

**PNEUMONIA MAY NOW BE CONTROLLED DURING WINTER MONTHS**

Pittsburgh — For the first time in history pneumonia may be brought under control during the coming winter.

The disease is the third leading "public health enemy" in the United States, but, according to reports before the American Public Health Association meeting last week in Pittsburgh, science has a promise of conquering it more effectively than with any previous known methods.

Serums and oxygen tents, along with adequate nursing care, have until recently been the principal methods of treating pneumonia. These will still be used in this winter's campaign. However, Dr. Lloyd D. Felton of the National Institute of Health, Washington, D. C., told the association that "great promise" exists in the use of vaccination against the disease. The new vaccination lasts only for about one year, but appears in preliminary experiments to be quite effective in preventing the disease.

The third method of combatting the disease, which kills more than 100,000 persons each year, is the use of sulfapyridine, the drug which stops the pneumococcus germs from growing until the defensive white blood cells of the body can overcome them.

And last week, the Mellon Institute of Pittsburgh announced the development of another new anti-pneumonia drug, known by the technical name of "hydroxyethylapocupreine," a derivative of ordinary quinine, which in 500

tests on pneumonia appeared to be more effective than sulfapyridine and did not cause the nausea, vomiting and other upsetting effects of sulfapyridine. In the past one of the major difficulties in treating pneumonia has been the fact that 32 of 33 different "types" of the germ exist and each type had to be treated with specific serum. The new drugs, however, have a "shotgun" effect because they are effective in stopping the growth of all types of the germ.

**WEEKLY HEALTH TALK STATE MEDICAL ASS'N.**

There was one a fellow named Snah. Whose father was sick and felt blah; The son read an ad, Then said to his dad: "Pah, you'll go to a spah, nez pah?"

Spas are good for some kinds of ailments.

There are many spas in America. European spas have been famous for centuries.

The Old Romans, coursing through France in the First Century, B. C., discovered the helpful waters of Vichy, Aix-les-Bains and Royat.

Bath, Buxton and Harrogate have long been gathering places for the gouty and rheumatic in England.

One of the half dozen large spas in the United States treats as many as 50,000 patients a year.

The mineral waters, and more especially, the treatment that goes with the waters, is of some value in chronic disabling conditions.

Some such diseases are those affecting the heart and circulation, rheuma-

tic disorders, ailments of the stomach, intestinal tract, gall bladder, liver and others.

Every patient with such conditions is not, obviously, a patient to go to a spa.

The most promising patient for a spa is one who does not require bed care.

Such a patient is an ambulatory patient, that is, one who is able to walk about.

He can take advantage of the many-sided program which is available at a well-equipped spa.

In other words, the regimen, the routine of diet and habit, is more important than the composition of the water.

There lies the chief value of a spa — whether European or American — for the treatment with mineral water has the same effect, here or abroad.

It is the cooperation of the medical management of each patient, the waters of the spa, the drugs, dietary regulation and physical measures, all combined, that aids the spa patient.



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**My Record of Faithful, Conscientious Service Qualified by Professional, Business and Legislative Experience**

Thanks!

Experience

Election Nov. 7.

**HEALTH COURSE PLANNED BY PENNSYLVANIA**

Pittsburgh — Twenty-five of Pennsylvania's most promising "young doctors and health officers will be returned to college for a term of graduate training at public expense to groom them for administration of permanent health centers being established throughout the commonwealth. Dr. John J. Shaw, state secretary of health said last week.

"We're paying tuition for them at the University of Pennsylvania Medical School, besides \$125 a month to single men and \$200 a month to married men for living expenses," Dr. Shaw said. The special course is from October 23 to June 10.

Dr. Shaw hopes to have the trained health officers manning the 255 permanent health centers within two years. Four of the centers are already in operation, eight are under construction and four more should be completed in the next four months, he said. In addition to cataloging every can-

cer case in Pennsylvania to fight that disease, the health secretary said 170 pneumonia control stations are being among the state's 25000 pneumonia patients each year.

With the occupation of additions to the sanatoriums at Hamburg and Mt Alto by January 1, the state expects to have absorbed a waiting list of 600 tubercular patients, and have a leeway of 250 beds, he said.

Opening of the Butler sanatorium within a year will add another 550 beds, and Pennsylvania then "for the first time will have facilities for complete control of tuberculosis, Dr. Shaw added.

He urged support of legislation being drafted to place practically all non-policy-forming medical officials of state departments under civil service.

Legislation will be sought to make mandatory inoculation of every school child against diphtheria, he said. The State Health Department also plans to X-Ray school children and teachers as part of its program against tuberculosis.

**BARNESBORO PUPILS TAKE SAFETY COURSE**

Traffic laws and regulations are the terms included in the conversation of every senior P. O. D. student, at Barnesboro High School, since the safety program was begun last week. The students are working on the art of driving. They are learning driving faults, their remedies and how to form good driving habits. They will also try to encourage the pedestrian to observe his traffic laws as well as the motorist. Since Barnesboro was the first school in the state to adopt a permanent safety course, they have established quite a well-planned program.

The project next to be undertaken will be first-aid practice. Several experienced first-aid men will speak to the classes and give first aid demonstrations.

The faculty adviser of this safety program is W. R. Whited, the founder of the safety course in Barnesboro High School.



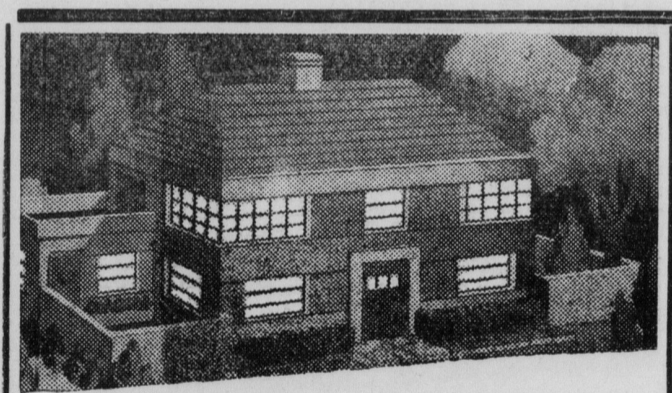
**BEFORE COLD WEATHER STOPS YOU**

• If you want to get the most out of your car in cold weather, it is very important that you put the correct grade of good motor oil in the crankcase. So if you haven't yet prepared your car for winter driving, be sure to stop at the big red Atlantic sign right away and ask the attendant to drain and refill your crankcase with the recommended grade of Atlantic Motor Oil. • The same goes for the gear lubricants in the transmission and differential. Better check up right away . . . and play safe!

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