

cost-of-living items cost ivanians 7 percent more becember than in December previous year, the Federal re Bank of Philadelphia re-

ing the same time, however total wages increased 11 percent. The most recent gains were made in plants producing metals, metal products and machinery.

products and machinery. In its monthly review of Penn-aylvania business, the bank said economic activity was at a high pitch during the final month of 1950. Most business indicators, in-cluding department store sales, bank loans and deposits, factory payrolls, crude oil output and check payments, registered in-creases for the month.

Dupartment store sales jumped 13 percent above the previous month, and store managers con-tinued to maintain large supplies of items such as furniture, floor coverings, television sets and ra-Mos.

Fast-rising food prices helped to ush the consumer price index up percent during the month, the

Factory employment registered, small percentage gains only in the Williamsport, Altoons and Phila-delphis areas during the month, but the level was far above that of a year before. Johnstown was up 1 percent over 1948.

fost People Mov nter Months

Pennegivania News Sectors ging from information rea-the Bureau of Motor Ve-mest Pennsylvanians do residence changing in De-

the bureau only when the deadline began to draw neglect meant that a of address form had to plus thousands upon a of special letters to Char distropencies. This correspondence naturally i time, added to the last-ush, and resulted in many

MOTHER VISITS QUADRUPLE AMPUTEE

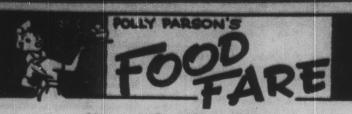
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A PAR LORO BUDGET PLAN, INC.

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How to Cut Meat Costs

With meat costs sky-high these days, you'll welcome this Corned Beef and Potato Casserole recipe. Made with a canned corned beef base, stretched with potatoes and ready-to-eat cereal, this delicious combination serves six-at a price low enough to meet any worker's

And here's a special tip: start using cereals as meat-stretching ingredients, because they're the most economical energy-providing foods available.

CORNED BEEF AND POTATO CASSEROLE 3 cups warm seasoned mashed 3 cups corn fishes, crushed

1 cup milk 3/5 cup catoup 1/4 teaspoon popper pointoes 2 cups (1 12-sumre can) chopped corned beef % teaspoon salt

Spread mashed potatoes lightly over bottom and sides of greased baking dish, \$x\$x2 inches. Combine remaining ingredients in order given and mix well. Place corned beef mixture in potate shell letting potatoes form border around edges. Bake in preheated moderate oven (350° F.) about 45 minutes.

Yield: 6 servings (about 1 cup each).



Boot, High in Vitamin A, First Eaton for Its Groons The beet is a root vegetable which came originally from the European continent, and was used by the ancient Greeks and Romans. However, the symmetri-cal root of the present-day type is comparatively recent-less than 300 years. In a way, carrots and beets have a parallel history. The Europeans have perhaps preferred root crops, the Asiatics

seed crops, and the original Americans fruiting vegetables. Therefore, most of the underground vegetables have been developed in Europe-even the potato, probably was a comparatively un-important crop in America and

and swiss chard, particularly, form an important item of food, There is also the table beet which is usually red in color, but may

also be yellow; the sugar beet, which is hardly edible as a table

Veterinarian Gives Tips Of Value to Deg Owners

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SENATE CRIME PROBERS OPEN SENSATIONAL HEAR

HERE IS A GENERAL VIEW of the hearing room it New York's Federal Building as the Senate Crin

Thursday, March 18.

To Up Coal Output Mine Car Spotter, Reduces Trip Time

A hydraulic mine car spotter which greatly reduces trip chang-ing time and a new electric ro-tary drill especially designed to coal stripping are recent develop-ments in the mining field result-ing in greater and developing in greater coal production re-ported in the February issue of Coal Age, McGraw-Hill publicawhich tion

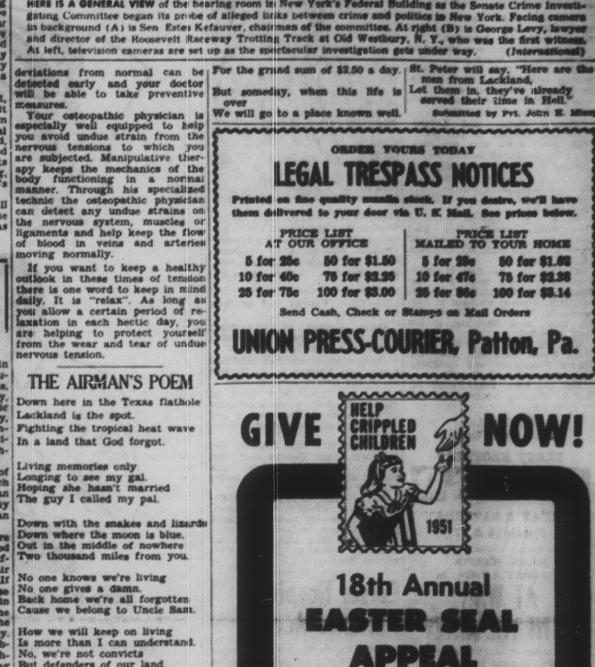
The spotter, which was put in-

The beet shows a number of forms. At first it was eaten only by the poorer people of Europe for greens. Even today beet greens and swiss chard, particularly, form an important item of food.

