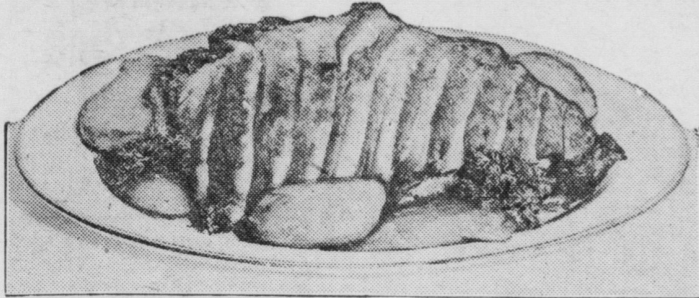


STUFFED SPARERIBS WITH SWEET POTATOES



Appetizing and Inexpensive Roast Spareribs.

(Prepared by the United States Department of Agriculture)
Pork spareribs are one of the less expensive meat cuts which can be made most appetizing if carefully prepared.

of apple are candied. Mix the apples with the bread crumbs, crisp salt pork, cooked vegetables, salt, and pepper. Lay one section of the ribs out flat, sprinkle with salt and pepper, and spread with the hot stuffing.

Roast Stuffed Spareribs.
2 sections of spareribs 1/2 cup chopped onion
1 cup fine dry bread crumbs 1/4 cup chopped parsley
1/2 cup diced salt pork 5 tart apples, diced
1/2 cup chopped celery 1/2 cup sugar
1 tsp. salt 1/2 tsp. pepper

Select well-fleshed rib sections that match. Have the breast bone cracked so that it will be easy to carve between the ribs. Wipe the meat with a damp cloth. Prepare the stuffing as follows: Fry the salt pork until crisp and remove the pieces from the skillet.

DRESS BALANCED AT THE SHOULDER

Garment Not Hung Properly Never Looks Well.

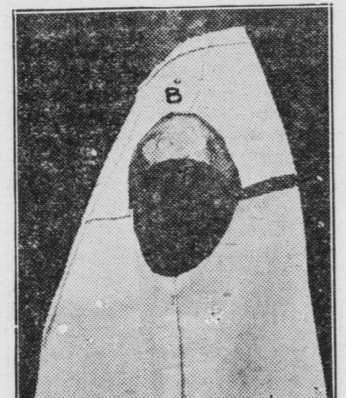
(Prepared by the United States Department of Agriculture.)
A dress that does not hang properly from the shoulders never looks well. On rather stout or on round-shouldered figures alterations sometimes have to be made in a foundation pattern before the material is cut.



A. Method of Balancing Dress at Shoulder and Underarm.

Illustration shows how this may affect the shape and size of the armhole unless special attention is given to it. In illustration A the back was raised at the shoulder seam so that the shoulder line was kept in the original position while the dress was balanced at the underarm seam.

As the changes in illustration B necessitate cutting they can only be made on a foundation pattern. A dart which has been taken in the front is equalized by cutting and separating the parts of the pattern in the back.



B. Balancing a Foundation Pattern by Taking a Tuck in the Front and Slashing the Back.

blouses, may be obtained by writing to the bureau of home economics of the United States Department of Agriculture, which has prepared a helpful bulletin on the subject, No. 1530-F.

TO ELIMINATE UNEMPLOYMENT

By FRANCES PERKINS, N. Y. State Industrial Commissioner.

MANY significant and successful American industries have eliminated unemployment. Others can. Unemployment in the industrial body is comparable to an infection in the physical body.

I attribute the present situation to the cumulative effect of three major causes: seasonal unemployment, technological unemployment caused by the displacement of men by labor-saving machinery and increased efficiency in production methods, and unemployment due to the cyclical business depression regularly recurrent in American economic life.

In this country we have overcome the child labor problem. We have cut infant mortality in half. We have raised the standard of living of the working man to an enormous degree.

Public officials have been told often in what direction their duties lie at such a time:

The speeding up of public works to offer employment. The advertisement and expansion of public employment offices so that a complete clearing house may be maintained without cost between workers and such jobs as there are.

