FOR HEALTH & VITALITY

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In these times . . . when enriched bread is part of the

daily diet of Uncle Sam's armed forces . . . Marvel is proving an important health benefit to every man,

woman and child in America. For Marvel Bread is ENRICHED with essential vitamins including vitamin

B¹, niacin (a B vitamin) and iron . . . actually exceeding the minimum requirements for enrichment as recommended by the National Research Council. Eat

Marvel ENRICHED Bread today and everyday. And remember, Marvel gives you nutrition and economy

THE ONLY NATIONALLY MNOWN BREAD THAT HAS THE PRINTED ON THE WRAPPER

LARGE

Patton Courier, Estab., Oct. 1893. Union Press, Estab. May 1935.

### **UNION PRESS-COURIER**

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## NATIONAL EDITORIAL ASSOCIATION Active Member

The endeavor of the Union Press-Courier is to sincerely represent Union Workers in their efforts to obtain economic freedom, particularly as advocated by the United Mine Workers of America. We solicit the support of All Unions. Material for publication must be authorized by the organization it represents, signed by the President and Secretary, and bear the seal of the Local.

The Union Press-Courier gives its advertisers the advantage of the combined circulation of the two largest circulated weeklies in Cambria County and has a reader cov-erage that blankets Patton and the



RATHER VIVIDLY, THE WAR developments of the past week bring home to us that the enemy is not an easy opponent, and that he will hang we begin to accept sacrifice willinga war, backed by the huge resources all of us give all.

in uniform by next April. Quite likely they will form the heavy portion the inductees until the number of them is completely taken. The November call, however, will take many re-election to the General Assembly married men, with wives only, into the armed ranks. Military authorities are banking on an army of 7,500,00 by the end of 1943, and expect to have five millions under arms by the end of this year. Married men with the millions probably would be called at the million of the called at the c end of this year. Married then with families probably won't be called at all, or at least not until the end of next year. After March or April it next year. After March or april it next year, after march or april it next year. The call up more marks are theory holds good for them. Laborated the records of all three properties. wall be necessary to can up more mar-ried men. Selective Service Head, Concerl Hershey said any man mar-General Hershey said any man mar-ried after Pearl Harbor is not to be ried after Pearl Harbor is not to be considered as such. He said the country would demand "in the not distant future that something besides dependency or alleged dependency be the measure" for deferment.

THE BIGGEST PROBLEM CONtus is the effect it will have on edudeferred until they complete the present term ending next spring—but of the people be conclusively shown. no longer. Military leaders say that if the Axis dominated our nation ed- CHEST SPRINGS COUPLE ucation of youth would be mighty well curtailed. Hence youth of today may have to forego what they have desired in order that posterity may have a continued guarantee of those advantages. \*\*\*\*\*

THERE ARE A LOT OF AUTOmobiles traveling the highways that
display no federal auto use tax stamp
—the \$5 sticker. Now it is said that
restoffices wil be halted from sel-THERE ARE A LOT OF AUTOenstoffices wil be halted from selling any more of the stamps and that the drive will be made by federal authorities to check up on the motorists who have evaded this tax. Persons who failed to obtain the auto-use able to a fine of \$25 unless they can give good reason why they should not ployed. be prosecuted. Federal agents will stop cars on the streets and highways, and will look over parked motor vehicles. What about you?

constantly reprinted request of Rub-ber Administrator William F. Jeff- flames in his car about 8 o'clock last ber Administrator William F. Jeffers, as it appears daily in the most of the nation's press: "You can save rubber and help win the war if you will do these things: (1) Drive only when absolutely necessary. (2) Keep under 35 miles per hour. (3) Keep your tires properly inflated. (4) Have them inspected regularly. (5) Share your car with others.

Illumes in his car about 8 o'clock last Thursday evening on Lloyd Street in Ebensburg. The Dauntless Fire Company responded to an alarm, rendered tirst aid to Valeri and extinguishment of the company responded to an alarm, rendered the first aid to Valeri and extinguishment of the company responded to an alarm, rendered the first aid to Valeri and extinguishment of the company responded to an alarm, rendered the first aid to Valeri and extinguishment of the company responded to an alarm, rendered the first aid to Valeri and extinguishment of the company responded to an alarm, rendered the first aid to Valeri and extinguishment of the company responded to an alarm, rendered the first aid to Valeri and extinguishment of the company responded to an alarm, rendered the first aid to Valeri and extinguishment of the company responded to an alarm, rendered the first aid to Valeri and extinguishment of the company responded to an alarm, rendered the first aid to Valeri and extinguishment of the company responded to an alarm, rendered the first aid to Valeri and extinguishment of the company responded to an alarm, rendered the first aid to Valeri and extinguishment of the company responded to an alarm, rendered the first aid to Valeri and extinguishment of the company responded to an alarm, rendered the first aid to Valeri and extinguishment of the company responded to an alarm, rendered the company responded to an alarm your car with others.

