

THE SOWER

A Weekly Department of Religious and Secular Thought Contributed by REV. JAMES A. TURNER, Pastor, M. E. Church, Patton, Pa.

The Necessity for Transformation By Growth.

Transformation of personality comes through growth, and growth is the result of self-discipline. Dr. Albert Edward Bailey recently said: "It is within our power to will and to attain complete selfhood; as it is also our privilege, if we so desire, to suppress the unifying and orienting impulses that reside in the fore-brain and to sink back to the biologic level. In this case we become animals, venerated with conventional conduct reactions that enable us to keep our place in respectable society, but animals none the less. We then find the satisfaction of life in sensation, we engage in the scramble for wealth and social position and power for the "kick" we get out of it and for the further pleasures their possessions bring; we cease to be concerned with ideals and moralities, with the problems of personal growth and social progress. And thus having weakened or suppressed the spiritual, oriental, control elements in personality we become a prey to overstimulation, mental disorganization, and ultimately physical breakdowns that demand the attention of a psychiatrist or an undertaker. That is the penalty nature exacts from individuals and civilizations that refuse to become the channel of creative evolution."

All this is but a learned way of saying that when a person quits taking an active part in church work and religious activity, one is headed for the asylum or the graveyard. One's personality starts to disintegrate because one is refusing the transformation which comes from growth, which in turn comes from self-discipline, which in turn comes from religious ac-

tivity. "Civilization," continues Dr. Bailey, "has been brought to the brink of destruction because man as a social being has not yet realized that untransformed instinct spells destruction. The teachings of biology, economics, and sociology all point in the same direction as religion, namely, to the law 'Modify—that is to say, altruize.' Man must make his choice, either to change or die."

All this is in line with the teachings of Jesus: "Except a man be born anew, (change, growth through self-discipline, transformation through spiritual growth) he cannot see the Kingdom of God." Love your enemies and pray for them that persecute you; that ye may be sons of your father; for He sendeth rain on the just and the unjust. Be perfect (impartial), as your heavenly Father is perfect."

"All things, therefore, whatsoever ye would that men do unto you, even so do ye also unto them: for this is the law and the prophets." Such transformations imply not a natural instinctive reaction BUT ONE THAT IS ACQUIRED BY CONSTANT SELF-DISCIPLINE. Jesus' understanding of man, says Dr. Bailey, and what he needed for salvation, was not so much theological as psychological.

"What He demanded was the crowning of Love king over all the instincts. Of a notorious sinner he said, 'I say unto you, she loved much, therefore her sins which are many are forgiven her'; and to a dying thief who in his last hour voiced one word of friendly interest in another dying convict, 'This day thou shalt be with me in paradise.'"

All He insisted upon as a basis for salvation was some evidence of love. That is the starting point and the dynamic of the discipline by which alone human nature can be transformed. Jesus rightly is called the Saviour of men because he taught us by word and deed how to lay hold on the power that helps us save ourselves." That power is LOVE. "He who loves is of God."

Enmities, strifes, jealousies, wraths, factions, divisions, parties, envyings,

drunkenness, revelings,—they which practice such things shall not inherit the kingdom of God."

"But the fruit of the Spirit of God is love, joy, peace, long-suffering, kindness, goodness, faithfulness, meekness, self-control. You must not adopt the customs of this age, but by your new attitude of mind be transformed so you can find out what God's will is—what is good, pleasing and perfect."

"Sin is the failure to transform an instinct. Salvation is that state in which instincts are transformed. Since that transformation is in the direction of fuller personality and greater survival value for ourselves and for others, we see that to be saved we must be socialized; that is, we must always exercise our instincts in view of another's highest good, never exclusively in view of our own need." That means

—GO TO CHURCH. The Gospel of the year 50 A. D. is quite in accord with twentieth century psychology and still has the power to save a civilization that is on the verge of collapse.

PATTON METHODIST EPISCOPAL CHURCH

James A. Turner, pastor. Church school at 10 a. m. Preaching 11 a. m., and 7:30 p. m. Midweek Bible Class Wednesday evening at 7:30 p. m.

The Adult Bible Class met in the Church Parlor on Tuesday evening, the 21st, with the following persons present: Mr. and Mrs. James Blake, Mr. A. C. Winslow, Mr. Eli Steir, Mrs. Eli Steir, Mr. and Mrs. Samuel Steir, Mrs. John Morgan, Mrs. Edward Jenkins, Mr. Peter Delpierre, Mr. and Mrs. John Johnson, Mr. and Mrs. David McConnell, Mr. and Mrs. John Steir, Miss Mabel Johnson, and the Rev. James A. Turner. A very tasty and ample tureen supper was served, after which the business meeting was held, reports made, the balance in the missionary obligation ordered sent, and plans made for future activities.

The UPPER ROOM for the second quarter is at hand. Don't forget to purchase a copy for yourself and for a friend. You may be the means of bringing a great blessing to someone.