The co-operative advertisement of actual relief-giving by municipal and private agencies.

Each industry should carry the cost of its own fluctuations and instability out of a special unemployment reserve fund. I also advocate development of the wage-earner market by steady work, short hours and good pay.

FAMILY NATION'S FOUNDATION

By MELVIN J. BALLARD, Mormon Apostle.

The foundation of our life, church and state depends entirely upon the stability of our family institution. Such things as childless marriages and the facility with which divorces are obtained are doing more to undermine the family institution than any other causes.

In this age when there is so much dissension among religious leaders and so many different theories, it is a joy to find that our church has followed a plan for more than one hundred years and that will also work out well in the future.

JESUS AHEAD OF HIS TIMES

By PROF. WILLIAM LYON PHELPS, Yale University.

It is often said that no one can speak or write for posterity, but it is certain that Jesus talked over the heads of His audience and that people of the Twentieth century understand Him much better than those who first heard Him.

Instead of giving explanations He aroused questions in people's minds. The world has been trying to live up to Him, but for nineteen centuries we have still failed to catch up with Him, because He is 10,000 years ahead of this present time.

He meant to turn people from selfishness to unselfishness, from cowardice to courage, from vulgarity to purity. He always emphasized the spirit above everything else.

"ADS" AS BUSINESS TONIC

By LOUIS WILEY, Business Manager New York Times.

There is an unending tonic that will sustain business in the continuous progress which makes prosperity. The tonic is intelligent advertising. Business "turned a corner" in 1929, and as a result the machine of prosperity has slowed down temporarily.

Advertising has new worlds to conquer. We do not yet know all of the profitable possibilities of this amazing aid of business, so successful in the two-line classified advertisement in a single daily newspaper, or in a schedule which may embrace full pages in hundreds of newspapers, double trucks in color in magazines, and appropriations of millions of dollars to keep a thousand-million-dollar company operating profitably.

The lesson of advertising to business in 1930 is work. Do not advertise if you are not ready to work, to accept the business rewards which good advertising brings.

If you are ready to go ahead to achieve that rate of progress which is prosperity, well-planned advertising is the tonic.

"Everyone Raves About My Rolls, Cakes and Breads," Says Mrs. Galloway



"They Could Make Just As Good, If They Used Gold Medal 'Kitchen-tested' Flour"

"At the Iowa State Fair last year I won twenty prizes. A first on Cloverleaf Rolls, third on Nut Bread as well as several seconds and several thirds on different cakes—all made with Gold Medal 'Kitchen-tested' Flour.

of the same flour often acted differently, even with the same recipe... it was not uniform in oven action.

So now all GOLD MEDAL Flour is 'Kitchen-tested' before it comes to you. As each batch comes through the mill it is tested by actual baking—bread, cakes, biscuits, pas-



A Boon to Women All Over the Country

THOUSANDS of women all over the country now know how to bake prize cakes, pies, breads and biscuits every time. They use a new-type flour for all baking purposes—GOLD MEDAL 'Kitchen-tested' Flour—that simplifies baking remarkably and banishes the cause of most baking failures.

Failures, experts found, were mostly due to the fact that 2 sacks

"Listen in to Betty Crocker 10-45 to 11-00 A. M. Tuesday and Thursday, Eastern Standard Time. Stations: WCAE and WGR."

GOLD MEDAL FLOUR "Kitchen-tested"

Always sold in trade-marked sack—never in bulk

Make Plans to Salvage Tin From Ocean Depths

The tin mines of Cornwall, England, supposed to be pretty well worked out, are to be supplemented by dredging up the sands of the sea off the Cornwall coast.

Through the ages the fierce waves of the North Atlantic have been hammering at the rugged coasts of Cornwall and pulverizing the rocks to sand. On shore men have worked out the alluvial deposits and tin production has decreased by half.

Belligerent Owl

A struggle between an owl and the engineer of an electric express train has been reported at Linköping, in southern Sweden. The bird, probably attracted by the headlights of the locomotive, burst against one cab window and broke the glass.