AFTER 11 DAYS OF NON-OPeration and the loss of hundreds of thousands of dollars of sales, the strike of state liquor store employes ended last week. The clerks were ra-ther thoroughly defeated. The state, under the Republican administration of Arthur James, had the upper hand and were plenty tough. Had a private employer, under similar conditions, acted as the liquor control board did, the politicians and their appointees would have been down on his neck like a ton of brick. The clerks faced an almost hopeless fight when they struck against the government. Yet in this particular case their action was far different from most governmental strikes. In the first place it did not jeopardize public safety, health or welfare. In the second the second, the clerks had exhausted reasonable means by which over a per-iod of years they had sought to get relief from disgracefully low wages.
The time they were out will be charged against their vacations, if that is found to be legal. Since that time the Governor has announced wage in-creases amounting to fifteen per cent for certain civil service employees of the state, including the liquor store clerks. The clerks had asked for 20 per cent increases. Hence, in this election campaign period, the incident of the clerks bore fruit, it appears.

FEW WITNESSES BEFORE THE congressional committees have won universal approval from folks back home as has Rubber Administrator Jeffers. He told some of the southern congressmen he was interested in winning the war, and not n what their constituents wanted. The people liked what he said and the way he said it. Indeed, it was about time some of the big men drafted into government service let the senators and representatives understand that they are in Washington to serve the country and not constituents. \*\*\*\*

THERE'S JUST A LITTLE LESS than two weeks time until the general election of November 3rd will be here. Interest seems to be lax, and war interest so far predominates that politicians are stumped. Such should not be the case. If there ever was a time when the people at home should vote, it is now. They should go to the polls and show the same interest their millions of young men and even on and on until he is completely crushed. The war won't be won by wishful thinking on the part of we who remain at home. With all the admonishing of Washington we have admonishing of Washington we have not, as yet, generally, gotten into the spirit of "all-out" war, which means sacrifices and more sacrifices—and continually increased sacrifice. When we begin to accept sacrifice willing—we begin to accept sacrifice willing—we have no sacrificed in the sacrification of tes proferring it are the very ones ly, uncomplainingly, and eagerly, then we'll be in the gear of winning to beware of. There likely will be a lot of campaign money floating on of a nation that can go places when

REPUBLICAN FOLLOWERS OF MEANTIME, WASHINGTON IS Senator James J. Davis well know gutting in final shape the machinery for the lowering of the draft age for 20 to 18 years. All indications now point to the conclusion that now point to the conclusion that the conclusion that the conclusion that the conclusion that the company people that disburse many of the 'teen aged youths will be of the common people that disburse inducted into the military service, it. Real friends of the rank and file beginning with the December quotas, seldom have it to peddle. We repeat, and likely nearly all of them will be vote your convictions! But, by all means vote!

> THE WRITER OF THIS COLUMN Thomas A. Owens, is a candidate for

WE HAVE NO FAULT TO FIND with the opposition condidates. Two sterling men and an excellent lady oppose us. To them we extend the same thought that we might have for fronting the darft age lowering status is the effect it will have on each cation—the "grab" it will take of high school and college students. In high school and college students. In all porbability, such students will be all porbability, such students will be to the polls can the true sentiment. someone else. If he's elected, he'll do

MARRIED ON SATURDAY

Miss Ester Schenk, daughter of Hugh Schenk, and Leonard Miller, a son of Mr. and Mrs. Frank Miller of Chest Springs, were married Saturat Chest Springs. Father Padden of-

stamp when it was issued in June the bride's home, and a supper at the home of the groom's parents. The that time, will be required to pay the couple left Saturday evening for full \$5 fee for the stamp and are li-

BURNS IN CAR FIRE

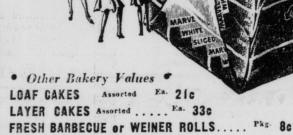
Frank Valeri of Colver was painful. HERE IS THE PERMANENT ly burned about the hand and arm

and bid the Axis bye-bye

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than ordinary white breads!

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JANE PARKER FRESH

"DATED" DONUTS . Doz. 12c

Enjoy Nature's Best at Savings!

#### FRUITS & VEGETABLES

tritionists, even Uncle Sam, urge you to eat plenty of and vegetables. . . because the minerals and ABC these foods are vital to your health for strength Fill your market basket with A&P fruits and vegy. Enjoy deliciously good things to eat . . . at really th prices.



A Victory Food Feature!