The publication notes that the spotter has salvaged from 14 to 16 man hours a day that former-ly had been lost. Prior to the in-

also be yellow; the sugar beet, which is hardly edible as a table vegetable but has a very high sugar content; and the managed which is grown entirely for stock food. Beets are high in easily-digest the carbohydrates, and are there fore an excellent energy food. The mineral content is high, especial-by the phosphorus and iron, but the calcium content is rendered worth-less by rather high as a source of vitamin A, and contain amounts of vitamin B and C. The best vitamin and mimeral content, contrary to popular belled, is in the top of the beet So, if you wish to get the best food value, est the tops and throw the root sway. One big advantage of beets as a vegetable food, is that they lose mething during the canning process.

moving normally. If you want to keep a healthy outlook in these times of tension there is one word to keep in mind daily. It is "relax". As long as you allow a certain period of re-laxation in each hectic day, you



The residence changing in De-there and January. During these months recently, ling Secretary of Revenue Otto Measurer disclosed, we were not bed by 264,172 motorists that by had moved from one place the state to another. Through-t the other ten months we were d of only a total of 270,665 the department said, e vast majority of those pros-ctive drivers had moved at mer times during the year but wined the bureau only when the m. 1 deadline began to draw ar.

A number of suggestions for making life safer and more enjoy-able for your dog are given by Dr.

bine can sometimes add enough

Artificial Breeding

Effects of Noise

Osteopathic Health

The increased cost of milk pro-duction was reflected in a 15-cent advance between December and January in the price farmers paid for 100 pounds of all mixed dairy

Pressing Booklet Offered In County

How many ladies mangle their rinter woolens or their husband's rest suit, asks Shirley S. Slick, come economics representative of he Cambria County Agricultural

the Cambria County Agricultural Extension Assn. "There's no need for it," she says. "After reading Fennsylvania State College School of Agricul-ture circular 346, "Pressing, An Aid to Good Grooming,' you can press woolen jacksts, skirts, slacks or trousers with ease and confidence because you will know what materials you can make to aid in pressing of rayon, nylon, cordieroy and velvet, also are given."

riven." For your copy, send a post a her at the Courthouse in

Stray Pets Use **Traps** for Food

State Game Protector Ro tes of Claiton says that in round Pittsburgh stray dom well during the re

cats live well during the rabbit trapping season. He mays one rabbit trapper re-ported that a dog made nightly trips around his trap line, patring traps around until they turned over and fell open, whereupon he would pounce on the luckless bun-ny as it hopped out. "The cat is just as efficient in stealing from box traps," says Rea, "but it uses a simpler, excape-proof method. The felines pushes the trap lid open and rose

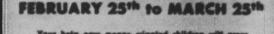
the trap bid oren and for the trap bid oren and for the rabit, wadding at the job is done tas also mays one of his o

show that the bursting of a biown-up bag raised the brain pressure four times above normal and high-er than morphine or nitroglycerine. Continuous noise was found to pro-duce thickening of the ear drums, with a subsequent lass of move-ment. Today New York cab drivers recently watches two dogs large and end much working little dog would mile every much ble to them the mir-out while his large compar-stood guard to putness on the nice as they left their burwho ply in the most congested greas of the city where there is a constant blare of suie horns, are becoming hard of hearing.

and the second state of th arg Post St

Chemilter Post Sponsoring School Safety Patrol Trin Dennivery Post 363, American Logion, will opensor dight Bens rechools, at the 15th annual as-tional actool safety patrol assess-by in Washington, D. C. The annual as-newing of the post last Thurwing or-ening. This Boys will represent each of four Super will represent each foor Public, The annual patrol ra-ther shools are were 145 accident the pupil was enroute to or from school There were 145 accident to or from the sthools and Rev-

or pamphlets on obedience train-ing at your library, he says. Borghum Grais Check Check your sorghum grain in the bin. If it was not thoroughly dry when stored, it may be molding or heating. Juicy sticks from the com-bine can sometimes add enough



Your help now means crippled children will grow up to be healthy adults. Places land a hand



Coast to Coast and Border to Border MORE CHEVROLET TRUCKS IN USE THAN ANY OTHER MAKE!

PATION

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In 1950, truck buyers in every one of the 48 states chose Chavrolet over any other make. Nationally, Chovrelet has outsold any ether truck for the last nine truck production years. That's because Chevrolet trucks do the job batter . . . stay on the job longer. When you

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choose a Chowelet truck, you get the right engine - 92-h.p. Thriftmester or extrapowerful 105-h.p. Londmaster. You get a chass is that fits your job. You get a truck built to move your loads at lowest cost. Came see the new 1951 Advence-Design Chevrolet trucks.

CARROLLTON