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THE SCHOOL WELCOMES YOUR INQUIRIES.

Accreditment Pending.

ADDRESS REGISTRAR.

SOME FACTS ABOUT HIGH BLOOD PRESSURE treating high blood pressure.

Fifteen per cent of all adults are blood pressure,

One-fourth of all patients who are Just what causes high blood pressure more than 53 years of age die of hy- is not known. pertension.

This symptom springs from one of sion. the most common but complex condi- Perhaps it is due to excessive secre-

There have been a great variety of drugs, diets and regimens used

said to have especially high blood each individual that each case is a distinct problem.

It may be caused by nervous ten-

tions encountered in medical practice. tion of one of the endocrine glands.



KEEP YOUR CAR OUT OF THE DOGHOUSE **DURING THE** DOG-DAYS

Dog-days are hot days, lazy days. Hop in your car and cool off in the country. And when you do, keep out of the motoring doghouse. Stop at the big red Atlantic signs for road maps, information and quick, able service.

And always remember that Atlantic's Famous Three - Atlantic White Flash, Motor Oil and Lubrication Service - are designed to save you money. Use all three, regularly.

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Bank Money Orders!

A MODERN NEW SERVICE FOR THE TRANSFER OF FUNDS. RATES ARE LOW. SERVICE IS QUICK.

Less Inconvenience and Red Tape in Handling. The Ideal Method for Handling Your Payments If You Don't Carry A Checking Account.

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First National Bank at Patton

It may be due to some outside poin or infection.

Some claim it is due to obstruction of the circulation in the kidney. High blood pressure may be caused

by any one of these. High blood pressure in many cases stage in which there is no evidence of disease of the blood vessels.

As the disease progresses, however, there is a change, first in more minnute vessels, followed by dangerous complications.

In the early stages of high blood pressure there may be symptoms, so the patient consults the doctor only when the disease is well developed

If treatment is to be entirely successful it should begin as early as is

possible. The only satisfactory way this disease can be detected is by periodic

health examinations. Because it is believed there is definite hereditary factor in high blood pressure, those whose family history record this symptom complex should be examined frequently.

PATTON METHODIST EPISCOPAL CHURCH

James A. Turner, pastor

Church school at 9 A. M. Preaching 10 A. M. and 7:30 P. M. Mid-week Bi-But cases of hypertension, or high ble Class, Wednesday at 7:30 P. M. Can you tell from what kind of lit-

> "Reverence for the Lord is the beginning of knowledge; fools despise wisdom and instruction.

> My son, if you receive my words and store up my commands within you, inclining your ear to wisdom, and applying your mind to reason; if you appeal to intelligence, and lift up your voice to reason; if you seek her as silver, and search for her as for hidtween man and his own soul. "In and reverence for the Lord, and will discover the knowledge of God.

Let not kindness and good faith leave you; fasten them round your heck, write them on the tablet of your mind
—so you will find favor and good will in the eyes of God and man.

Trust in the Lord with all your heart, and rely not only on your understanding; in all your ways acknowledge him, and he will make straight your paths.

Hatred stirs up strife; but love draws veil over all transgressions.

The lips of the righteous are a sus tenance to many; but fools die for want of sense To a fool it is like sport to do wrong; but it is hateful to a man

The Romans took their hot baths in Vicy, France, and gave the town its name of Vicus Calidus,, or town of hot waters. Owned by the French government, the springs do a large business. About one hundred and fifty thousand persons come to the springs each year and more than 60,000,000 bottles of the waters are shipped annually to SEEKS NOMINATION all parts of the world.

Thrilling New Treat . . at **HOFFMAN Dealers'**



TANGERINE SHERBET

Here's a taste-tingling treat: Tangerine Sherbet! A spoonful of this delicious sherbet is like eating a ripe, juicy tangerine. There's the same refreshing fruit flavor...the same satisfying goodness. Order Tangerine Sherbet at our nearest dealer's.

Also in combination with Vanilla Ice Cream in the Hostess Package. 39c a quart... 20c a pint.

Have you tried BLACK RASPBERRY ICE CREAM?

The Sealtest-Approved Flavor for August. Sweet black raspberries, rich country cream, and other fine ingredients, frozen into a delicious treat.

HOFFMAN'S



ICE CREAM

FOR RENT—Public address system can be had at any time. Inquire of Anthony A. Huber, 520 Russell Avenue,

Come to ALTOONA

Wednesday, August 16

DOLLAR DAY

Plan to Shop and Save!

Wednesday, August 16th, will be a big thrift day in Altoon All stores have joined in offering outstanding values. Plan now to come early in the morning and get your share of sensational Dollar Day bargains. Hour parking restrictions have been lifted for the day.



I. B. Williams, of Westmont, has announced his candidacy for Commissioner on the Republican ticket. Mr. Williams has been a resident over 20 years of Westmont, for which he served as burgess for 12 years and did not ask reelection. He has had years of professional and business experience and should be well qualified to fill the office to which he aspires. While burgess he was very active in retaining the Incline Plane when it was to be abandoned by the steel company. He has always taken an active interest in sports of all kinds and is vary popular with the young people. He organized the community baseball league, furnishing the equipment to start. He served one term in the general assembly and in 1931 introduced a bill to eliminate one of the common pleas judges, a bill which at that time was very unpopular, but which of recent years is a plank in the platform of every candidate running for the general assembly. For three years Mr. Williams worked in the county division of the auditor general's department. The work brought him in direct contact with all county offices, as well as local offices, such as mayors, aldermen, burgesses and justices of the peace. He covered a majority of counties of the state. He taught mathematics in the public schools for seven years and graduated from the Pennsylvania Business College, Lancaster. Williams worked in the mines and woods to pay for his education. He has never before asked for or held any county office.

Patton. Phone 3001 and 3003 Patton.

EXECUTOR'S NOTICE.

In the estate of Sarah Jane Lodge, late of Patton Borough, Cambria coun-

ty, Pennsylvania, deceased. Notice is hereby given that Letters Patton, Pa. Testamentary upon the Estate of the

delay to JOHN GEORGE WILSON, Executor,

Reuel Somerville, Attorney,

above named decedent have been granted to the undersigned. All persons indebted to said Estate are requested to make payment, and those having claims or demands against the having claims or demands against the same will make them known without same will make them known without Avenue, Patton

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