

SOME FACTS CONCERNING STUTTERING ARE GIVEN BY MEDICAL ASSN.

Stuttering usually appears during childhood or the adolescent years. Relatively few develop this condition after reaching maturity. There are many cases of stuttering indirectly caused by bad management of those associated with the youngster at an age when he is most susceptible to this condition. Constant ridicule and criticism will undermine the child's confidence and security making it difficult for him to overcome what is often at first a very trifling stammer. Any attempt to cure the trouble by scolding or punishing the child will only instill fear in the young mind and make a cure still more difficult. The best course is to ignore the existence of the difficulty. Stuttering has been described as a symptom of an underlying nervous constitution. There may be a poor co-ordination between respiration and the production of sound by the vocal cords and between the oral and laryngeal mechanisms. Faulty articulation may certainly play a part in bringing on stuttering. Stuttering is probably best described as a "spasm." This "spasm" is not always in the same group of muscles. It may be in the muscles of jaw or merely in the muscles of the lips. Yet the spasm always tends to spread and to involve more and more groups of muscles, until the whole body may be rigid. There is a definite loss of nervous control. This is associated with a loss of confidence which may become a fear. Courage and confidence can put fear to flight. The individual threatened with the stuttering condition should be taught to take it calmly, patiently and deliberately until there comes a time when he realizes that it is no longer there.

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FANNIE C. WETZEL CARROLLTOWN

FIRE FIGHTERS OF THREE COUNTIES ARE GIVEN CERTIFICATES

A crowd, estimated at over five hundred persons, saw 147 fire school graduates receive certificates of attainment at exercises last Thursday night in the arena at the Ebensburg Fair Grounds.

Clad in white the class of volunteer firemen from Cambria, Indiana and Somerset counties were given an ovation as they marched onto the pavilion at the opening of the exercises.

Principal speaker was Chief Justice John W. Kephart who recalled his personal experiences as a volunteer fireman which he described as "the proudest days of my life."

Pennsylvania's Supreme Court head lauded the volunteer firemen for their accomplishment and cited their advancement through personal effort as a means of offering further opportunities.

Chief Nicholas Phelan of the Pittsburgh Fire Department also complimented the class and recounted interesting experiences in practical fire fighting.

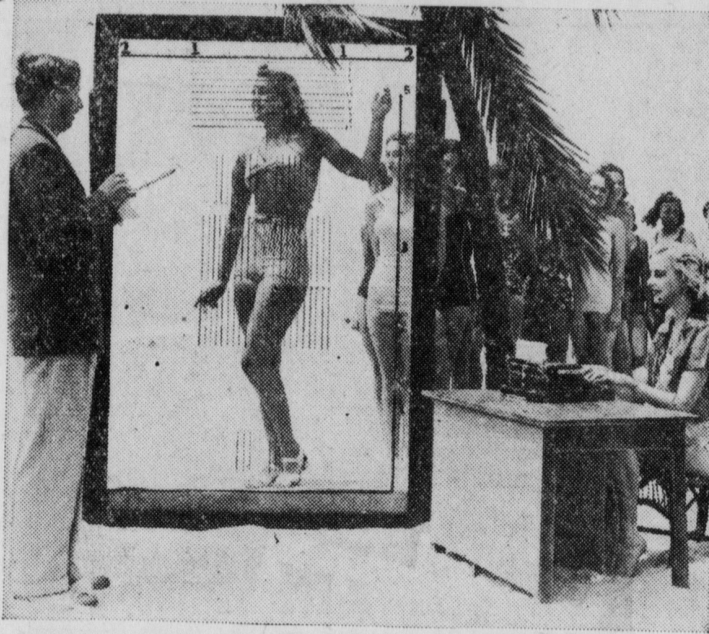
Pvt. Elmer W. Faber, Pennsylvania Motor Police radio commentator, addressed the class in place of State Fire Marshal W. F. Treager, who was unable to appear on the program. Chief James Jace of Indiana presided.

Certificates were presented by vice president Townsend of the Public Service Institute and Instructor George Cartwright of Johnstown, who conducted the fire fighting classes in Barnesboro, Portage, Conemaugh, Indiana and Somerset earlier this year. Cartwright also directed Thursday night's exhibitions of first aid and modern fire fighting methods that included use of forty-five foot ladders and hose hook-ups taught during the course of study.

Chief John Moran was general chairman of the committee that arranged the exercises for the first class of volunteer firemen ever to complete a fire fighting course in this district.

DO YOU KNOW? The medical profession does not deny the existence of medical needs in the United States. Its whole mission has been to fulfill those needs, and it has always sought to meet every need as it arises by the development of appropriate local medical services.

Tsk, Tsk! Such Is the Way of Progress



California beauty contestants are now judged on a scientific basis. The beauty queens here are being tested in the "Shadowgraph," a new device which gives their accurate measurements at a glance. The Shadowgraph was first used to select the winner of the Venice, Calif., Mardi Gras.

