD, Johnstown, is superintendent of

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