Jonathans and Winter Banana-Vitamin C+

Grapefruit Vitamins B+ C++	4 For	<b>25</b> c
Pecans Paper Shell Vitamin B+	Lb.	25c
Spinach vit. A++ B+ C++G++	2 Lbs.	15c
Cabbage Vitamins A+ B+ C++	50-Lb. Bag	<b>69</b> c
Sweet Potatoes Vit. A++		
Endive Home Grown 2		
Cauliflower vit. B+ C++	Hds.	<b>19</b> c

Rich In Proteins, Minerals and B1 Vitamins A&P 'Super Right' MEATS Nourishment, flavor, savings . . . you get all three every time you take home meats and poultry from your A&P Super. Every cut of "Super Right" meat is guaranteed to satisfy.

Tender "Super Right" Fresh Dressed Roasting

CHICKENS Fully Drawn Lb. 44c

FRESH CUT UP

CHICKEN BREASTS....... Lb. 65c LEGS..... 1b 59c BACKS......Lb. 27c NECKS.....Lb. 27c

COLD CUT SUGGESTIONS Sliced Spiced Ham. Lb. 50c Meat Loaves Ass't Lb. 35c Bologna Jumbo . . . Lb. 29c Skinless Weiners. Lb. 33c Liver Sausage. . . Lb. 33c Spiced Luncheon 3. Lb. 1.15

Hoffman's Cottage CHEESE 2 1-Lb. 25c

SWAN

**SPRY** 

Loin Chops ... Lb. 53c

Rib Chops... Lb. 49c

Sh'ld'r Chops . Lb. 35c

Breast.... Lb. 21c

Small Legs. . 1b. 37c

Armour's "Star"

Thuringer or Cooked

Salami 15 35c

FISH

SHRIMP.... 1b. 31c

TROUT... Dressed 29c
FRESH BLUE
PIKE..... Lb. 17c

CATFISH.... Lb. 23c

OYSTERS.... Pt. 42c

FRESH GREEN

FRESH SPECKLED

-Lb. 696 Vegetable Can Shortening

Lifebuoy HEALTH SOAP

3 Cakes 220

### You'll Find A&P Supers---Geared To War Time Service!

Sure, you've got to stretch your food budget these days and you have to serve plenty of nourishing foods to keep your family fit. You'll find your A&P Super the right place to serve you on both counts Our marketing short cuts keep prices down-6 days a week You can select from many items to take care of war time appetites. Because A&P Super Markets are geared to today's needs, thrifty housewives by the thousands pick A&P as their favorite place to shop and save!

Guaranteed Top Quality dexo 3 -Lb. 61c White House

6 Tall Cans

Evaporated

Mello

SALAD DRESSING Ann Page .... gt. 32c CIDER VINEGAR Ann .... Qt. 110 SALAD OIL Ann Pint 27c MAYONNAISE Ann Pt. 25c MACARONI SEASHELLS Ann 2-Lb. 15c CHEESE SQUARES Colonial 12-Oz. 17c RITZ CRACKERS N.B.C. 1-I.b. 22c CORN FLAKES Sunny- ... 11-Oz. 7c ROLLED OATS sunnyfield 5-Lb. 250 CAKE FLOUR Sunnyfield .. 234-Lb. 17c BABY FOODS Clapp's ... 3 Cans 22c SHREDDED WHEAT Kellogg's Pkg. 11c CORN FLAKES Kellogg's 2 18-Oz. 27c DIXIE MARGARINE..... 1.b. 25c KIBBLED BISCUIT Daily 3-Lb. 25c G. E. MAZDA LAMPS 25-40-60 Ea. 10c SPIC and SPAN Cleaner 1-Lb. 23c Wheat SWEET, HEART SOAP ... 3 Cakes 20c PAPER TOWELS Red Cross PAPER TOWELS Red Cross MOTOR OIL A-Penn Penna... 2 Gal. 1.29

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For Cutting Costs . . CHEESE! Because cheese is a highly concentrated food, with little waste, it's one of the most economical foods you can buy. Serve cheese often and cut your food costs. It has all four advantages of Economy, Nourishment, Variety and Convenience.

COLORED CHEDDAR Medium Lb. 37c Selected MEL-O-BIT Brick and .... 2-Lb. 59c Crestview **EGGS** FANCY BRICK CHEESE.... 1b. 33c Doz. 450 CHANTELLE Creamy, Solt. Lb. 39c KRAFT VELVEETA Cheese 2-Lb. 67c Grade "A" Sunnybrook

Cheese of the Week! **EGGS** Medium Sharp—Fancy Daisy

Doz. 510 Cheese Lb. 37c

From the farms of America's finest dairylands comes fresh A&P Silverbrook... BUTTER

Lb. 50c Country
Style

Silver Dust With Dish Towel

Large 25c RINSO

Large 256 2 Reg. Size Pkg. 256 2 Pkgs. 23e