All's Well

By SMITH JONES (Released by Associated Newspapers WNU Service.)

HERBERT POLKE left the elevator and walked slowly toward the office of his friend, Adolph Getz. Rita, Adolph's widowed sister, would be there; Rita, in neat dark dress with tasteful collar and cuffs, reminiscent of days when such accessories were worn by charming girls. If Adolph were in he would be at his desk nodding in his chair, and both he and Rita would be serene in their confidence that they were important cogs in the business machine.

Rita looked up as the door opened. "Good morning, Herbert; Adolph is not in." Then, as she caught sight of his face, "Why, Herbert, what's the matter?" "Rita," he said brokenly, "I do not get the money Henry Arndt left me."

"You do not get it, Herbert? What do you mean? Why not?" "I will not get any money. Philip just told me so. He says Judge Dedham says the tax will be more than a thousand dollars."

"But Herbert," she protested, "how can the tax on a thousand dollars be more than a thousand dollars?"

"Oh, Rita," he burst out in despair, "if Henry had only left me just a thousand dollars; but he left me the amount of all my notes he held, and then a thousand dollars more, and Philip added in interest on them all, and the tax on that is more than a thousand dollars." His voice rose. "I will never get into the home now—never!"

Rita stared at him stupefied. "So that is the way it is," she muttered to herself, "So that is it."

Her mind went back to the day two months before when Henry Arndt in his last illness had called her and Adolph to him.

"Herbert wants to get into the home," he had said, "and with a thousand dollars more he can do it. The Polkes live long—perhaps it is best."

And then the three had discussed ways and means; and, too methodical to consider destroying the notes which represented gifts to the lovable and beloved spendthrift, they finally decided to leave him the necessary thousand dollars over all that he owed the sick man. And so the will was drawn, and now the tax on what was intended to be a legacy of \$1,000 was, through faulty wording of the will, more than the legacy itself.

Rita raised her eyes, swimming in tears. "Oh, Herbert; if I had only known. It is all my fault!"

"Your fault?" he protested indignantly. "Your fault? Why, you are the only real friend I have had since mother died; and you were right to refuse me—40 years ago, Rita, 40 years! You could not have made me over; I would have dragged you down, too; but I will never cease to regret."

"Herbert," she began briskly, "if you mean that, it can all come out right yet." Then, in answer to his bewildered look: "You want me to marry you now, is that it?"

"No, Rita," protested the man, bewildered. "How could I ask you, now?"

"With just five words, Herbert," she persisted, laughing, but with crimson face, and hurried on. "You know I have a good home alone and more than enough to live on."

He looked at her gravely for a moment. Then: "Rita, will you marry me?" he asked.

So two days later, when the matter came up before the probate court, Rita and Adolph stood with

him in the bare courtroom and heard young Philip Arndt testify to the amount of the notes due the estate, to the interest and the costs; then the tax was computed. It was \$1,054. "Is that satisfactory to you, Herbert?" asked the judge kindly. "It is just," said the old man, simply. "And it is satisfactory."

The judge gave him an approving smile. "All right, then; let the record show that the legacy to Herbert Polke is fixed by agreement in open court at \$10,540. Now, Mr. Polke, how do you wish the balance coming to you to be paid?"

Again he smiled, and Rita looked at him in entreaty. Surely so kindly a man would not make such a heartless joke!

"Yes," he said in answer to her look, "there will be quite a balance. You see," he continued as they still stared at him open-mouthed, "all but two of those notes are barred by the statute and cannot be set off against the legacy, though they may be used to fix the amount of the legacy. Mr. Arndt assumed that, but he is wrong. There will be something over \$8,000 coming to you."

Philip Arndt was the first to recover his voice. "I object," he shouted.

The judge's smile died. "The legacy has been fixed by the court at the amount asked by you," he said sternly, "and it will not be changed."

Herbert Polke whispered to Rita, who nodded brightly; then he turned to the angry boy. "Never mind, Philip," he said. "I will take just the thousand dollars your father intended I should have, and you shall make the check payable to Rita; and Judge Dedham shall marry us at once, and then everything will be settled."

MEDICAL SOCIETY HAS A BRIEF DISCUSSION ON WARTS AND CAUSE

Thousands of children are afflicted with verrucae.

They do not recognize them by that name.

They call them warts. Warts are overgrowths of the skin. Adults sometimes have them, but not as often as young people.

They are said to be slightly contagious and they do spread on the individual. Sometimes warts disappear spontaneously.

In other cases, they may be removed easily by a doctor, using a caustic chemical or by surgery or electrodesiccation, an electrical method.

Attempts at home to remove warts frequently result in infection.

Infection is escaped by crude home methods of removal, then an unsightly scar is left.

Warts do not ordinarily become cancerous.

There are some types of moles which look like warts, especially when seen on older persons, which should be carefully observed.

Moles are something different from warts.