You Remember the Letter

You often see a girl with a month you would like to kiss, but you'll also often see a member of the gentler sex with a month you'd like to slap.

Good Night!

Epitaph for a dead cat in a lane-way? Sans purr, but not sans reproche.—Dublin Opinion.

Any man who can make money can borrow plenty.

Cleanliness, but Hard on Rest of the Outfit

After a 12-day voyage we arrived at Brest, France, in July, 1918. We marched to the Pontanazan barracks that afternoon. Our outfit was assigned to two barracks, with a promise of a bath on Wednesday.

Water was very scarce there, and at each end of the barracks assigned to us was a barrel of water for drinking purposes.

I happened to get up about two o'clock in the morning and leave the barracks. On my return I saw Mike Connors in the barrel taking a bath. I told him that he should have known better, as the water was very scarce there.

"I got my clothes in that one," Mike assured me.—John J. Boyle in New York Telegram.

Islands to Meet Planes

Concrete "islands" that may be floated to meet planes crossing the ocean are possible, according to Charles de Frasse, a French inventor, whose model of the novel "seaports" was recently exhibited by the Chamber of Commerce of France. De Frasse says that his islands would be seaworthy enough to take up stations as half-way stops in trans-oceanic flights.

A torpid liver prevents proper food assimilation.

Tone up your liver with Wright's Indian Vegetable Pills. 25c a box. 372 Pearl St., N. Y. Adv.

Most grown people wish they had the nerve to walk down the street sucking on a lollipop.

Would you like to try this doctor's laxative free of charge?

Every family has occasional need of a laxative, but it should be a family laxative. One that can't form a habit, but can be taken as often as needed. When breath is bad or tongue coated. Or appetite fails. Only a doctor knows the right ingredients.



Winning Argument

Youth—I say, old thing—how an earth did you manage to talk your people around?

Finance—Never said a word—just kept slamm'n' the doors.—Passing Show.

Relieve COUGHS Quickly with Boschee's Syrup. At all druggists.

AGENTS WANTED

Men, women, boys and girls in every town in U. S. to sell the most unique yet stupor product ever offered. It may save some owner thousands of dollars for he pays you only 35c. You can make \$2.00 per hour easily. Do the one in your town to make money. Additional territory to business. 25c in coin or stamps brings you complete and sales plan. No tax. Address:

ACRESTLINE CHICKS

Hatching by the most approved methods in force draft fresh air incubators assures strong healthy chicks. We offer pure bred White Leghorns, White and Barred Rocks, Red, Buff Orps and Giants. Hatched right and priced right.

PHOTO FORMULAS

16 for 25c coin. Babe in Bottle, Lightning, Sun, and others. Unique and Novel. Fine for Kodakers or Professionals. L. E. Craven, 2010 Marimont Drive, Dayton, Ohio.

Invest for Large and Permanent Income

without risk in legitimate proposition. Invested as to time and amount—rare opportunity; valuable information free. Box 222, Herndon, Va.

Agents, New article, ladies marcel wave

their own hair in 15 minutes; surplus \$2.50; guaranteed satisfactory or money back. Simplex Marcel Waver Co., 2117 N. Broad, Phila., Pa.

Mexico, Will furnish accurate, reliable information

about conditions, opportunities and investments. See \$1 Mexico Info. Bureau, Capuchinas No. 49, Box 512, Mexico, D. F.

Wanted—Local representative whole or part time

financial institution; exceptional opportunity; wonderful future; write Allied Securities Co., 29 Central Ave., Newark, N.J.

W. N. U., Pittsburgh, No. 17-1938.

Complexion... Some Women Always Admired... Face Powder...

CHICKS Laying Strains... Miller Farms, Pa.

ACHES... Bayer Aspirin...

WORMS CHILDREN... Vermifuge...

Method of Balancing Dress at Shoulder and Underarm.

Method of Balancing Dress at Shoulder and Underarm.

Method of Balancing Dress at Shoulder and Underarm.

One Drop Poultry Medicine... Co., Box 7, Lexington, Ky.