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mount aloysius, cresson, pa

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A first year of standard college course in:
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ADDRESS REGISTRAR.

SOME FACTS ABOUT
HIGH BLOOD PRESSURE $\begin{gathered}\text { There have been a great } \\ \text { drus, diets and regimens } \\ \text { trating high blood pressure }\end{gathered}$
Fifteen per cent of all adults are $\left.\begin{array}{c}\text { But cases of hypertension, or high }\end{array}\right]$ blood pressure, vary so
 One-fourth of all patients who are tust what causes high blood pressure
more than 53 years of age die of hy- is not known. pertension. It may be caused by nervous tenthe most common but complex condi- Perhaps it is due to excessive secre-


KEEP YOUR CAR OUT OF THE DOGHOUSE DURING THE DOG-DAYS

Dog-days are hot days, lazy days. Hop in your car and cool off in the country. And when you do, keep out of the motoring dog-
house. Stop at the big red Atlantic signs for road maps, information and quick, able service. And always remember that Atlantic's Famous Three - Atlantic White Flash, Motor Oil and Lubrication Service - are de-
signed to save you money. Use all three, regularly
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## A NEW Banking SERVICE! Bank Money Orders!

A MODERN NEW SERVICE FOR THE TRANSFER of funds. rates are low. service is quick.

Less Inconvenience and Red Tape in Handling. The Ideal Method for Handling Your Payments If You Don't Carry A Checking Account.
COME IN - WE'LL GLADLY EXPLAIN THE LOW RATES AND SERVICE.

First National Bank at Patton
$\left\lvert\, \begin{aligned} & \text { It may be due to } \\ & \text { son or infection. }\end{aligned}\right.$ Some claim it it
solt of the circulation in the kidney.
High blood pressure may be by any one of thesse. may be caused
bigh blo High blood pressure in many cases
throush a so-called functional stage in which there is no evidence of
disease of the blood vessels. As the disease progresses, however,
there is a cinange, first in more min nute vessels, followed by dangero
complications In the early stages of high blood pressure there may be symptoms,
the patien consults the doctor oni
when the disease is well developed If treatment is to be entirely suc
cesssul it should begin as early as
possible. The only satisfactory way this diss
ease can be detected is by periodi Because it is believed there is def inite hereditary factor in high blood
pressure, those whose family history
record this symptom complex should PATTON METHODIST EPISCOPAL CHURCH James A. Turner, pastor.
Church school at 9 A. M. Church school at 9 A. M. Preaching
10 A. M. and 7.30 P. M. Mid-week Bi-
ble Class, wednesdey Can you tedl from what kind on on lit-
erature the following paragraphs were "Reverence for the Lord is the be-
ginning of knowledge;
fools despise My son, if you receive $m y$ and store up my commands within you
inclining your ear to wisdom, and ap appeal to intelligence, and lift up you
voice to reason; if you seek her as
silver, and search tween man and his own soul. "In and
reverence for the Lord, and will dis-
cover the tor Let not kindnesse and good faith lea-
ve you, fasten them round your heck,
write them the write them on the tablet of your mind
-so you will find favor and good
will in the eyes of God and man Trust in the Lord with all man. heart, and rely not only on your un-
derstandings in all your ways ack-
nowleage him, and he will make straight your paths.
Hatred stirs up strife: but love draws a veil over all transgressions.
The lips of the righteors The lips of the righteous are a sus-
tenance to many; but fools die for
want of sense To a fool it is like sport want of sense To a fool it is like sport
to do wrong; but it is hateful to a man
of sense." The Romans took their hot baths in
Vicy, France, and gave the town it Vicy, France, and gave the town its
name of Viicus Cliduus, or town of hot
waters, Owned by the French waters. Owned by the French govern-
ment, the springs do a large busines ment, the springs do a large business,
About one hundred and fifty thous-
and About one hundred and fifty thous-
and persons come to the springs each
year and more than $60,000,000$ bottl year and more than $60,000,000$ botlles
of the waters are shipped annually to
all parts of the world.

## Thrilling

New Treat . . at HOFFMAN Dealers'

## Plan to Shop and Save!

$$
\begin{aligned}
& \text { Wednesday, August 16th, will be a big thrift day in Altoon, } \\
& \text { All stores have joined in offering outstanding values. Plan } \\
& \text { now to come early in the morning and get your share of sen- } \\
& \text { sational Dollar Day bargains. Hour parking restrictions } \\
& \text { bave been lifted for the day. }
\end{aligned}
$$

## Wednesday, August 16 DOLLAR

 DAY

TANGERINE SHERBET
Here's a tast--tingling treat: Tan-
gerine Sherbet! $A$ spoonful of this gerine Sherbet! $A$ spoonful of this
delicious sherbet is like eating a delicious sherbet is like eating a
ripe, juicy tangerine. There's the
same refreshing fruit flavor. the same e efreshing fruit flavor...the
same satisfying goondess.. Order same satisfying goodness. Order
Tangerine Sherbet at our nearTangerine
est dealer's.
Also in combination with Vanilla
Ice Cream in the Hostess Pack-

## Have you tried

 BLACK RASPBERRY ICE CREAM? The Sealiest-Approved Flavor for AuguseSweer black pasberries, fich country crearm and ortherspberries, rich countr
inoto a delicious teat.

HOFRMAN'S
ICE CREAM
are under one common ownerthip
I. B. WIilliams. announced his candidacy for Commis sioner on the Republican ticket. Mr
Williams has been years of Westmont, for which he served as burgess for 12 years and did not
ask reelection. He has had years of professional and business experience and should be well qualified to fill the gifice to which he aspires. While bur-
gess he was very active in retaining
the Incline Plane when it was to be the Incline Plane when it was to be
abandoned by the steel company. He has always taken an active interest in
sports of all kinds and is vary popular sports of all kinds and is vary popular
with the young people. He organized
the the community baseball league, fur-
nishing the equipment to nishing the equipment to start. He ser-
ved one term in the general assembly and in 1931 introduced a bill to elim-
inate one inate one of the common pleas judges,
a bill which at that time was very unpopular, but which of recent years is a plank in the platform of every can-
didate running for the genera assem-
bly didate running for the general assem-
by. For three years Mr. Williams wor-
ked in the county division of the aut ked in the county division of the au-
ditor general's department. The work ditor general's department. The work
brought him in direct contact with all
county offices, as well as local offices, such as mayors, aldermen, burgesses
and justices of the peace. He covered and justices of the peace. He covered a
majority of counties of the state. He
taught mathematics in the taught mathematics in the public sch-
ouls for seven years and graduated
from the Pennsylvania Business college, Lancaster. Williams worked in
the mines and woods to pay for his the mines
ucation. He has never before asked for
or held any or held any county office.
FOR RENT-Public address system
can be had at any time. Inquire of Ancan be had at ay time. Inquire or An
thatton. Phoneer, 3001 and 3003 Rasell Pattonue

EXECUTOR'S NOTICE.
delay to late of Patton Borough,
ty. Pennsylvania, decease
Notice is hereoy Notice is hereoby given that Letters $\begin{aligned} & \text { Reuel Somervile } \\ & \text { Testamentary upon the Estate of , the } \\ & \text { above named den, Pa. }\end{aligned}$ above named decedent have been FOR SALE-\$8 Airway Sweeper,
granted to the undersigned. All
per-
 quested to make payment, and those A-1 condition, all new rubber, price
having claims or demands against the $\$ 235$. - Mrs. Adolph Hofer, 415 Palmer

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