Moles sometimes have hair growing out of them.

If a mole grows in size, changes in character, becomes painful or starts to bleed, it should be immediately removed.

Black moles are particularly dangerous for they are known sometimes to turn cancerous.

Picking at a mole or pulling hairs therefrom may prove very dangerous.

Superstitious backwoods people still believe warts can be removed by the winding of a white horse's hair around them and uttering a lot of abracadabra.

There is little harm in such childishness, unless the wart is malignant or becomes infected.

Science supersedes senselessness.

Plans for Supper.

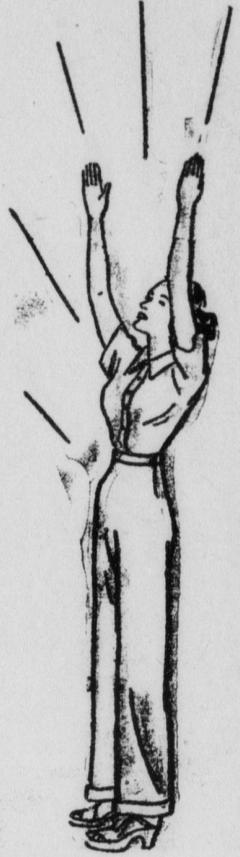
Committees have been appointed to arrange for the annual chicken supper to be served on Thursday evening of this week from 5 to 8 o'clock in St. Edward's Catholic church hall, Barnesboro.

SUMMER Is a PLEASURE NOW!

Electricity has taken the housekeeping horrors out of summer. It has eliminated the work of washday, the insufferable heat of cooking, the dust and exertion of cleaning, the meaneas of spoiled foods, the danger of bad lighting.

If electricity isn't doing all these things for you, make up your mind to let it, beginning now.

Have you seen all the work-savers there are to make you happier, healthier and more care-free?



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DANGER OF MENTAL ILLNESS IS GREATEST BETWEEN 30 AND 40

The danger of mental illness appears greatest during the ages of 30 and 40, an analysis of persons admitted to the state's nine mental hospitals discloses.

Welfare Secretary E. Arthur Sweeney said a study of the first 2,000 patients admitted to state institutions in the fiscal year ended on May 31st, revealed that after the 40 year age level probability of mental illness gradually decreases, but increases again at the age of 70.

Men last year became mentally ill earlier in life than women, Sweeney said. The highest number of males admitted to mental hospitals—169—were in the 30 to 35 year old group. The greatest number of female patients were five years older.

A total of 1,522 men and 1,387 women were treated in state mental institutions during the year.

FARMERS MAY OBTAIN LAND FOR PASTURES

With many acres of pastures in Cambria County needing improvement the farmers may secure lime and superphosphate for pasture use through the 1939 agricultural conservation program.

This year it is possible for the farmers to secure lime and superphosphate, with the cost to be paid by their soil building projects accomplished during the year.

Cambria county farmers interested in learning more about the opportunity to improve their pastures are requested to communicate with officials in charge of the county agricultural conservation office at the court house in Ebensburg.

DAVIS SELECTED OFFICER IN STATE SHERIFF BODY

Cyrus W. Davis, sheriff of Cambria County, was elected second vice president of the Sheriffs Association of Pennsylvania at the closing session of the 17th annual convention held last week at Washington, Pa. Homer C. George of South Fork, former sheriff, was named a trustee.

Sheriff Davis took a leading part in the discussion on a proposal that Sheriffs of Pennsylvania take a more active part in crime prevention and problems arising from juvenile delinquency.

ADMINISTRATOR'S NOTICE

In the Estate of Onuter Sciranko, late of Elder Township, Cambria County, Pennsylvania, deceased.

Notice is hereby given that Letters

of administration in the estate of the said decedent have been granted to the undersigned. All persons indebted to said estate are requested to make payment and those having claims or demands against the same will make them known without delay to: RAYMOND D. BUCK, Administrator, Patton, Pa.

Reuel Somerville, Attorney, Patton, Pa.

EXECUTOR'S NOTICE

In the estate of Sarah Jane Lodge, late of Patton Borough, Cambria county, Pennsylvania, deceased.

Notice is hereby given that Letters Testamentary upon the Estate of the above named decedent have been granted to the undersigned. All persons indebted to said Estate are requested to make payment and those having claims or demands against the same will make them known without delay to: JOHN GEORGE WILSON, Executor, Patton, Pa.

Reuel Somerville, Attorney, Patton, Pa.

Executor's Notice.

In the Estate of Isaac Strayer, late of Patton Borough, Cambria County, Pennsylvania, deceased.

Notice is hereby given that Letters Testamentary in the Estate of the said decedent have been granted to the undersigned. All persons indebted to said Estate are requested to make payment and those having claims or demands against the same will make them known without delay to: Harry J. Nehrig, Executor, Patton, Pa.

Reuel Somerville, Attorney, Patton, Pa.

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