A great deal of interest and comment have been created in the community by the studies conducted at the mid-week Bible classes. If you haven't been attending these unusually interesting lectures you are missing something that you cannot really afford to miss. Light is being thrown on a section of the Bible that is of exceedingly great interest, and which is invariably a means of increasing both the intellectual and spiritual girth of the one who attends to it. You have always been puzzled by problems that pertained to the arly history of mankind, such as the Creation, Formation of the earth, Origin of Life, The Geological periods, The Origin of Man, Antidiluvian living conditions, The Cause of the Flood, How many people were in the Ark, The Cause of the Rainbow, The Post-diluvian world, Cause of the shortening of human life, Meaning of the Tower of Babel, The dispersion of the races, The Garden of Eden, the 'Apple' that Eve ate, and a thousand other problems that have intrigued the mind of man,—these will all be discussed in the coming lectures. Come and sit in and ask questions. You will be surprised how little you might know about these interesting topics, and how much you can learn. This may be the only chance you will have to hear these lectures. A well-informed Christian is always the effective Christian.

DPA TO TIGHTEN REGULATIONS COVERING SEO REGISTRATIONS

Strict adherence to regulations covering the registration and reregistration at the State Employment Office of persons on DPA general assistance rolls was promised last week by Edward R. Golob, executive director of the Department of Public Assistance in Cambria County.

Golob pointed out that under the existing regulations all active relief recipients are required to reregister at the State Employment Office every 90 days. If the relief recipient fails to reregister, his card at the SEO is taken from the "active file" and placed in the "inactive file."

Notification of this change is forwarded to the DPA from the SEO and rules require the DPA to drop from its rolls persons not on the SEO active list. In past months, Golob admitted, the procedure was not strictly adhered to, but added that henceforth action will be taken to remove from the rolls those who fail to register as required.

Under the plan evolved at the local office, persons who fail to reregister will be sent a letter by the DPA calling attention to the omission and point out that a 10-day period of grace will be allowed. If the reregistration is not made within 10 days, the relief recipient will be dropped from the public assistance rolls.

Burden of proof of reregistration will be upon the relief recipients, who will be required to present the stamped and dated SEO reregistration card either to the visitors in the field or at the DPA offices in the city of Johnstown or at Ebensburg.

Golob said the preparations for the necessary transmission of information from the SEO to the DPA already had been arranged through a meeting with Thomas V. Hayes, manager of the State Employment Office, Moose Temple, Bedford St., Johnstown.

Dip a chamois skin into hot water and wring it quite dry. Rub it over the window quickly. Wait several minutes, then wipe the window with a clean soft chamois skin. This is a simple and excellent way to wash windows.

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But West Point Was Never Like This



Lawrence Breckedorff, one of 20 West Point cadets who recently spent a week-end as guests of the National Park college at Forest Glen, Md., gets the very best of service from Niki Manos, Jean Fox, Betty Bevan and Hilda Cato, left to right, students at the girls' school. The future generals reported a very entertaining trip.

THE KITE FLYING SEASON IS HERE

We ask your cooperation in warning all children to

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SPRING IS TIME TO KILL WEEDS

Harrisburg — Farmers of Pennsylvania must plan their battle against weeds with just as much care and thought as they give to the planning of their summer activities, the Pennsylvania Department of Agriculture has announced.

A weed is a plant that is so hardy it will withstand almost any kind of adverse conditions. The ground seldom becomes too dry or too wet, and never too rich or too poor for the growth of weeds. Most weeds have ways of reproducing themselves and make them difficult to eradicate when they once get a start. They usually produce seeds in great abundance, and the most noxious have underground parts such as bulbs and hardy roots that can withstand the severest winter freezing.

The average annual rainfall in Pennsylvania is about 40 inches, which is enough to mature crops, but this moisture must be conserved if a maximum yield is to be secured. Weeds not only rob the soil of this precious moisture, but are so much more rugged that they crowd out the less hardy cultivated plants.

Most of the weeds that will give trouble during the summer will start from the seeds that are already in the soil. Some of these seeds have been there for a number of years waiting favorable conditions for germination, while most of them dropped out of last year's mature weeds. The spring sunshine and moisture will cause many of these seeds to start to grow very easily in the spring and it is at this point that the weed is most easily killed.

A seed has sufficient food stored in it to start a new plant with a few roots and some leaves. When this food has all been used and be-

fore the weed has begun to manufacture its own food in any large quantity a little disturbance will kill the young plant which, at this point, is called a seedling. Not much can be done against the weeds in the winter wheat or in the field which is still in sod. The place to begin, however, is in the field that is to be planted in corn, oats, potatoes, or some other planted crop.

MRS. ROOSEVELT NOT CANDIDATE FOR 1940

Los Angeles — Mrs. Eleanor Roosevelt, who has had ample time to study the subject first hand, said last week that the time has not arrived for a

woman to run for the presidency of the United States, and scoffed at a proposal that she become a candidate. "Nothing on God's green earth would induce me to run for anything," she said. "I have taken no part in politics since Franklin's election."

When baking large potatoes, fuel is saved by cutting them in halves. Place potatoes in oven with cut sides facing up. When baked each potato will have a delicious crust.

Warm soft water, mild soap, the least possible handling, and no sudden changes in temperature are essential for good results when washing wool blankets.

J. EDW. STEVENS

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